

# Junior track club members post great stats

Sixty junior members of the Georgetown Track Club competed at the Silverwood's Elementary Track Classic at the University of Western Ontario on the weekend. The athletes competed

against gold, silver and bronze 'medal standards', with many of the Georgetown participants taking first, second or third.

In the 50 meter hurdles, 12-year-old Tara Burroughs, along with Jenni Gallagher and Mark Lamb, earned firsts. Cam Herman and Tim Racinsky ran second and third respectively in the 100 meter sprint for boys aged 11 and under.

Jason Toone won a first in the 100 for 13 and 14-year-olds, while Sandy Rahn, Jim Grant and Rob Cooper gained seconds. Jenni Gallagher was third. Tim Racinsky was

second and Anna Toone third in the 200 meter sprints for 10 and 11-year-olds. Tara Burroughs won a first over 200, as did Sandy Rahn. Jim Manning took a second and

Jenni Gallagher took a third. In the 800 meter competition for 10 and 11-year-olds, Bob Donker earned a first, Chris Stoddart earned a second, and Shella Huffman a third.

Twelve-year-old Scott Lunn won a first and set a meet record in the same event, and Allison Irvine was first among 13 and 14-year-olds. Traci McFarlane and Jim Manning both took

thirds in that age category for the 800. The 1,500 meter event saw Bob Donker finish first among 10 and 11-year-olds, and 12-year-old Scott Lunn take third. Carolyn Grady was third

in the event competing in the 13-14 division. The high jump produced two firsts, to Chris Stoddart and Michael Johnson.

## Tourney tee off times

Following is a list of the tee-off times for the participants of the June 20 Bill Smith Golf Tourney. More than 200 golfers will tee-off at the North Halton club, hoping to win prizes such as trips and cars.

Proceeds from the tournament go towards the Canadian Cancer Society. Organizers are aiming at a goal figure of \$15,000 this year, \$3,000 more than they raised a year ago.

- 1ST TEE  
7:15  
F. Vanderveld, D. Barrager.  
7:25  
B. MacDonald, Ken Nash, L. Roberts.  
7:35  
J. Stevenson, D. Anderson, B. Marchand, D. Harley.  
7:45  
A. Dodge, D. Trueman, T. Nealey, D. Berkoyzen.  
7:55  
W. Dixon, G. Trudell, K. Worrall, B. Loriman.  
8:05  
A. Avery, G. Cooper, S. Fraser, Sid Alcorn.  
8:15  
H. Fobert, M. Duff, A. Watt, J. Dean.  
8:25  
D. Bracken, W. Smith, B. Lewis, J. McCauley.  
8:35  
D. Collison, W. Taylor, J. Lumby, R. Shuley.  
8:45  
R. Roberts, E. Astraukas, J. Balaam, C. Laing.  
8:55  
G. Sproule, D. Shaw, C. Adema, W. Barlow.  
9:05  
K. Robinson, D. Darmody, W. King, B. Hocking.  
9:15  
K. Faulkner, J. Ward, T. Dickson, B. McIntyre.  
9:25  
J. Edgar, B. Cunningham, B. Richards, B. Richards.  
9:35  
P. Jones, R. Hols, B. Dauphine, S. Bannon.  
9:45  
F. Poulstrup, R. Numeniski, F. Harrison, B. McClellan.  
9:55  
J. Chapman, W. Brown, B. Fuller, C. Verbeck.  
10:05  
B. Williamson, I. Gilmore, W. Robb, C. Bailey.  
10:15  
H. Thomas, J. McNally, D. Reid, K. Ronald.  
10:25  
F. Nelson, B. Cromar, D. Ballentine, B. Payne.  
10:35  
K. Sproule, D. Gould, D. Owen, B. Almond.  
10:45  
M. Fisher, O. Burke, R. McKendrick, R. Curmow.  
10:55  
B. McNally, D. McNally, B. Dieroff, D. MacLean.  
11:05  
C. Dutton, P. Newton, J. Tudor, B. Jackson.  
11:15  
P. Fler, B. Broda, B. Scott, J. Cotey.  
11:25  
M. Mandell, G. Kushner, K. Nash, A. Goddard.  
11:35  
J. Myerscough, C. Gillis, B. Gale, F. Shouten.  
11:45  
P. Armstrong, J. McDermid, P. Walker, M. Armstrong.  
11:55  
B. Millon, S. Hara, J. Vanstone, M. Holland.  
12:05  
B. Mills, J. Sykes, M. Kennedy, J. Burgess.  
12:15  
B. Kodwell, S. Carter, J. Purkis, J. Morris.  
12:25  
J. Tuck, J. Winchell, B. Fraser, R. Rich.  
12:35  
A. Murphy, G. Punchedon, J. Vierra, K. Gillett.  
12:45  
HOLES ONLY  
R. Legrasley, T. Pearl, B. Sumner, A. Aroca.  
1:00  
C. Johnson, J. Postma, B. Clark, D. Mall.  
1:10  
C. Coetils, J. Nixon, D. McMullen, B. Lobian.  
1:20  
R. Beaumont, D. Froah, J. Russell, B. Laitrych.  
1:30  
19TH TEE  
7:15  
D. Brown, S. Wicher, P. Norton, A. Irving.  
7:25  
G. Baker, G. Crichton, S. Bottomley, R. Bala.  
7:35  
A. Mierzma, R. Fraser, R. Astraukas, H. Rush.  
7:45  
C. Snow, J. Ware, D. Vaughn, J. Patterson.  
7:55  
M. Allison, P. Allison, R. Allison, B. Day.  
8:05  
B. Arnold, P. Pomeroy, M. Millard, B. Toal.  
8:15  
F. Morette, P. Carney, D. Carney, G. Ingles.  
8:25  
K. Shewan, W. McNitt, D. Dolmage, B. Reddick.  
8:35  
S. Beasley, D. Lee, L. Bradbury, B. Copland.  
8:45  
B. Legerton, J. Robinson, J. Morrison, R. Anderson.  
8:55  
J. Hart, B. Fiedler, J. Vandiekell, J. Britton.  
9:05  
B. Reynolds, D. Dunlop, B. Wade, J. Henderson.  
9:15  
C. Connell, R. Orlka, J. Dwinell.  
9:25  
B. Barrow, G. Woods, K. Renne, D. Evelyn.  
9:35  
G. Farnell, D. Farnell, A. Norton, S. Young.  
9:45  
R. Cook, S. Mulhern, M. Reed, W. Reed.  
9:55  
C. Milne, C. Holder, B. Cook, M. Korszack.  
10:05  
G. Hughes, S. Waldrum, S. McDermid, L. Robbins.  
10:15  
B. Spracklin, H. Salmon, B. Young.  
10:25  
R. Kerr-Taylor, R. Vincent, K. Robertson, A. Ferguson.  
10:35  
P. MacDonald, J. Timleck, K. Milne, B. McCourt.  
10:45  
E. Ross, J. Dunlop, K. Allen, J. Douglas.  
10:55  
G. Goebelle, J. Wagner, D. Alexander, B. MacAdam.  
11:05  
W. Athlison, R. Copeland, G. Ingles, M. Robinson.  
11:15  
R. Kritchell, H. Burgess, K. Barber, T. Mezo.  
11:25  
B. Jardine, R. Williams, T. Hoove, R. Hipkin.

## COME ON DOWN AND SAVE...

# You'll do



**SAVE .34**

JANE PARKER, SLICED  
**100% Whole Wheat Bread**  
675 g LOAF

**.59**

OUR REGULAR PRICE .93



**2% milk** **SUPER BUY!**

PARTLY SKIMMED  
**Fresh 2% Milk**  
4 LITRE BAG

**1.98**



**SAVE 1.00**

Maxwell House  
AUTOMATIC DRIP OR REGULAR  
**Coffee**  
369 g VAC PAC

**2.69**

OUR REGULAR PRICE 3.69



**SAVE 1.30**

BEATRICE, ASST FLAVOURS  
**Olde Fashioned Ice Cream**  
2 LITRE CTN

**2.99**

OUR REGULAR PRICE 4.29



**SAVE .60**

HEREFORD  
**Corned Beef**  
12 oz tin

**1.99**

OUR REGULAR PRICE 2.59



**SAVE .80** **LESS THAN 1/2 PRICE**

PROD. OF ONTARIO, EXCELLENT FOR CAESAR SALADS

**Romaine Lettuce**

each **.69**

OUR REGULAR PRICE 1.49

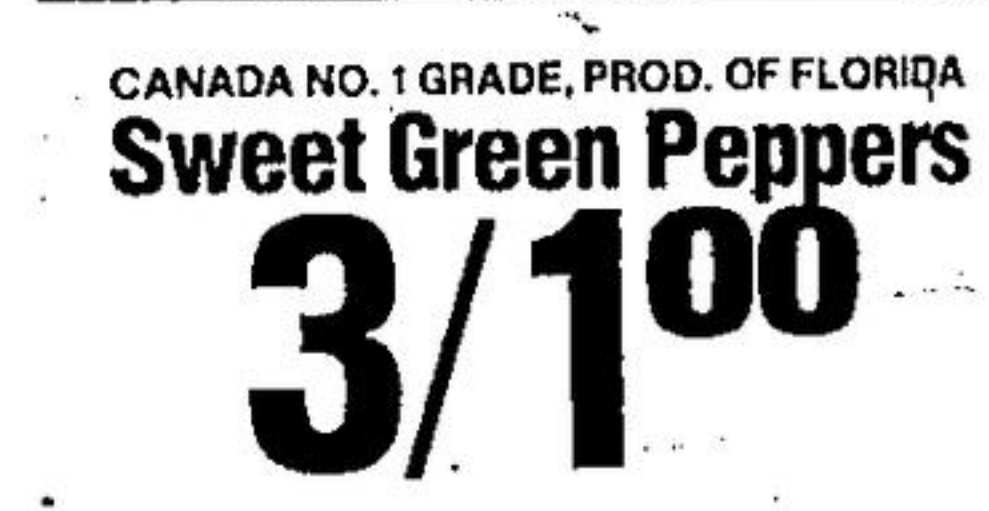


**SAVE .36**

REGULAR OR DIET  
**7-Up** (Plus .30 bill deposit)  
750 ml bottle

**.39**

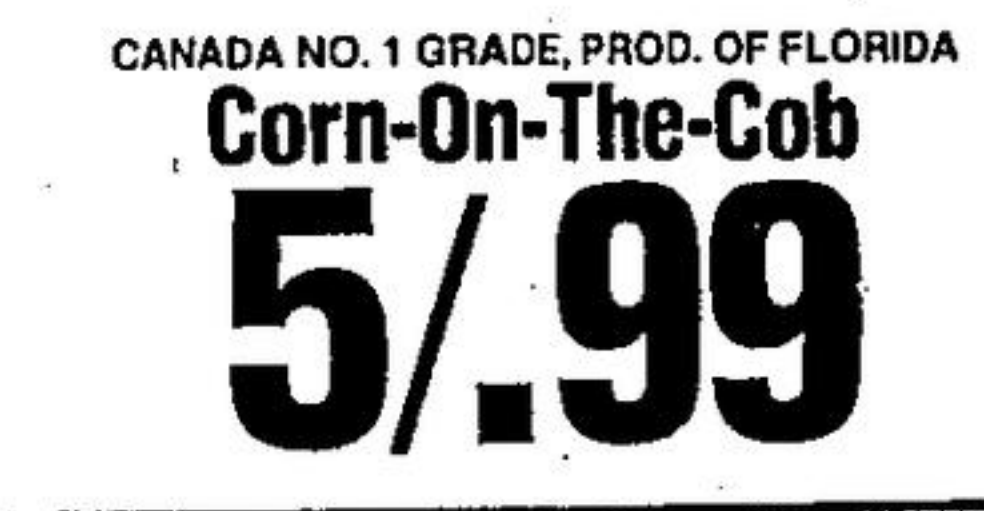
OUR REGULAR PRICE .75



CANADA NO. 1 GRADE, PROD. OF FLORIDA  
**Sweet Green Peppers**  
**3/1.00**



CANADA NO. 1 GRADE, PROD. OF U.S.A.,  
VINE RIPE, "IDEAL WITH ICE CREAM"  
**Fresh Cantaloupe**  
**.99** each



CANADA NO. 1 GRADE, PROD. OF FLORIDA  
**Corn-On-The-Cob**  
**5/.99**



**SAVE .56**

MINI, 9 VAR. INCL CHOCO & PEANUT BUTTER  
**Nestle Puddings**  
5 oz tins

**1.49**

OUR REGULAR PRICE 2.05



PROD. OF CALIFORNIA, SWEET, JUICY, SIZE 138'S  
**Valencia Oranges** 18 for **1.99**

CANADA FANCY, PROD. OF ONTARIO, ALL PURPOSE  
**Ida Red Apples** 3 lb bag **1.69**

CANADA NO. 1 PROD. OF U.S.A.  
**Spanish Type Onions** pkg of 2 **.99**

CANADA FANCY, PROD. OF SOUTH AFRICA  
**Granny Smith Apples** 196 g/lb **.89**

CANADA NO. 1 GRADE, PROD. OF U.S.A.  
**Fresh Peaches** 196 g/lb **.89**

CANADA NO. 1 GRADE, PROD. OF FLORIDA, FAMILY PACK  
**Fresh Tomatoes** 1 1/2 lb tray **1.99**



PROD. OF CALIFORNIA, SWEET  
**Bunch Carrots** 2/1.49

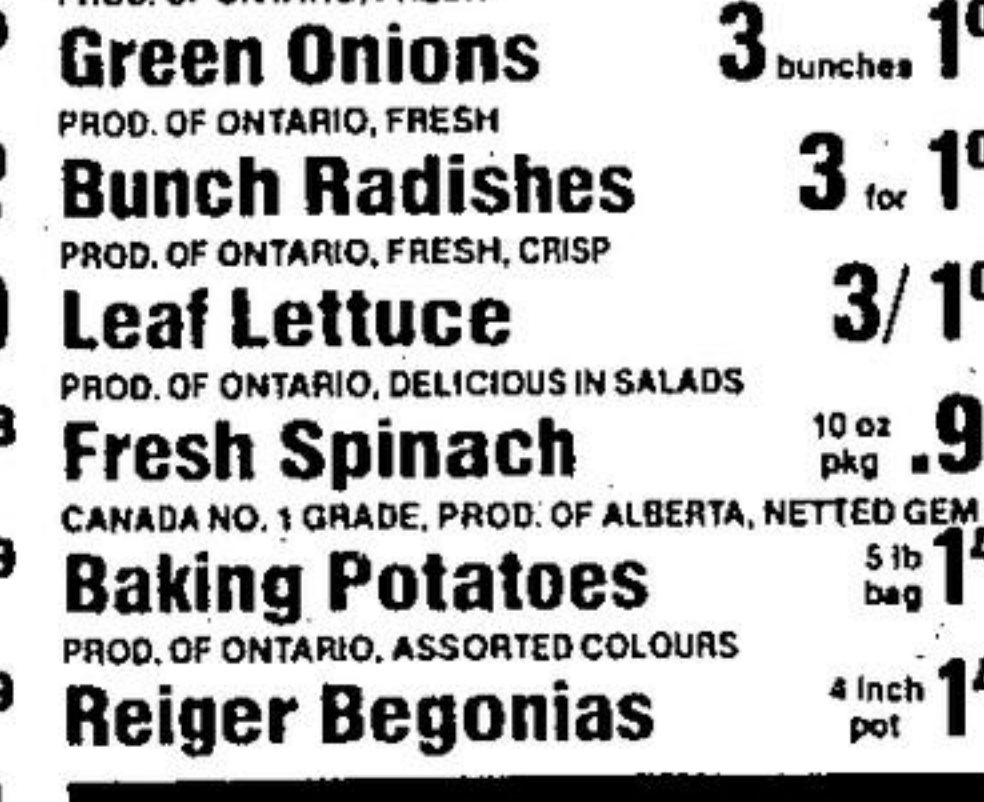
CANADA NO. 1 GRADE, PROD. OF U.S.A., PERLETTE, SEEDLESS  
**Green Grapes** 439/1.99 lb

CANADA NO. 1 GRADE, PROD. OF ONTARIO, SEEDLESS  
**Cucumbers** each **.99**

PROD. OF CALIFORNIA, LARGE, SWEET, RIPE  
**Fresh Strawberries** quart **1.98**

PROD. OF U.S.A., SWEET  
**Fresh Blueberries** pint **1.99**

PROD. OF FLORIDA, RIPE, SWEET, "LARGE SIZE"  
**Whole Watermelons** each **3.99**



PROD. OF ONTARIO, FRESH  
**Green Onions** 3 bunches **1.00**

PROD. OF ONTARIO, FRESH  
**Bunch Radishes** 3 for **1.00**

PROD. OF ONTARIO, FRESH, CRISP  
**Leaf Lettuce** 3/1.00

PROD. OF ONTARIO, DELICIOUS IN SALADS  
**Fresh Spinach** 10 oz **.98**

CANADA NO. 1 GRADE, PROD. OF ALBERTA, NETTED GEM  
**Baking Potatoes** 5 lb bag **1.49**

PROD. OF ONTARIO, ASSORTED COLOURS  
**Reiger Begonias** 4 inch pot **1.49**



**SAVE 2.00**

FANCY, ASSORTED  
**Imported Biscuits**  
700 g tin

**3.99**

OUR REGULAR PRICE 5.99

### BAKED GOODS!

JANE PARKER 390 g PKG  
**Angel Cake** **SAVE .50 1.49**

OUR REGULAR PRICE 1.99

DELI  
**Pumpernickel Bread** 675 g loaf **.89**

JANE PARKER, SLICED (MADE WITH 100% PURE VEG SHORT-450 g loaf) **.89**

JANE PARKER, TWIN ROLLS OR 100%  
**Whole Wheat Rolls** pkg of 12 **.99**

JANE PARKER, FROSTED BALL PKG OF 6 OR  
**Mini Sugar Donuts** pkg of 24 **1.19**

MARVEL HAMBURGER BUNS OR  
**Wiener Rolls** pkg of 12 **.99**

JANE PARKER, OLD FASHIONED RAISIN OR  
**Strawberry-Rhubarb Pie** 624 g size **1.49**

JANE PARKER, SLICED (MADE WITH 100% PURE VEG SHORT) 675 g loaf **.59**

JANE PARKER, SLICED (A GOOD SOURCE OF NATURAL FIBRE) 675 g loaf **.59**

ASST FLAVOURS POLY PKG OF 3-92 g ENVS  
**Quench Crystals** **SAVE .26 1.39**

OUR REGULAR PRICE 1.65

### HEALTH & BEAUTY AIDS & GENERAL MERCHANDISE

REGULAR, MINT OR GEL 100 mL TUBE  
**Crest Toothpaste** **SAVE .40 1.59**

OUR REGULAR PRICE 1.99

REGULAR OR CONDITIONING SHAMPOO-BONUS PK 350 mL PLUS 100 mL FREE 450 mL plus 100 mL FREE  
**Head & Shoulders** 3.99

GOOD NEWS-BONUS PK PKG OF 4 PLUS 1 FREE 5 pkgs of 5  
**Disposable Razors** 2 **1.49**

A&P, VALUE PACK pkg of 3 pairs **2.99**  
**Pantyhose**

A&P, BASKET STYLE pkg of 100 **.99**  
**Coffee Filters**

10W30 1 litre **1.29**  
**Shell Motor Oil**

DEODORANT, ASSORTED COLOURS, REG SIZE 360 g banded pack of 4 bars **1.99**  
**Dial Soap**

BATH SIZE, DEODORANT banded pack of 3 bars **2.19**  
**Coast Soap**

DISHWASHER DETERGENT 1.8 g box **4.99**  
**Electrasol**

CASHMERE, ASST COLOURS PKG OF 4 ROLLS **1.29**  
**Bathroom Tissue** **SAVE .60 1.29**

OUR REGULAR PRICE 1.89

### FROZEN FOODS!

SUN PAC, FROZEN, CONC. GRAPEFRUIT  
**Orange Juice** 12.5 fl oz tin **SAVE .20 .89**

OUR REGULAR PRICE 1.09

SOMERDALE, FROZEN, STRAIGHT CUT  
**French Fries** 1 kg **.59**

NEW, WESTVALE, FROZEN, CONCENTRATED  
**Raspberry Juice** 250 mL tin **1.19**

FROZEN, RASPBERRY OR STRAWBERRY  
**McCain Shortcakes** 25 oz pkg **2.99**

FROZEN, POTATO & CHEDDAR CHEESE OR COTTAGE CHEESE  
**Naleway Perogies** 12 oz pkg **1.29**

CARNATION, FROZEN 1 kg **.99**  
**Hash Browns**

FROZEN, FRASER VALE 250 g **.99**  
**Fish & Chips**

FROZEN, FISHERY PRODUCTS 500 g **4.29**  
**Sole Fillets**

FROZEN, BLUE WATER 24 oz **3.19**  
**Fish Sticks**

HIGH LINER COD FILLETS, FISH STICKS OR 700 g PKG **3.29**  
**Fish in Batter** **SAVE .60 3.29**

OUR REGULAR PRICE 3.89