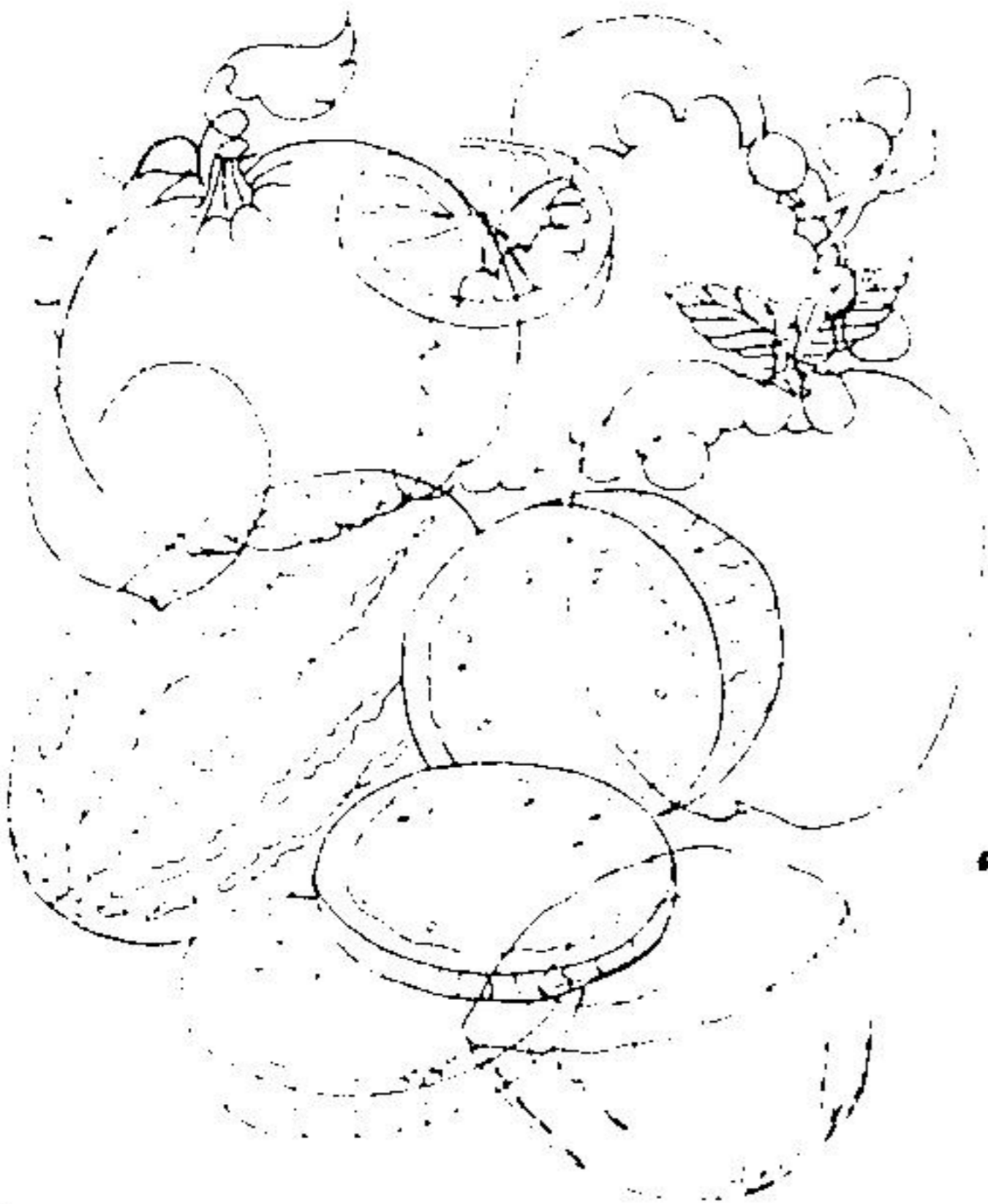


# Young Outlook

## FAVORITE FRUITS

The word fruit comes from the Latin word *frui*, meaning *enjoy*. Many people enjoy fruits as desserts or snacks, especially when the weather is warm. Seven popular fruits are shown below. What fruits do you see? Write their names on the blank lines.



1. \_\_\_\_\_ 5. \_\_\_\_\_  
 2. \_\_\_\_\_ 6. \_\_\_\_\_  
 3. \_\_\_\_\_ 7. \_\_\_\_\_  
 4. \_\_\_\_\_

(Answers: 1. apple, 2. orange, 3. lemon, 4. watermelon, 5. peach, 6. grape, 7. strawberry)

## COOL CLUES

During the summer months we eat many kinds of cool foods. Two popular cool foods are described below. Write their names on the blanks. The names for two other cool foods are given. Can you write a description for them?

- I am very, very cold. People enjoy eating me on hot days. I come in many different flavors.
- I am yellow and fuzzy. I grow on trees. People often use me as an ingredient for making pies.

\_\_\_\_\_

- \_\_\_\_\_
- \_\_\_\_\_

\_\_\_\_\_

watermelon

salad

(Ans: 1. ice cream, 2. peach)

## A Little Bit of HUMOR

Tillie (at a party): Willie, that's the fourth time you've gone back for more ice cream and cake. Aren't you embarrassed?

Willie: Why should I be? I told the hostess it was for you.

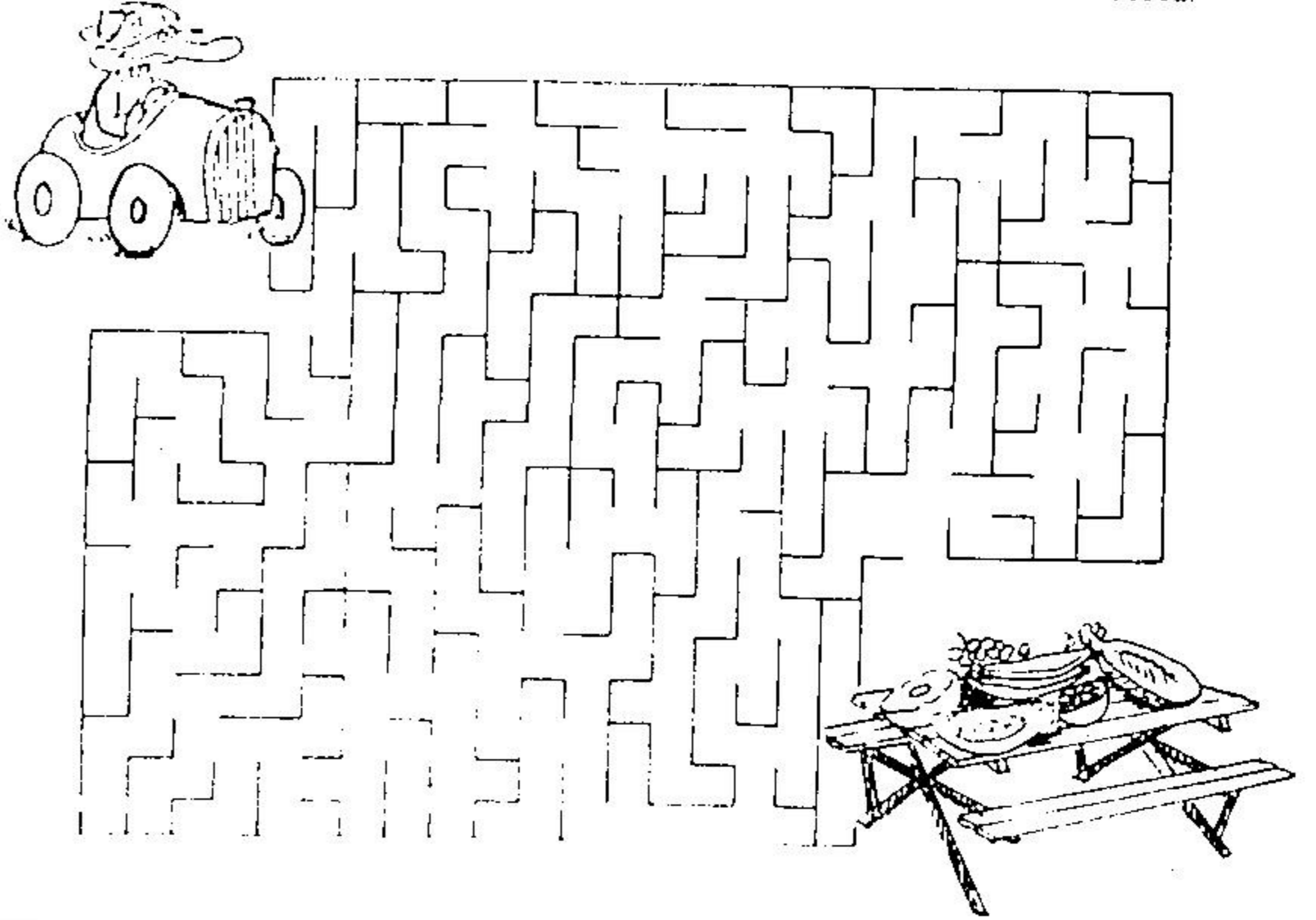
Lady: Must I stick the stamp on myself?  
 Post Office Employee: No, stick it on the envelope.

Q: What bird is present but never seen at every meal?  
 A: A swallow.

Q: What did the grape say as the elephant stepped on it?  
 A: It didn't say a word. It just let out a little wine.

## SUMMER SIZZLER

Allie Alligator has been driving in the hot sun all day. He is anxious to get to the picnic where there are lots of cool foods. Help Allie find his way through the maze to the cool food.



## DELICIOUS DESSERTS

Ice cream consists mainly of milk, sugar and water and is used in making many frozen desserts. To discover what some of these desserts are, write in each square the letter of the alphabet which comes immediately before the letter shown.

- |   |   |   |   |   |   |
|---|---|---|---|---|---|
|   |   |   |   |   |   |
| T | I | B | L | F | T |
- |   |   |   |   |   |   |
|---|---|---|---|---|---|
|   |   |   |   |   |   |
| G | M | P | B | U | T |
- |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
|   |   |   |   |   |   |   |
| T | V | O | E | B | F | T |
- |   |   |   |   |   |  |
|---|---|---|---|---|--|
|   |   |   |   |   |  |
| N | B | M | U | T |  |
- |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   |   |   |   |   |   |   |
| D | B | L | F | S | P | M | M | T |

(Ans: 1. shakes, 2. floats, 3. sundaes, 4. malts, 5. cake rolls)

The directions for making a summertime treat are written below. However, they are not in order. Before you begin, read the directions and put them in the correct order by numbering them 1-6.

Ingredients:

beverage  
 fruit (optional)

Material:

paper cups

Directions:

- Put cups in freezer.
- Turn frozen beverage upside down in paper cups.
- Take cups out of freezer and turn over on counter.
- Pour your favorite summertime beverage into a paper cup.
- When mixture is completely frozen, remove cups from freezer.
- Add fruit to beverage.



(Ans: 3, 6, 5, 1, 4, 2)

## COOL FOODS BOOKS

*Cool Cooking - 16 Recipes Without a Stove*, by Esther Hautzig. Grs. 4-6. Recipes that are tasty as well as fun to prepare make for cool cooking and cool

eating.

*Striped Ice Cream* by Joan Lexau. Grs. 3-5. Even though times are hard for her family, Becky hopes for chicken-spaghetti and striped ice cream for her

8th birthday.

*Munchy, Crunchy, Healthy Kid's Snack Book* by Roy Abisch. Grs. 3 and up. The hungry kid's guide to no-cook super snacks.