



ALL FOR ONE

Friday Acton YMCA members held a special open house and celebration to let people know about their amalgamation with the Central Ontario Lakeshore Y (COLY). Seen here are (left to right) COLY vice-president George Rodger, Acton advisory board chairman Gordon Chapman and former Acton Y president Bert Hinton. (Herald photo)

No tender process

Regional staff, trying to slip the awarding of a nursing contract to a private company without going through the tendering process, were stopped short last week.

The second attempt by Health and Social Services staff to bypass the tendering process was caught by an Oakville councillor who sent the matter back for retendering.

Regional council was on the threshold of approving a contract to ComCare Ltd. to provide six consecutive hours of nursing care to a student under the school support services component of the Home Care program.

Set for a fall

Callers have been complaining about leaves on Acton's Lake Avenue, Coun. Rick Bonnette said Monday night. He wanted to know what the town engineer was going to do about removing these leaves. Bob Austin said he wasn't aware of any problems and would get back to the councillor.

Guns prohibited in Halton-owned forests

Firearms and target practice shooting were prohibited from the Halton Agreement Forests last week by regional councillors.

In a recorded vote, Couns. Mike Armstrong and Jake Kulken voted in favor of the ban while Coun. Dave

Whiting and Mayor Russ Miller opposed it. Coun. John McDonald was absent.

The ban finally came after several land owners complained about hunting in the agreement forests.

Fourth Line resident Martha

Sizgoric told regional council she and her neighbors weren't against deer hunting, but they were concerned about men with guns on their private property.

She said hunters didn't know the regulations and could be seen hunting on Sundays. Sunday hunting is against the law.

A long time Halton resident said there is a problem with predatory animals and the agricultural community. He said that farmers have handled raccoons on their own for years and suggested the Halton Agricultural Advisory Committee be involved in the deer hunt as well.

Pete Pomeroy thanks retiring councillors

The voice of a former mayor reverberated in the town council chambers the week of Halloween.

The voice was that of Peter Pomeroy, the current Halton regional chairman.

Mr. Pomeroy was back to pay tribute to three local councillors Monday night, Couns. Harry Levy, Ross Knechtel and Finn Poustrup.

"I'm very sad to see that we're

going to be losing some very valuable and experienced politicians, and I don't mean by the election process, but because of their decision to retire," Chairman Pomeroy said.

He recalled his past experience of being trained by Coun. Levy and the help of budget chairman Coun. Knechtel and Coun. Poustrup.

Chairman Pomeroy said he was going to miss them.

On November 12

Elect

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BODY MEASURES FOR HOLIDAY PLEASURES

Venezuela the newest haven for winter-weary

If you're an average traveller living in Georgetown, chances are you go to South America or Florida in the winter and Europe or Canada's interior in the summer - when you have the money.

According to Cathy Gable, a travel consultant for Goliger's Travel in Georgetown, those are the most popular playgrounds.

There is the odd person who wants to explore the African interior or the Amazon River, but most people are content with beaches and historical sites, Ms. Gable said.

"Right now a lot of people are booking for their Christmas and March break vacations," she said. October is not a popular time to travel.

Venezuela is the newest haven for those weary of winter. Departures in December and January are sold out already," Ms. Gable said.

The Venezuelan beaches aren't the best, but the value for your money is close to it. For \$12 you can get a meal equal to the best available in Canada. Your average meal will cost between \$6 and \$7.

Two weeks accommodation in a first class hotel, in Caracas or Barcelona Venezuela, plus air fare, costs between \$700 and \$800, Ms. Gable said.

Trips to nearby islands and into the jungle are popular. Hand-crafted baskets, leather goods and gold jewellery make Venezuela a good place to shop.

The Jack Tar Villages in the West Indies, where one is housed, fed (liquor included) for \$1,000 a week, which includes air fare, is a low cost way of avoiding reservations.

There is a Jack Tar Village in the Bahamas, the Dominican Republic, two are in Jamaica and the newest one complete with a casino is in the island of St. Kitts.

These exotic South American places in the sun have not eclipsed travel to Florida, which is still a favorite holiday for Canadians. "Charter flights to Florida are very busy," Ms. Gable said.

In the summer Canadians still seek the sun but in the northern latitudes. Europe and Canada are the places

most discovered by Georgetown residents then.

A European vacation is cheaper in



CATHY GABLE

the spring and fall, but summer remains the preferred time to go. There is no preferred way to travel once there, however, because there is so much to see.

Families with precise schedules and lone nomads can enjoy Europe. Planes, cruises, buses, rented cars, trains, bikes and hitch-hiking are all methods used by the European vacationer.

Regardless of your choices you can still use a travel agency. Even if you are a hitch hiker who sleeps under the stars you can use a travel agency to book your flight to the foreign land.

Canadians travelling within their country often make arrangements for flights and rented cars through Goliger's Travel, Ms. Gable said. That's what it's there for and has been for the past six years.

Two and a half of those six years Cathy Gable has worked there. "I love my job except for the really hectic times. People are always cheerful when they plan their holidays," she said.

Start your vacation with tan, fitness

By BRIAN MacLEOD
Herald Special

The end of the Blue Jays means winter is just around the corner. When the Christmas holiday season springs on us we usually have accumulated an extra pound or two of unwelcome pudge.

The perfect holiday, a week on the beach in the Bahamas or some other equally sun-drenched place may lead to the odd embarrassing experience.

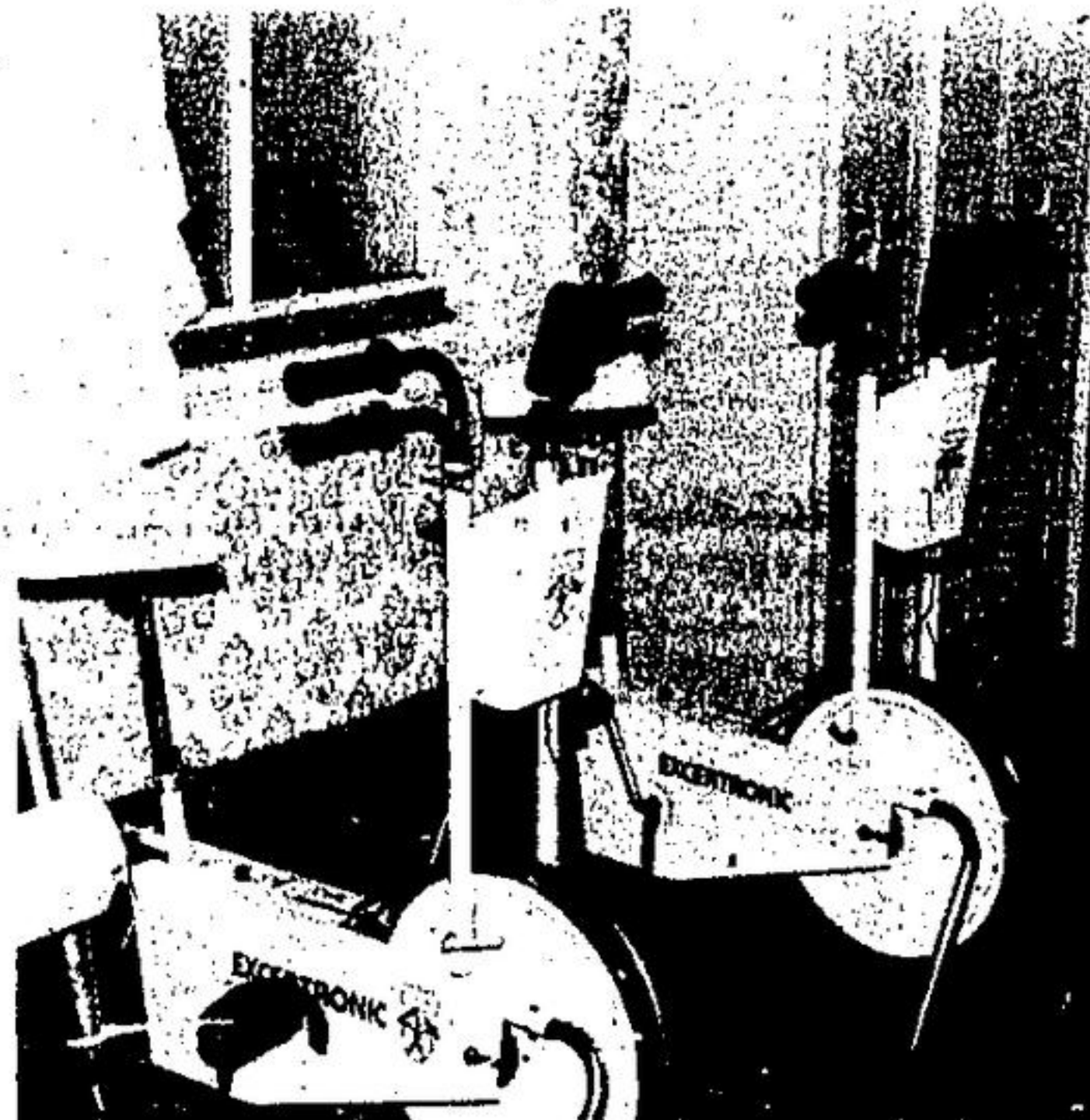
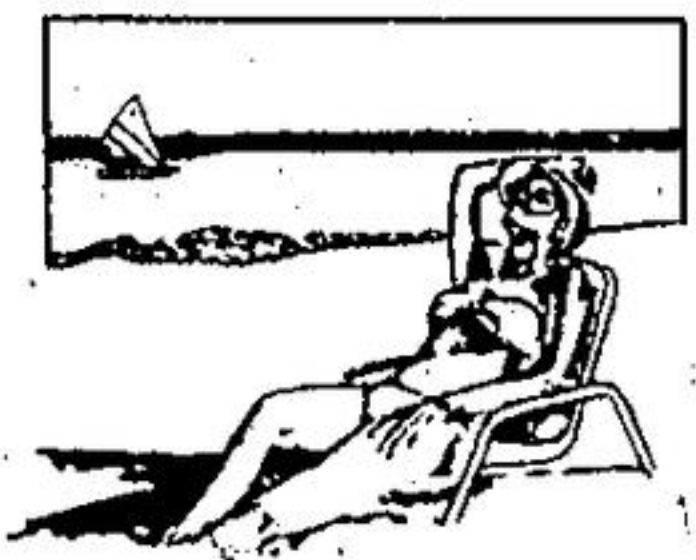
Exclusively Yours Fitness Centre on Wesleyan Street in Georgetown offers a program that helps to burn off a few excess pounds and get to the parts of you that have not seen sunlight for what seems like ages. You'll be ready for an attack from the gamma rays down south.

The Fitness Centre features a sunbed which becomes popular before such excursions. Kry's Woodward is a part owner of the club, which features an interior reminiscent of a pleasant antique home.

Mrs. Woodward said that members usually come in and use the sunbed about six times before their holidays to get the skin used to the sun.

The club has weights, several exercise bikes, a whirlpool, aerobics classes and a swimming pool - all of which helps to burn off a few calories. When the happy wanderers go down south they wear "bikinis and swim-suits and they want to look gorgeous and glamorous," Mrs. Woodward said. She has the task of working each of the members hard enough to get them into shape before the holidays.

The club has ladies' and men's hours. A membership costs \$300 a year for women and \$200 a year for men. There is currently a fifteen per cent discount for new members.



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