



Instructor Cheryl Lindsay of Work That Body and Francine Deuble are prepared for the Participation Challenge against Fredericton.

Participation May 29

# Walk, run and be counted

**Herald Staff**  
Shake a leg, swim a few laps or swing to the sounds of the Pine Valley Square Dancers.

Whatever you do, don't be idle. For one day in the year Halton Hills is asking its residents to reach out and meet a fitness challenge from Fredericton, New Brunswick.

During a national participation day May 29, cities and towns across our country will be challenging one another.

Who is the most fit town? Last year Halton Hills had a 25 per cent turnout from citizens willing to give their cardio-vascular systems a workout for the 15 minutes required.

But we still lost out to an even more enthusiastic response by residents of Red Deer, Alberta.

This year the town recreation department and a variety of businesses and clubs are working hard to ensure we'll have an adequate chance to

participate. The number to memorize for next Wednesday's challenge day is 873-1687. All you have to do is exercise for 15 minutes and phone in to let the recorders know. The lines are open from 7 a.m. until 11 p.m. May 29 only.

To help you plan your activity, here's a list of what's available in town for this special day:

There will be family fitness in the parks led by instructors from Georgetown's health club Work That Body. Instructors will be holding a workout at Prospect Park in Acton from 6 - 6:30 p.m. and then at Cedarvale Park in Georgetown from 7:30 - 8 p.m.

If you're a dancer at heart, the Pine Valley Square Dancers welcome you to the Stewarttown Community Centre from 8 - 10 p.m. for some swings and twirls.

For aquatically-minded the Georgetown Indoor Pool will be open for a free water exercise time 8:45 - 9:30 p.m.

Employees who work in a large firm may wish to accept a challenge from Varian of Canada in Georgetown who are offering a mini-challenge of their own.

They're looking for other firms who believe they can find a large percentage of employees who will be participating in the challenge. For details call 877-0161 and ask for Jan Kron.

If you feel safer on four wheels, rollerskating is the answer May 29. Memorial Arena is waiting for you from 7 - 9 p.m. but rental for skates is extra.

The television types don't even have to leave their living rooms. There will be 15 minute workouts on channel 4 at various times throughout the day with a definite time set for 6 p.m.

There are also a variety of open houses and fitness classes available for the day.

Work That Body and the Georgetown YMCA, both located on Mountview Road South will have an open house. Work That Body will be available for use all day.

The Y have a ladies fitness session from 9 - 10 a.m. and facilities will be open from 2 - 4 p.m. with a fitness expert on hand to let you try skipping, floor exercises or running.

A 60 minute workout for the brave will be held at Joseph Gibbons from 7 - 8 p.m. and a class for seniors is scheduled at the Halton Hills Library-Cultural Centre from 10 - 11 a.m.

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# the HERALD Sportsweek

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## Sports in brief

### Intercounty soccer action

In the 2nd Ajax opened with a 3-2 win over Villa 'B' with a late 25 yard free kick netting the winner. Varian came through in the 2nd half to slip two goals past Rangers 'B' without reply. Newcomers Park Avenue Collision stumbled to a 2-0 win over Milton F.C. Milton started with 8 players and finished with 7 and defended well throughout. From all accounts the Park Ave. left their shooting boots in Georgetown.

### Soccer games tonight

This eve: Meteor Blue vs White, Meadowglen, 6:45 at Meadowglen and Mariners vs Varian, 8:45 at Cedarvale are the games in town, with Ajax travelling to Milton and Park Ave. have the night off.

### Tennis juniors hot

The Gordon Alcott junior tennis team beat Cobblestone Courts 5-3 last weekend. Mark Shepherd and Mark Talbot won their U-15 doubles 6-2, 6-4. Steve Eastwood lost a tough U-15 singles match 6-7, 5-7. Rory Kennedy and Jay Anderson tied their U-18 doubles 6-4, 4-6, while the captain of the team Mike Hurley played a powerful game winning 6-1, 6-0 in U-18 singles.

### June 9 Mayor's Race

Register before June 3 for the Mayor's Road Race and you and your family will receive a discount rate. Applications are available at all town offices and can also be picked up at North Halton Sports, Georgetown.

The race begins at 8:15 a.m. Sunday, June 9 for 10 K runners and 8:30 a.m. for 5 K runners. Registration will be available the day of the race from 7:30 a.m. to 8 a.m. There will be T-shirts for sale and a pancake breakfast following the race. Come out and support the runners!

### Glen atom victors

Glen Williams Atom Girls team defeated Hornby 11 to 9 in Halton Rural Minor Softball play Thursday, May 16.

Down by two runs going into the last inning, the Glen scored four runs with 2-2-run home runs, to take the lead. The Glen had scored four runs in the top of the 1st, only to have Hornby counter with five in the bottom half.

The Glen picked up three more in the third, to lead 7-5. In the fourth, Hornby scored four runs to take a 9-7 lead, setting the stage for the final inning.

The Glen's 13-hit attack was led by Sherie Peacock with three home runs (3 runs scored) and Shannon Morris with a home run and a triple (3 runs scored). Charlene Hancock (2 runs), Amy Cooper (2 runs), and Dana Leslie (1 run) rounded out the scoring.

For Hornby, their eight-hit attack was led by Sarah Campbell with a home run and a double (2 runs scored), and Becky Lopers with a home run (2 runs scored), Lisa Macarthur (2 runs) and single runs by Sherie Finnie, Dana McRae and Laura Hewitt completed Hornby's scoring.

### 'B' tennis opener

The Gordon Alcott Ladies "B" tennis team opened their Inter-County season with the Acton team in Acton.

Karin Wilson and Mary McEwen took their set to a third match before losing 3-6, 6-4, 2-6. Anne Munro and Yvette Spiller played two games 2-6, 3-6. Margot Prior and Midge Hampshire teamed up for a match against the top Acton team, and dropped a 2-6, 1-6 decision. Frances Brown and Norma Maynard dropped two games 4-6, 0-6.

The team opens at home today against White Oaks.

## SLIPPING THROUGH THE DEFENSE



Eddie Hunt grinds his way with the ball for his Georgetown District High School rugby team Thursday against General Wolfe. The junior rugby squad defeated their opponents 14-8, with Rob McGulgan, Ken Jones and Peter Hughes each scoring a try.

## Vicki's lightning bat outfoxes her opponents

By PAT McELROY  
Herald Correspondent

**Blue Jays 14 - Smurfettes 5**  
Mary Jones and Kelly Pemberton led their team's win, hitting three for three. The Jays chalked up six runs in the second and fourth innings which added to the final tally. Smurfettes Annette Van Dyke pitched well for the losing side. Jennie David and Bernice Griffiths had a good night at the plate.

**Grey Lightning 17 - Red Foxes 7**  
Lightning's bats had the Red Foxes hopping in this match. Vicki Johnston's super batting, two doubles, a triple and Sharon Physk's double and triple along with excellent pitching by Sandy Marshall produced the win. Foxes Penny Butterworth and Ann Korzack hit three for three and despite the loss the whole team had a fun time.

**Golden Gloves 8 - Don's Flock 1**  
Excellent pitching performances by Gold's Anne Puckering and Betty Kirby held Flock's scoring to a minimum. Jean Wilson hit her three lines up to bat. Good all-around effort by whole team. Only score of the Flock's came from Flock's Julie Fournier who smacked a wicked homer.

**Tumblers 14 - Black Sheep 6**  
Tumblers strong pitching and good defensive effort from the entire team kept the Sheep at

bay. Christine Stoyles, Diana Tripp and Gail Sheppard had great hits. Six runs were scored in the third inning. Black Sheep's Janet Mather walloped a triple and a home run. Excellent fielding and good team effort were displayed.

**Pink Ladies 32 - Purple Power 8**  
The Pink Ladies overpowered the Purple in this romp. Hot hitting by Sylvie Washborne, Debbie Titus, Pat Mashinter, Mary Kelly who along with Janet Ransom's great pitching and Janice Raines good hustle around the bases shared in this high scoring bout. Power's Debbie Pearce, Colleen Costello and Anne Dale had a good night at the plate.

**Dingbats 34 - Burgandy Bulldogs 7**  
Dingbats all around effort contributed to the above scoring offence led by explosive hitting by Suzette Corley, Sharon Cater and Phyllis Mercer. Sue MacDonald made a great catch infield. Suzette Corley also shone defensively by catching a potential homer by Bulldog's Pat Hunter. Homeruns were belted by Phyllis Mercer and Suzette Corley. Bulldogs climbed aboard in the fifth and sixth innings, but couldn't quite catch up. In spite of the score, Bulldogs displayed good sportsmanship.

## Sabres join Jr. C loop for '85 season

By DAN RALPH  
Herald Sports Editor  
The Acton Sabres have been officially accepted into the Midwestern Junior C Hockey League.

General manager Elmer Dunn told an executive meeting Thursday he called the Ontario Hockey Association (OHA) office earlier in the day and was told Acton's application had been approved. The approval comes almost five weeks after Dunn had sent the application to the OHA office.

The news was somewhat of a welcome relief for the executive.

"I felt pretty confident we would get in," Dunn said after the meeting. "It makes things a little easier because we know what we have to do, and now we can do it."

"I think everything will start now," said president Ed Thomson. "It's hard to get a commitment from people in our sponsorships when you're not part of a league."

The first matter the executive took care of was voting minor hockey midget coach Steve Marshall as the club's coach. He too was glad the waiting was over.

"I know the league was looking forward to having us go in, and I was expecting it (acceptance), but you never know for sure. It's a nice feeling knowing we can get started."

The executive then proceeded to make plans to get the ball rolling in regards to the upcoming season. Some of the subjects discussed included:

—the club will likely have two assistant coaches. Marshall can select who he wants, but the executive will vote on whether to accept them or not.

—a competition will be held to decide upon a new team logo. First prize will be a pair of season tickets. Drawings can be sent to 69 Kingham St., Acton, Ont., L7S 1S3. Deadline is July 1st.

—the club has over \$500 in the bank, which includes the league entry fee. However, before the team hits the ice for league play, it will have to pay \$20 per player and a compulsory \$300 fee to the league.

—a slowpitch baseball tournament will be held as a fundraising activity for the club. Further Continued on Page B2

## Former Sabre mentor wants Titan entry in Central 'B'

Dave Innes is once again making a move to getting a team in the Central Ontario Junior B Hockey League.

The Mississauga resident was a driving force behind Acton Sabres after the club folded a first time. Innes and Acton's Bruce Cargill decided to run the hockey club after the Acton Minor Hockey Association (AMHA) found it had its hands full running its own minor system.

The AMHA assumed control of the Sabres after the club folded the first time when no new blood could be injected into the team executive at a public meeting.



PLAYING THE FIELD  
DAN RALPH  
Herald Sports Editor

The Sabres folded after Innes and Cargill took over just before the regular season began due to a lack of local players.

Now Innes has applied for entry into the Central League on behalf of the former Port Credit Titans of the Metro Junior B League. Wednesday night the Ontario Hockey Association voted to accept Innes' application, which will now be forwarded and voted upon at the Central League meeting May 29 at the OHA office.

When asked why his club is seeking entry into the Central League, Innes pointed to time and travel.

"We have kids who are going to school, and it is hard to get up to go to school when we get in at 4 a.m. from Kingston."

"That's what I liked about Acton," he said. "It was in the Central League."

Innes could see some distinct advantages to his club being in the Central League too.

"Our furthest trip would be to Barrie, and we wouldn't have players getting off from work at noon in order to play a game that night. Also, sponsors and advertisers prefer the Central exposure."

Continued on page C2

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