

Prices effective thru Saturday, March 29th, 1986.  
We reserve the right to limit quantities to normal family requirements.  
Savings shown in this ad based on A&P current regular retail.

YOU'LL DO BETTER  
AT OUR GREAT...

# Easter Holiday of Values!

### EASTER FLOWERS & FRUIT BASKETS

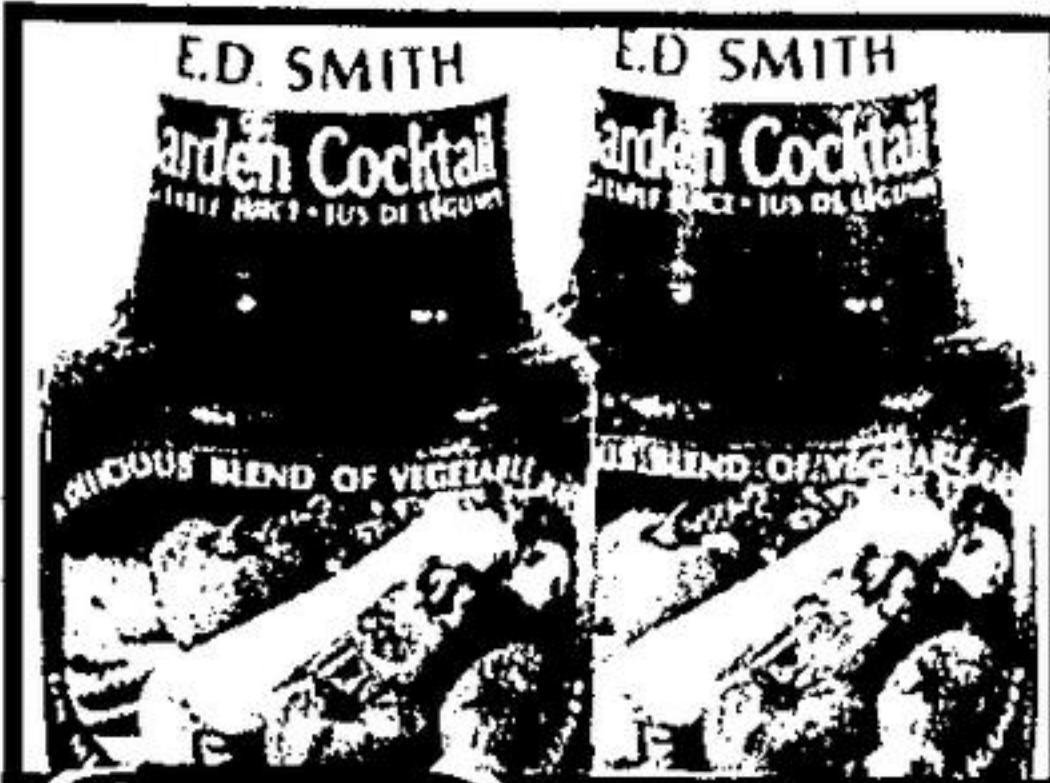
We offer for your selection a variety of attractive fresh Easter flowers and plants, such as potted Easter Lilies, mums, azaleas, hydrangeas, potted rose bushes in bloom, etc. Fruit baskets are also available at your friendly A&P-An ideal gift



We redeem all food store coupons.  
Some illustrations are for design only and do not necessarily represent items on sale.

Corners of Sinclair and Guelph St. (Hwy. 7)

Stores Hours: Mon. - Thurs. 9 a.m. - 9 p.m., Closed Good Friday, Sat. 8 a.m. - 6 p.m.



**SAVE .90**

E.D. SMITH, TOMATO CLAM OR  
**Garden Cocktail**  
28 FL OZ BTL

**1/2 PRICE .79**

(Lea & Perrins Sauce 5 fl oz btl 1.19-SAVE .20)

ENRICHED (made with 100% pure vegetable shortening) REAL VALUE

**Marvel White Bread** 675 g loaf **.69**

JANE PARKER, A GOOD SOURCE OF NATURAL FIBRE SAVE .40  
**Bran Bread** 675 g loaf **.79**

JANE PARKER (PKG OF 6 1.39) SAVE .20  
**Hot Cross Buns** pkg of 12 **1.99**

JANE PARKER, WHEAT OR SAVE .30  
**Scone Rolls** pkg of 8 **.99**

ASSORTED VARIETIES SAVE .70  
**Colonial Cookies** 1/2 tin 400 g **1.69**

**SAVE 1.00**

(CHERRY PIE 824 g SIZE 2.39-SAVE .40)

**Jane Parker Raisin Pie** 624 g size **.99**

MINERAL (SINGLE 685 mL BTL .89-SAVE .30) SAVE 5.29

**Perrier Water** 685 mL btl case of 12 **8.99**

TOMATO SAVE .70  
**Heinz Ketchup** 1 litre **2.49**

BETTY CROCKER, ASSORTED VARIETIES SAVE .74  
**Super-Moist Cake Mixes** 510 g pkg **1.19**

PURE VEGETABLE SAVE 3.00  
**Unico Oil** 3 litre cont **4.99**

**SAVE .20**

IN OWN JUICE, CRUSHED, TIDBITS OR  
**A&P Sliced Pineapple** 19 fl oz tin **.79**

ASSORTED VARIETIES INCLUDING WHOLE KERNEL MABLETS CORN 12 FL OZ SAVE .40

**Green Giant Vegetables** 14 fl oz tin **.69**

WITH GARLIC OR NO GARLIC, QUARTERS SAVE .50  
**Bick's Dill Pickles** 750 mL jar **1.99**

ASSORTED FLAVOURS BUY 3-SAVE .85  
**Jell-O Powders** 85 g pkg **3/1.00**

ALUMINUM FOIL SAVE .54  
**Alcan Wrap** 25 ft roll **.99**

**SAVE .30**

A SUPERB BLEND, RICH IN BRAZILIAN COFFEES  
**8 O'Clock Bean Coffee** 3 lb bag **14.79** **4.99** 1 lb bag

**SAVE 1.98/kg** *The Butcher Shop* **SAVE .90 lb**

SMOKED, READY-TO-SERVE, SKINLESS, SHORT SHANK

**Whole Leg Hams**

Butt Half 3.51/kg 1.59 lb **3.28** /kg lb **1.49** Shank Quarter 3.95/kg 1.79 lb

**SAVE 1.32/kg-.60 lb**

A&P CANADA GRADE 'A', FROZEN, EVISCERATED  
**Self-Basting Turkeys** 284/129 /kg lb

**SAVE 4.41/kg-2.00 lb**

6 BONE CUT, CHEF STYLE, OVEN READY  
**Prime Rib Roast** 659/299 /kg lb

SCHNEIDER'S, HALVES  
**Olde-Fashioned Ham** 770/349 /kg lb

BLADE, CHUCK SHORT RIB OR SHOULDER  
**Boneless Beef Roasts** 439/199 /kg lb

SCHNEIDER'S, REGULAR, THICK, MAPLE OR MELLOW  
**Side Bacon** vac pac 500 g **2.49**

CANADA GRADE 'A', FROZEN, EVISCERATED, MAPLE LEAF MIRACLE BASTE OR SWIFT DEEP-BASTED  
**Butterball Turkeys** 306/139 /kg lb

SCHNEIDER'S, 12 POPULAR VARIETIES, SLICED  
**Cooked Meats** vac pac 175 g **1.29**

CANADA GRADE 'A', FROZEN, EVISCERATED, SWIFT DEEP-BASTED TURKEYS  
**Stuffed Butterballs** 328/149 /kg lb

SCHNEIDER'S, REGULAR OR ALL BEEF  
**Sliced Bologna** vac pac 375 g **1.99**

PREVIOUSLY FROZEN (TURKEY BREASTS 5.49/kg-2.49 lb)  
**Turkey Legs** 328/149 /kg lb

SCHNEIDER'S, 9 VARIETIES (3 VARIETIES OF SLIM STICKS 250 g 1.99)  
**Mini Deli Chubs** 250 g size **1.99**

CHERRY RIVER, BONELESS, READY-TO-SERVE, PICNIC STYLE  
**Pork Shoulders** 439/199 /kg lb

SCHNEIDER'S, REGULAR, ALL BEEF OR MAPLE SAUSAGE  
**Mini Sizzlers** 500 g **2.49**

SCHNEIDER'S, PURE PORK  
**Sausage Meat** 500 g roll **1.49**

SCHNEIDER'S  
**Frozen Steakettes** celo pkg 454 g **2.39**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF BONELESS  
**Cross Rib Roast** 549/249 /kg lb

SCHNEIDER'S, FROZEN  
**Beef Burgers** 1 kg pkg **4.99**

EXCELLENT FOR BRAISING  
**Blade Steaks** 395/179 /kg lb

FROZEN NEW ZEALAND SPRING (SEMI-BONELESS 5.49/kg-2.49 lb)  
**Lamb Legs Short Cut** 395/179 /kg lb

FRESH, MEDIUM  
**Ground Beef** 373/169 /kg lb

FROZEN NEW ZEALAND SPRING  
**Butterflied Lamb Legs** 770/349 /kg lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF BONELESS  
**Top Sirloin Steak** 770/349 /kg lb

FROZEN NEW ZEALAND SPRING (LAMB CHOPS 5.99/kg-2.99 lb)  
**Shoulder Lamb Chops** 439/199 /kg lb

COMBINATION PACK-CONTAINS: 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS  
**Loin Pork Chops** 439/199 /kg lb

FROZEN NEW ZEALAND SPRING, BONELESS  
**Lamb Shoulders** 439/199 /kg lb

FRESH  
**Ground Pork** 351/159 /kg lb

**STOCK-UP**

ASSORTED VARIETIES (Unit cost 5.9¢ per 100 mL)  
**Chateau Dry Beverages** 280 mL 1/2 case of 24 **3.99**

ASSORTED VARIETIES (Unit cost 6.5¢ per 100 mL) (Plus .30 btl deposit)  
**A&P Beverages** 750 mL btl **.49**

**SAVE .80**

ASSORTED VARIETIES  
**Hostess Potato Chips** 200 g pkg **.99**

**THE FARM** For Freshness & Strength

CANADA NO. 1, PRODUCT OF ONTARIO  
**Seedless Cucumbers** bunch **.99**

PRODUCT OF U.S.A., DELICIOUS IN SALADS  
**Cherry Tomatoes** pint **.99**

CANADA NO. 1, PRODUCT OF CHILE, THE NATURAL SNACK  
**Black Grapes** 218/199 /kg lb **.99**

PRODUCT OF U.S.A., FLORIDA IS CITRUS  
**Red Grapefruit** 4/1.99

CANADA NO. 1, PRODUCT OF U.S.A., TENDER, GREEN SPEARS  
**Fresh Asparagus** 439/199 /kg lb

CANADA NO. 1, PRODUCT OF ONTARIO, LARGE SIZE  
**Fresh Celery Stalks** bunch **.99**

PRODUCT OF U.S.A., DELICIOUS WITH HAM  
**Fresh Yams** .86/kg lb **.39**

PRODUCT OF U.S.A., DELICIOUS IN SALADS  
**Fresh Radishes** 1 lb pkg **.99**

PRODUCT OF U.S.A., DELICIOUS IN SALADS  
**Fresh Green Onions** 3 bunches for **1.00**

PRODUCT OF MEXICO, SWEET, RIPE  
**Jumbo Pineapple** each **1.99**



**SAVE .95**

MITCHELL'S  
**Pure Apple Juice** 48 FL OZ TIN

**1/2 PRICE .94**

(Fruit Corners Fruit Bars 135 g pkg 1.99-SAVE .60)

PARTLY SKIMMED REAL VALUE

**Fresh 2% Milk** 4 litre bag **2.69**

SWISS SPUN, ASSORTED FLAVOURS, REFRIGERATED  
**Delisle Yogourt** 500 g tub **1.39**

SEALTEST, REFRIGERATED  
**Sour Cream** 500 mL carton **1.49**

BLACK DIAMOND, PROCESS CHEESE FOOD, THINS SAVE .70  
**Cheese Slices** 500 g pkg **3.29**

PROCESS CREAM CHEESE, REGULAR OR LITE SAVE .38  
**Kraft Philadelphia** 250 g pkg **1.79**

**SAVE .50**

SALAD DRESSING, REGULAR OR LIGHT  
**Kraft Miracle Whip** 1 litre jar **2.49**

SEALTEST, ASSORTED FLAVOURS SAVE 1.30

**Parlour Ice Cream** 2 litre carton **2.99**

WHITE MAID, FROZEN, CONCENTRATED, REGULAR, MORE PIP, LOW ACID SAVE .60

**Orange Juice** 355 mL tin **.99**

CAVENISH, FROZEN, CALIFORNIA, COUNTRY STYLE OR WINTER MIX SAVE .30  
**Gourmet Vegetables** 300 g pkg **1.29**

ALL PURPOSE, INSTANT BLEND, VELVET CAKE & PASTRY, WHOLE WHEAT  
**Robin Hood Flour** 2.5 kg bag **2.99**

**SAVE 3.20**

PURE VEGETABLE  
**Bravo Oil** 1st cont 3 litre **2.99**

ASSORTED VARIETIES SAVE .76

**Lancia Pastas** 900 g pkg **.89**

ORANGE PEKOE SAVE .80  
**Tetley Tea Bags** pkg of 72 **2.19**

A&P, CONE STYLE #4 OR #6, BASKET STYLE 100'S ACTION PRICES  
**Coffee Filters** pkg of 40 **.99**

REGULAR, GEL OR WINTERFRESH SAVE .30  
**Colgate Toothpaste** 100 mL pump **1.89**

**SAVE 1.50**

INSTANT-REG, DECAFFEINATED, CONTINENTAL BLEND  
**Taster's Choice Coffee** 7 oz jar **5.99**