



The cat's meow

Garfield and the Cookie Monster were at the Acton District High School Open House April 30 to entertain small children. There were demonstrations and entertainment created and performed by students to satisfy every interest. (Herald photo)

Shake a leg for participation



In 1983, the city of Saskatoon organized the first Canadian Participation Challenge. Fifty communities and 650,000 people took part. Two years later, 2.6 million people and 196 communities registered. This year, the Town of Halton Hills has challenged the Town of Caledon in the Crown Life Participation Challenge.

On Wed. May 28, all day, the citizens of Halton Hills are invited to engage in any physical activity for 15 minutes which makes your heart beat faster. Then call Neilson's Hotline at 873-1878 to register your activity.

The first Ontario Senior Games will be held in Kitchener Aug. 25 to 27. The University of Waterloo has been chosen as the centre, with the games played at various locations throughout the city. The games chosen include carpet bowling, cribbage, darts, euchre, 5-pin bowling, golf, shuffleboard and snooker.

Don't forget mom Sunday

By MONIQUE TOBIN
Herald Special

The fourth-largest card-sending holiday is almost here. May 11, or Sunday, is Mother's Day, and about 13 million Mother's Day cards will be given.

Flowers, and poems which contain long, loving, rhymed verses are 'in' this year, although flowers have always been the most popular sentiment.

The official Mother's Day flower is the carnation. This was suggested by Anna Jarvis, founder of the day, who in 1914 proclaimed the second Sunday in May to be Mother's Day.

Anna Jarvis was born in Webster, Virginia in 1864, daughter of a well-to-do mother. She had one blind sister, who she helped care for, and acted as guardian to, when her mother died.

Anna was deeply devoted to her mother, even at 41, when her mother died. So, during her period of mourning Anna got the idea for Mother's Day, and on the second anniversary of her mother's death (the second Sunday in May, 1908), Anna announced that she wanted to establish a Mother's Day.

She felt that the hectic pace of modern life caused children to neglect their mothers.

The following year began the tradition of a Mother's Day church service, and a city-wide Mother's Day observance. Anna Jarvis died penniless in 1948, having devoted the last part of her life to promoting Mother's Day.

Since then, the custom of wearing a white carnation in memory of a dead mother, and a red carnation in honour of a living mother on Mother's Day has evolved.

Citizen's forum Educational days

Dear Sir,
Yes, on May 1, from 9 a.m. until 3:30 p.m. a read-a-thon took place at Robert Little Public School. I was there as one of these volunteers, and from what I observed, it was an educational and enthusiastic day for all concerned! If nothing else, maybe some children who are not "readers", were caught up in it and at least discovered the fun of being read to, or reading to a younger person. Books are to be explored and enjoyed and there was an effort made by everyone.

Now, I presume there are families who are able to pay for each trip their child goes on. But perhaps

there are some not able to pay - are these children to be denied the trip? School trips are necessary to enhance the child's learning and take him/her beyond Acton and their small world. It doesn't have to be some extended trip but just to Chudleigh's or Mountsberg. These trips bring book stories to life and make learning fun and more understandable.

Do you have other ways money can be raised? Then tell us and be sure to be prepared to join in and help!

Rosemary Orme,
Kingham Rd., Acton

Doctor goes public

Dear Sir,
It saddens me to think that some people feel in conflict with their doctors because of the proposed ban on extra-billing.

It saddens me that some dismiss the issue without thought of the repercussions - saying that, "Doctors make too much money anyway".

It saddens me that most do not care at all about the prospect of government and politician controlled health care.

Extra-billing is not an issue. Only 4 per cent of family doctors are opted-out of OHIP, only some extra bill, none in this area. Accessibility to health care is not an issue. Specialists who do not extra bill can be found with the help of your family doctor.

Doctors are opposed to this bill because it will mean a lower quality of medical care for you and your children and your children's children as time goes by. Why? Because if this bill is passed, as presently proposed, health care will become totally government controlled.

There is government-controlled medicine in Quebec. Such control presently means that the physicians in the large cities have had their fee for services reduced by 30 per cent. The purpose is to reduce the number of doctors in the cities. The result is chaos in the emergency rooms due to understaffing. Who suffers? The sick! Government-controlled health care in Quebec has meant ceilings on doctors' incomes. The result, because of patient demand for services, is that ceilings are reached before the end of the year and doctors stop practising. Who suffers? The sick!

The option to extra-bill is the physician's last bargaining tool with government. Removal leaves only strike, which is unacceptable to myself and most other physicians.

Just as many of you have found it necessary to form unions and belong to unions, so will the next generation of doctors, if stripped of their options. Forty-hour work weeks, paid

holidays, retirement programs, etc. will be the right of doctors, just as it is for any public servant. However, good medicine does not work well when an office closes at five o'clock with eight patients sitting in the waiting room. Who suffers? The sick!

This is the first time I have made a public statement. If the people want government-controlled medicine or receive it because of apathy - so be it. Most doctors and most patients are happy with the health care system as it is. Let us leave it alone!

The government plans to take control of the pharmacists next after that who knows - maybe you!
Donald Kemp, M.D.,
Reitrew, Ontario

Sign up now

The Halton Hills Recreation and Parks Department is accepting registration for all their children's summer activity programs. Most programs are \$30 per week, full days with reduced rates for additional children registered from the same family and summer long special rates. Day passes can also be purchased at \$7 a day. Mail in your registration using the form in our spring and summer brochure or drop in to either Recreation Office - Mill Street East, Acton or 25 James Street, Georgetown.

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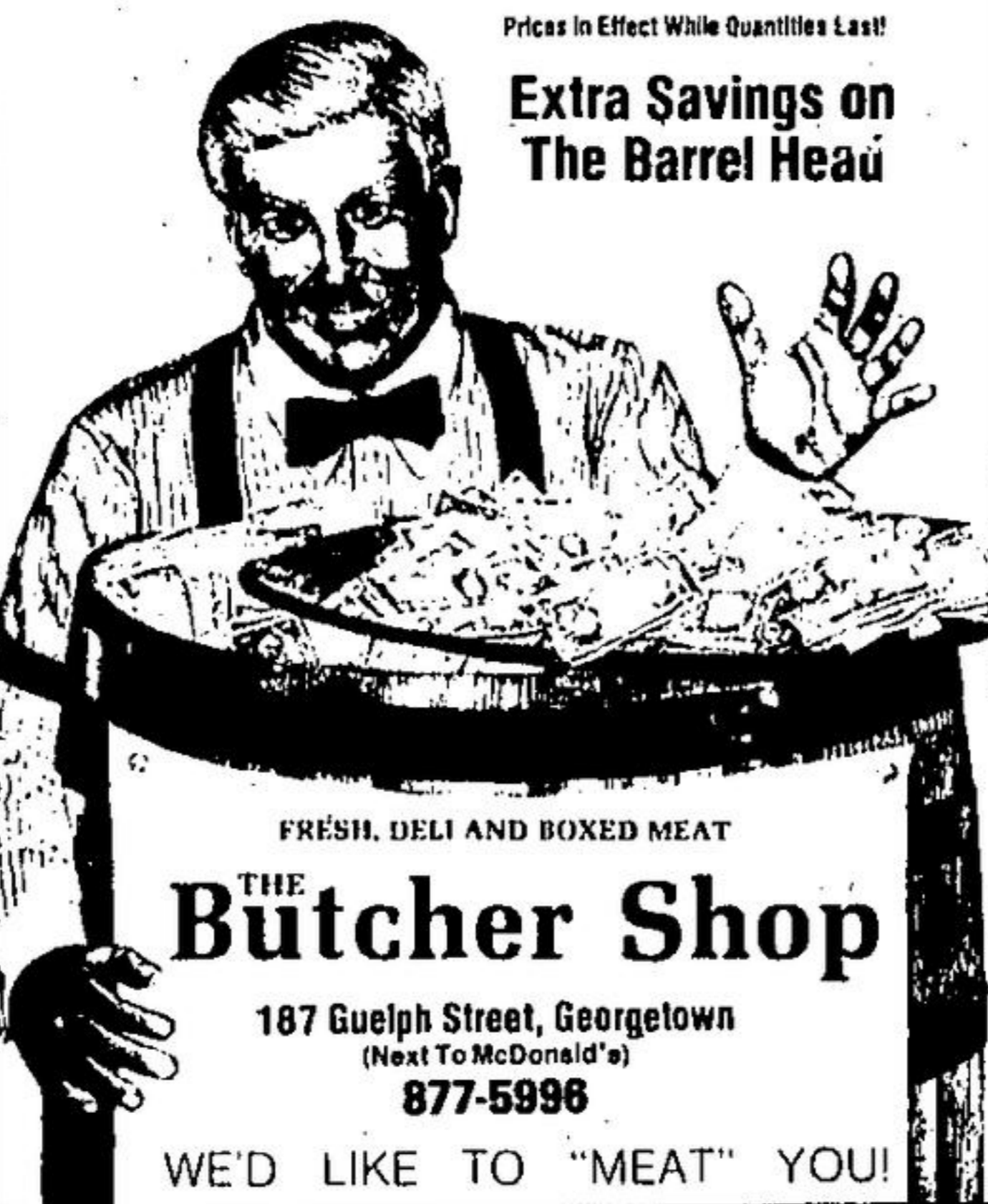
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WE'D LIKE TO "MEAT" YOU!

Cindy talks openly on Crohn's disease



By PAT WOODS



the Canadian Foundation for Ileitis and Colitis.

Cindy is our guest on tonight's showing of Against the Odds on Cable 4 at 7 p.m. She openly and frankly talks about this often avoided subject while stressing the importance of seeking proper medical help. The show will be aired again on Thurs. May 22 at 7 p.m.

Today is the day the doctors have indicated that they will walk out on strike in opposition to the government stand against extra billing.

Have you taken a stand with regard to this issue? Many self-help organizations of the disabled have come firmly down on the side of the government. Persons United for Self-Help in Ontario have argued that approximately 35 million dollars of the extra billing charges paid to 12 per cent of the doctors could be used more appropriately to extend the assistive services program for all disabled adults.

The disabled are one of the highest user groups of the medical profession, yet they also have the highest unemployment rate in this country. Pleading poverty is degrading and humiliating for many people.

The free enterprise delivery system of medical services in the USA is far from equitable and not to be envied or copied. Ontario should keep in step with the majority of the other provinces in Canada and provide access to medical services for all.

What causes IBD is still a question. Diet, stress, heredity, immunologic factors, and external factors such as virus or bacteria are all being researched as possibilities.

Cindy has had 10 surgical operations, numerous rehydrations, and taken many drugs in her fight to control the debilitating disease. She nevertheless, offers hope to others by providing information, support, and understanding as a member of

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