

Asthmatics breathing easier

Asthmatics using the metered dose inhaler (M.D.I.) may be breathing easier thanks to a new group of ADD-ON devices. Dr. Stanley Epstein, president of the Ontario Thoracic Society, the medical division of the Ontario Lung Association, was involved in the research of some of these products. Research has shown that 90 per cent of patients use the inhaler incorrectly. A metering valve directs an exact

amount of drug into the airways everytime it is pressed. "The jury's still out and the effectiveness has not been completely proven yet," said Dr. Epstein. More than five million people suffer from lung disease in Canada. The Lung Association's Christmas Seal campaign which raises money to support research into the causes of lung disease is at the crucial mid-way point. "The campaign in

Halton Region is \$6,784 behind schedule," says Cec. McFadden, campaign chairman. Your Lung Association is in the community serving people with respiratory problems who need help. Support them by sending in your donation today.

Window damaged

A 5 feet by 3 feet window was damaged over the weekend at the Zellers store in the Georgetown Marketplace. The damage cost \$400.

Furniture scattered

An elderly lady came home to find her furniture scattered and her basement window smashed over the weekend. Nothing had been taken from the Guelph Street, Norval address.

Time to quit?

It's your choice...in the past 10 years, women's death rates have doubled for lung cancer which previously attacked mostly men.

Join the majority and become a non-smoker. Participate in the Provincial "Time To Quit" smoking cessation program this January.

1st ANNIVERSARY SPECIAL!



99¢ WHOPPER!

That's right! To celebrate the first anniversary of the Burger King restaurant in Georgetown, 235 Guelph Street, you can buy a sizzling hot, flame-broiled Whopper with fresh tomato, crisp lettuce, crunchy onion and other tasty fixin's for only 99¢.

Offer valid until January 7, 1984.

Aren't You Hungry



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GINGER GRIN

Six-year old Leah Carney is in the construction business. In this case decorating ginger bread houses made for Grade One students at the Glen Williams Public School. The activity was organized in Gwen Robertson's class by parent-volunteers Ruth Hunter, Gla Gelok and Cheryl Crawford.

(Herald photo)

Legion ladies entertained

Then Bev Nichols sang a couple of songs for us, a very special thanks to both of them. During the evening our President Flo Carswell made a presentation to our Branch President, Norm Ward of a cheque for \$2,000. Norm accepted this on behalf of the Branch and thanked the Ladies Auxiliary. An evening like the one we had is the result of good team effort, and I would like to mention them here and say thank you one and all, Marjorie, Ethel, Mary Russell, Mary Bower, Mid, Jean, Anne, Helen, Cherrie, Marie, Carol, Leana, Marion and Yvonne. Also Fred Boottle and Sid Nochol, Bob McNelly and Chuck Tutty. Hope to see all in January '84. Merry Christmas and a Happy New Year.

Town mileage might increase

Mileage rates payed out to town employees who drive their cars on Halton Hills businesses will rise a couple of cents if town council approves a general committee recommendation next week.

Currently, 20.4 cents per kilometer is payed to employees for the first 8,000 kilometers driven. The rates drop to 20 cents a kilometer for longer distances.

Department heads are paid a flat car usage fee of \$115 a month.

A new proposal would

pay employees 22 cents per kilometer up to 8,000 kilometers of driving, and 20 cents over that distance.

The flat fee would rise to \$125 a month.

The Canadian Automobile Association says that it costs about 22.06 cents a kilometer to drive a six-cylinder car such as a Chevrolet Citation.

Most of that would go to pay for licensing, insurance and the vehicle's annual depreciation. About 30 per cent would pay for fuel, tires and maintenance.