

Georgetown Track Club.

Running hints

#### Peterborough Snow Fest

This past Sunday a contingent of 20 runners travelled to Peterborough to compete in the annual Snow Fest half marathon. Running a distance of 21.1 kilometers in mid-January has merit for a number of reasons. For many it gives an "excuse" to maintain a reasonably weekly distance through those hard winter months. It also acts as a barometer of fitness to gauge training for upcoming Spring events in which we are participating.

The team met at the high school Sunday morning at 8:30 a.m. It consisted of four women, eight people over the age of 40 and a few "youngsters" under 40. Our youngest runner was 15 and the oldest was 57.

We arrived in Peterborough about 11 a.m. and tried to relax before the big event.

Upon receiving last-minute instructions from officials, 800 runners rushed out the doors of the local YMCA into the 4 degrees Celsius air. Conditions were good. There was a slight southerly wind which was not a real factor and the runners were not forced to bundle up as they were last year. The roads were clear and excitement filled the air as the starter's pistol sounded to start the race.

The course consisted of a double loop which afforded the runners a preview of things to come before starting the second loop. There were four fairly substantial hills in the second half of the loop. Even though they were steep, they were not that long and most handled them without problems. Most of us found however that it was difficult to pace ourselves because of the lack of consistent distance markers. Pacing is obviously important when you are running over 21 kilometers.

By the second loop, most of us settled into the tasks at hand and the remainder of the race seemed to pass rather quickly. The last kilometer was very flat and we all tried to give that last little extra for the team. The team placings were simply determined by adding up your best 20 places and the lowest number won.

First place was sewn up by a very strong team from Toronto (The Long Boat runners) while Kingston and Ottawa placed second and third respectively.

Outstanding individual performances by Georgetown runners included a one hour and 14-minute race by Jim Allan, who placed 21st overall. Scan Cleary ran a 1:19 and was 68th while his younger brother Brendan finished 74th with a time of 1:20.

Twenty tired bodies dragged themselves through the showers satisfied with individual performances and happy with the team's 10th place finish overall.

RUNNING SHORTS

A couple of honorable mentions are really necessary. Des Rafferty, our oldest competitor at 57 finished in 1:54. Special thanks go to Donna Metcalfe and Karen Cosgrove for volunteering to run on short notice and performing well.

career by capturing the same

by Ralph Miller, is powerful

tan Vint 1480 and Inn Wilkes 1434

as members and Alan Larocque

The junior girls team is made up of Kelly Bailey 1603, Teri Korzack 1566, Tracy Ball 1538,

Tracy Weeks 1451 and Leanne Burt 1406 with Sherifu Topping the spare. Shirley Chaplin, a

bantam gold medal couch is

sooking forward to repeat the feat in the junior division.

YOUTH BOWLING

Feresa Musiach 686 (261), De

Dee Haynes 663 (233), Debble

Lane 641 (229), Cindy Kavanaugh 626 (242), Kelly Mc-Corry 610 (229), David Hicks 692

(276), Brinley Hole 670 (279), David Chaplin 645 (234), Jim

Carpenter 643 (228), Marc

(269), Brian Bell 679 (234), lan

Wilkes 653 (238), Barry McLean 641 (227), Ian Vint 603 (249), Tracy Ball 666 (242), Te-l Kor-

zack 636 (268), Kelly Balley 561 (213), Leanne Burt 575 (224), BANTAMS: Christine Lane

517 (183), Nicole Ferguson 487

(211), Michael Larocque 507

(199), Steven Nicholson 460

(146), Alain Larocque 331 (125), Darrell Donald 323 (138), Kerry

Wright 343 (119), Julie Lounds

PEEWEES: Ryan Martin 338

JUNIORS: Chris Somers 722

Hassett 603 (218).

SENIORS: Jane Hicks 757 (339), Julie McCorry 718 (303),

being the spare.

the Junior boys team, guided

honor in the juntar ranks.

SUCCEED On Sunday, Jan. 13 at Georgetown Bowl, Diane St. John and Nelson Seeler, the with Brian Bell 1718, Harry McLean 1687, David Ridley 1513. D.H.G. League champions captured the zone championships in the Hiram Walkers High-Low Doubles Tournament. It was a come-from behind surprise. The team of Mike Myers and Andy Dye started with authority by going into the lead with a plus 163 to DRG's plus 93. After the second the score was plus 218 to 143. However, Myers and Dye In the last game ran into a number of headpins bowling only a plus B while Seeler and St. John had a plus 119 to take over top spot. In that game Diane St. John rolled a 281 game, to guarantee victory. This win entitled them to a Boehmian Whiskey Decanter Set each and a trip to the Provincial Championships in Orilla and other Walker sponsored festivities. There they will have a chance in four of winning an expense-paid holiday to Fort Lauderdale, Florida, Also the overall top team will receive a free trip to the National Finals in Vancouver, B.C.

Mike Myers and Andy Dye received Chocolate Fondue Sets each and will act as alternales for the winners. Hon McGowan and Sheila Hicks in third place won Leonardo 6 pc. Glass sets while Bill Lane and Tom Prouse in fourth received as a memento Stainless Steel Measuring Cur-sets. Besides these winners all participants in this round received special engraved tray



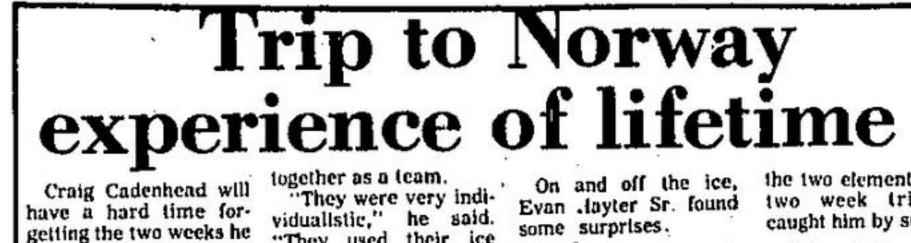
The 4 Steps to Stardom National Championship medal trail has begun in spectacular fashion. The first step produced the divisional house champions to continue on to the second step. the zone champlonships. Julie McCorry has set a new record by qualifying with a score of 2064 for 8 games, and over 260 average. 'Thus the 'Jewel' will now carry Georgetown's colors as the senior singles represent 649. talive. The Georgetown Bowl champion senior girls team, all averaging over 200, are Kelly McCorry 1867, Jane Hicks 1796, Teresa Maslach 1686, Karen Doyle 1651 and Cindy Mavanagh 1607. The spare is Dee Dee Pimeekers Haynes. This girls' team will Blue Jays again continue to be prepared by Winners the popular coach, Wendy Has Beens

Among the senior boys, Jim Happy Gang Carpenter goes to the zone finals stall & Half as the singles rep. The feam is formed by David Hicks 1727.

Marc Bassett 1679, Brent Osatchuk 1650, Chas Weatherall 1611 and Mark Miller 1571 with Brinley Hole as the spare. The efforts of this team will be guided by Chris Burke who has his sights set on Vancouver to coach the team to a gold medi where he had won a gold in

Grabbing a share of the limelight with 'Jewel' McCorry and training together with her is the funfor boys house champion and former winner of provincial gold and national silver medals, Chris Somers, Somers captured

the Georgetown Bowl title with an 8 game total of 1874, an 238 average. Sandra Weeks, an experienced bantam singles competitor continues her bowling



spent in Norway. Cadenhead, a member of the Acton Firelighter bantam hockey team, said he was impressed with the people of the country. The bantam team as well as the Ed's In and Out Varlety midgets, were in Norway over the holiday season and played exhibition games with Norwegian hockey teams as well as taking time to look at

some of the sights. "The older generation was not as good with their English as the younger people were, but everytime you went into a store the people would try to speak English to you," he said. .

The bantam team played five exhibition games, and won three while dropping two. Cadenhead said he noticed the Norwegian teams did not play

"They were very individualistic," he said. "They used their ice space very intelligent-

One of the most memorable scenes for Cadenhead came on New Year's Eve when at five minutes to midnight, firecrackers began to go off around town. The procession lasted for 15

minules. "It was something to see," he said. "Firecrackers are litegal in Norway until New Year's Eve."

Teammate Greg Leatherland said he was impressed with how the Norwegian hockey players skated: He said their play was different to what teams do in Canada.

"They play choopy, clutch and grab," he said. "They don't use body contact, so when you took them into the boards, they would give you a little stap."

On and off the ice, Evan .layter Sr. found some surprises.

Hayter, the coach of the Acton Firefighter bantams, said the goaltending of the Norwegian hockey teams as well as the hospitality

Although his club lost two games, Hayter said

he thought his club could have won the games. "We outpluyed the

"teams that beat us," he

the two elements of the

two week trip that

caught him by surprise.

### shown by the hosts were said. Midgets beat Norway's best

Many said it couldn't be done, but the Acton Ed's in and Out Variety midgets proved their skeptics wrong.

The Acton team defeated Furuset of Norway 6-4 after being told they did not have a chance. The Furuset team is considered to be the best minor hockey team the Norwegians have.

Acton was in Norway over the holiday season and played six exhibition games against teams of comparable talent. The squad split their six games by winning three and losing the other-

But coach Steve Marshall said his team probably played its best game of the entire season in defeating Furuset.

"The team was sky high after the game because everyone told us it couldn't be done," he



Craig Cadenhead shows some of the souvenirs he has from his team's recent trip to Norway. Cadenhead and his Acton Firefighter bantam teammates, along with the Ed's In and Out Variety midgets were in Norway over the Christmas hollday for two weeks playing hockey and sightseeing to their spare time.

(Herald photo)

# Racquet Club's anniversary featuring squash ace Khan

The Georgetown Racquet Club will be celebrating its 10th anniversary with one of the greatest squash players ever to have played the

Jahangir Khan will be in town tonight to play an exhibition match with Australian Roy Ollier. The exhibition will be played at the Georgetown Racquet Club's squash facility.

As a warm-up to the Khan Qaiser match, three members of the Georgetown Racquet Club will play a game each with Khan. The members will be Boyd Hoddinott, who for eight years was the Club Champion; Terry Madill, who is the current men's title holder; and Lloyd Newman who this summer was one of 10 people invited to train with the Canadian Junior Boys team.

Raiders cut

four players

I've ever made", Georgetown Chrysler Raider

coach-general manager Gil Eyre cut his roster to

Senior "A" teams must reduce their roster to 21

cards from the 25 initially given to them at the

start of the season. In the Raiders' case, that

meant a minimum of three players had to be

released to get their card numbers down to the

one extra card with which he can sign one more

player. Released from the club were forward Dale

Walters and defencemen John Gibb, Mark

when you look at who they had to dislodge, it was

nearly impossible," Eyre said. "The sad part is

former Maple Leafs John Gibson and Fred

Boimistruk, Leo Brideau, Peter Sturgeon, Craig

Frank and newcomer Mike Braun, who just got his

release from an Intermediate "A" team in

goes about 215 pounds, played junior hockey with

Niagara Falls Flyers and was a seventh round

goaltender Rick Wilson, who left the club after just

one week to rejoin Flint of the International

adding there is a chance Wilson might not return

to the Raiders. If that is the case, when the

playoffs roll around, the Raiders could pick up a

goaltender from one of the two teams that do not

qualify for post-season play.

As to who the final card is for, Eyre would

not speculate but he did add Sean Simpson is still

pick of the Detroit Red Wings in 1981.

Hockey League in October.

in the Raiders plans.

that you're not cutting bad hockey players.

the mandatory 21 cards Thursday.

Eutenier and Pat Richard.

want to play here."

Almonte.

Eyre said were the hardest to make.

limit of 21."

Saying It was "one of the hardest decisions

Under Ontario Hockey Association rules, all

Eyre released four players, thus giving him

The final two cuts (Richard and Eutenier)

Both can certainly play in this league, but

"These are people who really, genuinely

The Raiders defence corps is manned by

Braun, who stands six-foot, three-inches and

The Raiders also elected to keep the card of

"It's a hypothetical gamble," Eyre said,

Jahangir Khan has been a dominating force in amateur and professional squash. He won the 1979 World Amateur Championships in Australia at the age of 15, becoming the youngest person ever to have won that title.

Two years later Khan won the Professional World championships played in Toronto. He lost the first game to Australian Geoff Hunt, but rallied back to win the title.

In addition, Khan has won two British Opens and three World Opens. Last January he won the World Professional Squash Association championship, and has not lost a game in two-and-a-half years.

Ollier is the top ranked softball player in North America. All tickets for the match have been sold out.

# Northstar cleans up

three assists. Singles

went to George Suther-

land, Doug Anderson and

Gord Jeeves had two

goals for the Rad team

while singles went to

Shane Lefebvre, Grah-

am Smart, Cal Unter-

leiter and Gerry Milne:

Rad takes on O'Tooles,

Acton ReMax plays Nick

Martina Motors and Ex-

change House tangles

with Northstar Cleaners

all at the Alcott Arena.

More

Sunday Halton Hills

Stan Rhynold.

It is hard to win a hockey game when you don't have a goalie.

That's the situation that faced Nick Martina Motors team Sunday in their Georgetown Non Contact Hockey League game with Northstar Cleaners. The Northstar team won the game 10-1:

Terry Moustaard had four goals for the winners while Noles Doyle had three. Singles went to Bill Lemon, Mario Spiteri and Tony Sheppard. Gord McLeish had the lone goal for the Motors team.

in other games Exchange House nipped O'Tooles 5-4.

Greg Lawr, Kevin Phillips, Jim Peardon, Rick Donaldson and Gary Freichs had the goals for the winners. Brian Farrell had two goals for O'Tooles while Brian Beaumont and Doug Penrice had the

In the final game of the week Acton ReMax thumped Halton Hills Radiator 11-6.

Gary Lumbers had three goals and three assists for the winners while Scott Malcolm added two goals and four assists. Rob Evans had two goals while Todd McIntyre had a gool and

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Bowling HIGH SINGLE FLAT: Amme

Peavoy 205, Anne Nicholson 202, Clarence Stephens 216, Del HIGH SINGLE WITH HAN-DICAP: Emme Peavoy 268, Joyce Tilson 267, Clarence Stephens 250, Del Wallace 241. HIGH TRIPLE FLAT: Emme Peavoy 539, Nell Vanderhoek 495, Clarence Stephens 615, Del Wallace 528. HIGH TRIPLE WITH HAN-

DICAP: Emme Peavoy 728, Elizabeth Wallace 896, Clarence Stephens 717, George Hunter

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