

Outlook on Lifestyle



Top of the peck

A prize-winning chicken, owned by English bantam fowl was chosen Jim McPhail of Georgetown, exchanges looks with Calgary residents Bob Robinson and son Jeritt, 6 months, during the Canadian National Exhibition's poultry competitions this week. The old best game bantam and best bantam in show at the annual competitions. With over 2,500 entries, the CNE poultry competition is the largest in North America. (Toronto Bureau photo)

Plans underway for Acton fair

Aaargh! It's freezing out there! Dare I say it? Has winter really arrived? O.K. so maybe we can't look forward to the beach anymore, but there's still the ski slopes.

Fall is such a great season. The leaves turn gold, red and yellow, the sunset seems to take on an added brilliance, it's the best time to go camping.

source, because he said he'd kill me if I ruined the surprise. But it's something about...no I better not say I want to see my next birthday.

(Preparations are under-way for the Acton Fall Fair, starting the 18, 19 and 20 of September of course the tractor pulling competition is almost as much of a favorite as the Miss Acton Fall Fair competition. I'm sure stacey Hillier enjoyed her year as

queen and we certainly are looking forward to the next competition.

Don't forget to cast your vote in the upcoming provincial election, your vote is important.

This really has nothing to do with Acton, but if you get a chance, go to the international wood-carving competition at the CNE. It's fantastic.

Have a great summer, or what's left of it.



Acton news

O.K. that's enough of this melancholy stuff. There's still one game you can play. Golf. How about a round of golf? It's relaxing, challenging and good exercise. There's all sorts of tournaments to try, like the Ladies Club Champions that took place this week. Margie Picard finished first, with Nancy Little winning the B Flight, and Ina Mellon winning the C Flight.

Autumn is also the time for school to return, with Georgetown High's renovations coming along nicely, and Acton High is getting ready for their tenth anniversary opening. I've heard rumours about all the wonderful happenings this year in honor of the tenth anniversary, but I've been sworn to secrecy by my

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Travellers must respect weather while on trip

By VINCENT EGAN
Travel Columnist
Thomson News Service

This summer's killing heat wave in Greece should remind all travellers about the laws of probability and the necessity of prudence.

Some 1,100 people died in Greece during a relatively short period in July as temperatures went as high as 43 degrees. A great many of the heat-induced deaths occurred in the capital, Athens - a big city jammed with cars that constantly emit pollutants.

It's understandable, perhaps, that holidayers would fail to take into account the extremes of heat they are likely to encounter - and not only in Mediterranean countries such as Greece and Turkey. The Great Plains of the U.S. were subjected to heat almost as devastating, at the same time as the Greek heat wave.

The weather must be respected by travellers. Yet travel brochures and guidebooks seldom, if ever, give adequate warnings to summer vaca-

tioners about the high risk of extreme heat in some of the most popular tourist destinations.

Even if they are forewarned, however, many travellers have little or no flexibility as to vacation dates, and may be so obsessed with the desire to see a certain country - India, for example - that they ignore the danger of sunstroke, dehydration and other maladies that pills can't ward off.

In the same category of common but unanticipated health problems are accidents. It's fine to carry a medicine-chest full of insect repellants, diarrhea remedies and the like, to stick to bottled water and to avoid safads - but such precautions may be most if the traveller fails to keep a close watch for broken sidewalks, slippery surfaces, cars approaching from the "wrong" direction and so on.

Vigilance is the best safeguard against accidents. It's important, too, to wear sensible walking shoes, with a tread rather than smooth soles.

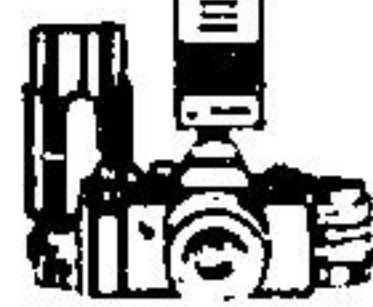


Photo Tips

by Peter Moss

Always wanted one of these magnificent shots of mist steaming off a lake at sunrise? Now is the time to plan yours! This time of year small bodies of water are now quite warm and night time air temperatures are cooling off. The result...by dawn the air temperatures is colder than that of the water and voila! Early morning mist over the water.

Sept. and early Oct. are your best months for this splendid sight and coupled with the upcoming fall colour you now have a wonderful opportunity to try your hand at this type of shot.

If you plan to do some shooting in the early hours of the day for this effect, please remember that if you are shooting into the sun, open up your aperture (f stop) to a larger opening than your meter indicates so that you don't end up with a silhouette effect. Better yet try both your metered reading and your compensated reading so that you can see the difference that the change in f stop makes!

Dew drops are also common this time of year and will provide you with a creative challenge as they will have from everything from milkweed pods to spider's webs. As always take along your tripod for extra steady results.

Although slower films will always provide you with the best and sharpest results you might want to try the reverse in the case of your 'mist' shots by shooting with a 400 ISO or even a 1000 or 1600 ISO film! Because of their larger grain structure they will soften-up your image and lend a hazy dream like effect to your photographs. Give it a try.

News on The Camera Club!

It has now been a week since the mention of a local camera club for Halton Hills and we are still waiting for some comments - ideas and feedback from you the photographers out there! If you have some ideas or comments please drop me a line with your ideas.

We have today (Aug. 26) heard from the Toronto Central Camera Club, and their board of directors has agreed to give us a copy of their by-laws and constitution and they are also willing to offer us any assistance that they can provide.

We are awaiting information from NAPA (The National Association For Photographic Art) on clubs, and once we have received and digested it we should be able to set the wheels in motion.

More info next week - Let's hear from you.



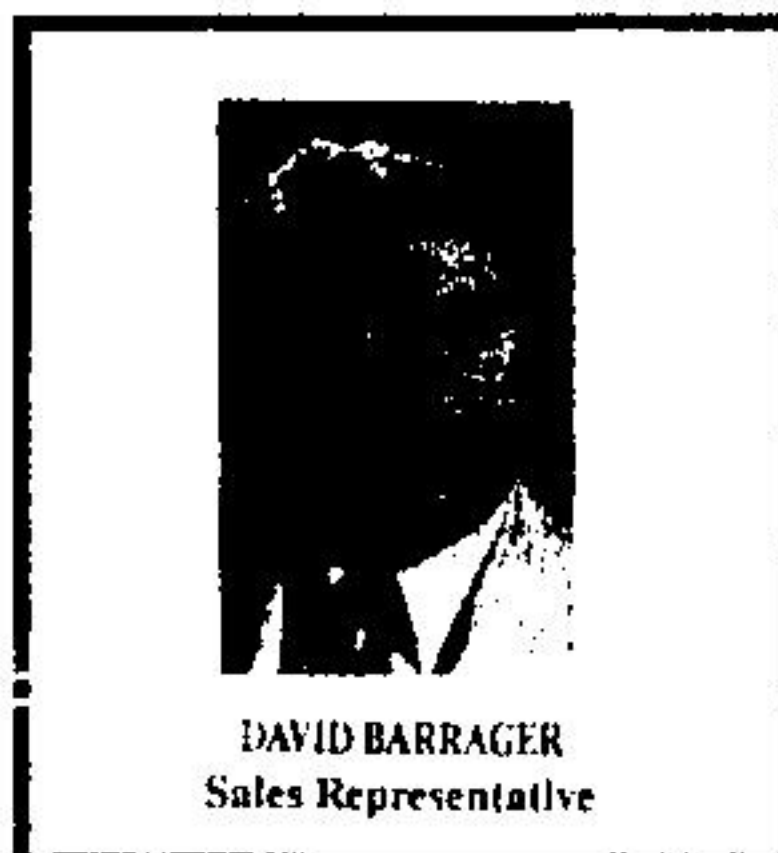
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