

Sports Outlook

Sabres crossed up in 4-3 loss

Acton Sabres came to within a crossbar width of achieving a two-game unbeaten streak after dropping a tough 4-3 decision to the Alliston Hornets in Mid-Ontario Jr. C Hockey League action in Alliston last Wednesday night.

"We could have been in the driver's seat with a win in Alliston," said Sabres GM Robin Insoe. Two nights earlier the Sabres opened the new year with a big 6-3 victory in Schomberg over the Cougars.

Alliston opened the scoring on Wednesday at the 20-second mark of the first period before Acton scored a pair of quick goals to take the lead.

Bob Watson, assisted by Derron Bain, and Tim McDonald, unassisted, supplied the brief Acton lead before the Hornets stung back with a pair of their own in the middle frame.

Newcomer Brett Burrows, son of former NHLer Dave Burrows, tied it up at 3-3 with a goal at the 40-second mark of period three but the hometown Hornets went ahead to stay midway through the period.

Sabres lifted goaltender Jim Mantione but a shot off the Alliston net's crossbar was as close to a tie as the Actonites could get.

Monday in Schomberg the Sabres were never behind as they nursed leads of 3-2 after one period and 4-3 after two in claiming a 6-3 final.

"We played well and it helped that we had a full roster," said Insoe. Acton had been plagued with several manpower shortages prior to Christmas.

Troy Foster, Brett Burrows, Rob Wilson, Steve Wagner, Ian Ellis and captain Peter Cargill supplied the goals for Acton with Wagner and Ellis also adding an assist each.

Bob Watson had a pair of assists with D.J. Farnsworth, Derron Bain, Todd Shimirak and Jason Lucas also picking up helpers.

Acton outshot its hosts to the tune of 43-42 with Jim Mantione going the distance in the Sabres cage.

SABRE RATTINGS: Burrows, whose father Dave toiled for the Pittsburgh Penguins and Toronto Maple Leafs during the 1970s, made an immediate impact upon joining the Sabres after the holidays by potting two goals in his first two games. "He'll help a lot," said Insoe of the 18-year-old rearguard. "He's got good size and he moves the puck well." The 6-foot-1 blueliner became available to the Sabres after being released by the Midwestern Jr. B league's Owen Sound Greys.

Sabres visit Caledon next Tuesday night before returning home to host the league-leading Orangeville Crushers on Friday, Jan. 13.

Dance fever

Enjoy an evening of fun and social activity with instruction in Ballroom and Latin Dancing. Learn the basics of the cha-cha, waltz, jive, foxtrot, disco hustle and others from our experienced teacher, Dorri Bland. We have basic lessons for Beginners as well as an Advanced class for the more experienced dancers. Lessons will be held at the Cedarvale Community Centre on Tuesday evenings, beginner Jan. 10 running for 12 weeks. This program is a must for anyone who enjoys "stepping out" on the town. For more information please call 877-5185 extension 261.

Downhill outing

Come and ski Blue Mountain in Collingwood on Feb. 3 during the semester turnaround.

Check out the Halton Hills Recreation and Parks Department's Brochure or call us at 877-5185 extension 261.

Leisure Lines

Fitness leadership training program

Since 1979, Sports and Fitness Ontario has provided leadership training workshops and resources for the beginner to the experienced fitness leader through the Fitness Ontario Leadership Program (FOLP). The goal of FOLP - The Basics, is to help fitness leaders acquire the knowledge and skills necessary to lead safe, effective and enjoyable fitness classes.

What You Will Learn:

By listening to lectures, participating in practical demonstrations and working on individual and small group tasks, you will have the opportunity to learn the following:

Fitness Leadership Skills
—Understand fitness leadership styles and the holistic approach to leading fitness classes.

Class Organization and Program Planning
—How to plan and lead an effective fitness class and how to plan for a series of fitness classes.

Use of Music
—How to select and use music that will enhance your fitness class.

Basic Anatomy and Exercise Analysis
—Learn the primary muscles and exercise precautions involved in a fitness class workout and how to design safe and effective exercises.

Basic Physiology
—A practical understanding of the cardiovascular, respiratory and digestive systems.

Communication Skills
—How to set a positive climate

for your fitness class through the use of verbal and non-verbal cues and establishing a climate for two-way communication.

Motivation Strategies

—Basic theory of motivation and helpful hints on encouraging individuals to become and remain a participant in your fitness class.

Developmental Design Concept

—An introduction to creative approaches for involving participants physically, mentally, socially and emotionally in your fitness class.

Who Can Attend

Anyone who is 18 years of age and has a desire to lead or is currently leading fitness classes.

WORKSHOP INFORMATION

FOLP, The Basics, will be sponsored by the Town of Halton Hills Recreation and Parks Department.

WHERE: Georgetown District High School, 70 Guelph St., Georgetown, Ont., L7G 3Z5.

WHEN: Friday, Feb. 24, 7-10 p.m. Saturday, Feb. 25, 9 a.m. - 5 p.m. Sunday, Feb. 26, 9 a.m. - 5 p.m. Saturday, Mar. 4, 9 a.m. - 5 p.m. Sunday, Mar. 5, 9 a.m. - 5 p.m.

COST: \$100 per participant.

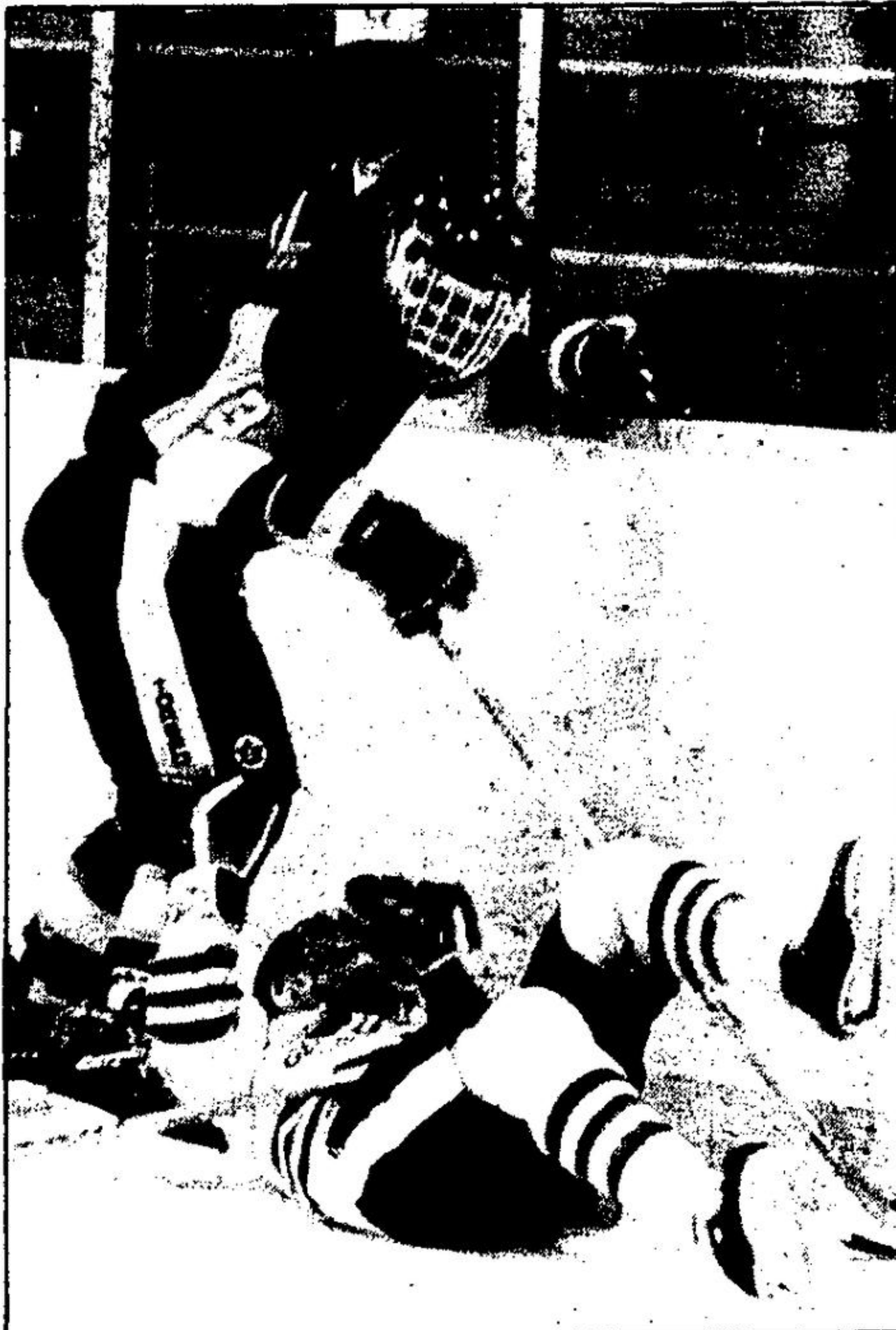
Cheque or money order to be made payable to: Town of Halton Hills Recreation and Parks Department, and mailed to: Town of Halton Hills Recreation and Parks Department, P.O. Box 128, Halton Hills (Georgetown), Ont., L7G 4T1.

For more information please contact Jeff Bitton, 877-5185.

DEADLINE DATE: Feb. 3.

Bird's eye view

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Georgetown Raider trainer Bill Garvey had a bird's eye view of Rob Doucette's tumble during the team's 6-6 draw against Mimico Monarchs on Dec. 30. Mimico visits again on Jan. 13. (Outlook photo)

Professional mat stars set to grapple in Erin Jan. 28

Please take note that professional wrestling will be returning to this area on Saturday, Jan. 28, at the Erin Agricultural Arena. The bell time will be at 4 p.m. sharp, and on this afternoon family matinee will be no less than three title defenses, although each and every match will feature a current championship title holder.

In the main event of the evening, the Mid-Atlantic tag team champions, The Cream Team, consisting of Diamond Dave Casanova and R.I.P. Sawyer, will be defending their belts against the challenge of one of the hottest new tag teams in pro wrestling. One-half of the Can-Am Connection, Tom Zenk, will be teaming up with European Champion, the high-flying Cheetah Kid. Zenk and Cheetah have been teaming up lately in Japan, and many people feel that this team may unseat the Cream Team, who defeated the Rock and Roll Express for the

belts just a few months ago.

Also defending her Ladies' International Title Belt will be Miss Heidi Lee Morgan, one of the hottest female wrestlers in the world today. She will be attempting to fend off the challenge of Suzie "The Sledgehammer" Steele, a fast rising star in the independent ranks.

Universal Championship Wrestling champion Pretty Boy Chuck Simms will be facing one of the toughest challenges in his career as 6-foot-4, 292 pounds of Strangler

Steve DiSalvo shoots for the Universal title belt. DiSalvo is currently a regular of TSN's Calgary Stampede wrestling program, and once wrestled in this area as Steve Strong. Simms is no stranger to DiSalvo, as he and Richard Charland faced the challenge of him and various partners in Montreal when they were tag team kings there. This is a match you will not dare want to miss.

In non-title action, wrestler-manager extraordinaire Luscious Johnny V will don the tights to take

on Portuguese champion Chico Fernando. Johnny is six-time world tag champ with brother Jimmy "Boogie-Woogie Man" Valiant, and was instrumental in leading Greg Valentine and Brutus Beefcake to the world tag title.

Canadian Light-Heavyweight champion Mad Dog Rex will face off against local favorite Big Mac in a non-title match up.

Tickets go on sale next week for \$6 for kids under 12, and a general admission ringside price of \$8 for all others.

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