

Region's day care celebrates 10 years Maple Avenue centre

It's been part of the community for 10 years, and former teachers, students and parents turned out Thursday night to celebrate the 10th birthday of Halton Region's Maple Avenue Day Care Centre.

"It is indeed a pleasure because I was at the opening of this building 10 years ago," Halton Hills Mayor Russ Miller told the 40 people who turned out for the birthday party.

He recalled how he was a town councillor when the Region opened the Centre, and still is, the only councillor still left from 10 years ago.

He recalled how he was a town councillor when the Region opened the Centre, the third and last Regional day care centre opened.

The Centre was originally staffed by Pat Woods and Carolyn Koch and has had four supervisors over the years. Leona Howard is the current supervisor.

Halton Burlington MPP Don Knight said the province is committed to child care reform in Ontario and recognizes day care as a basic public service.

He said in six weeks, there will be a provincial white paper released on having available, accessible and affordable child care. Mr. Knight said he welcomes responses from the public, the town and the Region on that white paper.

He's hoping the report will lead to some reform of day care and extra funding, above the \$26 million allocated this year by the province. The MPP wished the Centre good

luck in the future and congratulated it for its high level of service to the municipality.

The third speaker of the night was the Region's Acting Director of Social Services, Karen Chan.

"This day care centre has developed and become part of this community. We'd like to see it grow and become even more a part of the community," Mrs. Chan said.

Working with the elderly and having a co-operative program with seniors' centres is something the Centre is working on, she said.

Parenting programs which began this year are to be continued as well as the retraining employment programs at the Centre.

"I think the Centre looks beautiful and I would like to thank you very much for all your hard work," she said.

Coun. Marilyn Serjeantson said she visited the Centre in the morning and saw a lot of happy children busy with activities.

"There wasn't a crying child and everybody seemed content," the councillor said. "It's a nursery school rather than a day care centre."

She was representing the Regional Chairman Peter Pomeroy who could not be there.

"Without the past staff, the present staff wouldn't be here getting all the congratulations they are now," Coun. Serjeantson said.

She expressed hope the Centre would be there for many years more.



Carolyn Koch (left) still has the little shell Jordan Zimmer, 8, brought her back from a trip to Florida. Jordan started going to the Region's Maple Avenue Day Care Centre when she was only two and Mrs. Koch remembers because she was Jordie's teacher. Mrs. Koch and Pat Woods are the two teachers who opened the Centre 10 years ago. Mrs.

Koch taught there for seven and a half years, before starting her own family. Thursday night, Halton Hills Mayor Russ Miller (right) and Halton-Burlington MPP Don Knight and Coun. Marilyn Serjeantson joined about 40 former teachers, students and parents at the school's 10th birthday party. (Herald photo)

ADAPT personnel counsel addicts

EDITOR'S NOTE: The Herald has agreed to publish a series of columns about member agencies participating in the Halton Hills United Way campaign. This fall is the first year the town has had a United Way. These stories will allow readers a chance to see where their donations will be going in the way of programs and services.

As an outpatient clinic, ADAPT meets a community need of providing a service to persons of any age who are experiencing addiction related problems. It motivates the client to do something about the problem and provides ongoing support in their resolution. As a result the client's addiction problems are treated within the community at a low service cost compared to having to enter an institution with a very high cost of service.

Community based treatment, such as ADAPT offers, is a less threatening form of intervention and there is no need for reintegration back into the community. This cost efficient service also helps in reducing costly medical and hospital care needed for severe physical problems resulting from long-term substance abuse. Additionally, it assists chemically dependent persons to function more effectively in their community and reduces social costs related to substance abuse e.g. police, court, welfare, family.

Services provided by ADAPT include:

Assessment: A comprehensive assessment of a client's alcohol/drug use is necessary to determine: a) the existence of an alcohol/drug problem; b) the extent of the problem; c) what interventions are needed to resolve the problem(s). An individualized treatment plan aimed at resolving these

problems is also designed at this time.

Counselling: Individual, family and couples counselling is provided to help clients overcome an alcohol/drug problem. This counselling is intended to help individuals gain more insight into their problem and facilitates the changes necessary to overcome the problem.



United
Way

Group: ADAPT operates seven groups in the Region of Halton. The purpose of group counselling is to help those in the group to learn to live without drinking or using drugs. It assists in lifestyle change, provides education around the addiction process and helps replace unhealthy coping strategies (i.e. alcohol or drugs) with healthy alternatives.

Follow-up: All clients are followed up for 18 months. This service allows ADAPT to manage and monitor the process of change and evaluate progress. Other community support services with which a client may be involved are also coordinated through this process. This facilitates these organizations working together with the client to help achieve his/her treatment goals. The follow-up process allows support to be provided as needed at any time throughout the 18 month follow-up period and helps prevent clients relapses.

ADAPT is funded by the Ministry of Health and The United Way. There is no fee for services.

Youth nights

There have been some changes to the Halton Hills Recreation and Parks Department Youth Activity Nights. This program is for 10 to 14 year olds. It includes such activities as floor hockey, basketball, volleyball, special outings, cards

and board games. In Georgetown the program will be held at Holy Cross Separate School starting Oct. 14 at 6:30 to 8:30 p.m.

In Acton the program will operate in conjunction with the Y.M.C.A. Mug Program with alter-

nating Wednesday and Friday evenings. The first two nights will be held at McKenzie Smith Middle School, 6:30 to 8 p.m., Oct. 15 and Oct. 22. The third night will be Oct. 31 at the Mug located at the Acton Y.M.C.A.



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OCTOBER 1 — CAMPAIGN KICK-OFF

7:30 Breakfast, Acton Legion

12:00 Luncheon, Georgetown Golf Club

OCTOBER 1-18

Residential Campaign, Acton, Georgetown, & Rural

OCTOBER 19-30

Residential Follow-up

OCTOBER 17

7:00 p.m. Rock Concert, G.D.H.S.

OCTOBER 31

8:00 p.m. Halloween 60's Dance, G. Alcott

Arena Hall, Georgetown

NOVEMBER 1

8:00 p.m. Regional Chairman's Ball

North Halton Country Club

NOVEMBER 18

7:30 p.m. Volunteer Appreciation Night, G.D.H.S.



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