



INTRODUCING The Knechtel's Meat Team

BOB CREASY

Owner/Manager

23 years experience in all aspects of the meat industry. Retail Meat Merchandising Consultant to Canada Pork.

KIM TOTH & GERARD VAN OPSTAL

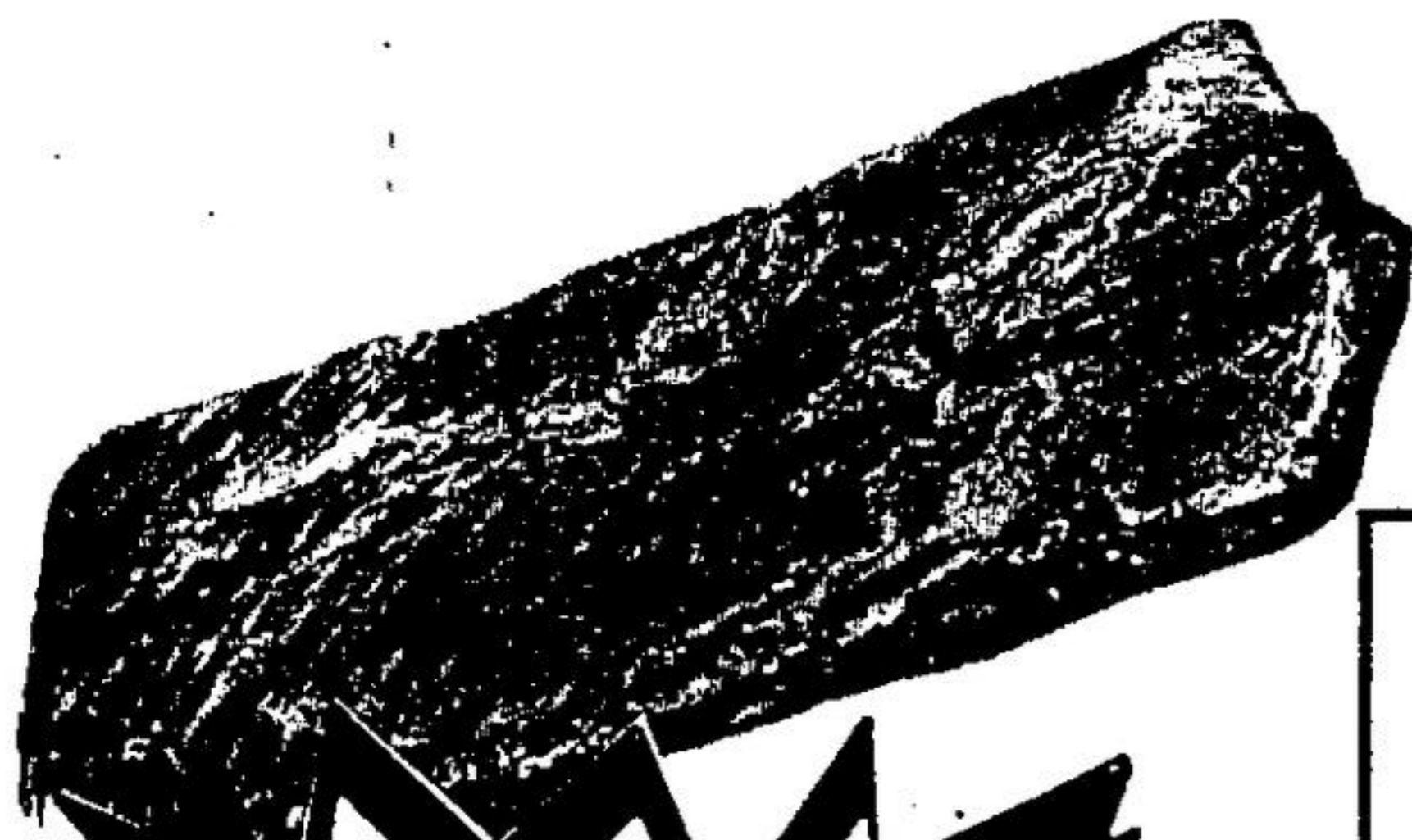
These are the people who make it happen at Knechtels; cutting and displaying meats to suit our customer's needs.



THE KNECHTEL MEAT TEAM: Pictured here, left to right, are Gerard Van Opstal, Kim Toth and Bob Creasy.

OUR COMMITMENT

To select and purchase only the Finest Quality Meats. Ask us for that specialty cut for your special occasion such as: Chef Style Prime Ribs, Crown Roast of Pork, Thick Cut Barbeque Steaks.



STEAK FAJITAS

(BOTTOM SIRLOIN FLAT)

Lb. **3.49**

7.69 Kg.

THIS WEEK'S RECIPE

STEAK FAJITAS

- 500 gms. Seasoned Steak Fajita
- 6 Tortillas (heated)
- as desired Salsa (mild, hot or picante)

Preheat broiler, grill or barbeque. Broil steak for 4 minutes, turn and broil the other side for 3 minutes. Place steak on heated platter and cut meat into thin strips. Eat wrapped in a hot tortilla. Add salsa to taste.



Cut from Canada's Finest Grade 'A' Beef
OUTSIDE, EYE REMOVED
BONELESS ROUND STEAK ROAST

Lb. **2.49**

5.49 Kg.



ALLEN'S PURE APPLE JUICE

48 oz. Tin **89¢**

PRIMO VEGETABLE OIL

Plastic 3 Litre Container **2.99**



Product of the Tropics
73° Kg.
GOLDEN YELLOW
BANANAS
Lb. **.33**

DELI SLICED
COOKED HAM
39¢/100 gms
Lb. **1.79**

KNECHTEL'S
BUTTER
Lb. **2.49**

Cut From Canada's Finest Grade 'A' Beef
7.69 Kg.
T-BONE or WING STEAK
Lb. **3.49**

VALUABLE COUPON

With This Coupon **SAVE 30¢** off the Purchase of 1 - 500 g Pkg. of Regular Pkg. of 16, Thins Pkg. of 24
KRAFT CHEESE SLICES

Special Price With This 30¢ Coupon **2.69** Special Price Without Coupon **2.99**

Valid Only At Knechtel Assoc. Stores. Coupon Expires Sat. March 11, 1989.

OVEN FRESH BAKERY
60% WHOLE WHEAT BREAD
450 g Loaf **79¢**
Available at stores with in-store bakeries

VALUABLE COUPON

With This Coupon **SAVE 70¢** Off The Purchase Of 6 - 750 mL Bottles Of Assorted Varieties
PEPSI BOTTLES

Special Price With This 70¢ Coupon **6/1.99** Special Price Without Coupon **6/2.69**

Valid Only At Knechtel Assoc. Stores. Coupon Expires Sat. March 11, 1989.



GEORGETOWN FOOD MARKET

Moore Park Plaza, Georgetown

873-3963

STORE HOURS

Mon.-Fri. 8:00 a.m.-9:00 p.m.
Saturday 8:00 a.m.-6:00 p.m.
Sunday CLOSED