

### School Spirit Hints

Dear Sir,  
I recently received from a friend a newspaper article written by Dan Ralph regarding the lack of football equipment and staff spirit of Georgetown District High School, and found it very interesting.

I sympathize with the problems the students have gaining the favour of the faculty for their need for football equipment.

I attended GDHS for two years and since relocated with my family in Vista, California. The school I attend is similar in many ways of GDHS.

It was designed to accommodate about 1800 students, and the enrollment of this year is 3100 students. The football stadium seats 10,000 people and is well filled to capacity for every game.

As well as promoting high academic standards, the well coached football teams (junior and senior) goes along with the highly enthusiastic school spirit.

I believe the high degree of school spirit is deliberately promoted by the school staff in order to create the enthusiasm found with the students at Vista High.

I really feel that the promotion of school spirit is by the staff in order to get the most out of the secondary schooling.

My heart is really at GDHS and all my friends there, and I really think if the staff would promote a greater delivery of school spirit they could minimize some of the problems at GDHS.

Yours sincerely,  
Leslie Stewart,  
Vista, California

### Blood Clinic

### Thanks

Dear Sir,  
The Blood Donor Clinic Committee would like to thank all donors who supported Monday's clinic, sponsored by the Lions Club of Georgetown. The Club's help with the distribution of posters, setting up clinic, loading equipment and general assistance at the clinic was appreciated.

Thanks to Dr. Kennedy who was on call, the nursing staff, nursery help and drivers, volunteers and volunteers, the clergy, John Ollivier of Halton Cable Systems, Halton Hills Hydro for erecting our banner, the radio stations, Mr. Altemas and Mr. Hyslop of the Dairy Queen for donation of juice and cups, Mr. Donnelly and Mr. McIntyre of Loblaw's for donuts, Mr. Ferguson of Mac's Milk, the Catholic Women's League for kitchen help, caretaker Carlos Domingos for extra help.

We would like to mention the Ashgrove Girl Guides whose project has replenished and updated our nursery toys. We are grateful for their interest in our clinic.

Special thanks to Jean Barton, Catherine Young and the telephone committee and to Peggy Douglas, convenor of this clinic.

Sincerely,  
Erica Thompson,  
Pat Morris,  
Chairpersons

### Answers to Quiz

1. c) USSR
2. b) 1972
3. Georgetown
4. Second
5. George Kennedy
6. Group of Seven
7. Jaycees
8. b) West Virginia
9. Lake Michigan
10. c) Italy

# You'll do better at... A&P



**SUPER BUY!**

ASSORTED VARIETIES  
**Canada Dry**

CASE OF 24-280 mL TINS

**4.99**

(760 mL bot. 49-plus .30 bot deposit)



**SAVE .36**

GREEN, GIANT, FANCY, WHOLE KERNEL  
**Niblets Corn**

12 FL OZ TIN

**.59**

Cream Style 19 fl oz tin .79 SAVE .36

ASSORTED VARIETIES  
**Lancia Pastas**

900 g cello pkg **.89**

BRAVO, PLAIN  
**Spaghetti Sauce**

26 fl oz tin **.99**

IN TOMATO SAUCE, SPAGHETTI, ZOODLES OR  
**Libby's Alpha-Getti**

14 fl oz tin **.69**

READY TO SERVE, ASSORTED VARIETIES  
**Quaker Oatmeal**

11 oz pkg **1.29**

**SUPER BUY!**  
WHITE, ALMOND OR YELLOW PKG OF 8 ROLLS  
**Royale Bathroom Tissue**

**2.99**

ALMOND OR WHITE  
**Pronto Towels**

pkg of 2 rolls **.99**

ALMOND, YELLOW OR WHITE  
**Facelle Facial Tissue**

box of 100 sheets **.89**

KRAFT, SMOOTH OR CRUNCHY  
**Peanut Butter**

500 g jar **1.79**

TOOTHPASTE  
**Ultra Brite**

50 mL tube **.89**

**SAVE .56**  
BETTY CROCKER, ASSORTED VARIETIES  
STIR 'N' FROST 310 g OR 400 g PKG  
**Snackin' Cake Mixes**

**1.19**

**SAVE 1.76/kg** *The Butcher Shop* **SAVE .80 lb**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, SEMI-BONELESS

**Blade or chuck Short Rib Roast**

**3.95 / 1.79**

**SAVE 1.10/kg-.50 lb** **SAVE 1.76/kg-.80 lb**

COMBINATION PACK-CONTAINS: 2 RIB ENDS, 2 LOW ENDS, 4 CENTRE CUT CHOPS

**Loin Pork Chops**  
**3.95 / 1.79**

RIB OR 3 TO 3 1/2 TENDERLOIN PORTION  
**Pork Loin Roasts**  
**3.95 / 1.79**

BLADE, CHUCK SHORT RIB OR SHOULDER  
**Boneless Roasts**  
**4.39 / 1.99**

FRESH, MEDIUM  
**Ground Beef**  
**3.73 / 1.69**

FROZEN, TRAY PACK, CUT UP  
**Stewing Hens**  
**1.96 / .89**

TAKLEPER, FROZEN  
**Tourtiere Pies**  
**4.50 / 2.29**

TOWN CLUB, SWEET PICKLED, 2 TO 2 1/2 LB AVERAGE  
**Cottage Rolls**  
**4.17 / 1.89**

TOWN CLUB, SLICED  
**Side Bacon**  
**500 g vac pac 2.49**

**Swift Wieners**  
**450 g vac pac 1.59**

SWIFT PREMIUM, SLICED  
**Cooked Ham**  
**175 g vac pac 1.59**

**FROZEN SEAFOOD**  
HIGH LINER, FROZEN (HADDOCK FILLETS-2.99)

**Haddock In Batter**  
**350 g pkg 2.29**

FROZEN, IN LIGHT TEMPURA BATTER  
**Blue Water Fish**  
**700 g pkg 3.29**

EXCELLENT FOR BRAISING

**Blade Steaks**  
**3.95 / 1.79**

CANADA GRADE 'A', FROZEN, EVisCERATED  
**Cornish Game Hens**  
**4.17 / 1.89**

SWIFT, SLICED, 8 VAC INCL MAC & CHEESE  
**Cooked Meats**  
**175 g vac pac .99**

SWIFT  
**Sliced Bologna**  
**375 g vac pac 1.59**

SWIFT OLD MILL  
**Breakfast Sausage**  
**3.95 / 1.79**

CANADIAN QUEEN, HOT OR SWEET  
**Sausage Italian Style**  
**4.39 / 1.99**

CANADIAN QUEEN, SMOKED, BY THE PIECE  
**Back Bacon**  
**10.12 / 4.59**

CANADIAN QUEEN, SLICED, MINCED HAM OR VARIETY PACK  
**Cooked Meats**  
**375 g vac pac 1.99**

LAND O'FROST, SLICED, 5 VAR INCL CORNED BEEF  
**Cooked Meats**  
**71 g pkg .69**

CHEFMASTER  
**Canned Ham**  
**1 lb tin 2.49**

**Whole Chicken Legs**  
**3.08 / 1.39**

**Thighs & Drumsticks**  
**3.28 / 1.49**

**SAVE 1.00**  
GLAD-THE STRONG ONE  
**Garbage Bags**

**2.99**

**SAVE .70**  
FROZEN, BEEF, CHICKEN, CHOPPED BEEF, TURKEY  
**Banquet Dinners**

**1.19**

LIBBY'S, FANCY  
**Tomato Juice**

48 fl oz tin **.99**

PLAIN OR ASSORTED FLAVOURS  
**Yoplait Yogourt**

BUY 3-SAVE 1.06  
**3 / 1.75 1.49**

ASSORTED VARIETIES  
**Dad's Cookies**

400 g tin the bag **1.79**

MAPLE LEAF, PROCESS  
**Cheese Slices**

500 g pkg of 24 **2.99**

FROZEN, BEEF, CHICKEN, TURKEY  
**Banquet Meat Pies**

8 oz pkg **.59**

FROZEN, ASSORTED FLAVOURS  
**Banquet Cream Pies**

14 oz pkg **1.19**

SUPERMAN, FROZEN, STRAIGHT OR CRINKLE CUT  
**French Fries**

1 kg **1.29**

MINUTE MAID, FROZEN, CONC., REG., PULP OR LOW ACID  
**Orange Juice**

12.5 fl oz tin **1.39**

**THE FARM** at A&P

CANADA NO. 1, PROD. OF SPAIN  
**Green or Red Grapes**

**2.18 / .99**

PROD. OF U.S.A., DELICIOUS IN SALADS  
**Fresh Spinach**

**.69**

PROD. OF U.S.A., SWEET, DELICIOUS  
**Fresh Kiwi Fruit**

18 oz pkg **1.99**

PROD. OF U.S.A., CALIFORNIA  
**Fresh Avocados**

**2 / .99**

PROD. OF U.S.A., INDIAN RIVER  
**Red Grapefruit**

**5 / 1.99**

CANADA FANCY, PROD. OF ONTARIO, ALL PURPOSE  
**McIntosh Apples**

10 lb bag **3.99**

CANADA NO. 1, PROD. OF ONTARIO  
**Fresh Carrots**

5 lb bag **.99**

CANADA NO. 1, PROD. OF ONTARIO, YELLOW  
**Cooking Onions**

5 lb bag **.99**

**SPECIAL FINE Granulated SUGAR** **SPECIAL Granulated SUGAR**

**SUPER BUY!**

FINE GRANULATED  
**White Sugar**

2 KG BAG

**.89**

(Sale of 10 bags-8.90)  
LIMIT 10 BAGS PER FAMILY PURCHASE



**SAVE .70**

SUN PAC, PURE  
**Apple Juice**

48 FL OZ TIN

**.99**

MARVEL, ENRICHED  
**White Bread**

675 g loaf **.59**

JANE PARKER (CHERRY PIE 1.99-SAVE .50)  
**Pumpkin Pie**

624 g size **1.79**

JANE PARKER  
**Gold Pound Cake**

510 g cake **1.39**

INSTANT, WITH CHICORY  
**Encore Coffee**

8 oz jar **4.99**

**SAVE 1.00**  
REGULAR, FINE OR EXTRA FINE GRIND  
360 g VAC PAC BAG  
**Nabob Tradition Coffee**

**3.29**

KELLOGG'S CEREAL  
**Corn Flakes**

525 g pkg **1.59**

FABRIC SOFTENER (SUPER 500 mL 2.49-SAVE .40)  
**Downy Liquid**

2 litre pset bot **3.99**

(LIQUID SOAP WITH PUMP 250 mL 1.69(REFILL 500 mL 2.30))  
**Ivory Soap**

400 g pkg of 4 bars **1.49**

REGULAR, BUCKWHEAT OR BUTTERMILK  
**Aunt Jemima Pancake Mix**

1 kg pkg **1.79**

WITH THIS COUPON **SAVE .30**  
HUMPTY DUMPTY, ASSORTED VARIETIES  
**Potato Chips**

**.99**

Limit one pkg per coupon  
VALID UNTIL NOVEMBER 24, 1984  
(Feature price 1.29 without coupon.  
A&P regular price 1.79)

V.C.

**PHOTO REPRINTS**  
are available for any photograph appearing in The Herald  
\*\*\*  
45 Guelph St.  
877-2201