

CLEAR Y BROTHERS

Family act still running at Cardinal Leger school

By KELLY NORGATE
Herald Special

Sean and Brendan Cleary are brothers who share a great talent. While both enjoy a variety of sports they both excel at one in particular. That sport is running.

It all started at Holy Cross school when a grade six teacher, John Luciani, encouraged the boys to develop their running skills.

Sean, 16, and his younger brother Brendan, 14, are now both attending Cardinal Leger high school in Brampton. Running is more than just a sport, it has become a big part of their lives.

Sean says he may have strayed from running other years because of his love for other sports like basketball, volleyball and soccer. But now, at 16, he intends to take running more seriously.

Every night after school, Sean Cleary trains with his high school track team. His best events are the 1500 and 3000 metre races. "I'd like to become more of a distance runner," said Sean. The

3000 metre event is the longest distance race track and field offers.

Younger brother Brendan prefers to train independently of his high school track club. In this way, he is free to run for any club, in any road race that he chooses.

TALENTED RUNNER
Brendan has only been running seriously for about a year. Just last summer, when he was training at the York University track he was recognized as a talented runner by Canadian middle distance coach Brian Barnes.

Barnes is now Brendan's personal coach even though Barnes is currently teaching at the University of Manitoba.

"He writes me a letter a week," said Brendan. Coach Barnes also phones long distance about three times a week and visits Brendan personally about once a month.

"My coach is bringing me around slowly so I will still like running when I'm 30," said Brendan. He said that Barnes gives him encouragement and var-

ity in his workouts. Brendan runs about 50 miles a week.

It seems that Brendan's training has not been for nothing. This month, he competed in the Gyro Canadian Road Racing Championships at St. Catharines, where he ran 10 kilometres with a time of 35:31. His time unofficially shattered the previous Canadian record in the under 14 category by over two minutes.

Jeff Amato, another Georgetown lad, set that record last year with his time of 37:09.

"Dad rode beside me on my bike," said Brendan. He said that this made him run a little faster and pace himself better.

DAD HELPS

The boys' father, Joe Cleary, encourages both his sons in running. Mr. Cleary is currently taking courses at York University to become a certified coach himself.

Both boys intend to run in many races this summer.

Just last weekend, Sean ran in the Longboat Memorial 10-kilometre race at Centre Island. He placed 18th out of 784 runners, third overall in the under-18 category.

Two weeks ago, Sean competed in the 'Regionals' where high school athletes try to qualify for the OFFSA provincial championships.

Unfortunately, Sean missed qualifying in the 1500 metre race by only four one hundredths of a second. He said his mind was just not on the race, and much of running is in your head.

This June, Brendan will be running with the Georgetown Track and Field Club in a run from Jasper to Banff. There will be 17 members to each team with each member running 12 miles of the race.

Sean said that you have to sacrifice quite a bit if you really want to be a good runner. He admits that he has missed a lot of school because of track meets and he could never hold down a part-time job.

Sean and Brendan will probably train together sometimes this summer. They are hopeful of achieving good racing times this summer.



SEAN AND BRENDAN CLEAR Y

Expos defeat Giants in major tyke play

Randy Barrett cracked a pair of doubles and a single to spark the Expos over the Giants, 13-8, in GBA major tyke house league action last week.

Russell Warren and Adam Edwards both connected for triples for the winners, and Jason Barrett had a two-base hit. Michael Barrett also played well for the Expos.

Ryan Schirk, Michael Bosman and Brian Bell shared the mound duties for the winning side.

Adam Hills paced the Giant attack with a double. Geoff Patey had a good game, both in the field and at the plate.

Hills, Eldwin Ortila and Dusty Lane shared the pitching duties for the Giants.

In other major tyke play, the Royals blasted the Astros, 13-4.

Mark Mininch homered for the winners, backing the solid pitching of Stephen Lacroix and Jamie Tripp.

Lori Lynn Moore played well for the winners.

Sean Guistini, Danny Korzejel, Scott Dobbins and Pat Mlodzenec pitched for the Astros.

John McLeish turned in a solid effort in a losing cause.

In the final game, William Fry homered for the Mariners, but it still wasn't enough to stop the Indians as they lost a 13-10 decision.

In the season-openers, it was the Expos over the Giants, 21-10; the Royals over the Astros, 16-7; and the Indians scaping the Mariners, 17-1.

Adam Edwards crashed two homers, driving in three runs to pace the Expos over the Giants the first time around. Jimmy Lawrence had a homer and a triple for the winners.

Adam Hills smashed a grand slam for the Giants, and David Hodgson connected for a solo shot. Mark Bentlet doubled in a losing effort.

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Tornadoes whirl to fourth win

Tornadoes 21 Paytons Choice 10

With everyone playing a great defensive game, allowing only five runs in six innings, and good hitting by Ellen McGowan and Linda Weeks, the Tornadoes won their fourth Georgetown Powder-puff Softball League game in a row. Paytons Choice played a good game.

Gold Stars 17 Burgundy Brats 10 Exceptional effort

and good playing by the entire team, backed by an excellent running catch at rover and good plays at first by Bernice Bishop and great pitching by Lorraine Tarzwell, brought the Stars the win. Even with Penny Butterworth's great home run and super catches by Bev Barrett the Brats couldn't catch the Stars.

Six teams were rained out last week and we hope next week brings clear skies.

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