

## Local swimming program graduates

THE FOLLOWING PARTICIPANTS HAVE SUCCESSFULLY COMPLETED THE RED CROSS SWIMMING LEVELS AT THE GEORGETOWN INDOOR POOL:

**YELLOW:**  
Justin Marcell, Shawn Marcell, Chris McHugh, Spencer Selhi, David Leverette, Michael Crane, Jessica Bodig, Matthew Burns, Shariyo Kogan.

**ORANGE:**  
Andrea Brennan, David Gibbons, Kelle Ewins, Clint Law, Tom Dales, Mark Mitchell, Spencer Selhi.

**RED:**  
Lynn Donna Dales, Jennifer Scriveras, Buffy Stiering, Mark Mitchell, Philippe Gear, Maurice Gear, Thomas Arnold, Lisa Verhaegen, Jonathan Hreddi, Rachel Bodig.

Robin Lahey, Melissa Yang, Laura Mat thews, Darlene Zylstra.

**MALUIN:**  
Adrienne Scriveras, Kerith Geh, Dale Jenkins, Tiffany Ossandon, Pat Wanner, Joy Tanner, Craig Lahey, Steven Robson, Jeremy Stinson.

**SURVIVAL:**  
Kaylie Finna, Tanya Evers, Cindy Bouillard, Timmy Verhaegen, Timothy Dowd.

**BLUE:**  
Stephanie Smith, Jessica Moody, Scott Lahey, Adriana Glass, Krasy Kudreksis.

**GREEN:**  
John Brennan, Kathy Dianne Graville, Laura McQueen, Kevin Young, Paul McDonald.

THE FOLLOWING PARTICIPANTS HAVE SUCCESSFULLY COMPLETED THE ROYAL LIFESAVING SWIMMING LEVELS:

**LIFESAVING III:**  
John Robertson, Steven Robertson, Chris Lightowers, Scott Lightowers, Lealey Kay, Alan Larocque, John Tickling, Leslie Scarth, Jennifer Ryan, Mike Larocque.

THE FOLLOWING PARTICIPANTS HAVE SUCCESSFULLY COMPLETED THE FOLLOWING TOWN OF HALTON HILLS SWIMMING LEVELS AT THE GEORGETOWN INDOOR POOL:

Vanessa Hreddi, Jessica Hreddi, Angela Overalls, Nikki Zorychta, Kristyn Zorychta, Jodie Hreddi, Kristyn Zorychta, Matthew Terry, Holly Thomson, Jeremy Cadgar, Caitlin Crosby, Crystal Sergeant, Heather Payne.

**SUPERHERO:**  
Kathy Klopfer, Laura Klopfer, Sarah Ewins, Courtney Evers, Dianne Kyles, BEAGAN, KIM MARRIUS.

Brad Crane, Cameron Finna, Sherri Gaiton, Debbie McQueen, Jonathan Tanner.

THE FOLLOWING WERE PARTIALLY IN THE PARENT AND THE PROGRAM:  
Sambha Ballantyne, Jennifer Robinson, Daniel Schaler, Amanda Evers, Steven Kogan, Nick Alibelli.

## Girls soccer scores

Tracey Metler and Erin Gogan both had two goals each to pace Blue No. 1 past Maroon Timbits 5-1 in Georgetown Soccer Club atom girls action last week.

Stephanie O'Brien had the other goal for the winners. Mary Lynn Hogan had the goal for the Maroon squad. Becky De Vries and Caroline Page played well for the winners while Tracey Andrews, Monique Baskin and Michelle Cowbrough played well for the Maroon Timbits team.

In other games Dionelle Benito, Sherry Walsh and Alison Macewan all had tallies to pace Red Firecrackers past Yellow Killer Bees 3-1. The whole winning squad played well also. For Yellow Killer Bees Shannon Morris scored the lone tally. Beth Crocker, Shannon Patriquin and Jenna Stuart Haggie played well for the Bees team.

Terri Hunter had a pair of markers to pace Green Ghostbusters past Blue No. 1 5-3.



CEREAL  
**Shreddies**  
675 g BOX SAVE 1.20

**1.99**

1/3 off



SMOOTH, BONUS PACK  
**Kraft Peanut Butter**  
1.5 kg PAIL

**3.99**

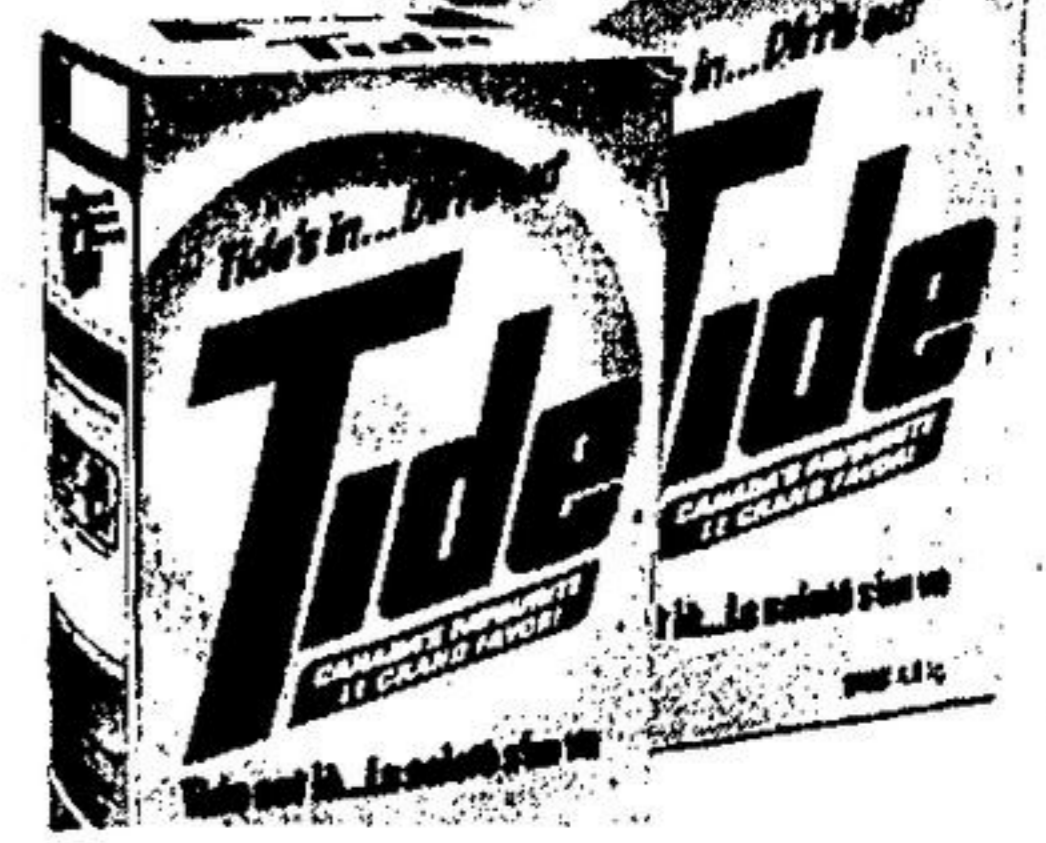
over 3 1/4 lbs



**Nabob Tradition**  
369 g VAC PAC SAVE 1.50

**3.49**

FREE A&P COFFEE FILTERS WITH COUPON & PURCHASE OF 369 g NABOB COFFEE



POWDERED, LAUNDRY, SCENTED OR UNSCENTED  
**Tide Detergent**  
12 LITRE BOX

**7.99**

with coupon below

**Fresh Fruits and Vegetables**

**The Farm**

- PRODUCT OF ONTARIO **Fresh Green Peppers** 4/.99
- CANADA NO. 1, PRODUCT OF ONTARIO, LARGE, SNOWY WHITE **Fresh Cauliflower** each .99
- PRODUCT OF ONTARIO, 'IDEAL IN SALADS' **Fresh Broccoli** bunch .99
- PRODUCT OF SWAZILAND, SWEET EATING **Valencia Oranges** bag of 16 2.99

**frozen specials**

A&P FROZEN, CONCENTRATED  
**Orange Juice**  
**.79** 12 1/2 fl oz tin

**our best quality**

- CAVENDISH, FROZEN, STRAIGHT CRINKLE OR COUNTRY CUT SHOESTRING **French Fries** 1 kg poly bag SAVE .40 **1.29**
- BLACK DIAMOND, PROCESS FOOD, LITES **Cheese Slices** 500 g pkg SAVE 1.20 **2.99**
- ASTRO, PARTLY SKIMMED, 2 or 4% **Cottage Cheese** 500 mL cont SAVE .50 **1.69**

**1/2 price**

FROZEN, BEEF, CHICKEN, TURKEY OR MACARONI & CHEESE  
**Swanson Meat Pies** 227 g pkg **.59**

- CANADA FIRST GRADE **Gay Lea Butter** 1 lb pkg SAVE .42 **2.39**
- MOMS **Soft Margarine** 2 lb tub SAVE .50 **1.79**
- INGERSOL **Cheese Spread** 500 g pkg SAVE .80 **3.49**
- HERITAGE, LIGHT **Chocolate Milk** 3's SAVE .30 **1.19**

CANADA NO. 1, PRODUCT OF ONTARIO, RED HAVENS  
**Freestone Peaches**  
**2.99** 4 litre basket

- CANADA NO. 1, PRODUCT OF ONTARIO **Potatoes** 20 lb bag **3.49**
- CANADA FANCY, PRODUCT OF ONTARIO, RED PAULAS OR **MacIntosh Apples** 3 lb bag **1.99**
- PRODUCT OF ONTARIO **Eggplant** each **.59**
- PRODUCT OF BRAZIL, SWEET, JUICY **Murcott Oranges** 2 1/8 lb/kg **.99**

**Italian foods**

PASQUALE  
**Vegetable Oil**  
**2.49** 3 litre jug

**low, low price**

- CHICK PEAS, ROMANO, RED & WHITE KIDNEY OR LENTILS **Primo Beans** 19 fl oz tin SAVE .30 **.79**
- PRIMO **Royal Tea Biscuits** 900 g box SAVE .66 **2.49**
- PRIMO **"S" Biscuits** 250 g pkg SAVE .30 **.99**

**1/3 off**

PRIMO **Spaghetti Sauce** 28 fl oz tin SAVE .66 **.99**

- NESTLES, ASSORTED VARIETIES **Mini Puddings** pkg of 4 5 oz SAVE .50 **1.99**
- ASSORTED VARIETIES, FAMILY SIZE **Nestles Puddings** 15 oz tin SAVE .80 **.99**
- ASSORTED VARIETIES, READY-TO-SERVE **Habitant Soup** 14 fl oz tin SAVE .30 **.69**
- ASSORTED FLAVOURS **Bessey Fruit Drinks** pkg of 6 7 oz SAVE .54 **.99**

CANADA NO. 1, PRODUCT OF ONTARIO, IDEAL FOR EATING-PRESERVING  
**Bartlett Pears**  
**2.99** 4 litre basket

- PRODUCT OF NEW ZEALAND 'IDEAL IN FRUIT SALAD' **Kiwi Fruit** 2/.99
- PRODUCT OF ONTARIO 'IDEAL BAKED' **Pepper Squash** 2/.99
- CANADA NO. 1, PRODUCT OF ONTARIO, CRISP **Fresh Celery Stalks** each .79
- CANADA NO. 1, PRODUCT OF ONTARIO **Red Sweet Peppers** 2 1/8 lb/kg **.99**

**paper special**

DELSEY, WHITE, YELLOW OR BEIGE  
**Bathroom Tissue**  
**1.49** SAVE 1.10 pkg of 4 rolls

**over 1/3 off**

- ASSORTED COLOURS & PRINTS **Hi-Dri Towels** pkg of 2 rolls ACTION PRICE **.99**
- FACIAL, ASSORTED COLOURS **Kleenex Tissue** box of 200 sheets SAVE UP TO .50 **.99**
- ASSORTED COLOURS **Hi-Dri Napkins** pkg of 120 ACTION PRICE **1.49**

**bonus pack**

RED OR GREEN, BONUS PACK 50 mL PLUS 50 mL FREE  
**Close-Up Toothpaste** 100 mL tube **.79**

- INSTANT **Encore Coffee** 7 oz jar SAVE 1.90 **4.99**
- TETRA PACK, ASSORTED FLAVOURS **Sprint Fruit Drinks** pkg of 3 250 mL SAVE .40 **.99**
- STRAINED VARIETY **Gerbers Baby Food** 4 1/2 oz jar BUY 2-SAVE .19 **2.79**
- JUNIOR **Heinz Baby Food** 7.5 oz jar BUY 2-SAVE .21 **2/1.09**

CANADA NO. 1, PRODUCT OF ONTARIO, SWEET FREESTONE  
**Prune Plums**  
**3.99** 4 litre basket

- PRODUCT OF ONTARIO 'IDEAL IN SALADS' **Cherry Tomatoes** pint .99
- CANADA NO. 1, PRODUCT OF ONTARIO **Field Cucumbers** 3/1.00
- CANADA NO. 1, PRODUCT OF ONTARIO **Fresh Cabbage** each .69
- CANADA NO. 1, PRODUCT OF ONTARIO **Bartlett Pears** 2 1/8 lb/kg **.99**

**special**

REGULAR OR DIET, DR. PEPPER.  
**Pepsi-Cola or 7UP**  
**6.99** 24 280 mL TINS  
**6/2.99** 750 mL BTL PLUS 30 BTL DEPOSIT  
(Unit cost 10.4¢ per 100 mL) (Unit cost 6.6¢ per 100 mL)

**save up to 2.00**

- ASSORTED VARIETIES **Hostess Potato Chips** 200 g bag SAVE .60 **1.29**
- KRAFT, REGULAR OR LIGHT **Mayonnaise** 500 mL jar SAVE .60 **1.99**
- ALLENS **Pure Apple Juice** 48 fl oz tin SAVE .70 **1.29**

**save 1.00**

FABRIC, SCENTED OR UNSCENTED  
**Bounce Softener** box of 40 sheets **3.99**

- CHEDDAR CHEESE **A&P Waferettes** 175 g pkg SAVE .30 **.89**
- A&P **Tomato Ketchup** 1 litre btl SAVE .40 **1.99**
- ALL PURPOSE **A&P Flour** 2.5 kg pkg SAVE .50 **1.99**
- REGULAR OR AUTOMATIC DRIP **Country Club Coffee** 400 g vac pac SAVE .40 **4.99**

## CLIP THESE COUPONS & SAVE \$5.29

WITH THIS COUPON **SAVE .25**

CREAM CHEESE  
**Kraft Philadelphia** 250 g pkg **1.49**

LIMIT: one coupon per purchase. VALID UNTIL September 6th, 1986. (Price without coupon 1.74) VC: # 4482544

WITH THIS COUPON **SAVE .50**

ZIPLOCK  
**Sandwich Bags** box of 100 **.99**

LIMIT: one coupon per purchase. VALID UNTIL Sept 6th, 1986. (Price without coupon 1.49) VC: #

WITH THIS COUPON **SAVE 1.00**

NEW FREEDOM MAXI PMS 30'S, SLIM MAXI 30'S, SUPER MAXI 25'S OR OVAL & CONTOUR PANTY LINERS  
**Kotex Lightdays** pkg of 30 **2.99**

LIMIT: one coupon per purchase. VALID UNTIL Sept 6th, 1986. (Price without coupon 3.99) VC: # 13981201

WITH THIS COUPON **SAVE .50**

LIQUID FOR DISHES  
**Joy II Detergent** 1 litre p/1st btl **1.99**

LIMIT: one coupon per purchase. VALID UNTIL September 3, 1986. (Price without coupon 2.49) S.C.#

WITH THIS COUPON **SAVE .30**

REGULAR OR UNSALTED CORN OIL, REGULAR OR LIGHT SUNFLOWER  
**Fleischmann's Margarine** 2-8 oz tubs **.99**

LIMIT: one coupon per purchase. VALID UNTIL September 6th, 1986. (Price without coupon 1.29) VC: # 3434453

WITH THIS COUPON **SAVE .75**

DISPOSABLE, NEWBORN 66'S, MEDIUM 48'S, OR LARGE 33'S, KLEENEX  
**Huggies Diapers** box **9.74**

LIMIT: one coupon per purchase. VALID UNTIL Sept. 6th, 1986. (Price without coupon 10.49) VC: # 13992311

WITH THIS COUPON **SAVE .99**

BUY ANY 369 g PACK OF NABOB TRADITION COFFEE—GET A PKG OF A&P COFFEE FILTERS FREE

LIMIT: one coupon per purchase. VALID UNTIL September 6, 1986. (Price without coupon .99) VC: #

WITH THIS COUPON **SAVE 1.00**

POWDERED LAUNDRY, SCENTED OR UNSCENTED  
**Tide Detergent** 12 litre box **7.99**

LIMIT: one coupon per purchase. VALID UNTIL Sept 6th, 1986. (Price without coupon 8.99) VC: # 100042