

Citizens' forum

Strength in numbers

Dear Sir,
I am writing to ask if you will please help us through your letters column in our search for people with a fairly rare, inherited, neuro-muscular disorder called Charcot-Marie-Tooth disease, known also as Peroneal Muscular Atrophy.

Named after the three doctors who discovered it 100 years ago this year, CMT (as we call it) leaves a person with limited feeling and/or movement in his or her extremities. It is a disorder of the nerves in these areas and it can affect a person from the time they are born or not show up until later years. As muscles atrophy, we find we cannot walk well and lose our balance easily, trip often and sprain ankles continuously. Some develop what is known as foot drop and have to walk by throwing their feet out from the side. Our hands usually lose muscle in the thumbs first and we become unable to pick up small objects, open jars and doors, write for any length of time, or shake hands without pain. The disease is not usually life threatening, but is serious enough to cause a great deal of frustration and worry. To date there is no treatment or cure.

For 40 years I lived with CMT, thinking I was the only one with it in the world. After a forced retire-

ment from my work as a journalist at the local paper, I began writing letters to editors around the world searching for others. Today I run an organization called CMT International for everyone with this disease. Some 1,800 CMTers in eight countries have found us in 26 months and we have 25 chapters in four countries: Canada, the U.S., England and Scotland. We also publish a bi-monthly newsletter for those with the disease and interested professionals, as well as run the CMT/PMA Registry so that researchers may locate larger populations to work with.

A chapter of CMT International is just beginning in the Guelph area run by Mr. Robert B. King, C.A., General Delivery, Eden Mills, Ontario, N0B 1P0.

For further information anyone may get in touch with Mr. King, or me at head office, 34-B Bayview Dr., St. Catharines, Ontario, L2N 4Y6.

We have found that in numbers there is strength; the more CMTers we can locate the better our chances are of beating this disease, or at least developing treatment. Your help will be invaluable.

Sincerely,
Linda Crabtree (Mrs.),
President/Founder

The joys and sorrows



Against the odds

PAT WOODS

Beryl Potter has experienced the sorrow of losing and the joy of winning.

Almost 20 years ago this 62-year-old woman lost both legs, an arm, and the sight in one eye. After the second amputation, a medical error caused a raging infection which resulted in 40 operations to her hip, the loss of her right arm, temporary loss of her sight and an addiction to pain killers. For six long years she was confined to a hospital bed. The despair she felt prompted her to attempt suicide.

Beryl was guest speaker for the Physically Handicapped Citizens Association at their recent public meeting. She is now an active advocate for the rights of the disabled. Her words held out hope to others as she highlighted some of the changes and accomplishments that have been brought about by the disabled, themselves. This summer, the joys of victory were celebrated by Beryl and the members of her Trans-Action Coalition when Toronto council, unanimously, approved a fully accessible design for the new Sheppard subway system. This came after ten years of lobbying by consumer groups. For Beryl, it is only the beginning of a brighter future for herself and many others.

Ontario has a new building code. What does this mean for the disabled?

First and foremost, all new buildings, with a few exceptions, must conform to the specifications described as barrier free design. This includes door widths, unobstructed passageways, controls and switches mounted low enough for wheelchair users, and proper illumination.

Suites (eg. apartments), assembly occupancies (eg. display areas, student areas, etc.), office areas, general use or service areas (eg. cafeterias), patients' rooms, elevators, washrooms for disabled persons, ticket counters, drinking fountains etc. must provide a barrier free access. In seating areas, at least two spaces must be given where there are spaces for 100 people and 1 per cent for areas over 600 people.

Washrooms must be designed to accommodate the disabled whenever barrier free access is provided. Accessibility signs must be installed at all accessible entrances. Where individual shower stalls are provided in buildings of assembly/occupancy, at least one shower stall shall be provided for disabled persons.

What are the negative considerations to the new code? Fire safety factors have not been given priority. The Task Force's recommendations in this regard were not adopted as the cost effectiveness of these requirements were questioned.

At the last meeting of the Task Force on Oct. 9, 1986, a resolution was struck that a committee be formed to give further consultation from disabled consumers to the Ministry of Housing and that written re-assurance be made by the Ministry that all recommendations not adopted be studied with a view to possible future implementation.

Artist is daughter of Shinto priest

The Gallery House Sol on 45 Charles Street in Georgetown continues its fall exhibition with a two-artist show beginning Oct. 25.

The featured artists are Naoko Matsubara, wood cuts and collages, and Leonard Osterle, new bronzes and terra cottas.

Both artists will be at the opening Oct. 25 from 2-6 p.m. The exhibition continues until Nov. 13.

Naoko Matsubara was born in 1937 in Japan, the daughter of a chief Shinto priest. After the war, she studied art first in Japan and later in

Pittsburgh and at the Royal College of Art in London, England.

Leonard Osterle was born in 1915 in Germany. At the age of 28, he fled Germany. Pursued by Nazi henchmen, he managed to get to Switzerland and safety.

Eventually he studied in Zurich, Switzerland with the great sculptor Fritz Wotruba. He had his first important exhibition in 1950 in Zurich and was at once hailed as a master in the figurative tradition of European sculpture. For many years he has been an influential teacher at the Ontario College of Art in Toronto.

Until Nov. 13 the exhibit is open to the public from Tuesday to Thursday from 2 - 8 p.m. and from Friday to Sunday 2 - 6 p.m.

Ministry liaison

A liaison committee between the Ministry of Natural Resources and Halton Region is to have its inaugural meeting next month.

To meet on a semi-annual basis with pre-set agendas, the liaison committee will bring together three Ministry representatives, Oakville, Burlington, Milton and Halton Hills planning directors, Regional Planning Director Rash Mohammed and a representative from each of the three Conservation Authorities.

The new committee will deal with planning and resource management issues and topics of mutual concern, as well as keep staff informed of current provincial policies programs and priorities.

The Region already has liaison committees with the Ministry of the Environment

DENTURE THERAPY CLINIC

J. Kohari, D.T.

122 Guelph St.
on Hwy. 7
GEORGETOWN

PHONE 877-8974

Sandra Beech at JET

More energy than 5 Irish Rovers

By SANDY CAMPBELL
Herald Staff

Ireland born children's entertainer Sandra Beech has more energy than five Irish Rovers and children love it.

Mrs. Beech was singing and playing Oct. 14 and 15 at the John Elliott Theatre as part of Festival Five. Seconds after taking the stage she had her audience clapping along and clapping for more.

Songs about gooie marshmallows and sharks in the bath tub are just what the children needed. They were bursting with desire to participate.

Mrs. Beech would rather play for children because they are so spontaneous, she said. At a time when children spend so much time in front of computers and televisions, Mrs. Beech likes to play the kind of "music our kids don't get enough of." That music can't be enjoyed with the ears alone. Children have more fun if they're doing the gestures which accompany music and their high stepping maestro.

"That maestro was once known as 'Ireland's Shirley Temple'." She was Sandra Miller then and toured the south of Ireland in the family band. Also in the band were brothers Will, George and cousin Joe. Those

three are part of another band now, the Irish Rovers.

They are to Irish music what Sandra Beech is becoming to children's music. She has four albums, two Juno nominations and one Juno. With the completion of her latest work The Pretend Box, she has broken into the video market. The just released video is a half hour of Sandra Beech in concert and is available at department stores, she said.

Although she is delivering her gifts through the latest methods of the music industry, she has not lost the tradition of the music she sang as a child in Ireland. Much of the music she doesn't write herself is traditional Irish melodies, she said. Only the lyrics have been changed.

Mrs. Beech performs with the accompaniment of a guitarist and will play the odd song on the harp. When the Irish Rovers made the Unicorn song a hit, Rover Will was able to help his parents retire, put the down payment on a sister's home and buy his sister Sandra a harp, she said.

For anyone who has followed the Rovers they may be familiar with Mrs. Beech's face. She has appeared on their television show four times to sing for adults. But she would rather sing for children any day, she said.

Children's entertainer Sandra Beech was at the John Elliott Theatre Oct. 14 and 15. The Juno award winner was part of the Festival Five celebration. Students from local nursery and public schools attended the shows. (Herald photo)



Firms need a 'playbook' to motivate the 'team'

By MARY-LIZ SHAW
Herald Special

Unless managers properly motivate the employees, they are turning their backs on their greatest resource, according to Kevin Freier, a first-year director of the Acton Chamber of Commerce. He is specialist in motivation in the workplace.

Speaking at a small luncheon at the Cedar Springs Motel last Thursday, Mr. Freier suggested four methods to improve productivity and employee relations. These included developing clearly defined goals, consistent feedback, benefits and rewards, and keeping an accurate account of production progress.

Mr. Freier strongly urged the small group of Halton business people to devise what he called a "business playbook" similar to the playbooks used in large sports teams.

"Football teams know what their goals are and they lay them down in a playbook," Mr. Freier said. "Sometimes we pay people simply for their attendance. That's scary. We have to figure out why they are here."

Comparing leisure activities to working, Mr. Freier pointed out that most people will pay for the privilege of working harder than

they will when they are paid to work. Why, for example, Mr. Freier asked, is there a problem with employee absenteeism during the winter months when coincidentally, there is 14 inches of powder on the ski hills?

"Because people want to pay to ski in sub-zero temperatures and they only complain about the weather when they have to go to work," he said.

Mr. Freier is an Acton businessman who has been involved with training and development for the past nine years. Currently, he is associated with the Growth and Achievement Group, a group of management specialists who advise businesses on ways to increase their productivity and how to achieve their objectives.

"Small businesses have it tough in Acton," Mr. Freier said. "No matter how successful your business is, you can always get better and we can help."

Mr. Freier noted two of the most successful tools for improving employee relations are making sure employees are aware of their progress and providing them with opportunities to make significant choices about the business.

"You can never get too much feedback," Mr. Freier said. "Just as you can never hear 'I love you' too much from your family."

Regional Chairman Peter Pomeroy and Mayor Russ Miller also attended the luncheon and each was impressed with Mr. Freier's theories.

"It makes a lot of sense," Mayor Miller said. "It's easy to relate to when he compares working to sports."

Mr. Pomeroy added Mr. Freier's message is not only applicable to business people but to all members of the community.

Money comes first for master servicing

Money comes first in the master servicing and financing scheme for Georgetown, says Regional Planner Rash Mohammed.

"The financial considerations have to be out of the way first before other conditions can be fulfilled," Mr. Mohammed said.

He's worked out a timetable with Enterac Property Corporation on what needs to be done and who pays for it.

Accordingly, he's looking towards the end of the year for registration of the plan and fulfillment of the conditions.

"I know Regional staff have gone out of their way to try and assist the developer and have the development go on," Mr. Mohammed said.

Planning and public works committee chairman Pat McLaughlin said further holdups of the 1,131 homes plan won't be because of Halton Region.

"Everything's in the developer's court now and the ball's up to them," Burlington Coun. McLaughlin said.

Brampton Water Works
Soft Water
Pure Water
"Your Water Treatment Specialist"
Sales - Service
Lease to Own - Rentals
Phone today for a Free Water Analysis
454-1515
55 Rutherford Rd. S. Brampton

Lover's Leap opens Friday

By Jacky Willows
Herald Special
As the John Elliott Theatre concluded its fifth anniversary celebration on Sunday morning the Georgetown Little Theatre moved the set for 'Lover's Leap' into the theatre. There is now less than one week until opening night, Oct. 24.

Lois Fraser who plays Amy Ware may well be considering setting up house at the theatre, recently she has spent more time there than at home, with her responsibilities as a committee member for Festival Five she has literally been running between the GLT greenroom in Stewarttown and the theatre. Many of you will remember Lois' delightful portrayal of Elvira in 'Blithe Spirit', she never fails to have fun with everything she does and she is definitely having fun as Amy.

Ashley Windsor who plays George Farley is by no means new to the stage, many of you will remember him from the closing play last season 'How the Other Half Loves' he played the slightly obnoxious husband, he also had a major role in 'The Importance of Being Ernest'

Margi Gibson plays Georges wife Vivian, whose arrival at the hotel room is not exactly a pleasant surprise for George.

Lastly, in order of appearance at the hotel room we have Frank McKie who is portraying Amy's husband.

Come out and meet Amy, George, Harry (Joe DeGuidice), Linda (Fern Slawson), Vivian and Mike, if you don't you will never know whether George manages to extricate himself from his dilemma and everyone else's.

'Lover's Leap' opens on October 24 and runs 25, 29, 30, 31 and November 1 at the John Elliott Theatre, there are still tickets available so don't miss out call now, Box office 877-3700 or purchase your tickets in person at the theatre boxoffice on Wednesday October 22, between 4:30 and 7:30 p.m. or on any scheduled show night.

BARRY D. TIMLECK
Chartered Accountant
CARRETAL BUILDING
SUITE 301
16 Mountainview Rd. S.
GEORGETOWN 877-6948

MEAT OUR LOW PRICES

RIB EYE STEAKS (Boxed)	\$5.25 LB.
STRIP LOIN STEAKS (Boxed)	\$6.14 LB.
OLD CHEDDAR CHEESE	\$3.49 LB.
BLACK FOREST STYLE BACON	\$2.89 LB.
LEAN GROUND BEEF	\$1.99 LB.
BEEF - SIDES	\$1.85 LB.
HINDS	\$2.10 LB.
VEAL - SIDES	\$1.99 LB.
HINDS	\$2.25 LB.

Prices in effect while quantities last

Extra Savings on The Barrel Head

FRESH, DELI AND BOXED MEAT

THE Butcher Shop
187 Guelph Street, Georgetown
(Next To McDonald's)
877-5998

WE'D LIKE TO "MEAT" YOU!

Senior Citizen Appreciation Month
ALL OF OCTOBER

LET US HELP YOU PREPARE YOUR CAR FOR WINTER

We would like to show our appreciation to all Senior Citizens for their past patronage.

ALL NORMAL SERVICES AT A REDUCTION OF **20%**

Please phone our service department for an appointment. Ask for Dick Krouse or Paul South
- FREE PICKUP AND DELIVERY IF REQUIRED -

ANDREW MURRAY
MOTORS LIMITED
OLDSMOBILE

CHEVROLET 877-6944 33 MOUNTAINVIEW RD. N. GEORGETOWN 453-8683

THE Butcher Shop
187 Guelph Street, Georgetown
(Next To McDonald's)
877-5998

WE'D LIKE TO "MEAT" YOU!