

## Group lessons new to skaters

This year junior members of the Georgetown Figure Skating Club will be introduced to the CANSKATE program, which will revolutionize figure skating in Canada.

These new "group lesson" programs make skating more enjoyable and less expensive. Youngsters first join CANSKATE program at their local figure skating club, as it's relatively inexpensive, and lots of fun. Skaters are encouraged to participate at their own interest and skill level.

Badges are earned when skaters are able to perform skating skills to a desired performance level. Skaters are assessed on a day-to-day basis by professional coaches. Popular music, warm-up exercises, games and group lessons all contribute to a learning environment that is relaxed and enjoyable.

The Georgetown Figure Skating Club offers the CANSKATE program for a 23-week session. Skaters will skate one hour on Wednesday and one hour on Friday. In each of the sessions, there will be a 15-minute group lesson with a professional coach, a warm-up, stroking, games and warm-down with junior coaches. The cost of the 23 week enrollment is \$95.00, which includes the 15-minute group lessons.

By joining the Georgetown Figure Skating Club, you not only get the benefit of skating two hours per week at a cost of \$2.07 an hour, but you also have social activities such as the Junior Olympics day, Christmas Party, Carnival (every other year) and Club Competition. These extra activities are not available through other organizations.

Georgetown Figure Skating Club is very fortunate to have top coaches who have taught for many years and whose skaters have achieved many awards through competitions. These same coaches will be teaching CANSKATE and will be available for private lessons if preferred. Being members of the Georgetown Figure Skating Club also gives the parents an opportunity to be involved as volunteers or committee members. The Junior Coaching Program has been very popular in past years with the younger members of the club, as many of our senior skaters come out to help.

For enrollment information please call Joan Dawson at 877-4108.

## Dodgers take title

The round-robin play-offs for the Georgetown Baseball Association bantam house league concluded with the Dairy Queen Dodgers and Neil's Music Yankees finishing in first and second respectively.

The Dodgers won all three of their playoff games and the Yankees posted a 2-1 win-loss record to advance to the championship game Sunday at the Fair.

The game was very close with the lead changing hands throughout the day. The Yankees were up 3-0 after two innings, behind strong pitching from Tim Chapman and Heath Lockhurst. The third inning belonged to the Dodgers and saw them score five runs and shut the Yanks out.

The D.Q. lead was short lived as the Music men came right back to score five runs and take an 8-5 lead. The fifth inning saw the Dodgers close the gap to one run, and in the bottom of the sixth they took the lead, 12-8.

Needing to score runs in the seventh, the Yankees just could not get a hit off Dodger hurler Louis Galvao, and were shut out to end the game. The final score was Dairy Queen Dodgers 12, Neil's Music Yankees 8.

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**60% Whole Wheat Bread**  
675 g LOAF

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Made with 100% pure vegetable shortening

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**Pink Salmon**  
7.75 oz tin **.99**

**Mushrooms**  
10 fl oz tin **.79**

**Laura Secord**  
125 g tins **1.69**

**Pepsi-Cola**  
750 mL BTL

**SAVE .36**

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OUR REGULAR PRICE .75  
(Plus .30 btl deposit)

**Pepsi-Cola Case of 24**  
280 mL TINS

**SUPER BUY!**

**5.99**

**Tomato Juice**  
pk of 4-10 fl oz tins **.99**

**Heinz Dill Pickles**  
1 litre jar **1.69**

**Cheese Slices**  
500 g pkg **2.99**

**Heinz Ketchup**  
1 litre BTL

**SAVE 1.20**

**1.99**

OUR REGULAR PRICE 3.19

**Heinz Soup**  
10 FL OZ TIN

**SUPER BUY!**

**3/100**

BACK TO SCHOOL FAVOURITE

**A & P Cookies**  
450 g-pkg **1.29**

**Sour Cream**  
500 mL Ctn **1.49**

**Gay Lea Yogurt**  
2 175 g tubs **.99**

**Nescafe Coffee**  
283 g jar

**SAVE 2.00**

**4.99**

OUR REGULAR PRICE 6.99  
VIVA Decaf-227 g jar-5.49

**SAVE UP TO 3.31/kg** **The Butcher Shop** **SAVE UP TO 1.50/lb**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF

**T-Bone or Wing Steaks or Roasts or Sirloin Steak**

**725 / 329**

/kg / lb

OUR REGULAR PRICE UP TO 10.56/kg-4.79 lb

**SAVE 1.32/kg - 60 lb**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF  
OUTSIDE CUT, EYE REMOVED

**Round Roast**

**527 / 239**

/kg / lb

OUR REGULAR PRICE 6.59/kg-2.99 lb

**SAVE 1.10/kg - 50 lb**

COMBO PK: 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS

**Loin Pork Chops**

**395 / 179**

/kg / lb

OUR REGULAR PRICE 5.05/kg-2.29 lb

**Ground Beef** **417 / 189** /kg / lb

**Round Steak** **637 / 289** /kg / lb

**Cube Steak** **659 / 299** /kg / lb

**Pork Loin Roasts** **395 / 179** /kg / lb

**Spare Ribs** **417 / 189** /kg / lb

**Beef Liver** **174 / 79** /kg / lb

**Pork Shoulders** **395 / 179** /kg / lb

**Boneless Roasts** **571 / 259** /kg / lb

**Burns Sausages** **328 / 149** /kg / lb

**Side Bacon** **249** /500 g vac pac

**Wieners** **119** /450 g vac pac

**Cottage Rolls** **417 / 189** /kg / lb

**Cooked Meats** **189** /375 g vac pac

**Polish Sausage** **373 / 189** /kg / lb

**Bologna Chunks** **328 / 149** /kg / lb

**Centre Cut Pork Loin** **549 / 249** /kg / lb

**Nabisco Shreddies**  
675 g PKG

**SAVE .60**

**1.79**

OUR REGULAR PRICE 2.39

**Raisin Bran**  
800 g pkg **2.99**

**Mini Wheats**  
425 g pkg **1.99**

**Miss Mew Cat Food**  
3 8 oz tins **1.00**

**Canada Dry Beverages**  
case of 24 280 mL tins

**SUPER BUY!**

**5.99**

**Canada Dry Beverages**  
750 mL BTL

**SAVE .36**

**.39**

OUR REGULAR PRICE .75 (PLUS .30 BTL DEPOSIT)

**Cream Pies**  
12 oz pkg **1.39**

**Frozen Vegetables**  
2 300 g pkgs **.99**

**Swanson Meat Pies**  
8 oz pkg **.69**

**Prestone II**  
4 litre cont

**SUPER BUY!**

**7.99**

**Haddock Fillets**  
4 83 g / 219 g / 1.99

**Chicken Legs**  
306 g / 139 g / 1.19

**Cottonelle**  
1-PLY BATHROOM TISSUE, ASST COLOURS

**1.49**

**Royale Towels**  
REG. ALMOND, WHITE OR YELLOW

**1.19**

**Colgate Toothpaste**  
REGULAR, WINTERFRESH OR GEL

**1.04**

**Tide Detergent**  
12 litre box

**SAVE 2.40**

**7.99**

OUR REGULAR PRICE 10.39

**SAVE at A & P THE FARM**

**Celery Stalks**

**.49**

CANADA FANCY, PROD. OF ONTARIO **McIntosh Apples** 5 lb bag **1.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO **Fresh Carrots** 5 lb bag **.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO **Blue Grapes** 4 quart bskt **2.89**

CANADA NO. 1 GRADE, PROD. OF ONTARIO **Seedless Cucumbers** 2 / **1.49**

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CANADA NO. 1 GRADE, PROD. OF ONTARIO **Seedless Grapes** 218 / **.99**