



Scott Pundsack

# Local wrestler is Canadian champ

By GERRY TIMBERS  
Herald Sports Editor  
Georgetown's Dave Power is a Canadian wrestling champion. Power, 16, of Gower Court, topped 17 wrestlers from all across the country to win the gold medal in the 130-pound division at the Canadian Midget Wrestling Championships, Saturday at Erindale Secondary School in Mississauga.

The Georgetown Rebel wrestler won six matches, including a thrilling semi-final against his friend and Rebel teammate Scott Pundsack, enroute to the national title. He won the gold medal by narrowly out-pointing Sarnia's Karl Bulitka, 2-1, in the final.

Power will now represent Canada on a July tour through the United States, with competitions set for Pennsylvania, New York, and Washington, D.C. He will also be a member of the Canadian team that will compete at the World Wrestling Championships at the Ohio State Fair in August.

After nipping Newfoundland's Blake Neibert, 2-1, in his opening match, Power sailed through his next three opponents. In a dramatic turn of events, Power was pitted against his friend, Pundsack, in his fifth match, the semi-final.

**TOUGHEST MATCH**  
In what Power described as his "toughest match of the day", he edged Pundsack by stealing the only point with 45 seconds remaining in the final round.

"It was a real stalemate," Power said of the match with Pundsack. "We can't seem to do anything against each other. I'd already beaten Scott a couple of times this year, and I was afraid that this would be his turn to beat me."

Disappointed, Pundsack gave Power full credit for his victory. "He was still someone I had to beat," Pundsack said. "It was so close. There were no surprises out there."

A host of other Halton Hills wrestlers competed at Erindale in the Canadian Bantam Championships.

**FIFTH PLACE**  
Georgetown's Brett Robinson earned a fifth-place finish among 16 wrestlers at the 53-kilogram division.

Robinson, 14, won three of five matches on the day.

His division was won by Mark Labou of Saskatchewan, who upset reigning Canadian champ in Kim of Scarborough in the final. Kim had beaten Robinson in a tough match at the Ontario finals two weeks ago.

Julian Ashworth of Acton was seventh overall in the 53-kilogram division. Robinson out-pointed Ashworth, 10-3, in their match.

Steve Sheppard and Greg Wagner, both of Acton, were eighth overall in their respective weight classifications.

Eleven-year-old Eric Matson, of St. Joseph's Separate School in Acton, was second of three competitors in the 28-kilogram division.



Dave Power

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SECTION C, THE HERALD, Wednesday, May 16, 1984 - Page 1

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## PLAYING THE FIELD

GERRY TIMBERS  
Herald Sports Editor

### Gymnast Gail not a quitter

Sometimes, not knowing when to quit can work to your advantage.

If Gail Cook had listened to her doctor, her coach, or her parents three years ago, she would not have won a silver medal at the provincial high school gymnastics championships two weeks ago.

She would have called it a career April 17, 1981, when she came tumbling off the mini-tramp during a work-out, badly dislocating her left elbow. She suffered severe nerve and ligament damage, and spent the next year undergoing extensive physiotherapy just to regain somewhat normal use of the limb.

Gail, now 17, didn't go near a gym for the next 18 months. Dr. Charles Bull, a Mississauga Sports injury specialist, made it clear he wanted Gail to retire from competitive gymnastics. She refused to listen.

"He advised me not to go back to the gym," she smiles today. "It wasn't quite an order, but he made it clear he felt I shouldn't."

"I was getting bored, though, and I wanted to compete again. I was so close to making it to the provincial finals when I fell, that I just had to go back and train hard. I felt I could still make it."

Employing an "if-you-can't-beat-them-join-them" attitude, Dr. Bull manufactured Gail a special metal brace for her weak arm.

"I could be out forever, but I want to come back so badly. I'll have to train all summer with weights, and swimming in the pool. It was worth it, this time, though. It would be worth it again, to make it back to OFSAA."

Determined to overcome her handicap, Gail hit the weights. A steady diet of bench presses and curls, three nights a week.

It appeared she had come to the end of the road again in 1983, after an accidental fall down the stairs in the Dawson Crescent home. She smashed her tender elbow against the railing, redamaging the nerves, and Dr. Bull became even more adamant that Gail retire.

Of course, Gail didn't quit. She persevered, turning her misfortune into a personal triumph. At the OFSAA finals two weeks ago, Gail narrowly missed the Elite 'B' gold medal by a fraction of a scoring point.

"First of all, I thought it was a mistake," Gail said about her silver-medal performance. "I was just glad to be going to OFSAA. I didn't think I would place, and I didn't come first or second in any individual event."

Now Gail is facing another challenge. She is scheduled for surgery at St. Michael's Hospital in Toronto this July, to repair the nerve and ligament damage, and remove bone chips from the area.

This time, even Gail is ready to accept retirement. She has been living with pain for three years now. Enough is enough.

"I could be out forever, but I want to come back so badly," she says. "I'll have to train all summer, with the weights, and swimming in the pool."

"It was worth it this time, though. It would be worth it again, to make it back to OFSAA." If three years of pain, frustration and hard work haven't taught Gail about quitting, it's unlikely she will ever learn.



GAIL COOK

## Georgettes split opening pair

### Bomb Glen ladies 16-7 Monday night

The Georgetown Georgettes split a pair of high-scoring contests, as they opened their Halton Ladies Fastball League schedule this week.

They rebounded from a 16-7 bombing in their opener Wednesday night in Erin to pound Glen Williams, 17-6, Monday night at the Fairgrounds.

The Georgettes did most of the damage in

two innings in their victory over the Glen ladies. They scored four times in the home half of the second inning to snap a 1-1 tie, and then put five more runs on the board in the fifth to blow the game wide open.

Beth Haines touched off the second-inning fireworks when she singled to score Anna Swinkles, who had walked. Bonnie Penney

followed with a base on balls, and Gloria Haines cracked an RBI single.

Linda McClure's double scored another Georgetown run, and Linda Donais cashed in a fourth run when she stroked a single.

There were more fireworks in the fifth, when Becky Halonen crashed a double to score a pair of runs. Gloria Haines, McClure and Donais had all singled to fill the

bottom of the fifth, but six errors and seven runs later, the game was history.

Donasi and Penney were the batting stars for the Georgettes, both collecting three hits. Janet MacKay was two-for-four with a double.

The Georgettes have several new players this year as they battle six other teams for the Halton Ladies league honors. Outfielders

Marion McGugan, Swinkles and Cindy Halonen all followed with run-scoring hits as the Georgettes upped their advantage to 14-5, and put the game out of reach.

Disaster struck for the Georgettes in a single at-bat in their opening game loss to defending league champions Erin. The locals trailed 5-4 going into the

Donais and Beth Haines, infielder Gloria Haines and pitcher Barb Curry, a former Royal-Lette, are new with the club.

Returning veterans include McGugan, Swinkles, MacKay, Penney, McClure, Joan Hansen, Jennifer Reynolds, and Becky and Cindy Halonen.

Eden Mills is a new team this year, joining Acton, Glen Williams,

Erin, Hillsburgh, Orangeville and Georgetown.

The next two Georgette games are Wednesday-night affairs, both on the road. Tonight they travel to Orangeville, while next week they visit Hillsburgh.

Their next home appearance is Monday, May 28, when they host Eden Mills at the Fairgrounds.

## Two local gymnasts compete at Central Ontario finals

Georgetown gymnast Jenifer Arnold placed sixth overall to help the Central Region team to a title at the Ontario Gymnastics Federation Championship meet, at Burlington's Central Arena on the weekend.

Arnold, 12, piled up a total score of 35.85 to finish sixth among the 24 Argo 'A' competitors. Her best performance was in vaulting, where she earned a score of 9.05 to finish fourth. Arnold was fifth overall on the beam, and seventh on the bars.

Arnold's Milton



GAIL EASTWOOD

Springer and Central Region teammate, Gail Eastwood, finished seventh overall in the Junior 'B' competition to help her team to a second-place total.



JENIFER ARNOLD

Eastwood, a Grade 11 student at Georgetown District High School, was a surprise to compete at all, after she severely injured her

right wrist in the Halton finals six weeks ago. She competed at the OGF finals with a surgical brace.

Eastwood's best performance was on the floor, where she came sixth among 36 competitors with a score of 8.75. Her outstanding score of 9.05 on the bars was only good enough for 11th overall, in a very competitive field.

Both Eastwood and Arnold are former Halton Hills Jills who joined the successful Milton Springers club four years ago.



Georgetown third baseman Mark Lorito appears to be doing a dance step during Saturday's minor peewee game against Brampton.

The North Halton Sports minor peewees lost this contest, 13-2, but bounced back the following day to defeat Streetsville.

### Baseball back for the summer

## Minor peewees split two

The Georgetown North Halton Sports minor peewees split their two Halton County League baseball games last weekend, losing the home opener Saturday to Brampton 13-2 and coming back to win Sunday against Streetsville 12-8.

Saturday's game saw Gordie Burke pitch the full seven innings, recording six strike outs.

Offensively Scott Van De Valk, Robbo Boyle and Burke all recorded hits, with Burke picking up an RBI. Defensively, Jason Bonnevillie, Eddie Doyle, Dave Haskins and Mike Hughes provided strong support in the field. Coach Colin Brookes noted that a few key errors by Georgetown cost six runs. Brookes was very

pleased with the team performance against the stronger Brampton team.

Sunday's contest against Streetsville provided lots of action, with Mike McElroy, Scott Van De Valk and Andy Pearce sharing the pitching duties. Jason Bonnevillie connected for an RBI double with Mark Lorito, Kevin Usher and Eddie Doyle each getting two sing-

les. Mike Hughes, Mike McElroy and Andy Pearce also picked up singles.

The next minor peewee home game is Monday, May 28, against Clarkson.

## Two-run single wins

Jeff Mills delivered a two-run single in the top of the fifth inning to lead the Georgetown H and H Video bantams to a 4-3 victory in their Halton County Baseball League opener Saturday in Milton.

Georgetown entered the fifth trailing Milton 3-1, the lone run coming courtesy of an RBI-triple by Brian Hayward in the second inn-

ing. Mike Ross and Shawn Milton singled in the fifth, setting the stage for Pat McCarthy's run-scoring double. Mills followed with his single, scoring Milton and McCarthy.

Chuck Peebles pitched a strong game for Georgetown, striking out 14 Milton batters in going the distance. The Video bantams

will play a 21-game schedule this summer, with home games at the Fairgrounds on Thursday nights.

Team members include Mike Ross, Shawn Milton, Pat McCarthy, Chuck Peebles, Scott Mizener, Jeff Mills, Dave Tate, Brian Hayward, Rob Granada, Greg Tuck, Maurice Kester and Jamie Brear.

## French Connections nip Dutch Exports

The French Connections got third-period goals from Guy Vigneault and Brian Beauchessne to take a 3-2 decision from the Dutch Exports in Georgetown Ball Hockey League action at Memorial Arena on Thursday night.

The teams had split first-period goals, David Bradley scoring for the French Connections and Eric Namink replying for the Dutch crew.

Paul Dyxhorn scored less than three minutes into the final frame to give the Dutch Exports a temporary 2-1 advantage, but Vigneault and Beauchessne scored to give the Connections the win.

In other action, it was A.E. LePage over ReMax Realty, 3-1; Nick Martino Motors over Dave's Service Center, 4-2; Martin Structure over the Roxy, 3-1; and Exchange House over Pompei Pizza, 5-2.

Kim Banks popped a pair of goals for LePage to spark their win over ReMax. Jim Clark added a single marker.

Scott Haines counted the lone ReMax goal.

Paul Wickens, Gord Doig, Mike Stone and Eric Clark scored for Nick Martino Motors as they downed Dave's Service Center.

Darren Kushmash and John Graham-Smith replied Dave's.

Greg Robertson, Wayne Cowley and Frank Viscardly counted for Martin Structure as they topped the Roxy.

Gary Nix potted the lone Roxy goal.

## Challenge Day in Halton Hills

Today is the day of the Great Canadian Participation Challenge, as Halton Hills takes on all of Canada in an attempt to prove we are the most physically fit community in the nation.

Whatever you do today, take 15-minutes out of your schedule for some kind of activity. Then call it in to the special Neilson's Hotline (877-1691), so volunteer officials can register your participation.

Last year, 650,000 people in 52 Canadian communities accepted the challenge. This year, 26 towns the same size as Halton Hills have answered the call from Red Deer, Alta., so we have to get moving.

Here's a final list of special activities planned for Challenge Day, as we try to get the greatest percentage of our 35,000 residents exercising for 15 minutes.

Tune in to Halton Cable TV Channel 4 at 9:30 a.m., 10:30 a.m., 11:30 a.m., or 8:30 p.m., to take in the '15-Minute Workout', led by Parks and Recreation Department fitness instructors.

The Georgetown Track Club is inviting all senior residents of Halton Hills to meet with them at Georgetown District High School, at 8:45 p.m., for a 15-minute stroll. Refreshments will be available following the activity.

There will be free adult swims at both the Acton and Georgetown indoor pools today. The doors open in Acton between 8:30 - 9:30 p.m., or from 9 - 10 p.m. in Georgetown.

The Neilson's Hotline (877-1691) will be open from 7 a.m. to 11 p.m.

## Thirty compete in Triathlon

More than 30 competitors came out to MacKenzie-Smith School in Acton Saturday for the first annual Triathlon competition.

The 30 athletes competed in a series of three events, with their total combined times for cycling, running and swimming events determining the overall winners. The main competition was divided into two groups, under and over age 25.

The 'Under 25' contestants were required to swim 500 meters, run two kilometers and cycle four kilometers. The 'Over 25' competitors swam 250 meters,

ran a kilometer and cycled two kilometers.

Fourteen-year-old Frank Amstaetter of Acton was the male 'Under 25' champion, with a combined time of 29 minutes, 31 seconds. He completed the swimming segment in 11:02, the running in 8:48, and the cycline in 9:41.

David Leslie of Acton was second behind Amstaetter, and Georgetown's Kevin Peaker was third.

John Peaker of Georgetown topped the men's 'Over 25' competition, edging out David

Continued on Page C3



### OFFICIAL KICK-OFF

The Georgetown Youth Soccer Club officially kicked off the 1984 season Saturday, with 11 exhibition games at Cedarvale Park. Pictured above, Lisa Vogt (left) of the Challengers battles Taraesa Smith of the Blizzard as Challenger Heather Macewan looks on, in an atom house league contest. The Challengers won the contest, 3-2, on the strength of two Melanie Booth goals. Julie O'Neill added a single marker.