

### Family shower

By KAY WILSON  
Herald Correspondent  
NORVAL--A family shower was held Oct. 5 at the home of Ruth Hyatt, formerly of Norval and now living in Brampton.

The shower was in honor of Janet Orr's forthcoming marriage to Bob Somerville, of Toronto. Janet is the daughter of Joseph and Beatrice Orr of Mississauga and Bob is the son of Norman and Ethel (Hyatt) Somerville of Sudbury.

Laurie Mason and Barbie Hyatt conducted a birthday contest and everyone told the recipe they were giving to the bride.

Special guests were the mothers of the bridal party, Beatrice Orr and Ethel Somerville. Also attending were members of the Harrrops', McCures', Leslies', Lyons', MacDonalds', Wilsons', Hyatts', Masons' families and neighbor Dorothy McLaughlin.

Co-hosting the shower along with Ruth were the groom's aunts Doris Mason and Kay Wilson. Assisting in serving lunch with their mother were Debbie Whalen, Sandra Harrison and Barbara Hyatt.

### Exchange promotes world peace

By BRIAN MacLEOD  
Herald Special  
If you are between 15 and 18 years of age and have a sense of adventure then the exchange student program offered by Interculture Canada may be of interest to you.

Interculture Canada is a non-profit charitable organization which operates in 65 countries spanning five continents. The program offers students the opportunity to continue their secondary school education, learn another language and discover a different culture while sharing their daily lives with a local host family.

Al McFarlane, President of the volunteer committee responsible for the Metro Toronto area, pointed out that students who participate in the program return with a "great cultural experience". At present there are approximately 120 Canadian students studying in other countries and 150 students from over 30 countries learning in Canada.

Mr. McFarlane explained that after World War One the American Field Service which was an organization of ambulance drivers, began the program in order to promote world peace. They decided that the best way to achieve their goal would be to allow the most adaptable people, children, to learn about other countries through firsthand experience.

Once the country is chosen and a student is matched with a host family the process of assimilation begins. The student spends one day familiarizing himself with his new country at home and 3 days in his new country. While in their new countries the students are not left to fend for themselves. Counsellors, usually volunteers are available for consultation.

The program requires a \$5,200 dollar participation fee and bursaries are available for those who cannot afford the whole amount. The fee includes travel, medical insurance and \$20 to \$50 pocket money a week.

For those countries beginning their school year in January, February or March the deadline for applications is October 25, 1985. For more information on the program contact Al McFarlane at 293-2401.



**Little Paris**  
Hungary's capital city of Budapest, known as Little Paris on the Danube, is actually a blend of two riverbank settlements. The hills of medieval Buda on the river's west bank are linked to the elegant boulevards of more modern Pest on the east by eight bridges. Budapest is home of a fifth of Hungary's population and is the country's cultural, political, and economic core, says National Geographic.

# A&P Thanksgiving SALE!

You'll do better with our GREAT.

ALL STORES WILL BE CLOSED  
MONDAY, OCTOBER 14th  
Thanksgiving Day



**SAVE .88/kg-.40 lb**  
READY-TO-SERVE  
FULLY SKINNED, 15 TO 18 LB AVERAGE  
**Whole Hams**  
SWIFT PREMIUM  
**328/149**  
/kg lb  
**Butt Half Hams** 351/kg, 159/lb  
**Shank Quarters** 395/kg, 179/lb

JANE PARKER **Cracked Wheat Bread** 675 g loaf **.69** SAVE .30

JANE PARKER WHEAT ROLLS PKG OF 8 OR **Twin Rolls** pkg of 12 **.99** SAVE .30

E.D. SMITH **Pumpkin Pie Filling** 19 fl oz tin **1.39** SAVE .30

FRUIT, ASST OR BOURBON CREAMS **Peek Frean Cookies** 200 g pkg **.99** ACTION PRICES

**ACTION PRICES**  
1750 mL BTL. 50 PLUS 30 BTL. DEPOSIT REGULAR OR DIET. PURE SPRINGS GINGER ALE, IRRES ROOT BEER OR  
**Crush Beverages**  
**5.99** 280 mL tins case of 24

ALL PURPOSE **Robin Hood Flour** 3.5 kg bag **3.49** SAVE 1.80

ASSORTED VARIETIES **Dad's Cookies** 400 g pkg **1.99** SAVE .80

CADIBURY INSTANT, LITE (18 g), SEMI-SWEET, REGULAR OR MARSHMALLOW **Hot Chocolate** 30 g emrs **2.19** ACTION PRICE

MOTHER PARKER, BONUS PACK 200 g PLUS 50 g FREE **Instant Coffee** 250 g jar **3.99** ACTION PRICES

**SAVE UP TO .40**  
ASSORTED MIXTURES INCLUDING SLICED GREEN OR WAX BEANS, BELETS (12 FL OZ)  
**Green Giant Vegetables**  
**.69** 14 fl oz tin

(SINGLE 695 mL BTL. 99-SAVE .20) **Perrier Mineral Water** case of 12 695 mL btl **8.99** SAVE 5.29

ANTI-FREEZE **Prestone II** 4 litre cont **7.99** ACTION PRICE

LIQUID **Old Dutch Bleach** 3.6 litre pnt jug **1.19** SAVE .50

OLD DUTCH LIQUID **Fabric Softener** 2 litre pnt jug **2.99** SAVE 1.00

**SAVE .40**  
ORANGE PEKOE  
**Galway Tea Bags**  
**1.99** pkg of 72

**\*SAVE UP TO 8.40 PER TURKEY** \*CALCULATION BASED ON THE PURCHASE OF A 12 LB TURKEY

GRADE 'A', FROZEN, EVisCERATED, A&P SELF-BASTING, GOLDEN DELUXE, MAPLE LEAF MIRACLE BASTE OR DEEP-BASTED  
**Butterball Turkeys**  
**262/119**  
/kg lb  
**SAVE 1.54/kg** **SAVE .70 lb**  
(LIMIT 2 PER FAMILY WITH MINIMUM \$10.00 PURCHASE, EXCLUDING THIS ITEM.)

**SAVE 2.20/kg-1.00 lb**  
CUT FROM CANADA'S FINEST GRADE 'A' BEEF  
**Rib Eye Steaks**  
**1321/599**  
/kg lb

**SAVE 4.41/kg-2.00 lb**  
CUT FROM CANADA'S FINEST GRADE 'A' BEEF (8-SMOKE CUT) OVEN READY  
**Prime Rib Roast**  
**659/299**  
/kg lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF SEMI-BONELESS, BLADE OR CHUCK  
**Short Rib Roast** **395/179**  
/kg lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, NEW YORK STEAKS OR ROAST  
**Strip Loins** **1321/599**  
/kg lb

FRESH **Lean Ground Beef** **439/199**  
/kg lb

MAPLE LEAF **Sausage Meat** 500 g roll **1.49**

SUGAR PLUM, READY-TO-SERVE, DINNER STYLE **Boneless Hams** vac pac **725/329**  
/kg lb

FROZEN, IN LIGHT BATTER, HADDOCK, COD, FISH & CHIPS **High Liner Fish** 350 g pkg **2.29**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF (BONELESS) **Short Ribs Beef** **373/169**  
/kg lb

BLUE WATER, FROZEN, MINCED COD, FISH & CHIPS 400 g PKG (1.19) **Fish Sticks or Fries** 200 g pkg **.99**

POINT (CENTRE CUTS 5.49/kg-2.49 lb) **Brisket Beef** End Cuts **505/229**  
/kg lb

CANADA GRADE 'A', FROZEN, EVisCERATED, CORNISH **Game Hens** 20 to 24 oz average **417/189**  
/kg lb

RIB OR 3 TO 3 1/2 LB CUT TENDERLOIN PORTION **Pork Loin Roasts** **439/199**  
/kg lb

NEW ZEALAND, FROZEN, SPRING (SHOULDER LAMB CHOPS) **Lamb Legs** Short Cut **395/179**  
/kg lb

CUT FROM CANADA'S FINEST WHITE VEAL **Shoulder Veal Chops** **571/259**  
/kg lb

PRIVATE LABEL, REGULAR OR THICK SLICED **Side Bacon** vac pac 500 g **2.49**

COMBINATION PACK CONTAINS: 2 RIB END, 2 LOIN ENDS, 4 CENTRE CUT CHOPS **Loin Pork Chops** **439/199**  
/kg lb

BLADE, CHUCK SHORT RIB OR SHOULDER BEEF **Boneless Roasts** **439/199**  
/kg lb

**ACTION PRICES**  
GREAT TASTE, HIGH QUALITY **8 O'CLOCK BEAN COFFEE** 16 OZ 454 g **2.99** SAVE .80

**ACTION PRICES**  
Pie **Jane Parker Pumpkin Pie** 624 g size **1.79** SAVE .60

A SUPER BLEND, RICH IN BRAZILIAN COFFEES, NOTHING BEATS THE BEAN  
**8 O'Clock Bean Coffee** 1 lb bag **2.99** (3 lb bag 8.89-SAVE 2.40)

**Jane Parker Pumpkin Pie** 624 g size **1.79**

**THE FARM**  
CANADA NO. 1, PRODUCT OF ONTARIO **Fresh Rutabagas** **2/.99** PRODUCT OF U.S.A.

**Fresh Yams** **.64/.29** PRODUCT OF U.S.A.

CANADA NO. 1, PRODUCT OF ONTARIO **White Potatoes** **.15/.07**

CANADA FANCY, PRODUCT OF ONTARIO, ALL PURPOSE **McIntosh Apples** 5 lb bag **1.99**

CANADA NO. 1, PRODUCT OF SPAIN OR U.S.A., RED, BLACK OR GREEN **Almeria Grapes** 2 lb bag **1.99**

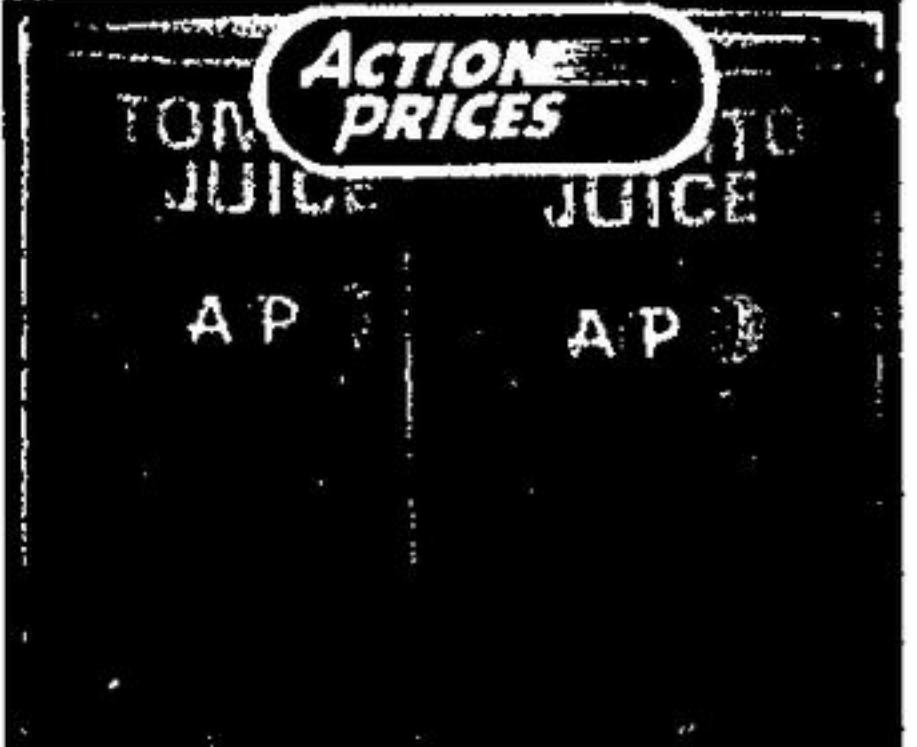
CANADA NO. 1, PRODUCT OF ONTARIO **Fresh Carrots** 5 lb bag **.99**

PRODUCT OF U.S.A., SWEET JUICY **Jumbo Honeydews** each **1.99**

CANADA NO. 1, PRODUCT OF ONTARIO, ALL PURPOSE **Potatoes** 20 lb bag **1.99**

PRODUCT OF ONTARIO **Fresh Mushrooms** 12 oz pkg **1.99**

PRODUCT OF ONTARIO **Pepper Squash** **3/1.00**



**SAVE .60.**  
OUR PRIVATE LABEL  
**Fancy Quality Tomato Juice**  
48 FL OZ TIN  
**.69**

WITH GARLIC OR NO GARLIC OR POLSKI OGORKI **Bick's Dill Pickles** 1.5 litre jar **2.99** SAVE .70

OCEAN SPRAY, WHOLE OR JELLED **Cranberry Sauce** 14 fl oz tin **1.39** SAVE .30

PRIVATE LABEL, MIXED VEGETABLES, PEAS, GREEN BEANS OR **Frozen Corn** 1 kg bag **1.79**

ASSORTED FLAVOURS **Yoplait Yogourt** pkg of 2 175 g tubs **1.19** SAVE .30

**ACTION PRICES**  
PRIVATE LABEL, CRUSHED, TIDBITS OR **Sliced Pineapple** 19 fl oz tin **.89**

SILVERWOODS, BEATRICE OR HERITAGE **Whipping Cream** 250 mL carton **1.19** SAVE .40

PRIVATE LABEL, FROM CONCENTRATE **Orange Juice** 2 litre btl **1.99** ACTION PRICES

BEATRICE **Chip Dip** 250 mL tub **.79** SAVE .20

BEATRICE **Sour Cream** 500 g tub **1.49** SAVE .80

**SAVE .80**  
FRITO LAY, LAY'S OR RUFFLES, ASST VAR **Potato Chips** 200 g pkg **.99**

MARTINS **Pure Apple Juice** 48 fl oz tin **1.19** SAVE .70

MAPLE LEAF **Tenderflake Lard** 1 lb pkg **1.19** SAVE .20

UNCLE BEN'S, COUNTRY, TRADITIONAL OR SOUTHERN **Stuff'N Such** 170 g pkg **1.19** SAVE .30

PARTY PACK, OPENERS, STUFFED MANZANILLA OLIVES, ORCHIS OR MARASCHINO CHERRIES **Bick's Pickles** 375 mL jar **1.99** ACTION PRICES

**SAVE 1.50**  
BEATRICE, ASSORTED FLAVOURS **Super Good Ice Cream** 2 litre carton **2.99**

Prices effective thru Saturday, October 12th, 1985.

A&P reserves the right to limit quantities to normal family requirements. Some illustrations are for design only and do not necessarily represent items on sale.

Savings shown in this ad based on A&P current regular retail. We redeem all food store coupons.