Outlook on Lifestyle

Daughter-in-law Elaine punishes her-in-laws





Meg Whitcomb

DEAR MEG - Jerry married Elaine because he got her pregnant. We never cared for her, but we sanctioned the marriage for the sake of

Of course the marriage didn't last, and Elaine got custody of little Jody. Then a terrible thing happened. We lost Jerry in an airplane accident. Flying was his hobby, and he had his

own single-engine plane. Six months after the funeral, Elaine remarried, and her husband adopted Jody. That was two years'

other boyfriend, nor had I given him any indication that there was. opened and, although we send Jody gifts, her mother has never as much as written a thank-you note. With both Jerry and his daughter out of our lives, we feel doubly cheated. We don't understand why she is punishing us. - THE B'S, CALIF.

DEAR B'S - A daughter-in-law who cuts all ties with her former inlaws may be punishing them for the sins of their son, or she may believe rightly or wrongly - that they contributed to the split. Either way, Elaine's disappearing act is grounds for a visitation petition in your state. See a lawyer soon.

DEAR MEG - Are short men more insecure than tall men? Or am I off base in making such a statement? Recently I dated a man who is 5 foot 4. After several dates, he started bragging about women asking him out to dinner, to the movies and so on. Then he started making references to my "other boyfriend." There was no

I have often read that people brag to build themselves up in front of others, when the truth is they feel lousy

about themselves. What do you think? - 5 FOOT 5 & FEMALE, CALIF.

DEAR 5 FOOT 5 - Unfortunately, the premium our culture puts on height - as in "tall, dark and handsome" - often has devastating effects on short youngsters. This is particularly hard on boys; taliness has traditionally been associated with masculine . strength attractiveness.

Short men sometimes do compensate for feelings of inadequacy and insecurity by becoming braggarts and showoffs. I'm alraid your date suffers the self-conscious-shrimp syndrome.

Don't let depression get you down.

Meg's booklet "Depression - What

You Can Do About It." is available for

\$1 from DEAR MEG, in care of this

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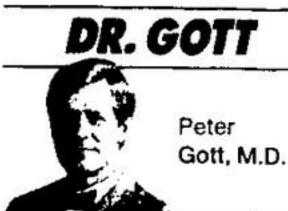


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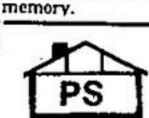
Yawning does have a purpose



DEAR DR. GOTT - I am a female, 61, and for the past 20 years have had a problem with excessive yawning. Sometimes in church I yawn for 10 to 15 minutes while attempting to sing. Is this from a lack of oxygen to the

DEAR READER - Yawning is a means by which the body compensates for low oxygen content by "supercharging" the system with a particularly deep breath. Some people appear to have an overly active yawn response; they yawn often - frequently in preparation for a task, such as singing, in which control of breathing is very important. In a few patients, yawning takes on the appear-

ance of a nervous habit or tic. You may be helped by hyperventilating (taking a few voluntary deep breaths) when you feel the urge to yawn or before you begin to sing. Your memory loss is not related to brain? It seems to me that I also have yawning. However, it could indicate a greater-than-normal loss of an early neurological problem. See your doctor about this.



HOME POST SCRIPTS

Glenda Hughes

Repairing vinyl floors can be a tricky problem, if you don't have the "know-how" to do it properly. Kitchen flooring that has had bot pans dropped on them, or cans dropped that have split the vinyl. are the most common accidents. Short of calling our local stores to replace the vinyl, you might try repairing it yourself if you have a piece of spare flooring. Firstly lay a slightly larger piece over the damaged area. Adjust the position to match to your pattern of floor. if necessary, then tape it in place. Using a limiteum knife and a steel ruler, cut a rectangular patch large enough to cover the problem area, cutting through both the patch material and the original flooring. Now, remove the taped piece of flooring and use the cutout patch to replace the damaged piece of floor, which you now can lift out where it has been cut. Your patch will fit exactly. Finish it off by glueing it in the appropriate place with suitable flooring ce-

THIS WEEK'S MORTGAGE RATES As of May 6/87

	VARIABLE	S MC OPEN	6 MO.	1 YR. OPEN	1 YR. CLOSED	2	3	4	5	,	10
Bank of Nova Scotla	8%	-	8%	10	9%	10	10%	101/2	11	-	-
Bank of Montreal	9%	9	-	10	9%	10	10%	10%	11	11%.	-
Canada Trust	-	9	-	-	91/2	10	10%	10%	11	-	11%
C.I.B.C.	7-	9	-	10	9%	10	10%	10%	11	_	=
Halton Comm. Cr. Union	- 1	-	-	10	914	-	-	-	-	_	-
T.D. Bank		-	9	10	9%	10	10%	10%	11	-	11%
Royal Bank	-	9	-	10	945	10	10%	10%	11		_





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DRAWS TO TAKE PLACE:

Breeches - Saturday, May 9 - 5:00 p.m. Bridle - Saturday, May 16 - 5:00 p.m. Saddle - Saturday, May 23 - 5:00 p.m.

We're On The Corner of Maple Ave. & Trafalgar Rd. Georgetown 873-0866 March Arm with a common from a the south to the end of the second of the