

**Ballinafad**

**Officers elected for 1984**

By WINIFRED SMITH Herald Correspondent  
**BALLINAFAD** - Mrs. William McLean was hostess for the annual meeting of the Women's Institute. The secretary-treasurer's report showed a very active year with profitable results.

4H clubs had been sponsored through the year, members have attended educational community meetings and participated in many worthwhile projects.

Grace McEnery gave a report on the Halton district meeting she recently attended and enlightened members on the upcoming district annual.

The afternoon of April 23 has been planned to make out programs for this coming W.I. year. Following is the list of officers for 1984-85:

Past president Mrs. M. Slesoraitis, president Mrs. Leo Jamieson, 1st vice president Mrs. Wm. McLean, secretary treasurer Mrs. R.B. Kirkwood, district director Mrs. M. Slesoraitis, public relations Mrs. F. Smith, branch directors Mrs. T. Given, Mrs. L. Buckrell, Standing Committee

Convenors: Agricultural and Canadian Industry Mrs. N. Sinclair, citizenship and world affairs Mrs. L. Buckrell, family and consumer affairs Mrs. L. Burt, education and cultural activities Mrs. T. Given, resolutions Mrs. J. McEnery, curator Mrs. Wm. McLean.

Other Officers: Sick and shut-in Mrs. E. McEnery, courtesy Mrs. L. Burt, pianist Mrs. E. McEnery, auditors Mrs. Bud Snow and Mrs. E. Smith.

**Ballinafad**

**4H girls**

**say thanks**

By WINIFRED SMITH Herald Correspondent  
**BALLINAFAD** - The 4H Homemaking girls and their leaders invited mothers and W.I. members to a luncheon at the church Saturday afternoon.

"Fitness Fare" was the club just completed by the girls, so naturally the food set out was prepared by the girls and all highly beneficial to keep one fit.

After a delicious meal an educational and entertaining film was shown. A quiz was conducted by Helen Schwarz on what was seen in the film - won by Mrs. Currey. The girls put on a skit which they will be presenting on achievement day.

W.I. president Mrs. Jamieson was presented with a token of the girls' appreciation for making it possible for them to participate in the different clubs.

Mrs. Jamieson responded by thanking the girls and Mrs. Paul Schwarz and daughter Helen for the many hours they give in leading the young people in worthwhile projects.

The summer club is gardening and should include fathers and sons.

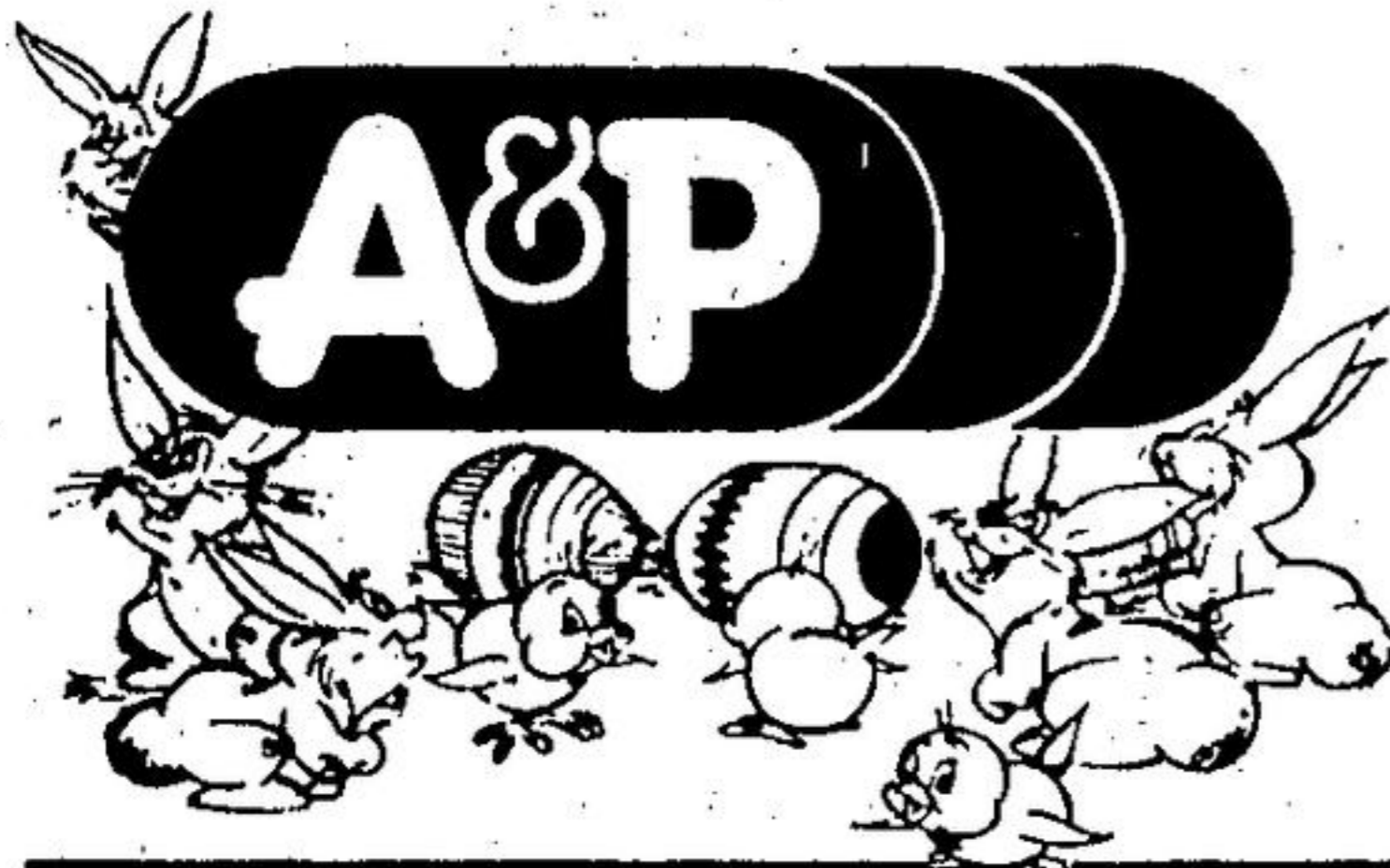
**Perfect harmony**

**BALLINAFAD** - All attending Church Sunday were pleasantly surprised and delighted to hear the new mixed choir.

Ladies' and men's voices blended together in perfect harmony. They sang a beautiful anthem supported by Mrs. Pat Keer at the piano and conducted by Allison Arsenal.

Three small girls were presented with Girl Guide certificates and badges which they had worked to earn.

The girls were: Lisa Volmar, Janet Sindihurst and Stacy Poutw.



**PRE-Holiday Values**



**SUPER BUY!**  
 NEILSON'S HOLLOW MILK  
**Chocolate Rabbits or Hens**  
 300 g PKG  
**2.99**

**\*SAVE UP TO 8.40 PER TURKEY OR 1.55/kg-.70 lb**  
 GRADE "A", FROZEN, EVISCERATED, A&P BASTED OR SWIFT DEEP BASTED  
**Butterball Turkeys**  
 6 TO 12 LB AVERAGE  
**2.18 / .99**  
\*\*Calculation based on the purchase of a 12 lb turkey.  
 LIMIT: 2 Turkeys with minimum \$20.00 purchase excluding this item.

**SUPER BUY!**  
 PARTLY SKIMMED  
**Fresh 2% Milk**  
 4 LITRE BAG  
**2.39**  
(Illustration for design only and not necessarily item on sale)

ORANGE PEKOE PKG OF 120  
**Salada Tea Bags** **3.99**  
SAVE 1.00

FACIAL TISSUE, ASSORTED COLOURS box of 100 sheets **1.99**  
SAVE .30

VEGETABLE OR TOMATO 10 fl oz tin **6/1.99**  
BUY 6-SAVE UP TO 1.43

CHOCOLATE OR CHOCOLATE FUDGE 350 mL plat bot **1.29**  
SAVE .50

**SAVE 1.50**  
 POWDERED LAUNDRY  
**Sunlight Detergent**  
**3.69**  
6 litre box

PLAIN OR PRINTED, WHITE & YELLOW PKG OF 2 ROLLS  
**Hi-Dri Towels** **.99**  
SUPER BUY!

RICH BRAZILIAN COFFEES, CUSTOM GROUND, 1 lb bag **3.69**  
SAVE .50

KIDNEY BEANS, IN TOMATO SAUCE, WITH PORK OR WITH MOLASSES, 14 fl oz tin **.59**  
SAVE .40

LIQUID 1.8 litre plat bot **1.19**  
SAVE .20

**SAVE 3.00**  
 REGULAR  
**Sprite**  
**4.99**  
24 CANS  
Limit 3 Per Person

ASSORTED VARIETIES 1 KO PKG  
**Catelli Pastas** **.99**  
SAVE .70

CATELLI, PLAIN 26 fl oz tin **.99**  
SAVE .50

REGULAR OR DEODORANT box of 30 **3.99**  
SAVE .60

REGULAR, WINTERFRESH OR GEL 150 mL tube **1.99**  
SAVE .80

**SAVE .70**  
 HEINZ, FANCY  
**Tomato Juice**  
**.99**  
48 fl oz tin

YOU'LL DO BETTER AT *The Butcher Shop* at A&P **SUPER BUY!**

WHOLE, READY-TO-EAT, FULLY SKINED  
**Swift Premium Hams**  
 14 TO 17 LB AVERAGE  
**3.29 / 1.49**  
(NO CENTRE SLICES REMOVED) 351 / 159 kg / lb  
 (NO CENTRE SLICES REMOVED) 373 / 169 kg / lb

**SAVE 4.41/kg-2.00 lb** **SAVE 1.32/kg-.60 lb**

CHEF STYLE, 5-BONE CUT  
**Prime Rib Roast**  
**6.59 / 2.99**  
SIRLOIN TIP, RUMP OR INSIDE CUT ROUND

OUTSIDE CUT, EYE REMOVED  
**Round Roast**  
**6.37 / 2.89**

RIB OR 3 TO 3 1/2 LB CUT TENDERLOIN PORTION  
**Boneless Beef Roasts** **6.59 / 2.99**

MAPLE LEAF 500 g roll **1.39**  
**Sausage Meat**

(CAP OFF 7.47/kg-3.39 lb)  
**Prime Rib Steaks** **6.59 / 2.99**

MAPLE LEAF, SLICED, REGULAR, WHIT OF MAPLE OR THICK 500 g vac pac **2.49**  
**Side Bacon**

PORK LOIN RIB PORTION (COUNTRY STYLE)  
**Spare Ribs** **4.39 / 1.99**

MAPLE LEAF, HINT OF MAPLE, PURE PORK OR 500 g pk **2.09**  
**Golden Fry Sausages**

APPROX. 50% MED GROUND BEEF & 50% GROUND PORK  
**Meat Combination** **3.28 / 1.49**

BURNS 375 g vac pac **1.89**  
**Cooked Meats**

SWIFT, READY-TO-SERVE 880 / 399 **1.99**  
**Sugar Plum Hams**

SWEET PICKLED (CENTRE CUTS 4.81/kg-2.09 lb) 439 / 199 **1.99**  
**Back Bacon** End Cuts

BURNS, BONELESS, SMOKED, READY-TO-SERVE 439 / 189 **1.99**  
**Pork Shoulders**

SEA BUOY, FROZEN 350 g pk **1.79**  
**Cod Portions**

BURNS PRIDE OF CANADA, SWEET PICKLED 417 / 189 **1.99**  
**Cottage Rolls**

MAPLE LEAF, REGULAR OR ALL BEEF 450 g pk **1.79**  
**Wieners**

MAPLE LEAF 500 g pk **2.39**  
**Sausage Rounds**

MAPLE LEAF 500 g vac pac **1.99**  
**Sliced Bologna**

PROD. OF U.S.A., ASST VAR  
**Rose Bushes**  
**1.99**  
poly bag each

CANADA NO.1, PROD. OF CHILE  
**Black or Red Grapes**  
**2.18 / .99**  
kg / lb

PROD. OF U.S.A., DELICIOUS WITH CHEESE SAUCE bunch **.99**  
**Fresh Broccoli**

CANADA NO.1, PROD. OF U.S.A. each **.99**  
**Celery Stalks**

PROD. OF U.S.A., CALIFORNIA quart **1.99**  
**Fresh Strawberries**

PROD. OF U.S.A., DELICIOUS IN SALADS 3 bunches **1.00**  
**Green Onions**

CANADA NO.1, PROD. OF ONTARIO each **.99**  
**Seedless Cucumbers**

PROD. OF U.S.A. 4 / 1.99  
**Jumbo Grapefruit**

PROD. OF U.S.A., DELICIOUS IN SALADS 10 oz pk **.99**  
**Fresh Spinach**

PROD. OF ONTARIO 12 oz pk **1.99**  
**Fresh Mushrooms**

JANE PARKER, SLICED 6.75 g LOAF **.69**  
**60% Whole Wheat Bread** SAVE .34

JANE PARKER (PKG OF 8-1.29-SAVE .20) pkg of 12 **1.79**  
**Hot Cross Buns** SAVE .30

JANE PARKER 524 g size **1.29**  
**Raisin Pie** SAVE .70

ASSORTED VARIETIES (PLUS 30 BTL DEPOSIT) (CASE OF 24-285 mL TINS & 99)  
**Coca-Cola** 750 mL bot **.59**

**SAVE .70**  
 BEATRICE, ASSORTED FLAVOURS  
**Olde-Fashioned Ice Cream**  
**3.99**  
2 litre tub

Tomato 1 litre bottle **1.99**  
**Heinz Ketchup** SAVE 1.20

PROCESS CREAM CHEESE 250 g pkg **1.69**  
**Kraft Philadelphia** SAVE .28

ASSORTED VARIETIES BUY 3-SAVE .47 170 g tins **3/1.00**  
**Kal Kan Cat Food**

BLACK DIAMOND, PROCESS, LITES 500 g pkg **2.99**  
**Cheese Slices** SAVE .80

**SAVE 1.00**  
 CUSTOM ROAST, REGULAR, FINE OR EXTRA FINE COFFEE  
**Nabob Tradition**  
**2.99**  
vac pac 389 g  
(Regular or Fine Decaf 369 g vac pac 3.99-SAVE .60)

MOTHER PARKERS 10 OZ JAR **4.99**  
**Instant Coffee** SAVE 1.90

CHOICE CREAM STYLE, CORN, PEAS, CUT GREEN GRASS BEANS, PEAS & CARROTS BUY 3-SAVE .82 19 fl oz tin **3/1.99**  
**Aylmer Vegetables**

ASSORTED PUDDINGS & YOGOURTS, MINI DESSERTS SAVE .80 pkg of 4 142 g tins **1.79**  
**Laura Secord**

COUNTRY, DIGESTIVE, LEMON CREAM, MAPLE CREAM, OATMEAL CAROL, OATMEAL SUPREME, PEANUT BUTTER OR SUGAR SAVE .50 tin 1 lb bag 400 g **1.99**  
**Dare Cookies**

**SAVE 1.00**  
 ALL PURPOSE OR VELVET CAKE & PASTRY  
**Robin Hood Flour**  
**2.39**  
2.5 kg bag

**HALTON HILLS ELKS LODGE BINGO EVERY MONDAY**