

## Magnificent dessert features fresh fruit

Here's a dessert which combines the flavor and class of French cookery with the convenience demanded by Canadians.

Brûlé Sabayon is a rich, feather-light classic dessert served with your choice of seasonal fresh fruits. Brûlé means to broil — in this case a sugary caramel broiled onto a sabayon — liquor-flavored, light airy pudding.

Convenience ingredients like pudding mix and Lucky Whip Dessert Topping Mix not only eliminate time-consuming steps, but also reduce the number of calories found in the original French version of this idea.

Serve the dessert "fondue style" allowing each guest to dip pieces of fruit into a large Brûlé. Or, spoon the Brûlé into small ovenproof dishes, broil and serve individual portions.

**Brûlé Sabayon**  
1 pkg (92 g) vanilla pudding and pie filling  
1 cup milk  
1 pouch Lucky Whip Dessert Topping Mix

¼ cup cold milk\*  
¼ cup brandy, sherry or rum\*  
½ cup packed brown sugar  
½ cup slivered almonds  
Seasonal fresh fruit

Cook pudding and pie filling with 1 cup milk according to package directions until thickened. Cover surface of pudding with plastic wrap and cool to room temperature.

Whip dessert topping mix with ¼ cup cold milk and ¼ cup liquor until soft peaks form. Fold into cooled pudding. Turn into a large, shallow ovenproof baking dish. Sprinkle brown sugar evenly over top. Top with almonds.

Place 3 inches under a preheated broiler until sugar melts and bubbles and starts to brown - about 5 minutes. (Watch carefully, to avoid scorching.)

Serve warm or cold with prepared fruit. Makes 5 to 6 servings.

\*Tip: ¼ cup milk and 2 teaspoons vanilla may be substituted for the milk-brandy mixture in the dessert topping.

## Country cottage classics

**Orange Pancakes**  
1 ¼ cups all purpose flour  
2 tsp sugar  
2 tsp double action baking powder  
OR 1 tsp single action baking powder  
½ tsp salt  
1 egg, slightly beaten

¼ cup orange juice  
1 ½ tsp grated orange rind  
1 cup skim milk  
3 tsp Country Crock Margarine, melted

In a medium bowl combine flour, sugar, baking powder and salt. In a small bowl stir together egg, orange juice, rind, milk and margarine. Add

to flour mixture; stir just until moistened. Heat nonstick griddle or skillet over medium heat. Lightly grease pan or coat with non stick vegetable spray. Pour batter about ¼ cup at a time onto griddle. Cook until bubbles form; turn and cook until golden. Makes 10 to 12 pancakes; 174 calories per serving (2 pancakes).

# MOTHERS!

## YOUR CHILDREN'S FEET ARE IMPORTANT BACK TO SCHOOL SHOES

IN THE LATEST STYLES FROM

## FLETCHERS SHOES

**GALS**

**GUYS**

### SAVAGE KORIS



Senior girls kidproof loafer, semi-dress shoe for the latest style skirts and pants.

Gray, Burgundy & Black  
Sizes 12½ to 4

**\$29.98**

### SAVAGE KOBIN



Semi-dress shoes in kidproof leather. Non-slip, non-marking soles.

Gray or Navy  
Sizes 6 to 12

**\$29.98**

### SAVAGE KID PROOFS - The Dress Shoes That Wear Like Iron

#### SAVAGE KITTI



Junior girls strap, semi-dress shoe in kidproof leather. Non slip, non-marking soles.

Grey, Burgundy, Navy & Black  
Sizes 6 to 12

**\$29.98**

#### SAVAGE KOE



Semi-dress shoes, velcro closure in kidproof leather. Non slip, non-marking soles.

Gray or Black  
Sizes 1 to 4

**\$29.98**

#### Keds LIGHTS



Velcro closure. Pink, safe non-slip, non-marking soles.

The runners that last  
Sizes 10 to 13

**\$29.98**

#### Keds CRUISE



Velcro non-slip fasteners. Safe, non-slip, non-marking soles.

The runners that last.  
Navy with White Stripes  
Sizes 12½ to 4

**\$29.98**

### Keds - The Runners That Wear Like Iron

#### Keds SUNSHINE TIE



Gray with multi-colour stripes. Safe, non-slip, non-marking soles.

The runners that last.  
Sizes 12½ to 6

**\$29.98**

#### Keds LIGHTS TIE



Safe, non-slip, non-marking soles.

The runners that last  
Gray with Red Trim  
Sizes 10 to 2

**\$29.98**

FLETCHERS STAFF MAKES SURE THAT YOUR CHILD HAS THE RIGHT LENGTH AND WIDTH FOR COMFORT AND GROWING ROOM

Rx

PEDORTHIC SERVICE  
REGISTERED PEDORTHIST ON STAFF  
ORTHOPAEDIC PRESCRIPTIONS FILLED

Rx

# FLETCHERS FAMILY SHOES

"THE FOOT PROFESSIONALS"

877-1664

HOURS  
Monday to Wednesday  
9:30 a.m. to 6:00 p.m.  
Thursday & Friday  
9:30 a.m. to 5:00 p.m.  
Saturday  
1:00 a.m. to 3:30 p.m.



41 MAIN ST. S.

DOWNTOWN GEORGETOWN

## ROYAL CITY REALTY LIMITED

DEMAND THE BEST



Home Post Scripts PS

By Glenda Hughes

877-5296

Last week I wrote about keeping up with decorating trends with colours and carpeting. In keeping with that theme, I myself took a hard look at my kids rooms this week, and did some little changes to update them before they came home from the Summer. In both rooms we added ceiling fans, very plain designs, but the change was dramatic. We added mini-venetian blinds in one room and changed the duvet covers and I can hardly believe the transformation. The rooms suddenly have more character, more life and certainly look much more trendy. Probably, if I was going to sell my home, these little additions, that weren't all that costly would add a few dollars to the end price of the sale. My kids are pleased with the results and are enjoying more light in their rooms and more air on those humid nights. So you see, updating is a constant thing, an on-going project that never really ends, but keeps your house going up in value. Most homeowners don't realize the difference these little extras make when your home is on the market. Most are afraid that their decorating will not be liked by some people (not usually true, by the way) and think that if they are moving, why should they spend more money on this house. Well, the answer is, you will recoup most decorating dollars very well, and your house will always sell faster because it "shows better". Keep your eye open for new ideas to keep your home trendy, and you will have a very saleable product when the time comes.

I hope you're as glad to have your family home as I am this summer.

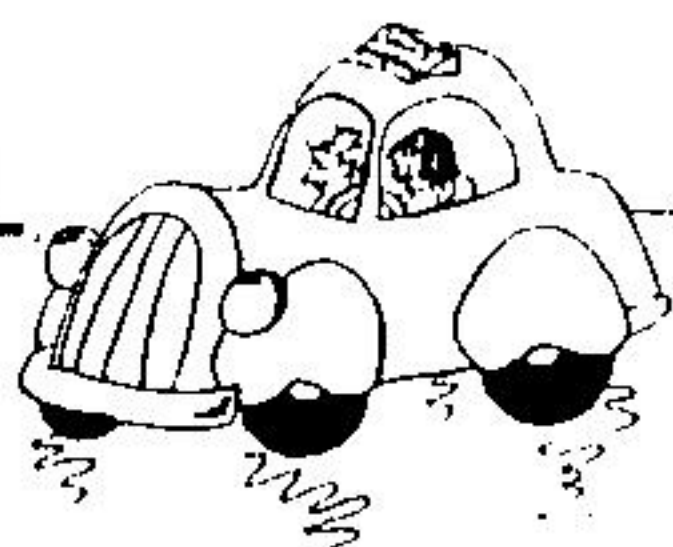
Homes Sold Creatively

### THIS WEEK'S MORTGAGE RATES

AS OF SEPT. 3/87

	VARIABLE	1 YR OPEN	1 YR CLOSED	2 YR OPEN	2 YR CLOSED	3	4	5	7	10
Bank of Nova Scotia	10	-	-	10%	10%	10%	11	11%	11%	-
Bank of Montreal	10	10	-	10%	10%	10%	11	11%	11%	11%
Canada Trust	-	9%	-	-	10%	10%	11	11%	11%	12
CIBC	10	9%	-	10%	10%	10%	11	11%	11%	-
Halton Comm Cr. Union	10½	-	-	10%	10%	-	-	-	-	-
T.D. Bank	10	-	9%	10%	10%	10%	11	11%	11%	12
Royal Bank	10	9%	-	10%	10%	10%	11	11%	11%	-

## NELL'S DRIVING SCHOOL



Next Course:  
Oct. 5th - 28th  
Monday & Wednesday  
6:30 - 9:30

For Information About Course or Private Lessons: **PHONE 877-2671**

Approved by Ontario Safety League