

# Young Outlook

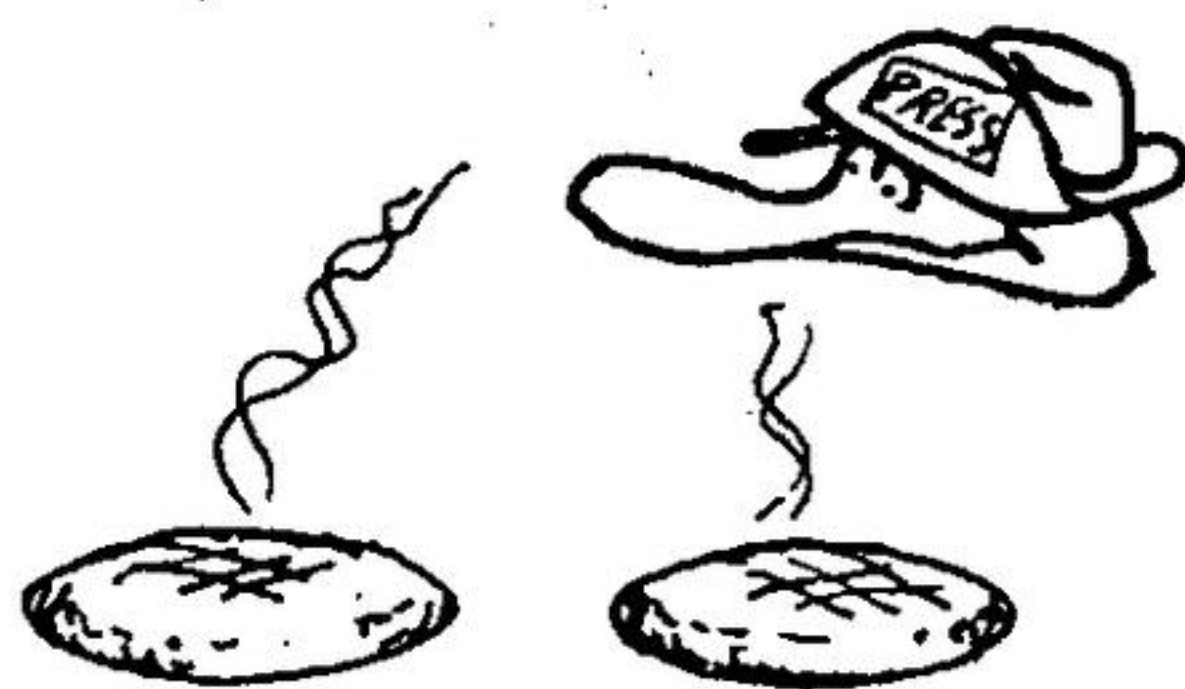
## PEANUT BUTTER PLEASURES

**ASK A PARENT TO HELP!**

Alfie Alligator loves peanut butter cookies. He would love to make some, and he needs your help.

Here is a delicious recipe for peanut butter cookies. You will have to know your math to figure it out, though. The amount of each ingredient used is shown in parentheses ( ) and is a math problem. Figure each one out before you get started.

- (1 - 1/4 = \_\_\_\_\_) cup unsifted flour
- (1/4 + 1/4 = \_\_\_\_\_) tsp. baking soda
- (1 - 1/2 = \_\_\_\_\_) cup butter
- (3/4 - 1/4 = \_\_\_\_\_) cup peanut butter
- (1/2 - 0 = \_\_\_\_\_) cup brown sugar
- (1/4 + 1/4 = \_\_\_\_\_) cup granulated sugar
- (2 - 1 = \_\_\_\_\_) egg
- (3 - 2 = \_\_\_\_\_) tsp. vanilla



1. Stir baking powder and flour together in a bowl.
2. In another bowl, cream butter and peanut butter together. Beat in the following ingredients, one at a time: brown sugar, granulated sugar, egg and vanilla.
3. Add flour mixture and mix well with a spoon.
4. Drop by spoonfuls, about 2 inches apart, onto ungreased cookie sheets. Press down with fork dipped in flour, making crisscross pattern. Reflour fork for each cookie.
5. Bake in preheated 350-degree oven for about 10 minutes. Let cookies stand in pan for 1 minute then remove with spatula.

(Answers: 3/4 c. flour, 1/2 tsp. baking soda, 1/2 c. butter, 1/2 c. peanut butter, 1/2 c. brown sugar, 1/4 c. granulated sugar, 1 egg, 1 tsp. vanilla)

### PEANUT BOOKS

*Peanut* by Millicent Selsam. Grs. 2-4. Using close-up photos, the life cycle of the peanut plant is shown in simple but exact terms.

*The Peanut Cookbook* by Natalie Donna. Grs. 3-5. Recipes using peanuts and peanut butter and featuring whole foods.

*The Nutty Joke Book* by Charles Keller. Grs. 2-4. A collection of jokes about peanuts and nuts.

Whenever you create or invent something yourself, you should feel proud. It takes a great deal of dedication and enthusiasm to start a project and carry it to completion.



### + PEA PLUS

Several words besides *peanut* begin with the letters PEA. Without using a dictionary, see how many words you can come up with which begin with PEA. We came up with 10; can you do better? We've even given you a head start.

1. peasant
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

(Answers: peacock, peal, pearl, peak, peach, pease, pear, peanut)

### A PEA or a NUT?

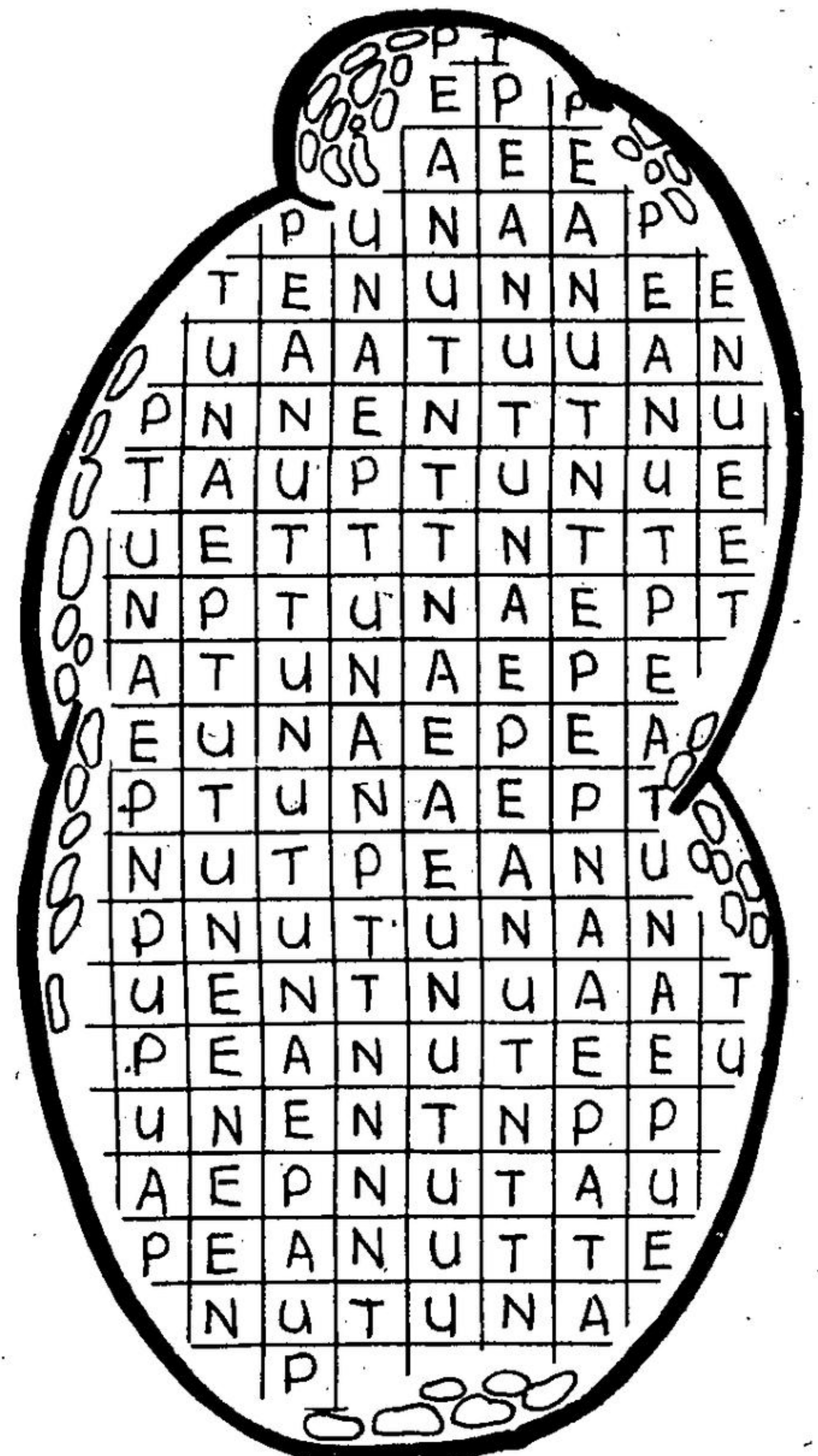
Change *pea* to *nut* by changing one letter on each step of the word ladder to make a new word each time.

pea
nut

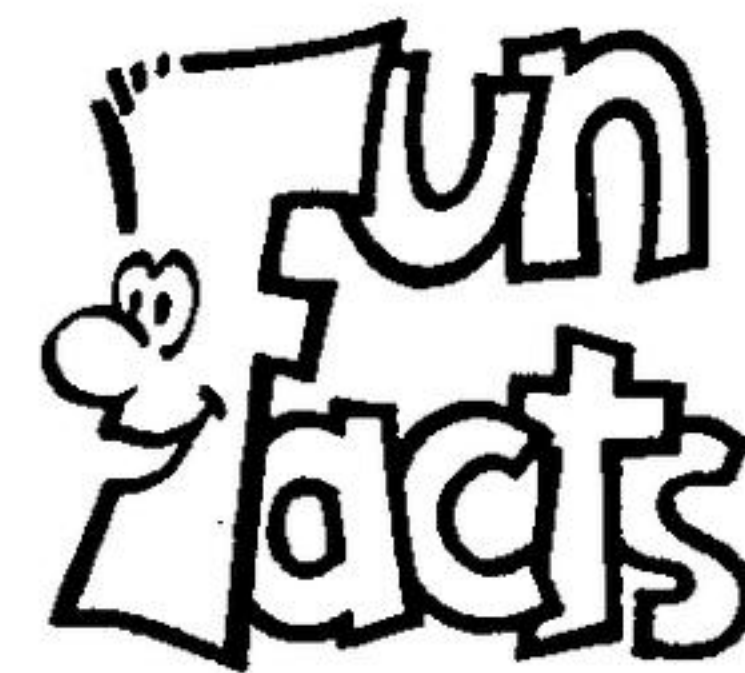
(Answers: pet, net)

## FULL OF NUTS

This nut is full of peanuts — the word PEANUT, that is. Circle the complete word peanut as many times as you can find it hidden forward, backward, diagonally, and up and down. You should be able to find at least 15.



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6. African and Asian farmers grow about 85% of the world's peanuts.

7. Peanut butter is an American invention. It was developed as a health food in 1890 by a St. Louis physician.

8. Peanuts are native of South America.



Allan: What do you do with a peanut that is one year old?  
Beth: Wish it a happy birthday.

Carla: What does a peanut have in common with a bicycle?  
Dave: Neither can play the piano.

Erin: What looks like half a peanut?  
Frank: The other half.

Grace: How do you say peanut in Spanish?  
Harold: Peanut in Spanish.

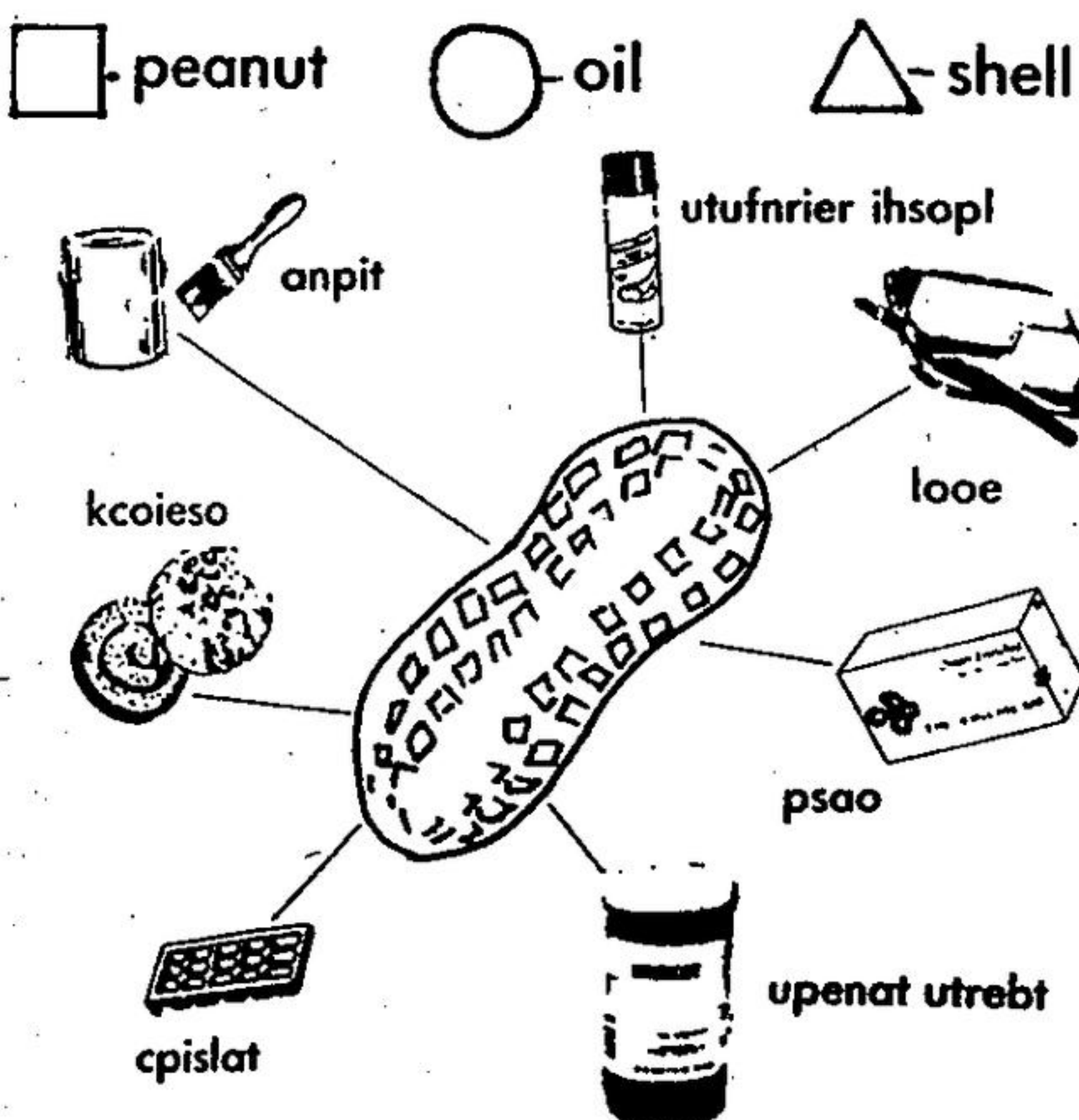
1. The peanut is a type of pea, not a nut. It grows underground in a container called a *pod*.

2. By weight, the peanut is the second largest agricultural crop produced in the United States. (Corn is first.)

3. A peanut is also called a goober, a groundnut, or a pinda.

4. One pound of peanuts has more food value than a pound of beef has.

5. George Washington Carver developed 300 ways to use the peanut including a kind of "instant" coffee, ink, and in plastics.



(Answers: peanut (square)-peanut butter, oil, cookies, oil (circle)-palm, soap, shell (triangle)-furniture polish, plastic)