

Morley Mills

Former co-op farmer active on committees



Morley Mills have stayed active in Halton Hills working for such groups as the YMCA, legal clinic, HANDS and many other organizations.

If you want to put a label on Morley Mills, it might be: the senior citizen who refused to be put up on a shelf. Since his early days as a farmer in Bruce County near Kincardine, Mr. Mills, 73, has refused to slow down. A strong advocate of co-operative ventures, this Delrex Blvd. man is a director of Georgetown's first co-op townhouse development (which is named after him). He's been on the board of directors for the local YMCA, legal clinic and his church, while finding time to go to disarmament meetings for HANDS (Halton Hills Action for Nuclear Disarmament) and writing a column for seniors in local newspapers.

Mr. Mills is an avid reader who says he doesn't have much time or inclination to watch a lot of television or participate in bingo games. "I'd much rather be working with people on a project," he says. Married to Lauretta Mills, who taught school for 18 years, the couple have two sons, two daughters and five grandchildren. **SLOW PROGRESS** Through his study of Canadian and British history, Mr. Mills has come to the conclusion that "progress is slow". He is a man who feels very strongly about social injustice and the plight of the poor. When a majority of seniors might have taken a



more conservative stance on the East-West conflict he has come out in favor of disarmament. The United States and the Soviets are both trying to extend their influence any way they can. Small countries are caught in the squeeze and they suffer out of fear, he says. "It is what I call the blunder of the historians that we've learned of the battles and the gen-

erals, but we don't know the name of the guy who invented the mariner's compass!" The North American Indians helped the White Man to settle but the British and French stole the country from them and put them on reserves, he says. Mr. Mills learned about co-operatives from his early days on the farm. His dad was a member of the United Farmers of Ontario

(UFO). He went to school in a one room schoolhouse and lived in a farmhouse without hydro until 1945. During the Depression there was no money for farm equipment, so their first tractor wasn't bought until 1943. The 125 acre farm in Bruce County was primarily dairy with some swine and poultry, milk went to the co-op cheese factory which

was owned and managed by the farmers. "The co-op wasn't like Silverwoods or Bordons who never showed their books. The money goes right back to the farmers who take the risk," he says. In 1954 he and his wife left their fourth generation farm to join the first co-op farm in Ontario, started by a Second World War veteran and located just north of Kingstons. The 115 family shared the farm with six families over a period of 12 years, before Morley had to change jobs because of throat and respiratory problems. The advantage of the farm co-op was that a farmer could take two weeks holidays and afford time off for illness, he says. He and his wife moved to Georgetown where he joined the field staff working for the deferral department of agriculture. After five years of registering the milk production of herds in Halton, Peel and Wellington counties, Mr. Mills retired early because of his respiratory problem. "I'm still keenly interested in farming and I'm a farmer at heart," he says. "So many people take farming for granted." His involvement with young people has helped Morley broaden his horizons. "To get the most out of life one has to be interested in people and what they're doing," he says.

Program for adult victims

Grim statistics prompt action against sex abuse

By ANI FEDERIAN
Herald Staff Writer
It may be hard to believe, but American statistics from five major surveys between 1940 and 1978 show one in four girls, and one in ten boys will be molested by the age of 18. "Our similarity to that culture is such that I think we can assume the same number of abuse cases," the Oakville and North Halton Children's Aid Society Family Services supervisor told The Herald Thursday. Such grim statistics have encouraged Mrs. Lee and Halton Child Abuse Council therapist Ross Plant to set up a program for adult victims of molestation. Together, under the auspices of the Child Abuse Council, the two therapists will help a group of eight women share their experiences, understand their feelings then and now and resolve them. "We'll help them move from the stance of

victim to survivor," Mrs. Lee said. "I believe anything can be worked through - not forgotten, but no longer



JOAN LEE causing immobility and being the controlling factor in their life." The struggle to repress the experience, which can be anything from sexual intercourse to a flasher in a park can affect the mental health of a victim. They can be equally "devastating", she said. **TERRIFIED** "It can range from the extreme of being terrified of men and

being unable to really trust and share and experience true intimacy to seeing yourself as only a sexual object," Mrs. Lee said. The effect of the molestation experience depends on the individual, she said. A child exposed to a flasher in the park can carry that scar for a long time and it can affect her view of males, whereas for another child, it may not have the same effect. Victims often feel they're the only one, Mrs. Lee said. Group therapy helps them meet other victims and see that isn't so and it gives them the support of the group. "The struggle with other victims is very helpful," she said. "The group members must realize this experience is interfering with their lives and be ready to commit themselves to 20 weekly sessions for one and a half hours. There will be points where it gets painful and it's easier to drop out," Mrs. Lee remarked. That's why the commitment is required. **SCARY** "It's a scary experience for people to go back over something that's been locked up," she said. It was frustration with the lack of such a program in Halton that prompted Mrs. Lee and Mr. Plant to start one. "Right now, the two are taking calls from interested adults and interviewing them. Confidentiality is guaranteed and callers are invited to contact Bonnie at 844-7234 or Mrs. Lee at 878-2375. "We're looking for women where the experience is interfering in their lives," Mrs. Lee said. "Molestation is something people don't talk about and it's more prevalent than we would like to believe."

Fashion, color counselling agent ready to roll

Isobel Young who resides in East Luther, close to Grand Valley, has completed negotiations to represent Color Me Beautiful, in the Georgetown, Acton and Milton area. Color Me Beautiful of Virginia, U.S.A. is an International Corporation that specializes in Color Analyzing and Fashion Counselling on a personal

basis. Color Analyzing determines the shades of colors that are your best, as the proper shades make a significant difference in your appearance. Fashion counselling covers clothing, style, print, fabric, all important elements to create an individual Fashion Statement. "I started to take an

interest in colour analyzing more than two years ago," says Mrs. Young, "but when I began my research into the field I had great difficulty in contacting any company or organization that I wished to be associated with. It was not until I came into contact with Color Me Beautiful that I felt satisfied."

After completing an intensive and lengthy training course conducted by the U.S. company, which itself was preceded by a test to be accepted for the course, as only 1 of every 40 applicants is accepted, Mrs. Young was granted her Certification from Color Me Beautiful. "The reason I chose Color Me Beautiful as

opposed to many other companies engaged in the business was their range of colors and their consistency," says Isobel. "It is incredibly difficult to hold color shades in sample form year after year and Color Me Beautiful have unlocked the secret of holding a consistent range of colors. Their training program was all

I expected it to be, hard, intensive, and professional." Isobel will be operating her Canadian business from her studio, a charming log cabin presently being fitted out for her own purposes. Consultations can be arranged by calling Isobel Young at (519)928-3386.

CO-OP

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Shop CO-OP's Weekly Good Values!

MONDAY-FRIDAY 7:30 a.m.-9:00 p.m.

SATURDAY 8:30 a.m.-5:00 p.m.

877-2271

SENIOR SCENES

By Morley and Lauretta Mills
877-3915

Age is a quality of mind;
If you've left your
Dreams behind,
If hope is cold,
If you no longer look ahead,
If your ambitious fires
Are dead,
Then you are old!

It is not by the gray of the hair,
that one knows the age of the heart.

- Bulliver**
- ADVISORY AND COUNSELLING SERVICES** 877-6971
Out. Family Guidance Centre
Landlord and Tenant Advisory Board, No Charge
Dial the Operator and Ask for:
Small Claims Court (Tues. 10:00 a.m.) Oakville 845-7941
- HOME SUPPORT SERVICES**
Meals-on-Wheels 877-1211
Halton Helping Hands 875-1177
Homemaking Services and Equipment Loan
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CANADIAN RED CROSS SOCIETY 877-3983
St. Vincent de Paul Society 877-3983
- TRANSPORTATION**
Go Transit Halton Hills 853-0272
Halton Hills Activator 853-1550
The Canadian Red Cross Society provides transportation for those unable to attend out-of-town medical appointments. Referral from physician required 877-4233 or 877-1211.
- HOUSING AND ACCOMMODATION**
Village Manor (formerly Jeanette's Rest Home) 853-0233
Zim's Rest Home (No longer in operation)
Residential Tenancy Commission ZENITH 90000
Ont. Housing Corporation ZENITH 44120
Home Renovations for the Handicapped 875-1177
- GOVERNMENT INFORMATION**
Ministry of Community and Social Services 839-0198
Call Collect
- GENERAL INFORMATION** 877-3219
North Halton Volunteer Centre 266-6222
Newspapers - Canadian Pensioners Concerned
PENSIONS AND FINANCIAL AID
Guaranteed Annual Income System (GAIS) 1-800-283-7700
Ont. Tax Grants for Seniors
Ministry of Community and Social Services (All Halton) Collect calls accepted 839-0198
- HEALTH SERVICES**
Home Care Program 878-8113
Special Interest Groups 878-8115
Alzheimer Society, Toronto 362-4257
Canadian Cancer Society 877-1124
288-1833
Canadian Hearing Society - Hamilton 270-9738
Canadian National Inst. for the Blind 844-8712
Halton-Peel Ostomy Association 875-1182
North Halton Hospice Inc. 845-8018
Stroke Recovery Association (Oakville)

Two years ago, the Seniors' Information Committee distributed Seniors' Directories for Halton Region. Since that time there have been several changes in telephone numbers and some additions. A few new directories have been printed for newcomers and those who have since reached 65. These can be picked up at the Georgetown Library. Place the following up-dated list of changes in your old directory and please leave the new ones for those who did not receive one previously.

Milton's ethnic festival Sept. 17

The Festival of Countries in Milton, Ontario will provide you and your family with a unique cultural experience. On Saturday, Sept. 17, Milton will come alive with singing, dancing, entertainment, crafts and fine foods, offered in 14 Ethnic Pavilions. A souvenir Passport at a cost of \$3.50 admits an adult to all Pavilions from 10 a.m. to 1 a.m. Children under 14 are admitted free when accompanied by an adult. Milton is on Highway 401 at the junction of Highway 25, 35 miles west of Toronto. For more information call 878-2185 or 878-6071.