

Entertainment Outlook

ASK KATHY

Dear KATHY
THE MIND'S EYE

Q: I've been overweight all of my life. I've tried several different diets, but I never seem to succeed. I just don't have the willpower. What can I do to make myself succeed on a weight-loss program?

A: Most important, you must commit to yourself. It is vital to your success that you are dieting because you want to. Then, after selecting a safe and effective diet, turn on the power in your mind. Visualization can be an extremely powerful tool in assisting you in reaching your goal. When you start to "see" yourself as a thin person, you will begin to act that way. If you can see your



KATHY HAJAS
Diet Center Counselor

goal, it will seem attainable.

Start out slowly. Mentally take yourself on a shopping spree. Vividly picture yourself trying on a Size 10 dress in your favorite color, an-
looking great!

DIET CENTER
HOW TO WIN AT THE LOSING GAME

Business Number: 877-2900
Home Number: 853-0780
98 Mill St., Georgetown

Personal Consultation By Appointment

Movies

SHORT CIRCUIT 2 (PG) How bad can a sequel be? If you need to know, check out this silly follow-up to the hit movie that went on to become the No. 1 home video release of 1987. Did the video success of the original make the film-makers a little crazy? Their sequel is nothing more than a Saturday morning kids' TV show stretched out to two interminable hours.

As in the first film, the story centers on an adorable robot named Johnny Five, who's like a mechanical E.T. When we last saw Johnny Five, he had been rescued from a life of

programmed destructiveness for the military and sent off to rural life in Montana.

This time, Johnny Five comes to the big city to help his inventor, East Indian scientist Ben Jaharvi (Fisher Stevens), who's turned into a high-tech-toy manufacturer. Throw in a porky, jewel-hungry villain (Jack Weston) and an unsuspecting love interest for Ben (Cynthia Gibb), and you have the chief elements of this fantasy adventure. The operative word is cute — relentlessly, determinedly, nauseatingly cute.

As Ben, Fisher Stevens might be doing an Indian version of the malapropism-spouting schtick that Bron-

son Pinchot does on TV's "Perfect Strangers"; as with Pinchot, it wears thin fast. Johnny Five has a few half-way-funny throwaway lines, and he puts a lot of spin into his vocal impressions of Dr. Ruth and John Wayne. But he and the movie are puerile stuff. **GRADE: ★** (Add a star if you're under 10.)

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Face in the Crowd



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GEORGETOWN CINEMAS

235 GUELPH STREET — 877-6232

CINEMA 1

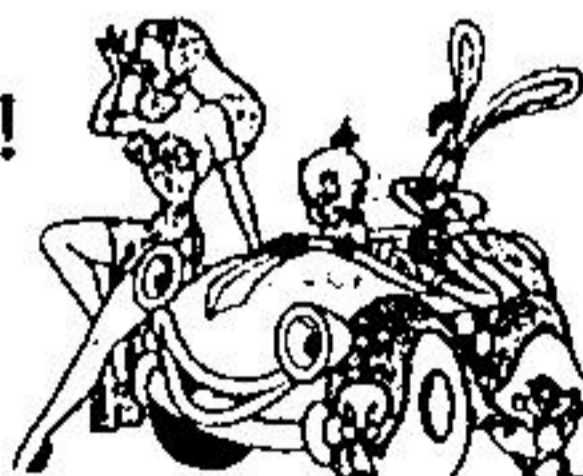
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CINEMA 2



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ADULT ACCOMPANIMENT

Coarse Language

CINEMA 2

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CINEMA 3

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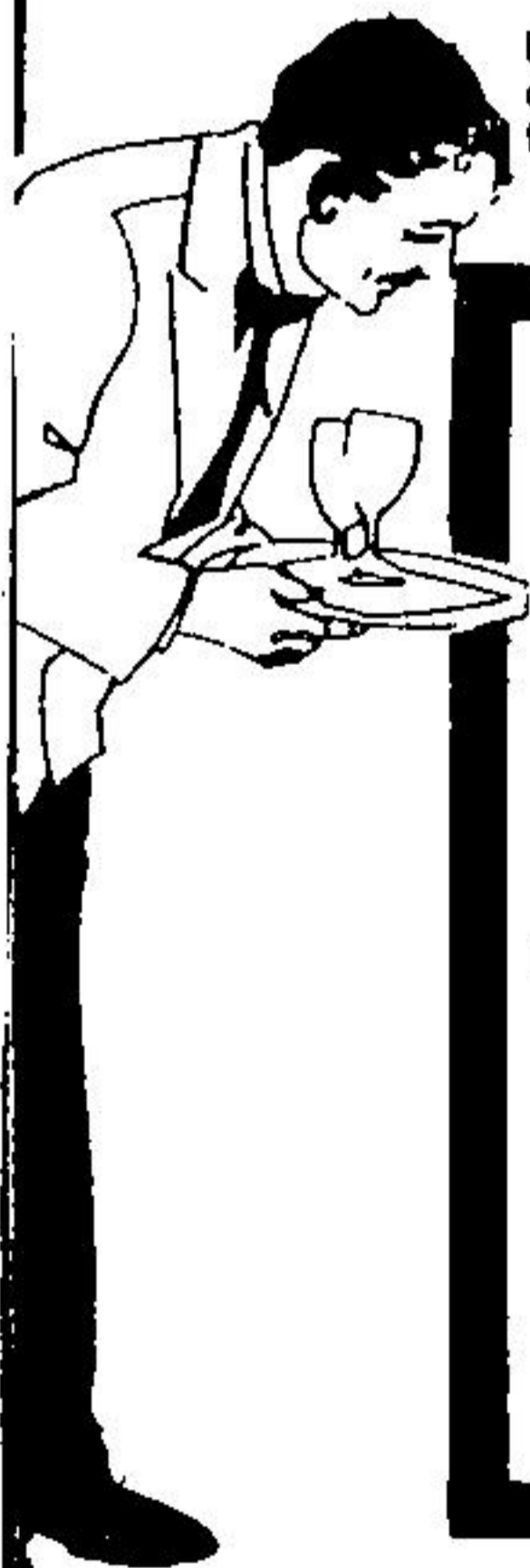
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Coarse Language

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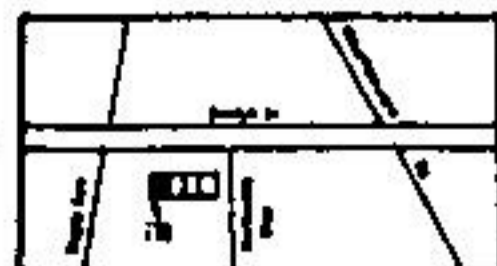
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