



eggs large .99

99¢ sale

Loblaws
Canada grade 'A'
dozen carton
Limit 2 dozen

with every \$20.00 Loblaws order

coupon worth \$1.00 in gas

quarters, fresh chicken leg /kg 2.18 /lb. .99

caffeine-free Coke, Tab, caffeine-free Tab, Diet Sprite, Sprite, Fresca, caffeine-free Diet Coke or Diet Coke, 750 mL. btl. (plus 30¢ deposit per bottle)

Limit 6 bottles less than price

Coke diet Coke 3/99 1/2

product of U.S.A. honey-dews ea. .99

12 oz. pkg. Baden XXX mozzarella cheese 1.84 pay only 1/2

"Flown in Fresh From Sicily" italia grapes /kg 2.18 /lb. .99

product of Sicily Canada #1 grade

Ragu, plain, with meat or with mushrooms, 28 fl. oz. jar spaghetti sauce 1.34 save .99

sweet pickled back bacon centre cut Canadian roast /kg 4.39 /lb. 1.99

E.D. Smith, cherry pie filling 19 fl. oz. tin 1.70 save .99

freshly ground lean ground beef /kg 4.39 /lb. 1.99

Kellogg's cereal, 800 g box Raisin Bran 2.70 save .99

Schneders Olde Fashioned hams cooked, smoked, boneless 10.12 /kg 4.59 /lb.

product of U.S.A., Canada #1 grade cantaloupes each .99

Nabob Tradition coffee fine drip, extra fine or regular grind 388 g vacuum pack 3.79

Hostess regular, kinkies, barbecue, or cream & onion or salt & vinegar potato chips 200 g bag 1.39

Ocean Spray cranberry sauce 14 fl. oz. tin 1.39

Milkbone dry dog food 2 kg box 2.99

Hawaiian beef short ribs cut from Canada grade 'A' beef 4.39 /kg 1.99 /lb.

product of Ontario, Can. fancy grade McIntosh apples 10 lb. bag 3.99

Tab, Diet Sprite, Sprite or Diet Coke Coke 24 x 280 mL. 6-pack 6.99

Weston's sliced white bread 875 g loaf .89

Monarch sponge pudding mix 255 g box .79

with this coupon, PLU 938 \$1.00 off the everyday low price of one package of Weight Watchers frozen dinners assorted varieties \$1.00 off

Limit one coupon per family. Coupon expires Sat. Sept. 15, 1984. Coupon valid only at Loblaws.

Highliner frozen, in butter, sticks or file family size fish 700 g pkg. 3.79

stir-fry product of Ontario vegetable mix 12 oz. tray 1.99

Fleischmann's soft corn oil (safflower, sweet corn oil (unsalted), sunflower oil or light calorie - reduced fat) 1 lb. sleeve margarine (2 x 8 oz. tubs) 1.69

Mott's clamato cocktail 48 fl. oz. tin 2.39

Luttrell Second assorted flavour pudding or yogourt (1 x 8 fl. oz. 8-ounce) (1 x 125 g 4.5-ounce) 2.25

frozen Highliner brand Sole, 454 g pkg. fillets 3.99

product of Ontario Canada #1 grade prunes, 4 L. basket 3.99

frozen, regular, blueberry or raisin in syrup Kellogg's Eggo waffles, 11 oz. box 1.49

select discoveries ground coffee 2.79

Libby's pure grapefruit juice 48 fl. oz. tin 1.59

win one of 484 Cabbage Patch dolls

NAME: _____ ADDRESS: _____ TELEPHONE: _____

side sliced regular or thick Loblaws bacon, 500 g pkg. 2.89

product of Ontario Canada #1 grade blue, 4 L. basket grapes 3.99

frozen, fancy Superman french fries 1.59

Ocean Spray cranapple drink or cranberry cocktail 40 fl. oz. 2.59

48 fl. oz. tin V-8 cocktail vegetable juice 1.49

frozen, 170 g pkg. Brilliant cooked shrimp 1.99

product of Ontario romaine 69

frozen, fancy York, 1 kg poly bag kernel corn 2.19

cream (14 fl. oz.) or whole kernel York, 12 fl. oz. tin fancy corn .79

Prices effective from Wed., Sept. 12 to Sat., Sept. 15, 1984. Loblaws specials are not available at superstore warehouse. Stores reserve the right to limit quantities.

frozen pure pork or farm pork 3 Little Pigs sausage, 500 g pkg. 2.59

product of Ontario or U.S.A. Canada #1 grade cucumbers 3/1.00

Green Giant frozen, fancy green beans, 1 lb. 2.99

14 fl. oz. tin York fancy peas .79

beef or liver dinner Miss New cat food, 411 g tin 1.69



Dave Nichol's **Back-to-School Insider's Report**
over 100 unique products to help you slash your food bill
pick up your free copy at Loblaws