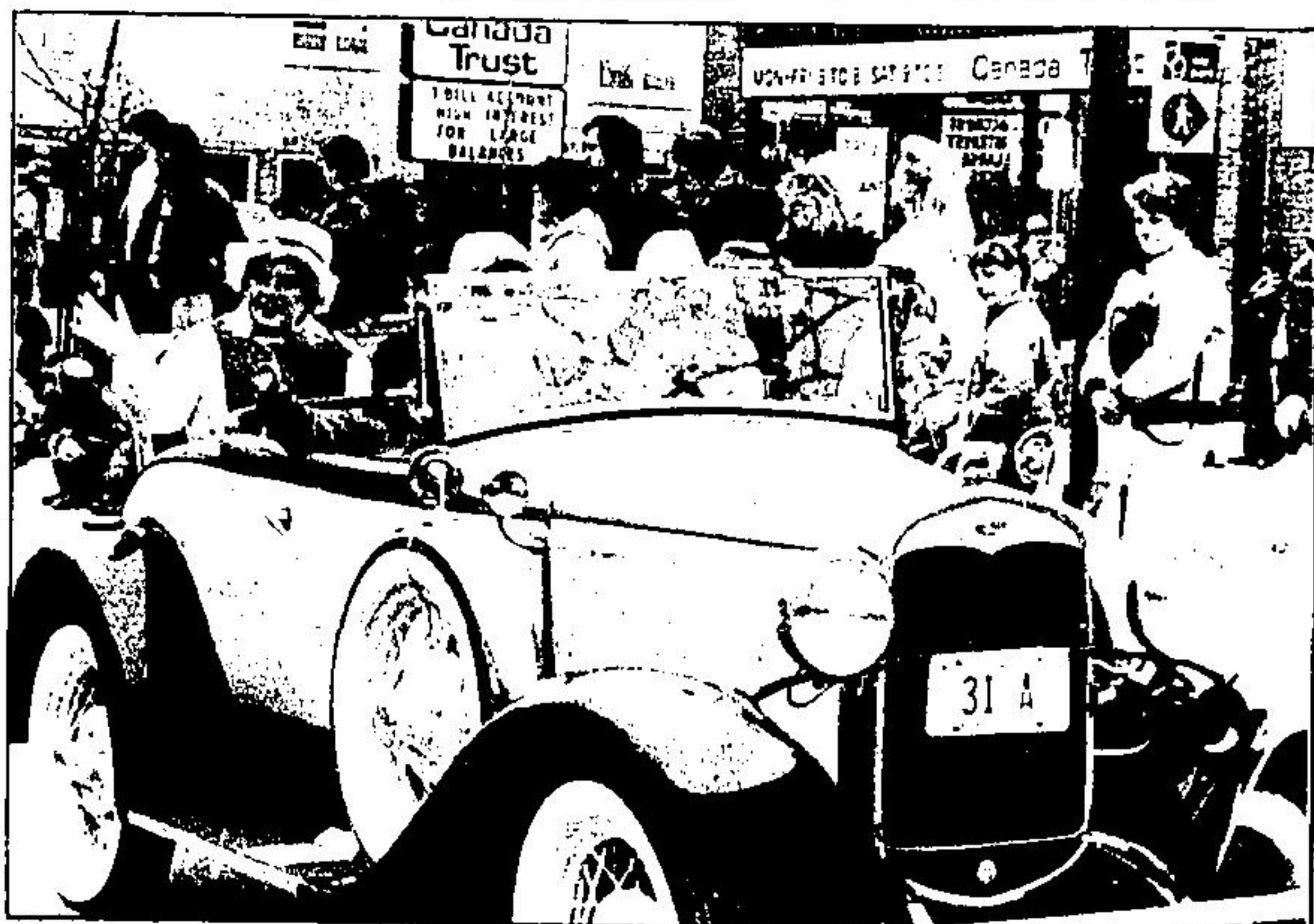


Outlook on Halton Hills



The Santa Claus Parade last Saturday featured some weather helped make this year's version of the parade interesting entries, including this 1931 car. Excellent one of the best ever.

Youth charged with mischief

A 17-year-old Glen Williams youth was charged with public mischief Nov. 26 in connection with \$1,500 damage done at a house party. Police say the Nov. 20 party on

Rexway Drive got "out of hand with uninvited guests." Police added that a window was smashed. The youth will appear in court Dec. 22.

ASK KATHY

Dear KATHY

I have always been a little overweight and I can't really remember a time when I wasn't dieting. Lately I've noticed a funny thing. I weigh within a pound of what I did in college, but I'm two dress sizes larger. How can that be?

Reply:

What you describe commonly comes from yo-yo dieting. As you lose and regain weight over the years, you gradually replace your muscle tissue with fat. So although you weigh the same, it is possible for your percentage of body fat to be considerably higher. So it is possible that at the same body weight, your measurements could be larger.

At Diet Center we not only help you to reduce your body fat percentage, but we also teach you how to



KATHY HEMAS
Diet Center Counselor

rebuild your muscle tissue. So when you finish at Diet Center, you are not only slender, you are firm and taut. Call or come in today for a free consultation and find out how Diet Center can help you slim down and shape up.

Police beat

Minor injuries

A Georgetown woman received minor injuries when her 1976 Ford struck two hydro poles in Norval Wednesday night.

The vehicle was northbound on Winston Churchill Boulevard near Sideroad 5 when it went out of control on icy roads, skidding and striking the hydro poles, say police. The car was demolished.

Police say no charges will be laid in the single-car collision. The Georgetown woman, 23, was treated and released from Georgetown and District Memorial Hospital.

Woman charged

A Brampton woman is charged with careless driving after two cars were severely damaged in a Guelph Street collision Wednesday night.

Police say a 1978 Mustang, westbound on Guelph Street, struck the rear of a 1977 Ford Lincoln, which had stopped to make a left hand turn into Windsor Road.

Both drivers, the Brampton woman, 20, and a Georgetown woman, 44, were taken to Georgetown and District Memorial Hospital where they were treated for minor injuries.

Cyclist hurt

A 10-year-old Georgetown boy received minor injuries after he was struck by a car Tuesday night.

Police say the boy was travelling near Main Street and Cross Streets when his bicycle collided with a 1984 Ford driven by a Georgetown woman, 51.

The driver of the Ford and a 10-year-old passenger in the car were uninjured. The bicycle rider was taken to Georgetown and District Memorial Hospital by his parents, where he was treated and released.

\$500 damage to window

Windows smashed

Police say "persons unknown" smashed 15 windows at Acton High School sometime between Nov. 27 and 28. Damage to the windows is estimated at \$2,000.

A plate glass window was smashed at a power equipment retail outlet on Guelph Street. Police say a steel ball was propelled through the window, causing \$500 damage sometime last weekend.

Business Number
877-2900

Home Number
853-0780

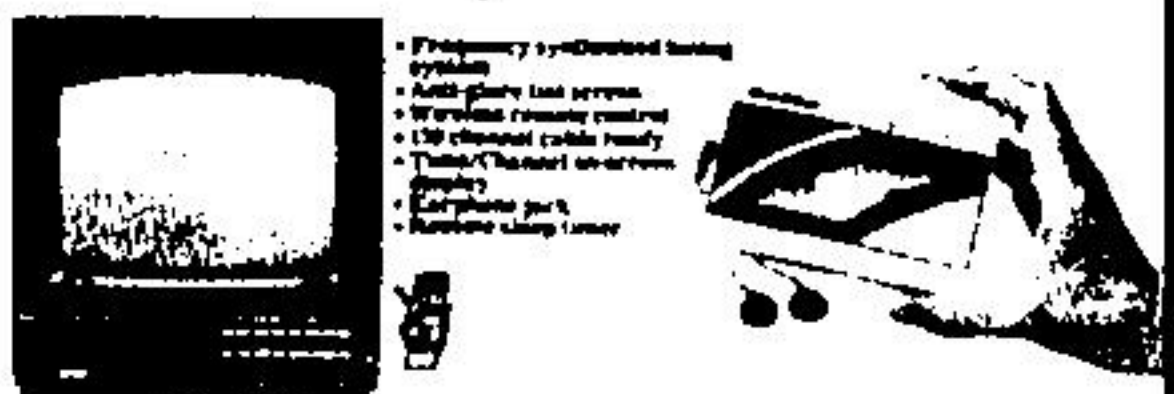
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