

## Copper Kettle's Brenda offers British flavour

It's been 18 months since the Copper Kettle has been up and running, under the operation of new owners Brenda and Graham Gove.

The business is run principally by Brenda and her daughter, Toni. Although each family member takes part in the operation of this successful business, Toni the "chief cook and bottle-washer" delivers the perfect English pub grub. There is no steak and kidney pie around like Toni's.

Brenda and Tracy do a superb job of personally welcoming their customers at the Copper Kettle. Matt and Leigh, the youngest of the Gove family, can often be seen bus-ing and salad-tossing.

But when the going gets tough you'll find Graham elbow-deep in dishes or doing any promotional work involving the business that is required.

Along with the already successful pub night, featuring a great dinner and British entertainment, as well as an extremely enjoyable dart night each week, the Copper Kettle has a number of surprises to offer this year.

New features include a newly-styled British bar, complete with British beer, a weekend bakery, patio nights, longer hours of operation, and delicious weekly dinner



Brenda Gove

specials. Although Brenda is extremely English - accent and all - she never drinks tea.

Drop by anytime and you'll find the kettle is on the boil.

The Copper Kettle is conveniently situated on Main Street in charming Glen Williams.

## Staying on top of health scene

For the shopper interested in the latest in nutritional foods and products, Willow Lane Natural Foods is dedicated to supplying these as well as educating their customers in what is up and coming on the health food scene.

Owner Majorie F. Thornton employs three people in the store, Ruth Soder, Anne Dohms, and Vicki Soder.

The store has a lot to offer in the way of holistic health care. Some of the products have nothing to do with food. In addition to natural and organic food, they carry skin and hair care products, books concerning health, complementary and herbal remedies, nutritional information, such as *Alive Magazine*, and special diet items.

Willow Lane also carries a selection of Brikstock Shoes for proper foot care.

Ms. Thornton gets to see a lot in the way of what is up and coming in the way of new health products. Some of the new specialty items are dairy and gluten-free foods for those who need or want these in their diet.

Education in health and nutrition is an important issue these days,



Marjorie Thornton of Willow Lane

and Willow Lane wants to be up to date in the latest aids to their customers' quest for health. The staff is always ready with information, updating and adding to what is already available.

Health is not only a business for Ms. Thornton, it is also a hobby. She is an avid cross-country skier, camper, jogger, who also enjoys painting. Her goal is to understand

herself and others better.

Willow Lane has also become a popular place for vacationers to stop as well. Sometimes a customer will bring in a visitor from Europe in order to purchase specialty items to take back home.

Willow Lane Health Foods is located on 15 Willow St. South, in Acton.

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