

Best kept secret

One of the best kept secrets in Georgetown is the noon hour skating available during weekdays. Fridays at Gordon Alcott Arena have a special meaning for Herald staff. That's the day a few of us head off down Guelph Street for an exhilarating display of turns, spins ... and falls.

If you stay late, Myles and the boys will be there and you can watch the oldtimers skate the suspenders off the younger folk.

Noon hour skating represents one of the pleasant ways to put a hectic work week into perspective. It's a chance to chat with colleagues or friends without the distractions of a smorgasbord lunch.

What better way to clear the mind and exercise all those unused muscles? You'll rarely find the Alcott arena ice so underused and it's a thrill just to be on the same surface as the Geminis or Raiders.

So give it a try and say hello to a dedicated bunch of noon hour skaters. There's only a few of us -- so don't tell anyone about one of Georgetown's best kept secrets.

Golden opportunity

We're impressed by efforts initiated by the Milton District Hospital fund-raising committee to accomplish their monetary goals.

Their campaign to raise funds for a million dollar expansion went over the top recently by a 11 per cent margin. Good organization produces results, as the Milton example shows, and it's a lesson that Georgetown can learn from.

Our own nursing home complex has been built quietly without much fanfare. While contributions are flowing in from a variety of different sources each week, there hasn't been a concerted effort to arouse the public's interest.

We know from past experience that our own hospital is staffed with people who take a professional attitude towards their work. We also understand that as in other cases across Ontario, reduced funding by the provincial government has hurt our ability to treat the sick.

New equipment needs to be bought and facilities could be improved - if only there were more money to go around.

One solution we believe could help the Georgetown District Memorial Hospital would be to have a public relations and marketing staff person to help promote the hospital's needs to the public.

The hospital should be more visible to citizens and they deserve to know about the hospital's needs.

The GDMS is missing a golden opportunity to let the community take part in projects we'll all benefit from.

Healing with herbs

By SUZANNE BROWN

There is a growing movement today towards alternative health care and preventive medicine. As a result, the natural methods of healing using herbs are being rediscovered.

Mary Thomas, who owns Nature's Emporium in Glen Williams, is an enthusiastic advocate of herbal remedies and takes daily, herbal combinations from Maria Treben's book "Health through God's Pharmacy."

Maria Treben is the leading expert in healing with herbs. She has accumulated a large amount of practical experience with herbs in her native Austria and in her late sixties wrote "Health through God's Pharmacy."

Her book has sold over four million copies and ranks second only to the Bible as the best-selling book on the market today.

Marge Thornton and Charlene Landry of Acton's Willow Lane Natural Foods can also attest to the growing popularity of herbal remedies.

They have had many requests for the medicinal herbs found in Maria Treben's book - especially for Swedish Bitters, an elixir purporting to have revitalizing properties.

So, it was with great interest, that I attended Maria Treben's lecture in Kitchener last Monday.

I had tried some of Maria's remedies with little success and consequently I felt I had some right to be skeptical.

Yet, like most of the three hundred people who had turned out to hear her speak, I wanted to believe that this grandmotherly woman before me, dressed in a black dirndle and red shawl, could actually affect through herbs some of the miracles she claimed.

She spoke through a translator of her experiences with medicinal herbs. She used herbs to cure everything from the common cold to cancer.

In one example, she said that if everyone would only drink one cup of horsetail tea a day, they need never suffer from arthritis, glaucoma, gout or neuralgia.

Her lecture was liberally sprinkled with case histories. She spoke movingly of the many seemingly hopeless cases which had come to her and of her sincere belief "that as long as the patient lives - there is hope".

She told of curing epileptic seizures using Swedish Bitters compresses and tea made from Stinging Nettle which she called "the greatest healing plant we have".

Particularly poignant, were the case histories of children whose parents had brought them to Maria when all else had failed. She told of one small boy with leukemia who had already lost all his hair and could no longer take any food or liquid. His doctors had only given him a few days to live. After two months of herbal treatment, he was pronounced cured.

CLERGY COMMENT

By DR. JOHN M. DRICKAMER
Immanuel Lutheran Church

We all want to be free, as free as possible. But we recognize that our freedom is necessarily limited. It is limited by the mere fact that we must share the world with other people. Government exists to keep things running smoothly and, in democratic thought, to preserve as much freedom as possible in the process.

Nations have borders. Anyone who is within a nation's borders is in a relationship to the government of that nation. There is no choice about that.

The only choice a person has is whether his relationship to the government will be good or bad. Law-abiding, tax-paying citizens and residents are in a good relationship to the government. Those who live outside the law are in a bad relationship to the government.

I do not mean to express any political theories but only a few general facts. I realize that they do not cover every specific instance. It is only for the purpose of illustration.

The point is that no one has the

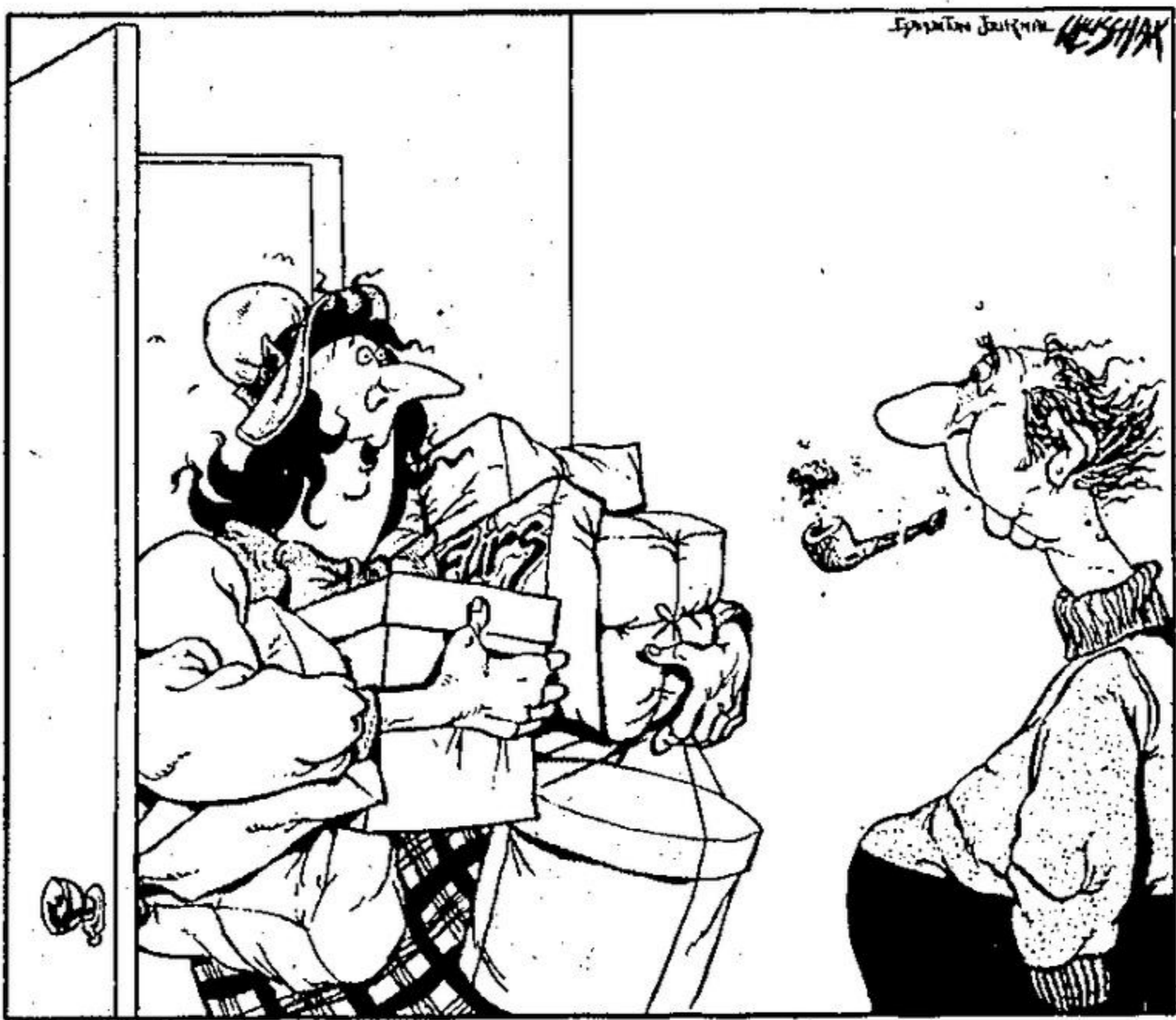
freedom to decide whether or not to have a relationship to God. This is God's world. In fact, it is God's universe, so the point even applies to astronauts. Everyone is in a relationship to God.

The only choice is whether the relationship will be good or bad. This is very important, for this life but most of all for the next life. There is a heaven and there is a hell. Heaven is a lot better than your home in Halton Hills. And hell is a lot worse than the prisons in Milton or Brampton - or Kingston.

Wherever you are, you need to know about the government and its laws. If you drive into Quebec or New York, for instance, you need to know about the traffic laws. You would pay attention to the road signs to avoid a fine.

You are in the world now. You need to know about the Ruler of the universe, the true God. You need to know how to be in a good relationship with Him in order to avoid punishment for worse than a fine - and to enjoy peace and comfort far beyond what any earthly government can provide.

To find out about God, you should read the Bible and attend a church where God's Word is purely taught. What you will find out is that we are all sinners and that sin is a real problem for our relationship to God.



Exploring Norval street names

By RICHARD E. RUGGLE
Herald Special

If you look at the map of Norval in the 1877 County Atlas, you will see the plan for a large town which never was. The map is based on a survey commissioned by Peter Adamson in 1853.

Adamson hired a prominent Toronto surveyor, J.S. Dennis, to plot out the ground. The actual work was done by Dennis' young assistant, Charles Unwin (1829-1918). Unwin had already worked in Georgetown and Milton, so knew something of the area.

He took the steamer from Toronto to Port Credit, then travelled north by stage. With a party of six, he spent between six months to a year laying out the village.

In 1855 the survey was lithographed, and the streets were down on paper, if not all on the ground.

A veteran of the peninsular campaign against Napoleon, Peter Adamson (1775-1865) had been granted a Portuguese knighthood and the rank of general. In 1839 he began to buy property in Norval, and took over

McNabb's mill, though by the mid-fifties when the survey was made, Gooderham and Worts were carrying on the operation of the mill.

The survey suggests he had hopes the village would develop, but just about that time, it was bypassed by the Grand Trunk Railway in favor of Georgetown. Where the town line runs through the village, it now officially bears the name of Adamson street.

In times past it had also been identified as South street, or Church street, and more recently, Winston Churchill boulevard.

Isabella street is named after the general's daughter, or perhaps her daughter, who was given her mother's name at her birth in 1841.

Isabella Adamson had married (1830) to Lieutenant Arthur Johnston Jones of the 71st Regiment. Jones had served in South America and, like his father-in-law, in the peninsular campaign, before coming with his regiment to Toronto. Arthur and Jones streets were to perpetuate his memory.

After his death, his widow remarried (1836), to Charles Mitchell, who had

been born in Scotland about 1808. Charles street was named, partly for him, and partly for their eldest son, Charles, who became a surgeon in the American army.

Some of the other names on the map were for some of the couple's eight children. The second daughter, Rose, born in 1843, was married in 1866 to James Irvine of Badulla, Ceylon; Catharine was born in 1846; Alexander was born in 1853; and Mary in 1855.

Where James, John, Laura and Green streets derive their names from I do not know.

Draper street presumably recalls William Henry Draper (1801-77), a lawyer whose eloquence won him the name of Sweet William. A moderate conservative who disliked politics, he reluctantly took office and, as attorney-general, was virtually prime minister of Canada from 1844 to 1847.

He became Chief Justice of Upper Canada in 1863.

The present highway was called York street east of the Credit and Guelph street west of the river, indicating the towns to which it led.

New mission for the NDP

Ottawa Report
By Stewart McLeod

The federal New Democratic Party will scamp in Canada's 33rd Parliament with "a new mission" and a clear set of priorities.

The New Democrats are anticipating a more co-operative atmosphere in the House of Commons, despite the dominating presence of 211 Conservative MPs under Prime Minister Brian Mulroney. They hope to tap this new spirit as fuel for their own political agenda, says finance critic Nelson Riis.

"It's a different mood now," Riis said in an interview. "There is coming from all quarters, government as well as opposition, bureaucracy as well as media, the feeling that change is in the offing. Our responsibility, our challenge will be to do what we can to ensure change is progress."

Because the 30-member NDP caucus is "fine-tuning" legislative strategy in preparation for Parliament's Nov. 5 opening, Riis won't reveal details. In general, the NDP wants the country's tax system overhauled to make it more equitable.

TAX CHANGES

"We want to see changes to tax legislation as a vehicle for economic development and job creation as well as building in the element of fairness," the British Columbia MP said.

The NDP also plans to push for "equality in the workplace". They say workers, especially women, need protection and help when hard times threaten layoffs.

Legislation forcing financial institutions to be more flexible in making loans to local entrepreneurs is another NDP priority. Small business-

men are denied financial backing because lending policies "come out of Bay Street", Riis said.

"We've got to bring in some major changes to make our financial institutions more sensitive to economic development in this country."

The MP foresees a change in his role as finance spokesman in the new Parliament. Opposition critics snarled at any proposal made by the Liberals in what Riis described as the "cynical atmosphere" of the last Parliament.

SEES CHANGES

"I'm optimistic at the moment that there'll be changes. Therefore, my role as finance spokesman will be not only to criticize but also to offer some alternatives."

However, Riis' rosy outlook has been dampened by the Tories' decision to proceed with a one per cent rise in federal sales taxes. The MP fears the new government will be only "A change of players" not of attitude.

"I don't know if the Conservatives are going to give them the change that Canadians desire. The Conservatives have the possibility of really being a disappointment."

The NDP also plans to take dead aim at the still-bleeding Liberals. With the Griets reduced to 40 seats, Riis believes the time is ripe for the NDP to emerge as Canada's major opposition party.

"We are optimistic that they are not going to come back and we're going to assist them in that process. Our real political foe has always been the Liberals because they have kept us from making electoral gains by taking our very good ideas and making a mess of them."

The New Democrats' view is that the Liberals were turfed out because they lack ideology, preferring to occupy the middle ground. In contrast, said Riis, the NDP and the Tories held clearly defined, if opposite, philosophies.

"People know in their hearts that the Liberals do not have the strong fundamental basis from which to deal with the issues facing us today," he said.

For the first time, the NDP is "number two in English-speaking Canada in terms of support at the polls." The party's 30 seats are in Ontario and the West while only 23 of the Liberal seats are in provinces other than Quebec.

QUEBEC FOCUS

With that in mind, the NDP plans to concentrate on Quebec in the coming years. The caucus has more bilingual MPs than ever and believes social democrats in Quebec are disenchanted with the Parti Quebecois.

"With this new mission, this new era in our party history, a lot of us feel very honored to be part of that. We also recognize the awesome responsibility as individual members to not let the party down," said Riis.

NDP Leader Ed Broadbent is as pumped up as the rest of his caucus, thanks to his performance on the campaign trail. Riis said Broadbent, who has led the party since 1975, pulled off "an electoral miracle" by holding party losses to one seat.

"Broadbent did pull off something unbelievable and the caucus recognizes that. A lot of our success was due completely to him and his wife, Lucille."

Riis will support his leader's bid for re-election at the party's convention next year. And, he said, Canadians may see a new, improved version of Broadbent when Parliament begins next month.

"He's going to be very enthusiastic, very optimistic, confident in the positions we're taking and our electoral future. I think that will probably portray itself in a variety of ways."

And the caucus he will lead?

Said Riis: "We're keen, we're committed."

Prepare your lawns for winter

According to Georgetown Co-op's manager Joe Kea it may already be a little late to prepare your lawn and garden for winter.

"It's getting into that time of year when you do or you don't," Mr. Kea said late last week.

He said the best time to take precautions for next spring is the beginning of September to mid-October because that is when the grass is in its last growing stage.

Mr. Kea said using a high pot ash and phosphorus fertilizer this fall is the key to a healthy lawn next spring. Co. 24-24 or 3-5-12 fertilizers are two of the ones Mr. Kea suggests using. The 3-5-12 may be used with or without weed killer.

Grass seed may also be used at the same time as the fertilizer.

Another tip Mr. Kea gave was to put lime on the lawn if the grass is dying out. This process will bring up the level of calcium in the soil and help the grass grow.

"This information isn't gospel, but are just some suggestions," Mr. Kea said.

Len Tuitman of Tuitman's Garden Centre and Landscaping also suggests fertilizing the grass in the fall. CIL Wintergreen is the brand he recommends.

"The biggest thing is to rake the grass before the snow comes," Mr. Tuitman said, explaining if the leaves are on the lawn the grass will receive no light and die.

He also suggests cutting the grass to summer height to stop it from getting flat and matted. If the grass is

long in the fall and there is a wet spring you could have foot long grass by May, he said.

For vegetable gardens Mr. Tuitman suggests that they should be dug over, tilled and a load of manure spread on top.

"If you clean in the fall you'll have a headstart in the spring," he said.

For little or no weed problems in the spring he advises gardeners to hoe and cultivate the soil as soon as the ground is workable.

Mr. Tuitman said the fall is a good time for planting bulbs, junipers and deciduous trees. Deciduous trees and junipers may be planted right up until the freeze but it may be tough and go with the larger evergreens depending on when they were dug, he said.

POETS' CORNER

A ride on it those days, a thrilling sight
Could be summer scenes, or snowy
winter white

Those cars had a whistle of a special
horn
It was an inspiration from the early
morn
They installed sidings, freight to make
It pay

TORONTO OLD RADIAL LINE TO
GUELPH, A TRUE STORY
It was a scenic handy railway
Which would be used to-day
Everyone thought it was going strong
Electric cars were running all day long

Radial cars ran close to the hour
Georgetown was its plant of booster
power

Halton's History

THIRTY YEARS AGO - Dr. E.G. Fauldi stated that Georgetown's future was portrayed in glowing terms due to the St. Lawrence, a new through highway only 7 miles from town.

Mrs. John Bell celebrated her 92th birthday as well as her 50 year residency in town.

The Silverwood Women's Institute met at the home of Mrs. D. Williamson. Members Mrs. Harry Marchington and Mrs. Ernie Miller then told of their travels across the continent over the summer.

Ontario Hydro crews moved into Georgetown last week to start the complex 25-60 cycle "Operation Turn-over" in the town.

FIFTEEN YEARS AGO - The 82 year old renowned German scholar and poet, Barker Fairley, held a portrait exhibit at the House Sol on Charles St.

Mrs. R.W. Norton won the Timothy Eaton Flower show trophy. Mrs. Norton was awarded the trophy by the Georgetown Horticultural Society for the biggest aggregated points for the year.

The new branch of United Co-operatives officially opened. The new facility was created as a result of major overhaul of the old co-operative store.

TEN YEARS AGO - The Chamber of Commerce invited Prime Minister Trudeau to be an after dinner speaker at the Chamber's last dinner meeting in the spring. Fifty junior boys from all over Halton took part in a giant cross country race. Winner of the race was Doug Smith of Centennial Public School.

The Lucan Farmstead, remaining in the Lucas family for six generations, was moved to the Agricultural Museum in Milton.

25 GDHS students were awarded scholarships at the Georgetown District High School commencement exercises. Recipients of the Halton Board of Education Proficiency Award were Honor graduate Ted Darle and 4 year graduate Deborah Hunter.

A new condominium project, with 67 units proposed, was being planned to join Terry Court and Edward Street, by the Merity Development firm.

FIVE YEARS AGO - The Acton town hall restoration committee decided to make the attempt to raise \$58,000 to restore the old building on the corner of Willow and Bower Streets. Leaders of the fund raising committee were Alma Swetman, Kay Dillis, and Stella Brunelle.

The first Vietnamese family to arrive in Georgetown, Nghiep Curt Tsan, his wife and parents ended their exodus from their beleaguered homeland arriving safely at the home of Reverend and Mrs. John De Jong of Georgetown.

Local artist Dorothy Stone was awarded an honorary fellowship by the Heraldry Society of Canada. Miss Stone and Lieutenant Governor Pauline McGibbon were the first women to be awarded honorary fellowship. The awards were announced at the Society's annual meeting.

When will the government extend their Assistive Devices Program to include individuals over the age of 19?

While they have provided 75 per cent of the cost of essential aids to young people for the past two years, there is still no indication that the program will be extended to adults.

The handicapped as a result of their disabilities have the highest unemployment rate and often those employed have low wages and higher expenses.

The Assistive Devices Advisory Committee has recommended implementation of stage two in which an evaluation of the program's success would ensure its extension to include the entire disabled population.

The program has been an unqualified success but to date Health Minister Keith Norton has given no sign that adults will be included in the foreseeable future.

Voluntary agencies, such as the March of Dimes, do their best to stretch shrinking dollars and provide relief, whenever possible. Although some government funding may help certain individuals in financial need, most of it is discretionary involving a tangle of red tape and bureaucracy to no avail.

Dignity may seem to be all that is left to someone who has lost his job, his home, and maybe his family (national statistics inform us that when men become disabled, 50 per cent of marriages break up; for women that figure is 99 per cent).

Voices from the Shadows by Gwyneth Matthews, due to a handicap. Approaching an organization for funds can be humiliating in a country where the work ethic is so strong.

The ability to walk, work and play are all God given abilities that we often take for granted. Someone fighting to overcome the debilitating effects of an injury or illness should not be further penalized by being subjected to the humiliation of asking for charity to meet their most essential needs.

This message must be brought home to Keith Norton if our MPPs are to implement changes to insure all are included in this worthwhile program.

It had so many setbacks, why didn't stay
Was a hopeless dream, it vanished over night
It's over 50 years, since they closed it up tight
Although its days ended, memories still remain
Yes we have other ways, not just the same

—ALBERT BROOKS



By PAT WOODS
Herald Columnist