

**HEINZ**  
CANADA FANCY  
**TOMATO JUICE**



**TOMATO JUICE**

HEINZ  
CANADA  
FANCY

**.99**

save  
up to **.80**

136 L TIN

**SCHNEIDERS**

PROCESS CHEESE FOOD / PRÉPARATION DE FROMAGE FONDU

**SLICES**

SCHNEIDERS  
CHEESE  
FOOD  
PROCESS  
CHEESE  
FOOD  
SINGLES

**2.79**

save  
up to **1.50**

500 g  
PKG.



**CORN OIL**

**4.99**



**CHEESE**

**2.19**

**Hunts**  
tomato  
paste

**TOMATO PASTE**

**.53**



**INSTANT COFFEE**

**5.99**



**FLOUR**

**3.59**



**PIZZA**

**2.99**

FIVE ALIVE FROZEN, ASSORTED FLAVOURS  
**BEVERAGE** 355 mL TIN **1.29**

CRYSTAL LIGHT, ASSORTED FLAVOURS  
**DRINK MIX** PKG OF 2 **1.79**

NATURAL OR CHOCOLATE FLAVOUR  
**OVALTINE** 400 g TIN **3.19**

ORVILLE REDENBACHER  
**POPPING CORN** 15 OZ JAR **1.69**

WESTON'S HOT DOG OR HAMBURGER  
**ROLLS OR BUNS** PKG OF 8 **.99**

GOURMET CLUB, ASSORTED VARIETIES  
**SALAD DRESSING** 8 FL OZ BTL **2.49**

AUNT JEMMA FROZEN JUMBO  
REGULAR OR BUTTERMILK  
**WAFFLES** 10 OZ PKG **1.49**

GREAT SCOTT'S FROZEN, REGULAR OR DELUXE  
**PANZEROTTI** PKG OF 2 **3.69**

E-ZEE FROZEN WHITE  
**BREAD DOUGH** 1 LB PKG **3.19**

**CROSS RIB**  
BONELESS  
ROAST  
CUT FROM  
CANADA  
GRADE  
A BEEF  
4g  
**5.49**

**2.49** **LB.**

save  
up to **1.20**

**CHICKEN**  
DRUMSTICKS OR  
THIGHS  
FRESH  
4g  
**3.06**

**1.39** **LB.**

save  
up to **1.50**

**Valuplus**

wieners 450g  
saucisses

**WIENERS**  
VALUPLUS  
**.99** **450 g**  
PKG.

save  
up to **.80**

**MONTECARLO**  
STEAK OR  
ROAST  
4g  
**8.59**

**2.99** **LB.**

**NEW YORKER**  
STEAK OR  
ROAST  
4g  
**7.69**

**3.49** **LB.**

**SALMON STEAK**  
FRESH  
COOK  
4g  
**22.02**

**9.99** **LB.**

**CHICKEN BREASTS**  
BONELESS  
FRESH  
4g  
**11.00**

**4.99** **LB.**

**PURE PORK  
SAUSAGE**  
500 g  
PKG.

**2.49**

**ziggys**  
LUNC MEAT

**ZIGGY'S BACON**  
SLICED  
SIDE  
500 g  
PKG.

**3.49**

SLICED, FRESH  
**FRESH BEEF LIVER** 42.18 **.99**

ORIGINAL 10 PACK OR 7 PIECE ONE  
**KWINTER FRANKS** PKG **2.99**

PREPARED, FROZEN, COOKED, READY TO EAT  
**COOKED MEATS** PKG **1.49**

PER LBS. FROZEN (HADDOCK IN LIGHT BATTER OR  
**HADDOCK FISH STICKS** PKG **2.99**

GLAZED, FROZEN, FAMILY SIZE  
**FISH & CHIPS** PKG **2.49**

PREPARED, FROZEN, COOKED, READY TO EAT  
**LAMB SHOULDER** PKG **2.19**

HILLS HIRE SMOKED SAUSAGE, CHEDDAR W/ BAY ON  
**POLSKA KIELBASSA** LB **3.99**

ALL VARIETIES, BUDDING  
**THIN SLICED MEATS** PKG **.99**

FETTICINE, HERB & GARLIC, TOMATO LINGUINE  
OR ANGELS HAIR  
**DIPARMA FRESH PASTAS** PKG **1.49**

**SALAMI**  
ASSORTED SELECTION  
DELI  
SLICED  
100 g  
1.17

**5.29** **LB.**

**BEEF PIE**  
MINCED  
130 g

**1.29** **EACH**

**SCOTCH PIE**  
126 g

**.99** **EACH**

**PASTIE**  
BEEF  
PEPPER  
126 g

**1.19** **EACH**

**STEAK PIE**  
130 g

**1.49** **EACH**

**JARLSBERG**  
NORWEGIAN  
CHEESE  
STORE  
CUT  
100 g  
1.26

**5.69** **LB.**