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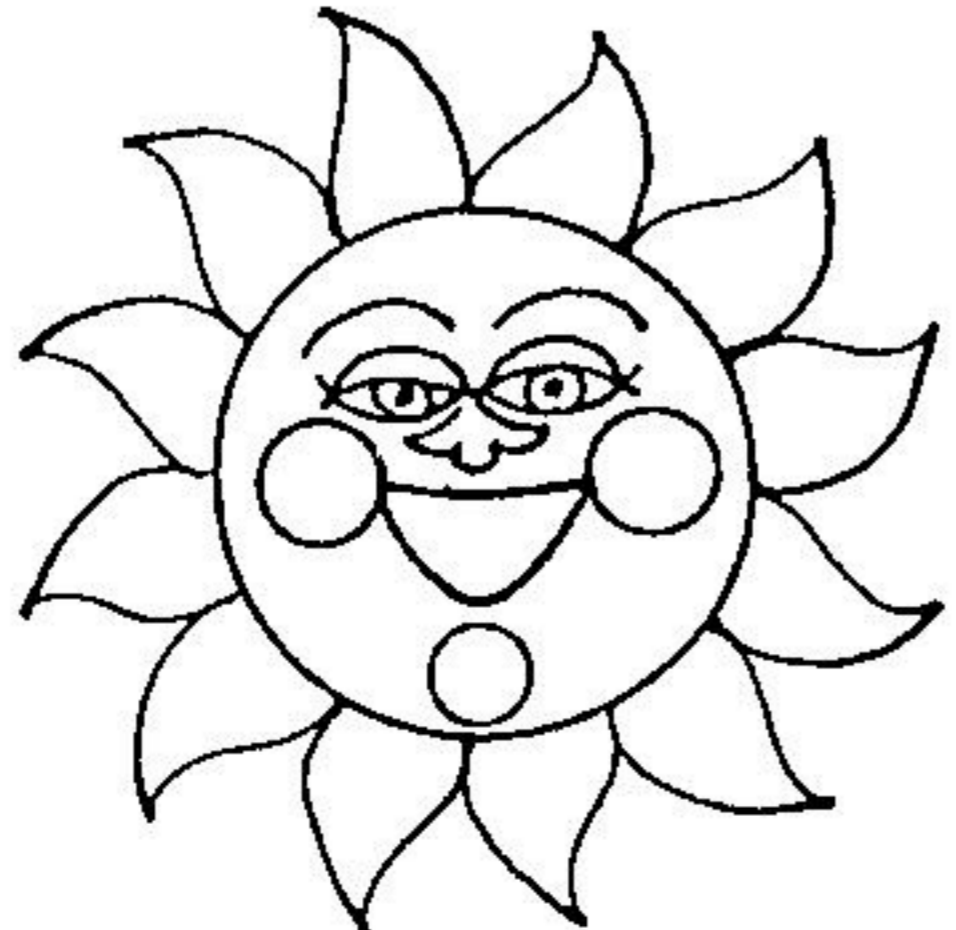
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# Are you in the dark about light?

(NC)—Sunlight has long been acknowledged as the primary source of harmful ultraviolet rays. As the earth's protective ozone layer continues to thin, the incidence of skin cancer and other light-related skin disorders increases, and scientists and physicians warn about unnecessary exposure to natural sunlight. However, despite the wealth of scientific data now available, when it comes to preventive skin care, most people are still in the dark. Test your own knowledge by deciding which of these ten statements are true.

- 1) Exposure to ultraviolet light is necessary to healthy human life. It causes our skin to produce Vitamin D.
- 2) Overexposure to ultraviolet light, can kill. The sun's ultraviolet rays can cause a number of serious skin diseases, up to and including cancer.
- 3) As the earth's protective ozone layer continues to thin, the incidence of a variety of skin diseases has sharply increased.
- 4) Photoaging, the most common skin disease of our era, affects everyone. Caused by exposure to ultraviolet (UV) rays, photoaging causes up to 70 percent of the visible signs of skin aging.
- 5) All UV light contributes to photoaging, and the cumulative result of fifty weeks exposure to everyday light can be more damaging to skin than two weeks spent at the beach.
- 6) Ultraviolet rays penetrate glass windows, and are reflected by water, snow, and even city streets and buildings.
- 7) Some man-made light sources — fluorescent lights, for example — also emit UV rays.
- 8) Today's active lifestyles, together with the on-going thinning of the ozone layer, mean that we're at greater risk to UV-related skin disease than any generation before us.
- 9) Traditional sunscreen products provide protection at the beach but they are not designed for everyday use.
- 10) With light-related skin disease on the rise, drug and cosmetics firms are spending billions of dollars researching preventive products. Photoaging Shield, a new product made by Ultima II, is the first preventive treatment specifically designed for daily protection against UV rays.

All of these statements are true. Nothing can halt the biological aging of our skin, but photoaging can be controlled. Avoid unnecessary exposure to sunlight, and protect your skin against damaging UV rays by using a photoaging shield every day of the year. Remember: the cumulative effects of exposure to everyday light can do more damage to skin than two weeks spent at the beach.



## NRS Highlights of This Home AFFORDABLE COUNTRY FOR \$269,900

This charming raised bungalow situated on the edge of Georgetown is filled with visual delights.

Inside the rooms are extra large, bright and have upgraded carpets. The spacious living room has huge windows and a stone fireplace for winter nights.

The L-shaped dining room has a walkout to the beautiful year-round solarium with provision made for spa. Note the eat in kitchen featuring a "U" shaped work area and a walkout to the solarium.



**THE ULTIMATE SOLARIUM!**  
 Year round use with sun catching it all day. An automatic exhaust fan will switch on to extract heat if needed in the winter a woodstove will keep you cozy as well as auxiliary baseboard heat. This is truly the room your family will enjoy for many hours a day.



- EXTRAS**
- Finished rec room with pool table
  - Walk into the garage from the rec room
  - Woodstove in rec room for extra warmth
  - Large laundry area is bright and airy
  - Electric garage door openers for garage
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For Further Information Contact

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