

# Travel Outlook

## Finding a doctor in a strange country

**SHOP OUR YELLOW PAGE FIRST!**

**APPLIANCES REPAIRS**

**REPAIRS TO ALL MODEL TVs In your home**  
TVs, Stereos, V.C.R.s, Microwave  
90 DAY WARRANTY FREE

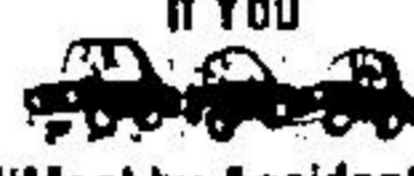
Free Estimates  
J.J. Electronics  
873-1820



**AUTO BODY**

If You  
"Meet by Accident"  
CALL US, WE'LL GET THE JOB DONE RIGHT

**UPTOWN COLLISION**  
873-1607  
53 MOUNTAINVIEW RD. NORTH, GEORGETOWN



**AUTO GLASS**

**Georgetown AUTO-GLASS 877-7933**

Windshield Replacement  
Insurance Claims Welcome  
Sun roofs Vinyl Tops  
Auto Upholstery

315 Armstrong Ave. Georgetown Ontario

**BOOKKEEPING**

**3B BOOKKEEPING**  
"CONFIDENTIAL"  
AFFORDABLE RATES

CALL 853-3868

- COMMERCIAL
- RETAIL
- RENTALS

**CONCRETE CONTRACTORS**

**MULTI CONCRETE MARKETING**

FLOORS SIDEWALKS PATIOS **853-2726** DRIVEWAYS POOL DECKS CURBS

"RESIDENTIAL" John McMullen "INDUSTRIAL" ALL WORK GUARANTEED




**CHIMNEY SWEEPS**

**JACKSONS CHIMNEY CLEANING**

- consultants
- expert cleaning
- repairs, tinning
- animal screens caps
- guaranteed service
- free inspections

**873-0673**  
"Save 25% with this ad"



**DRIVEWAY SEALERS**

**GOLDEN TOUCH**  
DRIVEWAY SEALERS  
Residential-Commercial-Farm  
PROTECTIVE ASPHALT  
SEALING • LINE PAINTING  
AND PATCHWORK  
Call: Gary Toussaint

Halton Hills 873-0847 Oakville 825-1394

**DRIVEWAY SEALERS**

THE LIFE OF YOUR DRIVEWAY IS IN OUR HANDS.

**SEALWADER**

Asphalt Sealing • Hot Patch Repair  
ENHANCES, PROTECTS, INCREASES THE LIFE OF YOUR PAVEMENT  
Call: (416) 453-0819 Anytime




**ELECTRICAL**

**HALTON HILLS ELECTRICAL CONTRACTING LTD.**

23% HRS. SERVICE

- Industrial
- Commercial
- Residential
- Rural

**PROP. LYLE PRUETER**  
853-2572



**ELECTRICAL**

**ELECTRICAL CONTRACTOR GLEN ERIN ELECTRIC SERVICE**  
Repairs and Installation


CALL 877-5051  
Free Estimates



**EXCAVATING**

**DEBRUYN EXCAVATING**  
Backhoe specialty  
Free Estimates  
No job too small

Call: 873-1513 after 5 p.m.



**GLASS**

**APPLE Auto Glass**  
WINDSHIELD REPAIRS

WE HANDLE ALL INSURANCE CLAIMS

- AUTO UPHOLSTERY
- VINYL TOPS
- SUNROOFS

NO EXTRA CHARGE MOBILE SERVICE  
**873-1655**  
300 GUELPH ST. UNIT 7, GEORGETOWN

**MASONRY**

**HENDERSON MASONRY**  
Brick, Block & Stone  
Fireplaces, chimneys and repairs

Call: Brian 853-1223



**RENTALS**

**GEORGETOWN RENT-ALL**

55 Sinclair Ave.  
877-0157



**ROOFING**

**NORTH HALTON ROOFING**

Specializing in:  
•RESHINGLING •NEW ROOF  
•SHINGLE REMOVAL AND REPLACING  
•REPAIRS

FREE ESTIMATES ALL WORK GUARANTEED **853-3931**



**ROOFING**

"25 YEARS ROOFING EXPERIENCE"  
★ Free Estimates ★ Guarantee  
Lic. Building Renovator  
CUSTOM BUILT REPLACEMENT  
WINDOWS & PATIO DOORS

**MEL TAYLOR ALUMINUM LTD.**  
877-6772



**PAINTING**

**PAINTING Superior Work! INTERIOR-EXTERIOR**

FREE ESTIMATES (416) 459-6055  
Call after 5 p.m.



**TV REPAIRS**

**SALES & SERVICE**  
•TV •VCR •STEREO REPAIRS  
All Work Guaranteed for 90 DAYS  
WE SERVICE EVERYTHING WE SELL!

**HITACHI**  
**BRAMPTON COLOUR & SOUND**  
453-4455



**SEPTIC SERVICE**

**McISAAC**  
SEPTIC TANK PUMPING SERVICE

— Emergency Service  
MAC McISAAC  
519-853-2790  
"Don't Delay Pump Today"




**WELDING**

**THE WELDING SHOP**

- Arc Welding
- Gas Welding
- Portable Unit

48 GUELPH ST. GEORGETOWN  
877-5953



**To Participate In Our Yellow Page, call today 877-2201**

By VINCENT EGAN  
Travel Columnist  
Thomson News Service

It can happen: You are far away in some exotic land, unfamiliar with the local language — and suddenly you need a doctor.

Your first thought may be to seek help from the Canadian or British embassy or consulate. But there may be no such establishment where you are — or if there is, you may have to deal with the civil-service mentality, attuned more to avoiding problems than solving them.

There is an Ontario-based organization that every traveller ought to know about, before a medical crisis arises. It is IAMAT — the International Association for Medical Assistance — with offices at 108 Nicklin Road, Guelph, N1H 7L5, and at 1287 St. Clair Ave. W., Toronto, M6E 1B8.

Note that IAMAT has nothing to do with health insurance. Coverage of that kind is provided under provincial government plans, and can be supplemented by purchasing additional protection from private insurers.

ON CALL

Rather, IAMAT is a worldwide network of doctors who speak your language, who have taken some or all of their medical training in the West, and who charge uniform fees as established by the association.

A visit to the doctor's office during normal hours costs \$20 U.S., a house call (to your hotel, for example) would be \$30, and a call made at night, or on a Sunday or holiday, is \$35.

The services are available only when travelling outside Canada and the U.S. — but the network extends to hundreds of cities in more than 125 countries.

Each year, IAMAT updates its directory. Each of the medical centres listed in it is under the direction of an internal-medicine specialist, and it has a list of local specialists such as an orthopedist or urologist who are always on call.

Membership in IAMAT is free, although a donation of \$25 or more (deductible from taxable income) is suggested.

**WORLD DIRECTORY**

Whether a donation is made or not, members receive the following items along with their membership card:

- A world directory of IAMAT physicians' names, addresses and telephone numbers.
- A chart showing the risk of malaria, country by country, and advice on protection against the disease.
- A traveller's clinical record. By asking your doctor to fill it out before you travel, you will be able to present foreign medical personnel with information to guide them in treating you if the need arises.

Members who contribute \$25 or more also receive a package of 24 world climate charts, with such information as the safety of drinking water and the need for immunization, in each place.

In addition, IAMAT issues a variety of bulletins on specific topics of interest to travellers. Example: When Hiking Through Latin America, Be Alert to Chagas' Disease (an illness

originating with a bug call barbeiro, in Brazil).

**HOW IT BEGAN**

The founder of IAMAT, and still its head, is a remarkable Canadian, Vincenzo Marcolongo of Toronto, who trained at Montreal's McGill University.

A migraine sufferer, she had run out of the pills she had brought from home. A local doctor whom she consulted prescribed Aminopyrine, a commonly used painkiller in Europe at that era.

But the Canadian patient has a severely adverse reaction, which was heightened when a second local doctor prescribed a massive dose of the same drug.

When Dr. Marcolongo was called in, he hospitalized the woman, and initiated a course of transfusions and anti-biotic treatments which restored her to health a week later.

**BE PREPARED**

There's another valuable lesson to be learned from that episode, besides the one about the wisdom of joining IAMAT: Take with you whatever medicine has been prescribed for you, such as insulin or digoxin.

Even if you start out on your travels with an adequate supply, however, they could be lost or even stolen while you are abroad. If possible, obtain from your doctor a typewritten prescription giving the generic and brand names of your medication, the manufacturer's name, and the dosage.

Then, if the need arises, you will still be able to obtain the medication you need.

People who wear glasses would be similarly well advised to take along the prescription, in case of an accident to their regular glasses. It's also a good idea to take an old pair of glasses, which could be used while waiting for a replacement pair to be made.

**TRAVEL NOTEBOOK**

—The Falkland Islands have recovered from the war that followed the 1982 invasion by Argentina, and have become a new and unusual travel destination. Passenger flights to the remote South Atlantic islands take 18 hours, and are operated by the Royal Air Force from Brize Norton in Oxfordshire.

Visitors stay at small family-run hotels or guest-houses in Stanley and few other settlements. Attractions include the wildlife — elephant seals, penguins, dolphins, etc. — game and sea fishing, and exploring the many shipwrecks. The summer season extends from November to March.

Detailed information is available from Falkland Islands Tourism Information Service, 12a Coney St., York, YO1 1NA, England.

—A direct service from Toronto to Brussels on Mondays, Thursdays and Sundays has been inaugurated by Sabena Belgian World Airlines. Brussels, as the headquarters of the 30-year-old European Economic Community, is a popular centre for international exhibitions; an 80-room hotel, called Finotel Expo, has recently opened adjacent to the Brussels Exhibition Centre.

—Canada and Thailand will soon have direct air links. It is expected that Canadian Airlines International will extend its trans-Pacific route to Bangkok in Bangkok-Tokyo-Seattle service to Toronto next April.

**WE ARE DEDICATED TO SERVICE**



We have asked our carriers to complete their deliveries as early as possible each week.

If your Herald is not delivered to your home please phone our circulation department.

**CIRCULATION DEPARTMENT HOURS:**  
For your convenience the Circulation Department is open from 8:30 a.m. to 5:00 p.m., Monday to Friday.

**WE'LL DELIVER TO YOUR HOME 877-2201**