

Outlook on Halton Hills

Smith and Stone touts employees

With combined service of 375 years, 15 Smith and Stone employees were honored at a dinner and dance held at the Acton Legion May 2.

Joining the company's list of dedicated employees having reached 25 years of service were Doug Crowe and Phil Rau from the office; Norma Thompson, Nadene Bradley, Marg Tyler, Nadine Hill, Muriel Stanford and Eileen Flynn from the Assembly Department; Dean Paynter from the Plastics Department; Albert Ford from the Maintenance Department; Jim Meekison from the Tool Room; and from the Porcelain Department, Fred Dickenson, Gord Hancock, Mel Young, and the late Gordon Andrews.

Each member was presented with a time piece or diamond ring to mark their quarter century of service.

After a brief biography of those being honored, the awards were presented and congratulations were extended by the Manufacturing Manager Dave Finn.

Special guests for the evening were three of the Managing Directors of Smith and Stone from the Hammond Group, Rob and Bill Hammond and Ralph Harrington.



A total of 15 Smith and Stone employees were honored recently for their service to the company. Front row, from left Marg Tyler, Norma Thompson, Jim Meekison, Muriel Stanford and Nadene Bradley. Back row, left to right Gord Hancock, Dean Paynter, Fred Dickenson, Mel Young, Doug Crowe and Phil Rau.

Coping with sport injuries

With the season for outdoor sports and activities approaching, we can expect to see an increase in slips, falls and other mishaps which can lead to painful and inconvenient sprains.

Even if many of us try to function in spite of them, sprains can lead to chronic weakness of a joint or even permanent reduction of mobility if not treated properly.

Sprains are a partial stretching or tearing of a ligament anywhere in the body. Ankles and wrists are the most likely joints to be affected, but it's also possible to sprain a toe, knee, shoulder or even a rib.

"Whiplash" is a strain of the neck ligaments and the most common type of back strain is caused by lifting heavy objects improperly.

Sprains, for the most part, are preventable. It's easy, for example, to be aware of and avoid the hazards of sports such as snow or water skiing, women's shoes which are fashionable but provide little support, and dimly-lit or toy-littered stairs at home. Elderly persons should take special care when faced with gravel or sand-covered sidewalks and roads during the spring.

If you do receive a sprain, get prompt medical attention and follow your doctor's advice about treatment and rest. Your pharmacist can help if you have any questions about medication your doctor may prescribe. He or she can also give advice should you need tensor or support bandages.

Even though a strain isn't as bad as a broken bone, you should treat it the same way. Make sure the injured ligament is rested and given enough time to heal. As long as a ligament hurts it shouldn't be forced to bear its normal load. If you try to come back too soon from a sprain, it could turn into a chronically painful condition.

Traffic fatalities decrease

The Ontario Provincial Police are pleased to report that the number of traffic deaths during the holiday Victoria Day weekend dropped substantially when compared to 1986 and as well the number of boating deaths plummeted from seven in 1986 to one this year.

Six persons were killed in traffic accidents on roadways patrolled by the provincial police this year as compared to nine in 1986.

"This is a significant reduction in holiday traffic fatalities," said Deputy Commissioner Bob Rose. "We attribute this decline to an increased public awareness of safety on the road and waterways of Ontario and to increased enforcement by our officers of the holiday weekend. In 1985, prior to Strict Is Fair there were 18 traffic fatalities during the three-day Victoria Day weekend.

Sheridan honors staff

A Georgetown man was one of 13 Sheridan College employees who were honored recently for completing 20 years of service to the college.

The employees were honored at a special awards program at the Oakville campus, as part of the college's 20th anniversary celebrations.

Brian S. Lyons of Georgetown joined the Sheridan staff as a teaching master in the School of Business in 1967. He served as coordinator in the School of Business in Oakville, and is now coordinator in the same school at Brampton.

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Town defers expansion plan

A proposal to upgrade the storm sewer system on Mill Street in Acton to accommodate an expansion of the I.G.A. store was deferred to the planning and development committee Monday.

The proposed upgrading would cost approximately \$44,000 with the town picking up a \$7,300 tab for the oversizing costs. The town would pay their portion from the Capital Levy Reserve.

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