

Fashion Outlook



Diamonds do need care to keep them at their brilliant best. A clean diamond not only reflects light better, but actually looks bigger than one that's been dulled by skin oils or lotions. Diamonds should be cleaned once a month to keep glowing their brightest.

Weight watchers go back to school

Mississauga, Ont., March 11, 1987 - Weight Watchers is going back to school this month in Southern Ontario, the Maritimes and Newfoundland to give students a taste of how to "Eat Well" for a lifetime.

With a menu of nutritional tips and advice on sensible weight loss, Weight Watchers lecturers are visiting such high schools as Scarborough's Midland Collegiate Institute, Bluevale in Waterloo and Hamilton's Cathedral Girls' School in support of National Nutrition Month in Canada.

"Since the purpose of this month's campaign is to encourage Canadians to make good nutrition part of their lifestyle, we felt what better place to start than with the eating habits of our youth," said Marie Ludwick, President of Weight Watchers for Central and Eastern Canada.

"So many of our bad habits, such as skipping meals and eating junk food when we're under stress start in our teenage years and become eating patterns for a lifetime," she noted. "Developing good nutritional habits while we're still young gives adolescents a head start on a healthy lifestyle."

During the special in-class consultations, students take a look at what they ate the day before and discuss how their menu choices can

Plan finalized

A site plan has been finalized for J. and J. Dunlop Insurance in Norval.

The town's Site Plan Committee gave its approval last month to the company's plans for relocation on the easter side of Highway 7 near Arthur Street.

The matter of relocation is still pending an Ontario Municipal Board hearing. Arts Photographic in Norval has asked for the hearing. A date is still to be set.

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After travelling abroad

Jewelry must be declared

Many Canadian travellers, when returning from a trip outside the country, are not entirely sure of what they have to declare at Canada Customs. Most people know that they have to declare what they bought for themselves or for others while away. But what about gifts they themselves received, or goods that were made from materials taken out of Canada?

One class of goods that creates confusion is jewelry. Like all goods acquired outside Canada, jewelry must be declared upon return. Unfortunately, travellers often wrongly assume that jewelry received as a gift doesn't have to be declared.

The requirement to declare all gifts applies to items received as gifts outside Canada. Some travellers think that gifts received at weddings or religious ceremonies are exempt from this requirement, but this isn't true. For example, Canadian residents who get married in another country have to declare, upon return, all personal gifts, just as if they had bought the items. This includes rings, necklaces, and any other jewelry.

Customs regulations requiring all articles to be declared cover more than jewelry brought into Canada. They also cover jewelry that is taken out of the country by Canadians to be worn while away. If a traveller is wearing jewelry when coming back into Canada, the Customs inspector may ask where it came from. Unlike a camera or watch, which can be identified by its serial number, a piece of jewelry can be hard to identify. And if the traveller can't prove where it is from, the inspector might believe that it was acquired abroad.

To avoid this problem, people who are planning to take jewelry on a trip should first have it appraised and photographed by a jeweler. By carrying the proper documents with them on trips, they can prove where the jewelry came from. If the jewelry was previously imported into Canada, travellers should also carry a copy of their Customs receipt. People who don't want to go to that trouble should follow the advice offered by Dale Colter, Chief of Passenger Entry Processing and Tariff Programs in the Customs Program Branch at Canada Customs: "If you don't have to take it with you, don't."

Furthermore, under Canadian customs law, any item taken out of Canada that is changed in any way, or that is somehow made more valuable, isn't considered the same item when brought back into the country. The "new" item must be declared in full. Jewelry is of par-

ticular concern to Canada Customs because of its high value, and also because its small size makes it easy to take in and out of the country.

"Let's say you take an old gold ring setting with you on a trip outside Canada and replace the diamond," explains Mr. Colter.

TOP TEN MOVIE RENTALS

- | | |
|-----------------------------------|------------------------------------|
| 1 st Maximum Overdrive | 6 th Police Academy III |
| 2 nd Blue City | 7 th Raw Deal |
| 3 rd Cobra | 8 th Delta Force |
| 4 th Howard The Duck | 9 th Murphy's Law |
| 5 th Manhattan Project | 10 th The Money Pit |



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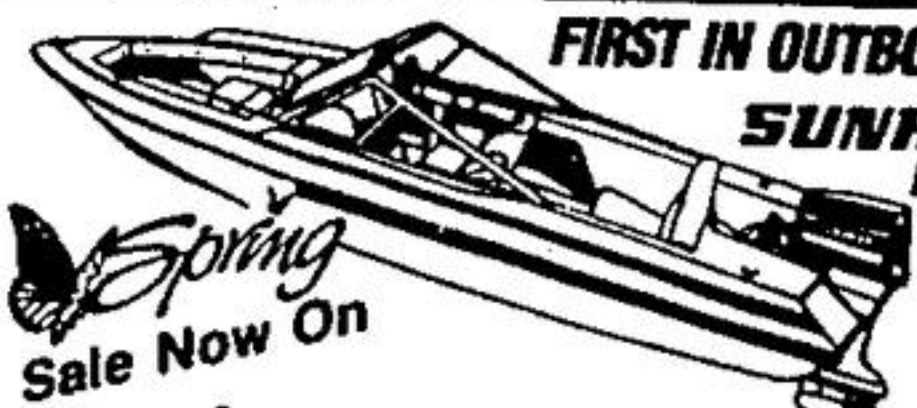
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