

We redeem all food store coupons.
Some illustrations are for design only and do not necessarily represent items on sale.



Prices effective thru Saturday, February 8th, 1986.
We reserves the right to limit quantities to normal family requirements.
Savings shown in this ad based on A&P current regular retails.

DOLLAR DAYS

We're making your dollar go further.
Another reason you'll do better at A&P!



BUY 4-SAVE 2.00

JANE PARKER
Wheat 'N Raisin or Raisin Bread
48 FL OZ TIN

4 for \$3.00
(Made with 100% pure vegetable shortening)

JANE PARKER SAVE .99
Gold Pound Cake 500 g size **1.00**

JANE PARKER (MADE WITH 100% PURE VEGETABLE SHORTENING)
Pecan Pie 565 g size **2.00**

JANE PARKER, PLAIN OR SEEDED BUY 4-SAVE .95
Rye Bread 450 g loaf **4/3.00**

ASSORTED VARIETIES BUY 2-SAVE 1.76
Colonial Cookies tin 400 g **2/3.00**

ACTION PRICES SAVE 2.89
ORANGE PEKOE
Tetley Tea Bags **\$4.00** pkg of 44

ALLEN'S, PURE SAVE .89
Apple Juice 48 fl oz tin **1.00**

DISPOSABLE, DAYTIME 48'S, TODDLERS 33'S, NEWBORN 66'S
Huggies Diapers convenience pack **9.99**

STANDARD, QUICK COOKING OR 1 MINUTE 900 g SAVE .48
Quaker Oats 1 kg pkg **1.00**

CHUNK LIGHT, IN WATER OR BROTH SAVE .29
Saico Tuna 8.5 oz tin **1.00**

ACTION PRICES BUY 2 SAVE .78
REGULAR OR DIET, PURE SPRING GINGER ALE, HIBES ROOT BEER OR
Orange Crush **2 for \$1.00**
Plus .30 deposit—Unit cost 6.7¢ per 100 mL

ASSORTED VARIETIES SAVE .65
Habitant Soups 28 fl oz tin **1.00**

HUNT'S, "THICK & RICH" BUY 3-SAVE 1.57
Spaghetti Sauce 14 fl oz tin **3/2.00**

ALLEN'S, PURE SAVE .89
Apple Juice 48 fl oz tin **1.00**

HEINZ, STRAINED, MEATLESS VARIETIES OF FOODS & JUICES
Baby Foods 4 1/2 fl oz jar **3/1.00**

ACTION PRICES
PURE VEGETABLE
Pasquale Oil **\$3.00** 3 litre cont

SAVE 1.98/kg *The Butcher Shop* **SAVE .90 lb**
CUT FROM CANADA'S FINEST GRADE 'A' BEEF
OUTSIDE CUT, EYE REMOVED
Boneless Round Roast
6.15 / 2.79 /kg / lb

SAVE 1.77/kg-.80 lb **SAVE 1.10/kg-.50 lb**
SIRLOIN TIP OR INSIDE CUT ROUND **Boneless Beef Roasts** **6.59 / 2.99** /kg / lb
WHOLE OR HALF **Pork Loins** **4.39 / 1.99** /kg / lb

TOWN CLUB, SWEET PICKLED, VAC PAC **Cottage Rolls** **4.41 / 2.00** /kg / lb
UTILITY GRADE, EVICERATED (2 TO 4 LB AVERAGE) **Frozen Chickens** **2.20 / 1.00** /kg / lb

FRESH **Chicken Legs** **3.06 / 1.39** /kg / lb
COMBINATION PACK CONTAINS: 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS
Loin Pork Chops **4.39 / 1.99** /kg / lb

CUT FROM CANADA'S FINEST (INSIDE CUT 7.25kg-3.29 lb) **Round Steak Full Slice** **6.37 / 2.89** /kg / lb
RIB PORTION (BONELESS 6.15/kg-2.79 lb) **Pork Loin Roasts** **4.39 / 1.99** /kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF-TENDERIZED **Cube Steak** **7.70 / 3.49** /kg / lb
TENDERLOIN PORTION 3 TO 3 1/2 LB CUT **Pork Loin Roasts** **5.05 / 2.29** /kg / lb

FROZEN NEW ZEALAND, SHOULDER (LOIN LAMB CHOPS 6.59kg-2.99 lb) **Lamb Chops** **4.39 / 1.99** /kg / lb
ROAST OR CHOPS (BONELESS 7.25kg-3.29 lb) **Pork Loin Centre Cut** **6.37 / 2.89** /kg / lb

FROZEN NEW ZEALAND **Lamb Legs** **5.49 / 2.49** /kg / lb
COUNTRY STYLE SPARE RIBS **Pork Loin Rib Portion** **5.49 / 2.49** /kg / lb

FROZEN NEW ZEALAND, SHORT CUT **Lamb Legs** **3.95 / 1.79** /kg / lb
FULLY SKINLESS, SHORT SHANK, 14 TO 17 LB AVERAGE **Whole Hams** **3.95 / 1.79** /kg / lb

TOWN CLUB **Breakfast Sausage** **2.84 / 1.29** /kg / lb
RED HOT, SKINLESS, ALL BEEF, DUTCH TREET, DINNER FRANKS, OR ALL BEEF DINNER FRANKS **Schneider's Wieners** **1.79** /kg / lb

TOWN CLUB, READY-TO-SERVE, VAC PAC **Dinner Hams** **5.49 / 2.49** /kg / lb
SLICED, SIDE, REGULAR, THICK, HICKORY, MAPLE **Schneider's Bacon** **2.99** /kg / lb

FRESH CHICKEN **Thighs & Drumsticks** **3.28 / 1.49** /kg / lb
SCHNEIDER'S, REGULAR OR ALL BEEF **Sliced Bologna** **1.99** /kg / lb

REGULAR OR THICK SLICED **A&P Side Bacon** **2.49** /kg / lb
SCHNEIDER'S, SLICED, 12 POPULAR VARIETIES **Cooked Meats** **1.19** /kg / lb

CUT UP, TRAY PACK **Stewing Hens** **1.96 / .89** /kg / lb
SCHNEIDER'S, SLICED **Cooked Ham** **1.99** /kg / lb

SEA FRESH, FROZEN **Minced Fish & Chips** **2.00** /kg / lb
SCHNEIDER'S, REGULAR, MAPLE OR ALL BEEF **Mini Sizzlers** **2.39** /kg / lb

THE FARM
PRODUCT OF U.S.A. CANADA NO. 1, PRODUCT OF P.E.I., SELECT
Green Onions **3 for \$1.00**
Baking Potatoes **5 for \$1.00**

PRODUCT OF CHILE **Nectarines & Plums** **2.18 / .99** /kg / lb
PRODUCT OF U.S.A. **Fresh Broccoli** **.99** /bunch

PRODUCT OF ONTARIO **Cole Slaw** **2/1.00** /kg / lb
PRODUCT OF U.S.A., MEDIUM, GREAT FOR SNACKS & LUNCHES **Navel Oranges** **1.74 / .79** /kg / lb

CANADA FANCY, PRODUCT OF ONTARIO, ALL PURPOSE **Ida Red Apples** **1.99** /kg / lb
PRODUCT OF U.S.A., SWEET, SEEDLESS **Large Navel Oranges** **3.99** /kg / lb

ACTION PRICES
Grade 'A' Large Eggs DOZEN **\$1.00**
LIMIT: 6 dozen per family purchase

2-PLY BATHROOM, WHITE, ALMOND OR YELLOW
Royale Tissue pkg of 4 rolls **3/4.00**

KRAFT, PROCESS CHEESE FOOD SAVE .99
Velveeta Slices 500 g pkg **3.00**

IMPERIAL, REGULAR OR DIET SAVE .69
Soft Margarine pkg of 2 8 oz tubs **1.00**

ASSORTED FLAVOURS, REFRIGERATED SAVE .49
Yoplait Yogourt 175 g tubs pkg of 2 **1.00**

ACTION PRICES SAVE 1.19
GOLD SEAL
Pink Salmon **\$1.00** 7 1/2 oz tin

FROZEN, BEEF, CHICKEN OR TURKEY BUY 3-SAVE .97
York Meat Pies 8 oz pkg **3/2.00**

FROZEN, LARGE SIZE SAVE .89
Stouffer's Lasagna 288 g pkg **4.00**

FROZEN, CONCENTRATED, ORANGE, GRAPE, FRUIT PUNCH, LEMON-LIME
Honey Dew Drinks 12 fl oz tin **1.00**

MRS. SMITH'S, FROZEN, APPLE CRUMB OR NEW ORLEANS STYLE OR DARK RED BUY 2-SAVE .78
Apple Pie 600 g pkg **2/5.00**

BUY 2 SAVE UP TO .38
VAN CAMP BEANS WITH PORK, STOKELY NEW ORLEANS STYLE OR DARK RED
Kidney Beans **2 for \$1.00**

SAVE .99
Aim Toothpaste 100 mL tube **1.00**

Beatrice 2% Milk 4 litre bag **2.69**

A & P SUPER PUFFED SAVE .29
Pop Corn 290 g bag **1.00**

ACTION PRICES SAVE .79
REGULAR, LITE, OR BUTTER
Aunt Jemima Syrup **\$2.00** 750 mL bl