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Home Newspaper of Halton Hills - Established 1885

# FAMILY

## SECTION

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### Art Fettig a master teaching self-esteem

By BRIAN MacLEOD  
Herald Special

When Art Fettig speaks at Georgetown District High School Feb. 27 for Drug Awareness Week, he will bring with him a touch of humor mixed with hard reality.

Art Fettig's energy for the last 25 years has been geared towards making people feel good; that's what makes him feel good.

Mr. Fettig is a teacher in the art of gaining self-esteem. Author and publisher of books and tapes on Positive Self Image and Success, Mr. Fettig aims his teachings now at the younger audience.



"We had a huge motivation rally (about 6 years ago). That day it dawned on me that most of our work is healing people. Now we are trying to get to those young enough to avoid the problem," Mr. Fettig said.

The problem, according to Mr. Fettig is lack of self esteem. He feels that is the reason children get into drugs, crime, and pre-marital sex. "Kids feel bad about themselves so they are vulnerable to (drug) pushers," he said.

Mr. Fettig thinks that Canadian families "seem to be bound together better (than American families) but have been influenced by American television."

Mr. Fettig's past experience gives him every right to speak on the topic. As a teenager he was a member of a jazz band that saw one member die of a heroin overdose and another spend five years in prison. His own brother, a Viet Nam veteran, died of alcoholism and he said, "I will be celebrating my 25th anniversary of sobriety on February 13." Mr. Fettig was also an alcoholic.

While Mr. Fettig now concentrates most of his efforts on the young, he still keeps in touch with the healing process. He uses a variety of tools to help him communicate his message. Books, tapes and poetry help him get through to his audience. But his most important tool is his ability to gain the trust of people at his lectures. Mr. Fettig claims to have had "amazing success" with anorexics and bulimics. "I seem to be able to build trust. A lot of parents and teachers don't do that," he said.

### Recycling guinea pigs

A new way to encourage recycling in Halton's residential community is being tested in February with homes in Oakville, Burlington, Halton Hills and Milton.

There will be 400 bags, stuffed with recycling give-aways, delivered to 100 homes in each municipality. Sally Leppard, Halton's recycling co-ordinator said, "We are looking for ways to encourage householders to recycle their tins, bottles and newspapers. If this innovative new kit increases recycling, other neighborhoods will be included."

The kit includes a button, bumper sticker, coloring book and set of "rules", along with a personal letter from Regional Chairman Peter Pomeroy. In the letter, Mr. Pomeroy explains that "recycling really saves our resources - one ton of newspaper saves 17 trees..." By separating bottles, cans and newspaper from regular garbage, he says "it is easy for you to play your part in resource conservation."

"We hope that residents will join in the program," said Ms. Leppard.

### A PEEK AT BRIDAL WEAR FOR 1986



All dressed up and nowhere to go. Elizabeth's Fashions hosted a bridal show Sunday at the Holy Cross Church Auditorium. These models finished their routine on the stage and had no wedding or reception to follow. Seen here are: (from left) shop owner Elizabeth McNeilly and models Joanne Clarke, Kevin McNeilly, Monique Lanteigne and Carol Lanteigne.



Janet Shepherd makes the perfect bride as she models one of the designs you might see this year at weddings. She was one of the models taking part in the Elizabeth's Fashions bridal show Sunday. (Herald photo)

### Sellers' market . . .

## Shortage of homes driving up prices

By SANDY CAMPBELL  
Herald Staff

There are homes to buy in Halton Hills and some are being bought, almost as quickly as they go on the market.

The price of Halton Hills homes has gone up drastically in the past year, and local realtors believe those prices will stabilize this year.

Alec Johnson is part owner and president of G. Alec Johnson Ltd., a real estate company in Acton. An Acton townhouse worth \$40,000 in September is now worth \$65,000, he said. Homes worth between \$75,000 and \$80,000 in September are now worth \$100,000, he said.



Finn Poulstrup

Finn Poulstrup manages Arthur F. Johnson and Associates, and he is not surprised or baffled by recent increases. He attributes the rise to catching up. There were no substantial increases for three years and now prices are catching up, Mr. Poulstrup said.

Alec Johnson believes housing shortages are the main reason for increases. "The average Acton home has gone up \$20,000 due to shortages," he said.

Ann McIntyre is the manager of Georgetown's branch of A.E. LePage. She said that if there were more properties on the market, prices would stay stable, but a shortage in homes for sale and a large demand will mean higher prices this year. That is the situation in Halton Hills, but that is a simple explanation of a complex problem, and there are other factors involved, she explained.

Rising interest rates are one of these factors. Finn Poulstrup contends interest rates will be just as low as they were in January by June. Higher interest rates have a way of keeping the price of homes from increasing, Ann McIntyre said. People don't buy homes as much, and consequently the demand drops, stopping the rise in prices.

Alec Johnson said that even if interest rates do come down, the low wage earner won't be any better off because he can't afford a home anyway. There is a shortage of affordable homes, and recent increases have not helped the low wage earner. "Down payments are small, and even if interest rates are 11 to 12 per cent they can't afford the mortgage," Mr. Johnson said of low wage earners.

Conversely, Mr. Poulstrup has noticed many large down payments lately, and Arthur F. Johnson and Associates has been selling a lot of homes - so many homes that the staff was increased from 15 to 27 in the last year to get a larger share of the market.

There are no shortages of homes from his perspective. "If we weren't getting products for sale I would say we had a problem. It's a great market," he said.

Alec Johnson is not as satisfied with the market and would like to see more development in Halton Hills. He believes housing projects would attract industry and cites Rex Heslop's Delrex subdivision as an example.

### . . . in real estate

Mr. Heslop built the homes when industry was on the verge of settling in Georgetown. Georgetown was attractive because it had somewhere for employees to live. The mayor of Milton planned growth the same way, he said. "I think we have lost industry due to a shortage of housing," Mr. Johnson said.

He singled out local government as the root of the problem, because they do not approve enough subdivisions to meet the needs of the people, he said. He suggested federal and provincial governments should intervene and increase employment through more housing projects while satisfying the needs of those seeking a home.

### Keep babies snug in approved seat

#### Jaycettes promote "Buckle Up Baby"

By SHARON SULLIVAN  
Herald Special

The Town of Halton Hills, at the request of the Georgetown Jaycettes has proclaimed Feb. 23 - March 1 as "Buckle Up Baby Week". This week is being promoted by Jaycette units in many communities across Canada and is a national project of the Canada Jaycettes.

"Buckle Up Baby" is an infant car seat rental project started as a community service with the objectives of promoting and educating parents to use infant restraints at an affordable cost.

This is a non-profit project as the seats are rented out at about one third of the cost of purchasing an infant carrier. When funds accumulate, more seats are purchased to meet the demand. The rental agreement is usually for an eight month period at which time most infants have outgrown (20 lbs) the restraint and are ready to go into a child seat purchased by the parent.

The seat is anchored to the car by the automobile's seat belt, (usually the lap belt) while the infant is securely held in the seat by the attached harness. Infants should use this seat until they reach 20 lbs. and can sit up unaided, which usually occurs between 8 and 9 months of age. The infant seat is portable, so parents can bundle the infant up in the house, put him into the infant seat, and carry both seat and youngster out to the car.

Infants should always ride in the back seat of the car, but the infant car seat can be placed in the front if the only other person in the car is the driver, so then the driver can keep an eye on baby, without having to take his eyes off the road.

This project was started in 1978 by



Next week is buckle up baby week, made official by the mayor's proclamation. Here, Jaycette Sharon Sullivan demonstrates how to snugly your infant into one of the seats the service club loans out for a nominal fee. (Herald photo)

The Georgetown Jaycettes with approximately 15 seats loaned to us by the Ontario Safety League. We now have a total of 90 seats of our own. For rental information please contact Sharon Sullivan, 877-8602. The cost is \$20 plus \$10 deposit for 6 months.

### Kidney month

Now that you know February is heart month, did you know March is kidney month? The Georgetown and District Chapter of the Kidney Foundation of Canada proclaimed March kidney month with the help of town council Monday night. The two year old chapter hopes to receive similar town support as last March.

### A shabby coat

The regional coat of arms is in shabby quarters these days. The certificate from the Lord Lyon of Scotland, registering Halton's coat of arms has slipped in its frame and needs to be remounted. The region's Chief Administrative Officer recently identified the need to repair the framing.

### March break

The YMCA Adventure Club has a great program for the March Break. Phone 853-1070 or 877-6163 for more information.

### Sexually speaking

Two nurses will be "Speaking Sexually", Feb. 27 at the Open Door between noon and 2 p.m. The Open Door is at St. George's Anglican Church on Guelph Street, next to the Georgetown District High School. Everyone is welcome to hear Valerie Cunningham and Phyllis Benjamin discuss this topic.

### Library reps selected

The '86 Library Board was approved by The Town of Halton Hills last week.

Norm Elliott is the representative for town council while Dianne Anderson is the Halton Separate School Board representative. The two appointees from the Halton Board of Education are Azolyn Fisher and Debra Scott.

Other members include: Ralph Ursel, Roger Hagggett, Jim Kinnear, Thais D. Froom and Rose Marie Baskin.

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