Outlook on Lifestyle

Arrive Alive takes it show on the road

This week my column takes on a slighty different sound, but since it is my column I'll do whatever I want, so there.

Last week my business partner and I went to Stone Road Mall to campaign against drinking and driving, something we both are firmly against. There we are, speaking responsibly on a topic that we both know alot about, clean cut and intelligent and getting some of the rudest responses from the older generation.

I should emphasize that by older I mean over thirty-five. Yes, I am centreing on a certain group, mostly women. By rude I mean walking away while being spoken to, curt retorts or, and probably the worst, being looked through as though you don't exist.

I am always hearing about the younger generation and their loose morals, arrogant attitudes and insolvent ways, but perhaps if we were treated with just a little repect, or, at the very least, a bit of common courtesy then teenagers would be a bit warmer to their elders.

Perhaps I could understand peoples reactions if we were asking for donations, I realize that being asked for cold hard cash is every

Walking is the healthiest form of

exercise, doctors say, and the

fastest growing sport in North

America, It involves the whole

body in gentle activity in the fresh

air, relaxing muscles and releas-

Hike Ontario is the umbrella

group for Ontario's long distance

hiking trails: the Bruce Trail.

Rideau, Voyageur, Garnaraska,

Avon, Grand Valley, Thames

Valley and Guelph Trails. It spon-

ing tension.

Ontario Hiking Day

Acton news

By Heather Qion

red-blooded Canadian's worst nightmare, but everything on our table was absolutely free, including the information

It takes alot of guts to talk to strangers, and certainly being in a different city can only make the job more difficult, but meeting peole like some of those encountered in Guelph, doesn't boost my opinion of the great Canadian Society

Thank you for letting me blow off some steam, and thank goodness I have somewhere to vent this frustration O.K., time to talk about Acton now.

The Roadrunner Double "A"
Garage Sale was a big success Glad
I could help people get to it. The guys
raised lots of money and got rid of
some of the stuff in their basements.
The next fundraiser has yet to be announced because the guys are busy

sors Ontario Hiking day as an oc-

casion when all Ontarians can

learn the simple and healthy

On Ontario Hiking Day there will

be easy and enjoyable hikes across

the province, organized by trail

clubs, provincial parks, recreation

authorities and by other volunteer

groups. For details of a hike near

you contact your nearest Grand

Valley Trail representative or call

Anne Black, President of Hike On-

pleasure of hiking.

tario at 1-705-728-0931

in the playoffs.

Only three weeks until school behins caarright) and the tenth anniversary of the Acton High School will officially be underway. The school is looking like a new building with a spanking fresh coat of paint and lovely new broadloom in the bearpit. There's nothing like walking into school on the first day, it always smells like a furniture store.

Only three weeks until lifeguards go off duty at the take, and canoes are packed up and put away for another year

Don't forget the Mayor's Barbecue on August 20 at the IGA parking lot Councillor Pam Sheldon and Constable Jeff Cory will also belp barbecue the hot dogs Bumper stickers, buttons and helium baloons will be available for free! Sorry canucks, hot dogs and beverages are 25 cents. Enjoy the rest of the zummer. I saw a maple tree with its leaves turning colour, and thats a sure sign of fall



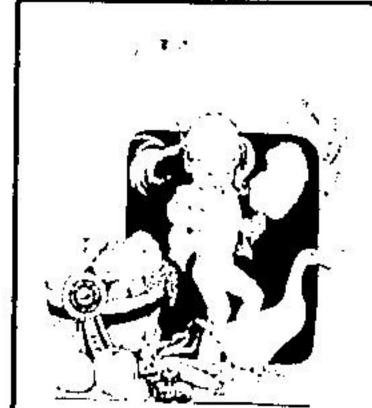
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Clothing Care Counselling

THINK BEFORE YOUR BUY
Buying new clothes can be
exciting, but in all the excitement don't get so absorbed in
selecting the right style or in
keeping to your budget, that
you forget about cleaning.

The time to begin thinking about the care of a garment is before you purchase it. Good care practice begins with the inspection of labels and tags, and asking questions before you buy.

Manufacturers are required to attach labels to garments which supply the information required to safely dryclean or launder the items you buy. Look for this information when you are considering a purchase. The care necessary to keep something clean and attractive may be important in deciding whether or not to buy it in the first place.

Garments which are both washable and drycleanable may be labelled washable with no mention of drycleanability. However, garments labelled washable generally can be drycleaned. Your professional drycleaner will know. Drycleanig is particularly effective in removing greasy, oily, soils and stains which washing fails to do



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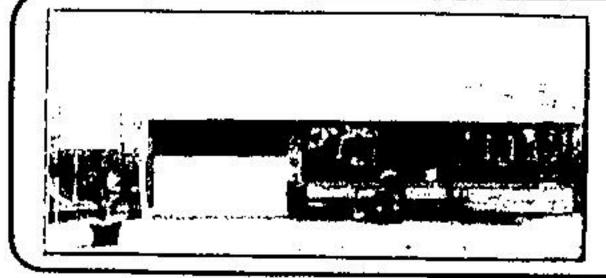
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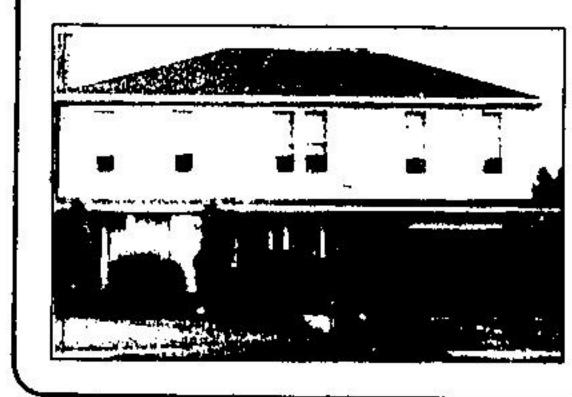


COUNTRY SETTING WITH HUGE WORKSHOP

Georgeous country property close to town. Check out this beautiful four bedroom home with many features. (70x40 workshop with hydro).



Great lot backing onto creek, (Wildwood Rd.) area of fine homes. Mature fruit trees, exclusive parklike setting. To show is to sell this beautiful home. 7930.



GREAT FOR A FAMILY

This exoculive five bedroom home in a quiet court location features brand new windows new hardwood floors new heat pump, walk out patio super large backyard that is absolutely stunning and a most to see. New oak curposards in workroom. Master bedroom has double closets, gleaning bardwood floor, the barn board is original not panelling. 7334

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Call Mike for a personal and free evaluation of your home.

(Not intended to solicit homes already listed)