

POLLY'S POINTERS



Polly Fisher

DEAR POLLY — Is it OK to use milk that is about two weeks old and is starting to sour for baking, etc.? It is about a week after the expiration date and the milk is starting to turn. — A READER

DEAR READER — If the milk is just starting to taste a bit strong, it's probably safe to use in baking. However, I don't recommend using old milk that has soured naturally in baking since it could harbor harmful bacteria as well as the natural bacteria that make it sour tasting. When sour milk is called for in a recipe, it can be

made safely by adding a tablespoon of vinegar or lemon juice to a cup of fresh milk, then letting it stand for 15 minutes for the souring action to occur.

Milk that is too old can be spoiled as well as sour. You have no way of knowing if it's really safe to drink. — POLLY

DEAR POLLY — I'm sure we all have favorite recipes that we have cut out of the paper. I always lost mine until I bought a plastic photo al-

bum — the kind where you lift the clear pages and place photos underneath. Place your recipes on the page as you would photos. They stay nice and clean and easy to read. — LILY

DEAR LILY — And you can even include a magazine or newspaper picture of the finished dish! — POLLY

DEAR POLLY — When tying garbage bags for pickup, use the plastic bag from your newspaper or the wrapper from a loaf of bread as a tie.

Don't laugh! It works better than plastic ties. — IVA

Make your own yogurt, yogurt cheese and a variety of delicious main dishes, side dishes, bread and desserts with yogurt. The easy recipes are in Polly's newsletter "Cooking with Yogurt." Send \$1 for each copy to POLLY'S POINTERS, in care of this newspaper, P.O. Box 93863, Cleveland, OH 44101-5863. Be sure to include the title.

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