Bride wore gown of her great aunt

Stephen Andrew Baker of Georgetown married Oakvillite Deborah Marlene Shore Nov. 1 at St. Dominic's Church in Oakville.

Mr. Baker graduated from Sheridan College (Brampton) in May 1986 with an Electronics Engineering Technology Diploma. Mrs. Baker, a graduate of Wilfrid Laurier University in Waterloo, works as a staff accountant at Thorne, Ernst and Whinney Chartered Accountants in Richmond Hill.

The bride, clad in the wedding gown once worn by her great-aunt and her mother and holding a spray of pink roses, was accompanied by Wendy Reipert, as the maid of honor, and two bridesmaids, Susan Baker, the groom's sister and Tracy Ter-Steege.

Two of Mr. Baker's friends from Georgetown served in the wedding party. David McMullen was the best man and Matthew Carter was one of two ushers.

The bridesmaids wore dark blue mid-calf length gowns and carried brass lanterns decorated with roses, orchids and baby's breath. The groom and ushers wore grey morning suits.

There were 110 guests at the reception, held at the Knights of Columbus Hall in Oakville. The couple danced their first dance to You're My Inspiration by Chicago.

Special guests at the reception included the groom's grandparents Mr. and Mrs. George Ramsay from Westmount, Quebec and the bride's grandmothers Mrs. Mildred Shore of Elora, Ontario and Mrs. Agnes Wilhelm from Listowel, Ontario.

Also attending were Mr. and Mrs. Larry Pasemko of Calgary and Miss Margaret Gourlay from Verdun, Quebec.

Mr. and Mrs. Baker now live in Don Mills, Ontario where Mr. Baker works for Netway Communications as an Electronics Engineering Technologist.

HERE SHE COMES-The bride Deborah Marlen Shore is escorted from the church by her new husband Stephen Andrew Baker. (Photo by J.H. Fishback)

LaLeche meeting

La Leche League of Acton welcomes all women interested in learning about breastfeeding to the next meeting on Feb. 9 at 7:30 p.m. at Acton Social Services Centre, 19 Willow St. N.

Topics for discussion will include childbirth and planning for the early days at home. For further information call 856-9935 or 878-4732.

Book sale search

The University Women's Club of Georgetown is looking for used books for its annual Book Sale to be held April 11 at Knox Church. Books may be dropped off at McDonald's, Georgetown or Acton Libraries, or call 877-2156 or 873-1297 for pick-up until April 1.

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February is heart month

February used to be Heart Month. Now it's Heart and Stroke Month, dedicated to raising funds to fight the major health threats facing Canadians. Heart disease and stroke, closely related diseases, are the cause of nearly half of all deaths in this country.

Since the attack began on heart disease and stroke, we've made remarkable progress. There have been technological advances - all of us have heard of pacemakers, open-heart surgery, and artificial hearts. Less spectacular but with wider significance, the incidence of both heart attack and stroke have declined significantly - by 34 and 25 per cent since 1955.

Yes, much remains to be done. Despite the declines, heart disease and stroke are still the number one cause of death. Research funds are urgently needed to fight these enemies. We must isolate the basic causes of heart attack and stroke and learn to prevent them as well as improve the care and rehabilitation of victims.

The results to date justify continued support for this research. The Heart and Stroke Foundation of Ontario has set a provincial goal of $7.8 million for this year's campaign. That money received will be spent wisely. Of all donations to the Heart and Stroke Foundation of Ontario, 67 per cent of the money goes directly to researchers, technicians and for supplies and equipment. Another 21 per cent funds an extensive education program.

The research supported by the Heart and Stroke Foundation of Ontario is well-directed. In this field, we are now trying every possible route in the hopes that it leads somewhere. We are supporting excellence in research and researchers. We are supporting research that will begin to unravel the underlying causes of heart disease and stroke. We know where the

In February, thousands of volunteers will be going door-to-door in your community, raising funds for heart disease and stroke. All businesses will be contacted and a Roses for Research project will be held during the month.

Friendly visitor

The North Halton Volunteer Bureau, a program of the Social Planning Council, is looking for a volunteer who would be a friendly visitor for a lady in Acton. This would only be a couple of hours a week. A volunteer is also needed for public relation work. Would have to have media skills and possibly fundraising skills.

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Tasty Recipes

★ ★ ★

SUPERB EGG BENEDICT
HOLLANDAISE EGG SAUCE

- ⅓ cup butter
- 3 eggs
- ¼ cup water
- 1 tbsp. lemon juice
- Generous pinch of salt

Prepare sauce by melting butter in a small saucepan. Beat remaining sauce ingredients together. Slowly beat into hot butter. Cook over medium heat, whisking frequently, until slightly thickened, about 3 minutes. Cover and remove from heat.

Meanwhile, poach 4 eggs. Place a slice of toast or English muffin (toasted) on each plate; cover with a thin slice of ham or smoked salmon, and top with a poached egg. Generously spoon warm sauce over top and serve immediately. Serves 4.

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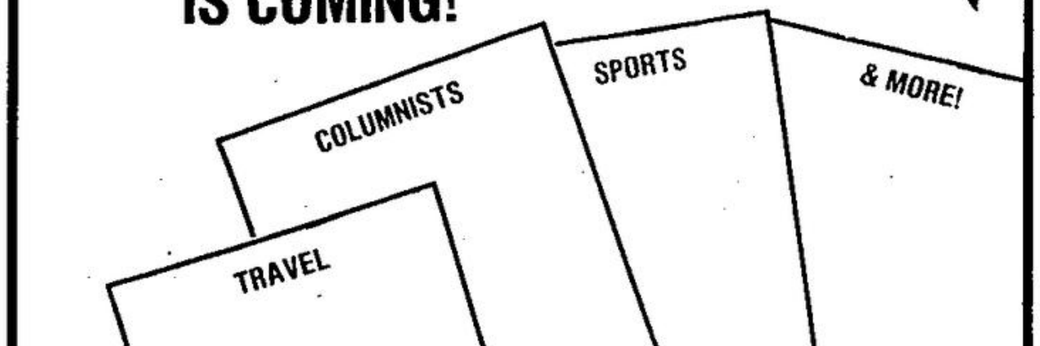

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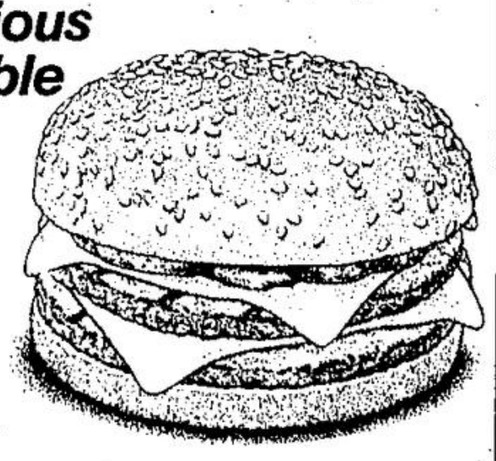

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