

Delightfully delicate



FOR THE NON-TRADITIONAL BRIDE: Olga's Christina designs for the contemporary woman who sets her own traditions. For bride, bridesmaids and the honeymoon, Christina designs a strapless slip with embroidered basque bodice — no bra needed. #16378 in white cotton/polyester, S-M-L sizes, about \$44 retail. A separate camisole and halfslip: #16078 cami about \$24, #16278 halfslip about \$30. For nearest store, write Olga, Dept. 40, Box 7757, Van Nuys, CA 91409.

“Engaging” questions: How to cope with personal queries

The simple announcement “I’m getting married” guarantees you’ll be in the spotlight for months ahead. This “instant celebrity” often invites endless personal questions from family, friends... even strangers. “Where did you meet?” “How did he propose?” Some may be fun to answer, others can be irritating.

An article in a recent issue of *Bride’s* magazine suggests dealing with some common questions this way:

• **“Why do you want to get married?”** — With today’s acceptance of the single lifestyle, and of couples who live together without marrying, a person who takes the traditional route may be asked to “justify” that decision.

If you can answer this question — and if you want to — you might explain that you’re serious about your religion, or that you believe marriage is the strongest statement of commitment two people can make. But sometimes the best answer is much simpler: “It just feels right to me.”

• **“Why did you decide to marry him?”** — Questions about your choice of partner can be upsetting, particularly if these doubts come from people you love and respect. Usually the best answer is, “When you get to know Bob better, I’m sure you’ll see why.”

What if the question causes you to have doubts yourself? Does this mean that you are making a mistake? Remember that marriage is a very big step; even people who are very much in love worry.

• **“When are you going to have a baby?”** — This is a touchy question, but it can be helpful to distinguish someone who is merely prying from someone who is genuinely interested in passing along valuable advice. In the first case, a non-

answer, such as “Why do you ask?” might stop the questioning short.

In the second case, if the question comes from an older sister, for example, what at first seems intrusive could actually get you to explore an issue you hadn’t thought about before.

• **“Will you be quitting your job?”** — Many people still assume that a bride will automatically give up her place in the work force for a place at home. “No, of course not!” is a good reply, whether the questioner is a friend, relative, stranger... or your boss. In the latter case, you might underscore your answer by being particularly dedicated at work.

If you do decide to stop working, or if you’ll be moving to another town after the wedding, be honest. Give your employer plenty of notice and leave on a good note.

• **“Will you share the housework?”** — Friends who ask this may be wondering how they would handle the situation if they were to marry. Just say, “We plan to be equals.” After all, no one can foresee the future or know exactly what married life will be like.

• **“How much will your wedding cost?”** or **“Who’s paying for the wedding?”** — The first question is tactless...and very common. You could wave it aside with something like, “Never mind. Just come and enjoy yourself.”

The second question could be answered honestly: “Bill’s parents and mine are splitting the bill.” Or with a joke: “We’re accepting contributions of \$100 or more from all those kind enough to inquire!” Or, as with any one of these “engaging” questions, by simply not answering at all!

In the midst of wedding planning, don’t forget to shop for a bed that you’ll both find comfortable

With all the planning and running around that needs to be done when getting ready for a wedding, many couples neglect to think about one item that will be important long after the wedding day is over: Shopping for a comfortable bed.

Because sleep is the foundation of health, fitness and energy, and because sleepless nights, back aches or neck pains are among the last things that newlyweds need, couples should shop carefully for a bed, keeping in mind these essential elements when making their selection: Comfort, support, durability, available space and the sleeping surface of the bed.

Combination of features

After evaluating the pros and cons of various sleep surfaces, Somnia Mattress Co. has developed a mattress that incorporates the best features of both waterbeds and traditional innersprings to ensure comfort and support during sleep.

This innovative advancement, a wave-free flotation mattress, eliminates the problem of “roller-coaster” motions that plague standard waterbed mattresses.

This unique “waveless” mattress remains stable while still providing just the right sleeping buoyancy.

Introduced by Somnia in a collection known as the “Signature Series” and the “Elegance Group,” the flotation mattress is fitted with individual water-filled seamless vinyl cylinders, aligned side by side and surrounded by a foam shell, under a two-inch-thick insulated quilted mattress top which allows for even body support.

Two levels of firmness

Each side of the flotation mattress can be adjusted for individual comfort by varying the amount of water in the cylinders, meaning that one mattress can provide two different levels of firmness.

This is the perfect solution for couples whose sleeping habits and requirements differ. One sleeper will not even be disturbed by the movement of the other — even when entering or leaving the bed.

Easy to care for and maintain, the wave-free, flotation mattress’s vinyl cylinders can be filled at the bathtub or sink, and never have to be emptied in order to move the bed. Instead, these vinyl cylinders can be carried individually to the relocated mattress by the simple process of lifting the lightweight mattress foam shell.

Lighter than waterbeds

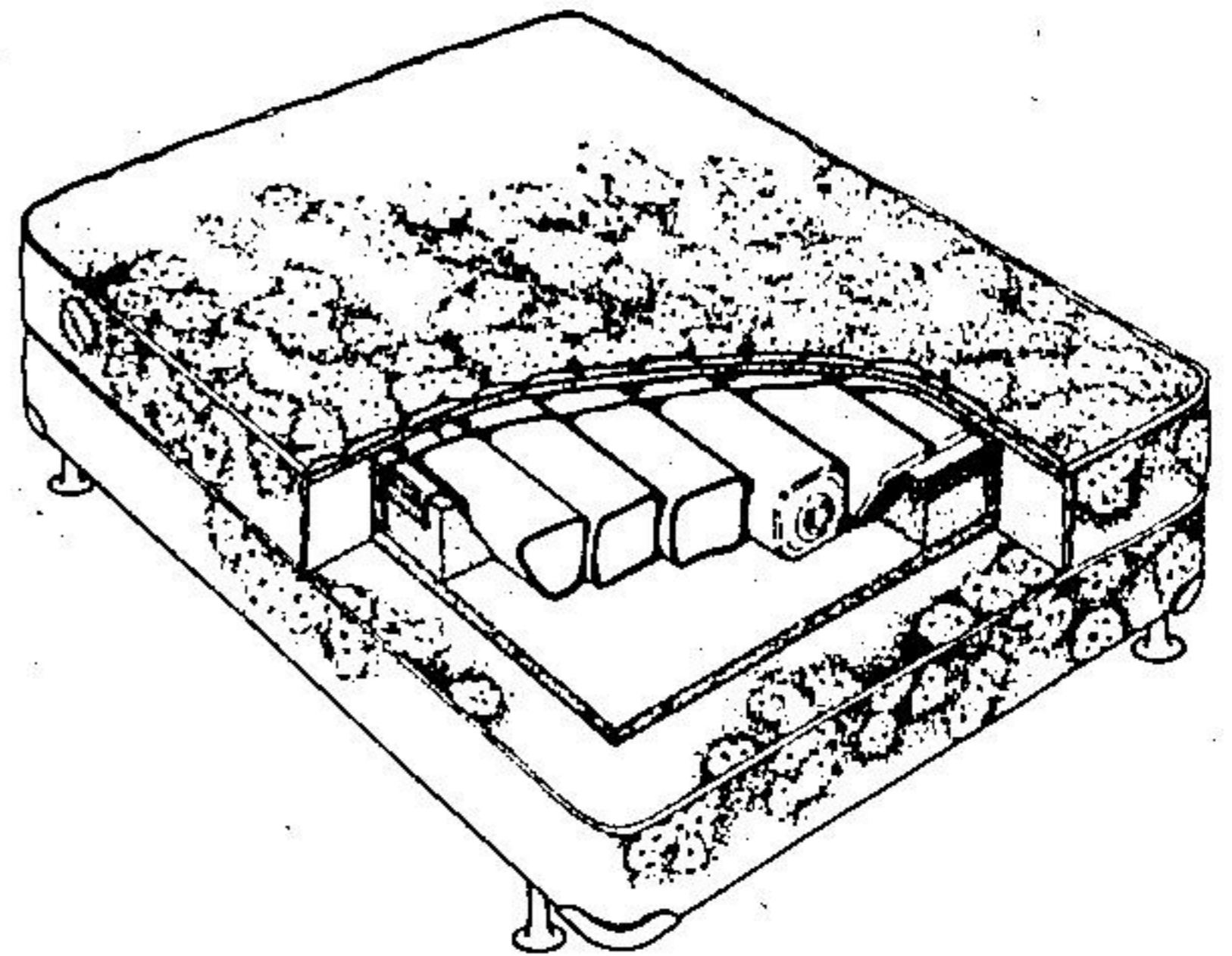
These super mattresses weigh approximately one third as much as a typical flotation mattress, making them perfect for apartment dwellers who previously were

restricted by lease agreements which prohibited ponderous traditional waterbeds.

Standard sizes fit

In addition, budget-conscious newlyweds will also appreciate the fact that Somnia flotation mattresses can be fitted with standard sheets.

Comfort, versatility, convenience and easy maintenance are what make the Somnia flotation mattress the perfect bedding for newlyweds starting their life together. A good bed will last for years, so it makes sense to start with the best.



MINIMIZING PRESSURE POINTS: Body pressure points that can cause a person to toss and turn as much as 80 times a night are minimized as a result of the Somnia mattress patented design of individually filled vinyl cylinders, that are aligned side by side under a two-inch plush quilted top. By varying the amount of water in the individual cylinders, one side of the bed can be made firmer than the other for custom comfort.

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14 Martin St., Milton (Towne Square) — 875-1141