



Summer

your first choice for

light & easy summer foods for every day or special occasions

super specials

product of U.S.A. Canada #1 grade

fresh **1.74** /kg

seedless green grapes **12.79** /lb.

first choice super special 1/2 price

vanilla, chocolate swirl, almond or rum & raisin

1 L tub

venetian vanilla **1.12**

Neilson ice cream

pay only **1.34** /price

first choice super special 1/2 price

flaked white albacore 6.5 oz. tin

Star-Kist **1.12** /price

tuna **1.17** /price

FLAKED WHITE TUNA

first choice super special 1/2 price

cap off

rib steaks **1.13** /price

pay only **7.63** /3.46

Limit: 6 steaks per party

first choice super special save 1.73

Weston 8 1/2 poly bag hot dog or hamburger buns **1.49** /price

less than

first choice super special 1/2 price

regular, all beef or bar-b-que, 450 g pkg.

Maple Leaf **1.12** /price

wieners **1.29** /price

first choice super special 1/2 price

case of 24 280 mL tins

diet coke, sprite or diet sprite

Coke **5.99**

save 3.00

freshly ground lean ground beef **1.39** /price

buns **1.79** /price

1/3 off

save 92

Black Forest ziggys **1.39** /price

ham **4.49** /price

1/3 off

save 70

cut from Canada grade 'A' beef

boneless chuck steak **5.49** /kg

Delmonico **2.49** /lb.

save 2.50

fresh mangoes **89** /ea.

product of Mexico

cut from Canada grade 'A' beef

rib eye steaks **13.21** /kg

5.99 /lb.

save 1.30

fresh fresh Columbia sockeye salmon steaks **13.21** /kg

5.99 /lb.

save 2.00

cut from Canada grade 'A' beef cross rib

boneless ranch steaks **5.49** /kg

2.49 /lb.

save 1.50

fresh Dole pineapple **1.49** /each

from the tropics

save 50

fresh limes **89** /doz.

product of U.S.A. Florida grown

save 10

product of New Zealand

fresh kiwi fruit **1.99** /1 lb. bag

save 50

frozen, concentrated, white or pink

Niagara lemonade **3.99** /12 1/2 fl. oz. tin

save 96

frozen light Tonight's sole filets

dinner fillets in oriental crumbs **1.99** /225 g pkg.

save 90

regular or hint of maple

Maple Leaf bacon **2.79** /500 g pkg.

save 1.00

frozen Maple Leaf Brand beef burgers **3.99** /750 g pkg.

Dare, 225 g. box more than

Breton crackers **1.19** /price

1/3 off

save 1.80

fruit punch, apple, grape, or orange

Allen's drinks **1.69** /48 fl. oz. tin

1/3 off

white, prairie bran, seven grain or stone milled 100% whole wheat

Country Harvest bread **89** /675 g loaf

pre-dressed grade 'A' fresh whole supplier's

broiler geese **4.39** /kg

1.99 /lb.

Hostess chips & snacks **99** /ea.

save 80

powder laundry detergent

ABC ABC **1.00** /6 L box

1.00 off

pay only 2.99

frozen 750 g box

De Valk Viennese apple pastry **2.00** /pay only 3.99

fresh pre-dressed grade 'A' chickens

swiss chalet roasters **3.51** /kg

1.59 /lb.

fresh cucumbers **2 for .99**

product of Ontario

fresh mini carrots **1.74** /kg

1.79 /lb.

product of Ontario

Grilltime charcoal briquets **1.00** /10 pay only 2.39

1.00 off

French's prepared mustard **.99** /250 mL squeeze tube

sweet corn, cu-bits sweet, all bits, garden salad or hamburger

Bick's relish **1.19** /375 mL jar

chicken wings fresh **2.84** /kg

1.29 /lb.

fresh bartlett pears **2.18** /kg

1.99 /lb.

product of U.S.A. Canada no. 1 grade new crop

fresh tomatoes **2.18** /kg

1.99 /lb.

product of U.S.A. Canada no. 1 grade

colby or farmers

Baden XXX cheese **2.99** /12 oz. pkg.

Neilson iced tea mix **2.99** /750 g tin

1.00 off

pay only 2.99

frozen, assorted flavours

Guido's ice juices **1.49** /6 L box

'Save' prices refer to the difference between Loblaws regular selling price and Loblaws sale price. Stores reserve the right to limit quantities. Loblaws specials are not available at superstore. Prices effective Wed. July 31 to Sat. Aug. 3, 1985. NOT EFFECTIVE IN SEBASTIENVILLE ONLY

