



The GDUIS Centennial Reunion Committee is nearing the home stretch in preparation for the Back to '87 reunion. Former students are being contacted so they'll return to the school for a gala celebration of the school's 100th birthday July 3-5.

Members of the committee are: (back row, left to right) Doug Sargent, Ted Gorth, Dick Crichton, Tom Ramautarsingh (Vice Chairman), Trevor Williams, Bryan Lewis, Ron Nelson; (middle row, left to right) Tom Heen (Chairman),

Gail Cartwright, Tina Bell, Norah Williams (Secretary), June Lenz, Dr. Arthur Dayfoot; (front row, left to right) Joan Beaumont, Lori Hofing (Treasurer), Jean Ruddle, June Durand, Margaret Harding, Hazel Amant and Jessie Glynn.

Looking for former students

Anyone knowing the address or how to get in contact with any of the following students - please call Sue Williams at 877-8434.

These students started Grade 9 approximately 1914.

Robert Albrecht, Ivan Anders, Wayne Allison, Linda Allan, Julie Anderson, Robert Ar-

thurs, Ted Arts, Robert Baron, David Barker, Russell Barker, Pam Barzagar, Sarah Ballantine, Gus Bastian, Lerley Bous, James Bishop, Seward Bishop, Dave Blight, Ann Bolton, Dennis Brewer, Marsha Brown, Hoby Bryan, Myles Burke, Ron Bullinga, Elaine Cleland, William Chisler, Paul Jean Cloney, Sue Corbridge, Ron Crossingham, Pat Helms, Gary Demman, Andrea Dornandy, Nancy

Junlop, Lois Gurner, Tom Hall, Daniel Hamilton, Sheila Henderson, Lois Hill, Susan Hillier, Lynn Hooper, Randy Houston, James Jansen, MaryJane Jefferson, Jeff Jobb, Gord Johnson, Wayne Johnson, Nancy Jones, Lorne Kelly, Dave King, Hazel Leveens, Robert Langedyk, Wendy Lawrence, Gerry Lee, Clyde Leggett, Shelly Leimveter, Stephen Lovell, Debra MacCormack, Cheryl MacLaughlin, Deborah Mallas, Frances Mallas, Linda Marshall, Lory Martin, Tom Metcann, Jane McInnes, Tom McInnes, Wendy Macintosh, Marilyn McInnes, Glenn Miller, Robert Mills, Philip Mulder, Michele Mundy, Thomas Ovent, Charlene Pacholik, Edward Patterson, John Pendergast, Nancy Postler, Jim Pollock, Kim Poyntz, James Pruler, Kevin Nightingale, Stephen Reid, Linda Reynolds, Graham Richards, Diane Robertson, Christopher Robinson, Kim Rodger, Linda Ross, Terry Houston, Debra Schendel, Brian Shearson, Brent Shewary, Brian Smith, George Smith, Lisa Smith, Lauri Smith, Steven Smith, Stephen Smith, Rosemaria Sojka, Jackie Spicer, Michael Staudt, John Suak, Kevin Vincent, Elizabeth Virag, James Virgin, Sharon Wallace, Terry Walsh, Penny Walters, Cherie Warburton, Kimberley White, Cheryl Williams, Steven Wilson, Helen Young, Deborah Thomas, David Thomson, Sharon Tuckey, Karen Van Sicker.

NOT LOCATED
If your name appears on the list and you have not received an invitation contact Bill Fournier at 877-2896 or Rob Hamilton at 877-6664 or Donna Ridley at 452-7494.

Wayne Allan, Evelyn Allen, Jeff Andrea, Margaret Armstrong, Deb Arnold, Heidy Arts, Andy Atkinson, Iwazny Bacon, Lynne Baillie, Gary Baker, Jill Barker, Carmel Barnes, Kathy Barrow, Sylvia Bell, Cathy Bennett, Ben Benabou, Karen Cook, Alan Davidson, Marlene Davidson, Steve Davies, Deb Elliot, Diane Elms, John Evans, John Ferguson, Linda Finlayson, Kevin Fisher, Kevin Findell, Gerry Gale, Stephen Gallani, Chris Golden, Stephanie Gorin, Rick Gouric, Sylvia Grady, Tony Graham-Smith, Russell Gray, Christina Greig, Galad Guilmerne, Deb Guppy, Handolph Haggerty, Jennifer Hall, Nancy Hall, Donald Hancock, Bill Hanley, Doug Hanson, Deb Henderson, David Herman, Duana Heron, Terri Hewitt, Patti Holmes, Stephen Houston, Terry Hope, Paul Howells, Lisa Hughes, Brenda Inglis, Christine Irwin, Daniel Irwin, Laurie Irwin, Richard Jenkins, Michael Jones, Michael (Mike) Jones, Jim Kerr, Carol Kermode, Trent Kerst, Harriet King, Lydia Kupperdaad, Andrea Koepsel, John Koertig, Cheryl Lacourstere, Mike Landry, Joan Lawrence, Peggy Levers, Andy Macdonald, Debbie Macdonnell, Kathy MacKenzie, Vickie MacKenzie, Michael MacMillan, Bill Macquison, Jackie March, Susan Martin, Deb Mathews, Frances Mathys, Paul Mowale, Brenda Moore, Sharon Mowers, Karen Murray, Paul Siebel, Marilyn Nichols, Ken Nolan, Cheryl Norton, Mary Nocton, Dianne/Nancy Nurse, Lisa O'Reilly, Julie Page, Kevin Page, Kaye Parker, Mike Parsons, Lynne Partidge, Ron Patterson, Maurice Paulin, Alan Pelletier, Keri Pearson, Karen Phil, Leo Polkshwate, Christine Pothner, Nancy Postler, Pamela Proulx, Jim Pruter, John Raamodora, Greg Rawlins, Kevin Rawlison, Judy Rayner, David Reid, David Reid, Nancy Rice, Stephen Riddick, Christine Robinson, Robert Robinson, Joanne Rose, Terri Rudledge, Ted Sauer, Mark Schultz, Maria Semmens, Angela Shenton, Benny Sit, Trina Slater, Irene Smertink, Iton Smertink, Karen Smith, Virginia Soder, Betty Sojka, Gary Spurling, Mike Stanikovich, Becky Stenhausen, Bradley Still, Karen Still, Harold Stone, Marie Stone, Brenda Storch, Wayne Storing, Darryl Street, Claire Stuart, David Sturgess, Martin Sweney, Katherine Switzer, Les Sykes, George Taylor, Patti Taylor, Deb Telford, Richard Thomas, Karen Thompson, Paul Thompson, Anne Vandorlian, Ed Vercaute, John Vercaute, Giselle Vincent, Philippa Walker, Patricia Walker, Sandy Walker, Ilick Ward, Karen Watson, Shelley White, Sue Wille, Steve Wilson, Leanne Woodward, Kim Woolham, Jessica Zenge.



Helping hand

Adrea Plasschaert is one of the children who go to the Saturday Centre for children with special needs. The centre is at St. John's United Church in Georgetown and is designed for parent relief. Adrea is seen here with volunteer Marion Hogan.

The children and volunteers meet at the centre twice a month, Feb. 7 the centre had an open house. If you are interested in volunteering your time for this project call the church office at 877-2531 or Karla Rattenbury at 877-5784. (Herald photo)

Saving energy with hot water

DEAR POLLY - What is the optimal water temperature at which to set your hot-water heater in order to save energy? - BILL

DEAR BILL - For ordinary household uses - bathing, hand-washing dishes and clothes, etc., I think 120 degrees is adequate. This is also a good temperature to prevent serious accidental hot-water burns if you have small children in the house.

If you have an automatic dishwasher (especially an older model), you may get better results if you keep

your hot-water heater at 140 degrees. A lower temperature may not do a satisfactory washing job. Fortunately, many new models have built-in water heaters which allow you to maintain your hot water heater at 120 degrees; the dishwasher heats the water to 140 before washing the dishes. Consult your use and care manual for more information.

I'm sending you a copy of my newsletter "The Energy Saver's Guide," which gives more ways to save money on your household energy use.

HOW THE RIGHT BRAND OF WATER SOFTENER CAN BE WRONG FOR YOU

Choosing a reliable brand of water softener is important. But if it's the wrong size, or if it isn't set up to treat the size and type of impurities peculiar to your water, you won't enjoy the benefits you've paid for.

Few people have all the answers needed to choose the right water softener for their needs. If you don't, ask Boehmers water softener experts to help.



We'll determine your future water consumption level.

We'll analyze the impurities in your water, and, relying on years of experience, we'll recommend the right brand, type and size of water softener to satisfy your needs.

And of course, you can rent or buy your unit.

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*Our New Year's offer: \$50.00 off purchase or 3 months' free rent. (Offer good to March 31, 1987)

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Pioneering research on infants

When babies are born prematurely, the greatest threat to their survival is a condition of immature lungs called RDS or respiratory Distress Syndrome. The air sacs of these babies' tiny lungs lack a vital lubricant called surfactant. As a result the lungs do not expand normally after birth and fail to transfer enough oxygen to the blood. The condition is responsible for almost 2,000 infant deaths in Canada each year. A group of researchers from Queen's University in Kingston led by Dr. Alison Froese has developed a new way of helping these tiny lungs function.

Many infants with RDS must be placed on ventilator - a machine that breathes for them by forcing air or oxygen in and out of their lungs. Traditional ventilators can help, but they do not always achieve adequate lung function and complications are frequent and serious. In particular, the high pressures produced by these machines can easily damage the fragile tissues of immature lungs. To try to improve the function of these lungs while minimizing pressure damage, the Queen's group is trying out a new type of ventilator called a high frequency oscillator (HFO-A).

The HFO-A ventilator differs from conventional ventilators in that it moves small "puffs" of air/oxygen in and out of the lungs at a very high rate - at a speed of 15 cycles per second. Traditional ventilators move much larger volumes of gas at a much slower rate of 15 cycles per minute. By giving many small puffs rather than a few large one, the HFO ventilator should maintain lung expansion with less stress on the air sacs and passageways, and this has been confirmed in animal experiments. Babies adapt readily to this ventilator. As Dr. Froese puts it - "the way a preemie breathes looks different. With conventional ventilators, a baby's chest moves in and out with each breath. But on the HFO system, a baby just lies quietly and jiggles and can choose to take his or her own breath as well, or just let the machine do the breathing for him."

Clinical trials of the HFO technique at the Kingston General Hospital are promising. This technique is at least as safe as the conventional ventilator approach, and, as expected, results in less pressure within the lungs. In addition, the HFO system often improves the function of the lungs sufficiently to reduce the need for added oxygen. This is an important advantage, since breathing high concentrations of oxygen over long periods can be very harmful to premature babies.

It will take a couple of years or so before the clinical trial is completed and it is established whether HFO-A should be routinely used for all babies with RDS. In the meantime, trials have commenced in other centers in both Canada and the U.S. A potential spin-off of this research is the use of HFO-A for other lung pro-

blems. Researchers have already found it useful for treating babies who have high blood pressure within their lungs. The Lung Association is proud to

be associated with this pioneering research. Your generous financial support has helped to make this important research possible.



KIDS!
TREAT MOM & DAD TO DINNER
AT
Belamys
IN
THE HERALD

WHO
DO YOU LOVE
CONTEST

RULES & REGULATIONS

VALENTINE'S DAY POETRY CONTEST

1. Children participating must be between the ages of 6-12. The poems will be judged taking into consideration the age of the poet and the quality of the entry.
2. The winner will be announced in the Outlook newspaper, Feb. 13 edition. A selection of submissions will also be featured the same week.
3. Entries must be received by 12 noon Wednesday, February 11th. Decision of the judges is final.
4. The poems should be no shorter than 8 lines and no longer than 30 lines.
5. The poems must be on a Valentine's Day theme - about their mom or dad or both parents.
6. Send in your entry marked Poetry Contest, with your age, name, phone number and address.
7. The winning entry will win a dinner for three at "Belamys" restaurant.
8. Open to children in the Halton Hills area only.



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