



**ASTRO
ADVICE**

by Eugenia
Witham

Dear Eugenia,
I was born May 22, 1951 in Toronto at 7:30 p.m. Could you please tell me what the future holds in the way of jobs? I am working now but will be going back to school later this year.

Thank you,
Walter

P.S. Do you ever give personal readings?
Dear Walter,
You are an early Gemini by sun sign which tells me that the last year and a half brought about many unavoidable changes in your life and work environment. Your chart indicates that the worst is over and that the next few years will be favorable.

Up until early this year you were having difficulties making decisions but all should be falling into place. This year however, you must make sure that you're not unrealistic in your assessment of your surroundings. You must also avoid public revelation of hidden personal secrets which could damage your reputation at an emotional level.

During the summer months you should be able to benefit through joint finances, grants, government funding, or investments. Your chart also indicates new friendships through group associations and educational endeavors. You will be open-minded and receptive to new ideas. It will be favorable for study and there will be breakthroughs

after long efforts to achieve something worthwhile. This year should bring you friendships with older well-established individuals and greater contact with friends and organizations.
You must avoid taking too much for granted and taking on too much because a heavy work load will cause unnecessary worry.
It is the year for self-improvement and for eliminating old beliefs and attitudes. You will receive good fortune as a result of past good actions and there should be kindness and consideration to and from friends.
In answer to your P.S.: Yes I do give personal readings. For more information phone "Astro Advice" 453-6687.

Ballinafad
Circle these May dates!

By MARTHA LEWIS
Herald Special
May promises to be a busy month in Ballinafad. (Better take your calendar and circle the dates of some of the events to be mentioned later in this column).

The United Church Anniversary Sunday was a wonderful way to begin. Guests and friends were welcomed by Grant and Laura Wright and Eileen and Gary Brown.

Rev. Jeff Davidson, the guest minister, spoke about "A community of Faith", mentioning memories of other special May 1 services. The Norval United Church Youth Choir sang several beautiful selections throughout the 195th anniversary celebration. The luncheon following, provided by the U.C.W., allowed time for more fellowship and the renewal of old acquaintances.

Local Scouts and Cubs were no doubt grateful to have planted their Trees for Canada a week early! They avoided working in the rain, and had a very successful day, planting about 800 saplings on the property of Mr. and Mrs. Herman Starr, just north of Ballinafad.

Great organization from Connie and Don Bielby, and support throughout the community, were really appreciated by everyone involved.

The Spring Dance at the Community Hall will be held May 7. Music will be by "Sonic Sound" and tickets for this Potluck dance are available at Shortt's General Store.

Thanks go to the Scouts who helped tidy the Hall grounds, and to the volunteer hall board members who did a "Spring scrubbing" inside the hall last Sunday afternoon.

A super garage-rummage-bake sale is scheduled for Saturday, May 14, at the Church from 10 a.m. to 2 p.m. Goods may be dropped off at the Church the preceding Thursday and Friday from 7-8 p.m.

To help boost this event sponsored by the U.C.W., ask two neighbors to contribute their "treasures", and let's make this a real spring cleaning success!

The Ladies Softball team has been at M.Z. Bennett field in Acton at 6:30 p.m. Next game: Tuesday, May 10, also at 6:30 p.m., at the Robert Little School in Acton. Come on out and cheer these champs!

Boys' and Girls' soccer teams have started their practices, with the first games of the season scheduled for the week of May 14. Best of luck to all of them!

The Canada Day Committee needs you and your family to get plans set for a real celebration on Friday, July 1. Martha and Martin Lewis are willing to co-ordinate this event, but help is needed from individuals and groups for the parade, contests, races and games etc.

Donations and prizes are very welcome. Please support this important Family Day by offering your energy and ideas to the Lewis' at 877-1026.

Last, but certainly not least, we wish Winnie Smith, "vacationing columnist", a wonderful holiday in England. She will be visiting many friends and relatives in various areas during her trip, and we wish her well.

Water hikes

Want to see a "topsy-turvy" or try out your nose strength? Then, plan to go on the special "Riverside Meanders" and "Pond Study" hikes at the Kortright Centre for Conservation, near Kleinburg, Saturdays and Sundays, from May 7 to 29 inclusive.

The "Riverside Meanders" program begins at 11:30 a.m. with films on water resources, following which, a Kortright naturalist will lead visitors down into the Humber Valley and along the Humber River.

For further information, phone 661-6600.

...WELCOME BACK FOR MORE

Days Sale! It's our **Biggest Sale of the year!**

2ND. BIG WEEK OF VALUES

SAVE 1.70

BACON

SLICED, REG, THICK, COUNTRY MAPLE

Schneider's Side Bacon

500 g VAC PAC

1.99

OUR REGULAR PRICE 3.69.

SAVE .70

AYLMER TOMATO JUICE

AYLMER, FANCY

Tomato Juice

48 FL OZ TIN

.89

OUR REGULAR PRICE 1.59

SAVE UP TO 1.30

REG OR KING

Canadian Cigarettes

CARTON OF 20'S OR 25'S

1.169

OUR REGULAR PRICE UP TO 12.99

WARNING: Health & Welfare Canada advises that danger to health increases with amount smoked-avoid inhaling.

SAVE 1.70

PURE VEGETABLE

Primo Oil

3 LITRE PLST CONT

2.99

OUR REGULAR PRICE 4.69

SAVE 1.32/kg

CUT FROM CANADA'S FINEST GRADE 'A' BEEF BLADE, CHUCK SHORT RIB OR SHOULDER

Boneless Beef Roasts

OUR REGULAR PRICE 5.71/kg-2.59 lb

The Butcher Shop
with supermarket prices

SAVE .60 lb

4.39 / 1.99

/kg / lb

ASSORTED VARIETIES

Primo Pastas

SAVE .50

.99

900 g pkg

OUR REGULAR PRICE 1.49

SAVE 1.32/kg-.60 lb

SEMI-BONELESS

Blade or Chuck Short

Rib Roast

3.95 / 1.79

/kg / lb

OUR REGULAR PRICE 5.27/kg-2.39 lb

SAVE 1.33/kg-.60 lb

FRESH, SHANKLESS, PICNIC STYLE, SHOULDER

Pork Roast

2.62 / 1.19

/kg / lb

OUR REGULAR PRICE 3.95/kg-1.79 lb

SAVE 1.32/kg-.60 lb

FRESH, MEDIUM

Ground Beef

3.95 / 1.79

/kg / lb

OUR REGULAR PRICE 5.27/kg-2.39 lb

3-PLY FACIAL TISSUE, ASST COLOURS

Kleenex Classique

SAVE .30

.99

box of 100 sheets

OUR REGULAR PRICE 1.29

PICNIC SHOULDER OR SHOULDER BUTT

Pork Chops **3.28 / 1.49**

/kg / lb

EXCELLENT FOR BRAISING

Blade Steaks **3.95 / 1.79**

/kg / lb

PREVIOUSLY FROZEN, PORK SIDE

Spare Ribs **4.17 / 1.89**

/kg / lb

PREVIOUSLY FROZEN, SLICED

Beef Liver **1.74 / .79**

/kg / lb

SWIFT'S OLD MILL

Breakfast Sausages **3.28 / 1.49**

/kg / lb

RED HOT, ALL BEEF OR DUTCH TREET

Schneider's Wieners **1.89**

1 lb vac pac

SCHNEIDER'S, REGULAR, ALL BEEF & MAPLE

Mini Sizzlers **2.49**

500 g pkg

SWIFT'S, REGULAR

Sliced Bologna **1.39**

375 g vac pac

BONELESS, PICNIC STYLE OR BUTT, SHOULDER

Pork Roasts **3.06 / 1.39**

/kg / lb

SWIFT'S, SLICED, 7 VARIETIES

Cooked Meats **.89**

175 g vac pac

SWIFT'S, SLICED

Cooked Ham **1.39**

175 g vac pac

SWIFT'S SUGAR PLUM

Sliced Ham **1.89**

175 g vac pac

SWIFT'S, PREMIUM, SUGAR PLUM OR LAZY MAPLE, ASP REG OR THICK SLICED

Side Bacon **2.49**

500 g vac pac

MAPLE LEAF, SWEET PICKLED

Cottage Rolls **4.17 / 1.89**

/kg / lb

MAPLE LEAF

Polish Sausage **3.73 / 1.69**

/kg / lb

MAPLE LEAF, VAC PAC

Bologna Chunks **3.28 / 1.49**

/kg / lb

SHOPY'S, OLD VIENNA, ALL BEEF

Salami **2.99**

500 g pkg

SHOPY'S, SLICED CORNED BEEF OR

Pastrami **2.19**

pack of 4 .50 g pouches

SHOPY'S, COLE SLAW OR

Potato Salad **1.49**

500 g ctn

SWIFT'S, DINNER STYLE

Sugar Plum Hams **5.93 / 2.69**

/kg / lb

SWIFT'S, HALVES OR QUARTERS

Sugar Plum Hams **5.71 / 2.59**

/kg / lb

LIQUID BLEACH

Fresh Scent Javex

SAVE .56

1.79

3.6 litre plast btl

OUR REGULAR PRICE 2.35

ASST VAR INCL FANCY PEAS

Del Monte Vegetables

SAVE UP TO .30

.59

14 fl oz tin

OUR REGULAR PRICE UP TO .89

STOKELY, ASST VAR

Canned Vegetables **2.99**

2 10 fl oz tins

CHEFMASTER, CORN OIL

Soft Margarine **.99**

1 lb tub

CHOCOLATE DRINK

Milkmate **2.89**

700 g cont

CEREAL

Weetabix **1.79**

400 g pkg

ISLAND GOLD

Mandarin Oranges **2.99**

10 FL OZ TINS

SUPER BUY!

PALANDA

Plum Tomatoes **.79**

28 fl oz tin

PRIMO, PLAIN

Spaghetti Sauce **1.29**

28 fl oz tin

PRIMO, 3 VAR BEANS, LENTILS OR

Chick Peas **.69**

19 fl oz tin

FLAKED

Bye The Sea Tuna **1.19**

6.5 oz tin

ASST VAR INCL ENGLISH MINTS

Trebor Candy **.99**

175 g PKG

OUR REGULAR PRICE 1.39

SAVE .40

NO. 1 GRADE, CREAMED

Billy Bee Honey **1.49**

375 g plast tub

APPLE, GRAPE OR ORANGE, TETRA BRICK PAC

Tang Fruit Drinks **.99**

1 litre size

FABRIC SOFTENER

Fleecy Liquid **3.29**

3.6 litre plast btl

SUGAR SWEET, ASST FLAVOURS

Kool-Aid **3.39**

720 g tin

POWDERED LAUNDRY

Bold '3' Detergent **4.39**

6 LITRE BOX

OUR REGULAR PRICE 6.43

SAVE 1.04

ORANGE PEKOE

Galway Tea Bags

SAVE .90

1.49

pkg of 80

OUR REGULAR PRICE 2.39