



A&P PLAIN, RIPPLE OR SALT & VINEGAR
Potato Chips
200 g PKG

.99

save .40



PEPPERIDGE FARM
German Chocolate
- LAYER CAKE - GATEAU -
au chocolat allemand
369 g PKG

.99

save 1.00



Mitchell's
APPLE JUICE
PURE - UNSWEETENED
48 FL OZ TIN

.99

save 1.00



JANE PARKER
Apple Pie
625 g PKG

.99

(Peach Pie 625 g size 1.89-Save .40)

save 1.00

Fresh Fruits and Vegetables

The Farm

- CANADA NO. 1, PRODUCT OF U.S.A., LARGE, RIPE, BING VARIETY
Sweet Cherries 373/1.69 lb
- PRODUCT OF U.S.A., SWEET, RIPE
Fresh Blueberries pint 1.99
- CANADA NO. 1, PRODUCT OF ONTARIO
Seedless Cucumbers each .99
- CANADA NO. 1, PRODUCT OF HOLLAND
Red Sweet Peppers 659/2.99 lb

PRODUCT OF U.S.A., SWEET, JUICY
Fresh Nectarines

1.52 / .69
/kg / lb

- CANADA FANCY, PRODUCT OF ONTARIO, ALL PURPOSE
Ida Red Apples 5 lb bag 2.99
- CANADA NO. 1, PRODUCT OF ONTARIO
Green Cabbage each .69
- PRODUCT OF U.S.A., SWEET, RIPE
Whole Watermelon each 3.99
- CANADA NO. 1, PRODUCT OF U.S.A., RED OR GREEN
Seedless Grapes 439/1.99 lb

PRODUCT OF ONTARIO, TENDER, STRINGLESS
Fresh Green Beans

1.52 / .69
/kg / lb

- PRODUCT OF MEXICO, SWEET, RIPE
Fresh Mangoes each .99
- PRODUCT OF U.S.A., CALIFORNIA, SWEET, JUICY
Valencia Oranges bag of 12 3.99
- CANADA NO. 1, PRODUCT OF U.S.A.
Fresh Peaches 218/lb .99
- CANADA NO. 1, PRODUCT OF U.S.A., SWEET, JUICY
Red Plums 328/1.49 lb

CANADA NO. 1, PRODUCT OF U.S.A., VINE RIPENED
Cantaloupe

.99 each

- PRODUCT OF ONTARIO, FRESH
Bunch Radishes 2/.99
- PRODUCT OF ONTARIO, DELICIOUS WITH CHEESE SAUCE
Fresh Broccoli bunch .99
- CANADA NO. 1, PRODUCT OF ONTARIO
Fresh Cauliflower each 1.49
- CANADA NO. 1, PRODUCT OF U.S.A.
Sweet Red Onions 174/lb .79

A&P
WITH THIS COUPON **SAVE .50**
KRAFT, SMOOTH OR CRUNCHY
Peanut Butter
.99 500 g jar
LIMIT ONE PER COUPON. VALID UNTIL JULY 5th, 1986
(Without coupon 1.49) A&P # 620

italian festival
PURE VEGETABLE
Primo Oil
2.99 3 litre pnt cont

paper sale
2-PLY BATHROOM, WHITE, ALMOND OR YELLOW
Royale Tissue
1.39 pkg of 4 rolls

summer specials
REGULAR OR NO SALT ADDED, ASSORTED VARIETIES INCL FANCY WHOLE KERNEL CORN 12 FL OZ
Del Monte Vegetables
.59 14 fl oz tin

dairy specials
NORDICA, 2% PARTLY SKIMMED, REFRIGERATED
Cottage Cheese 500 g ctn **1.69** SAVE .60
ASSORTED FLAVOURS, REFRIGERATED
Astro Yogourt 500 mL ctn **1.69** SAVE .40
MOMS, 100% VEGETABLE OIL
Soft Margarine 2 lb tub **1.49** SAVE .80

save 2.00
PRIMO, ROMANO, RED OR WHITE KIDNEY BEANS, LENTILS OR
Chick Peas 19 fl oz tin **.69** SAVE .30
PRIMO
Tomato Paste 5 1/2 fl oz tin **3/1.00** BUY 3-SAVE .89
PRIMO, PLAIN
Spaghetti Sauce 28 fl oz tin **.99** SAVE .66

save 1.10
TISSUE, WHITE, ALMOND OR YELLOW
Royale Facial box of 100 sheets **.89** SAVE .50
DOVE, WHITE OR ALMOND
Bathroom Tissue pkg of 4 rolls **.99** ACTION PRICE
TOILET BOWL CLEANER
The Toilet Duck 500 mL size **1.99** SAVE .16

save up to .50
PREPARED
French's Mustard 500 mL jar **.99** SAVE .46
MEADOWGOLD, PIECES & STEMS
Mushrooms 10 fl oz tin **.79** SAVE .30
DELUXE CHOCOLATE CHIP WITH PECANS
A&P Cookies 450 g pkg **2.19** SAVE .20

save 1.10
PROCESS CHEESE FOOD, REGULAR, MOZZARELLA OR NEW 'LIFESTYLE'
Schneider's Cheese Slices 500 g pkg **2.99**
WELCH'S, FROZEN, CONCENTRATED
Grape Juice 341 mL tin **1.19** SAVE .50
(Lasagna or Veal Parmigiana 184 g 3.19-Save .20)
FROZEN, MIGNON
Weight Watchers Entrees 319 g pkg **2.59** SAVE .20
HERITAGE FARMS
Diet Fudgesticles pkg of 12 **2.29** SAVE .40
CGLBY FARMER, MILD, MEDIUM OR OLD COLOURED CHEDDAR, MOZZARELLA
Schneider's Cheese 227 g stick **1.99**

save .50
(Spinach Lasagna 500 g pkg 1.59-Save .20)
Assorted Primo Pastas 900 g pkg **.99**
MOTHER PARKERS, PREMIUM
Tea Bags pkg of 50 **1.99** SAVE 1.00
PURE CORN
St. Lawrence Oil 3 litre cont **5.99** SAVE 2.40
ALL VEGETABLE
Crisco Oil 1 litre bit **2.49** SAVE 1.30
READ-TO-SERVE, ASST VAR INCL CHOCOLATE CHIP
Duncan Hines Cookies 350 g pkg **1.69** SAVE .70

save .90
(Single Jumbo Roll .99-Save .40)
PLAIN OR PRINTED, WHITE, ALMOND OR YELLOW
Royale Paper Towels pkg of 2 rolls **.99**
Stayfree Maxi-Pads box of 30 **3.99** SAVE 1.00
PKG OF 3
Aqua Toothpaste 100 mL tubes **2.99** ACTION PRICED
REGULAR INFANT FORMULA (100ml case of 12 34.99-Save 2.00) **30.99** SAVE 2.00
945 mL tins case of 12
CONCENTRATED INFANT
Enfalac Formula 425 mL tins case of 24 **39.99** SAVE 2.00

save .40
TOMATO
A&P Ketchup 1 litre bit **1.99**
CHARCOAL
Kingsford Briquets 10 lb bag **3.99** SAVE .50
BIC
Lady Shavers ACTION PRICED **.79** pkg of 5
PERSONAL SIZE 4'S OR BATH SIZE 3'S
Zest Soap 390 g pkg **2.69** SAVE UP TO .20
Purina Cat Chow 4 kg bag **7.99** SAVE 2.00

save up to .50
FROZEN, CONCENTRATED, ORANGE, APPLE OR RASPBERRY
McCain Juices 12 1/2 fl oz tin **.99**

save 1.00
KELLOGG'S (Fibra Crunch Cereal 350 g 2.09-Save .20)
Raisin Bran Cereal 525 g pkg **1.99**

real value
KLEENEX DISPOSABLE, NEWBORN 66'S, DAYTIME 48'S, TODDLER 33'S
Huggies Diapers convenience pack **9.99**

save 7.63
(Single 8 oz tin, 3/1.00-Buy 3-Save .89)
ASSORTED VARIETIES
Miss Mew Cat Food case of 24 6 oz tins **7.49** 1/2 PRICE CASE SALE

ORANGE PEKOE
Salada Tea Bags
PKG OF 72
1.99

BEATRICE, ASSORTED FLAVOURS, SUPER GOOD
Ice Cream
2 LITRE CONT
2.99

STRAINED MEATLESS VARIETIES OR FOODS & JUICES
Heinz Baby Foods
4 1/2 FL OZ JAR
3/1.00

A&P
WITH THIS COUPON **SAVE .75**
POWDERED LAUNDRY, SCENTED OR UNSCENTED
Tide Detergent
2.99 6 litre box
LIMIT ONE PER COUPON. VALID UNTIL JULY 5th, 1986
(Without coupon 3.74)