

Elderly prize their independence, study says

Halton's elderly want services which keep them mobile and independent, delaying the need for long term institutional care, the first phase of a two-part study indicates.

Sponsored by the region, the study notes that elderly residents (over 65 years of age) will make up a larger and larger share of the population over the next 20 years.

While steering away from specific recommendations, the study says that Halton must soon decide what sort of role it will play as demands for better service increase.

Toronto consulting firms Peat, Marwick and Partners and Crichton Maccoby, the authors of the report, will make

recommendations for the region in the study's second phase, expected to begin this summer.

PUBLIC TALKS

Meanwhile, regional councillors and staff have begun a round of public meetings to unveil the study and gather comments which will be considered by the consultants as they enter part two.

Meetings were held in Burlington and Georgetown last week and they'll move to Oakville, Milton and Acton in May. (The Acton meeting is planned for 2 p.m. May 17 at the Acton Baptist Church).

High on the list of needs for the region's elderly as pointed out by the study (and underlined by comments in Georgetown

Thursday afternoon) is better, more frequent transportation, especially for the "frail" elderly.

The study also noted that there is a demand for more volunteer drivers for such programs as Meals on Wheels. In some areas of Halton, recreation programs are either inaccessible or unavailable.

MANOR NEEDS

While only 76 per cent of the residential beds in Halton Centennial Manor were used last year, there was close to full capacity in the Manor's facilities for residents who require more nursing care.

The demand for chronic and extended care fac-

ilities in Halton will continue to grow among residents over the age of 75.

One area which needs improvement at the Manor, the study says, is keeping the residents occupied, especially for Manor residents who can't get around on their own.

In the future, even seriously ill elderly residents will be able to stay at home as region-wide home care programs become a reality, the study indicates.

There are already extensive home-care providers in Oakville and Burlington, but few offer service as far north as Milton and Halton Hills.

In fact, health and social services agencies serve the southern half of the region better than the northern part, underlining the need for improved transportation services.

A number of agencies, the study says, suggest that even special clinics for the elderly would help them remain in their homes.

Halton's medical officer of health, Dr. Peter Cole, has noted previously that often elderly patients recover faster when they are allowed to be cared for in their own homes.

REGION AGES

Of Halton's 254,000 residents, seven per cent

(17,700) are over the age of 65.

While this falls below the current provincial average, the balance will change over the next 20 years.

By 2001, Halton is expected to have a population of 325,500, 15 per

cent (48,825) of the residents will be considered elderly—slightly higher than the anticipated provincial average of 14 per cent.

Most of that growth, the study says, will take place in the region's larger urban areas.

Credit Orienteering

Find your way to Credit Valley Orienteers' "Introduction to Orienteering" beginners meet Saturday. Regardless of weather, the meet will go on, beginning at 1:30 p.m. at the Terra Cotta Conservation Area.

Everybody's welcome to tramp along. Cost of \$1 per person or \$3 per family will pay for a colored map of the conservation area and instructions.

Old shoes are recommended, in case of muddy terrain, and a compass to steer you right. For further information about the exercise, contact Tony Mathews at 877-1196 or Ann Budge at 838-3318.

United Church hosts musical

Once again St. Andrew's United Church youth are busy preparing for a musical. This year's production "Joseph's Technicolour Dreamcoat" is based on the bible's story of Joseph.

This colorful, fast moving rendition of the well-known passage is being presented Friday, June 10 and Saturday, June 11 at 8 p.m. in the Church.

Tickets will soon be available. Plan now to attend and see our youth in action.

WHAM meeting

The Women of Halton Action Movement (W.H.A.M.) are meeting at 7:30 p.m. April 28 at the White Oaks Library, 70 McCraney Street, in Oakville, to talk about obscenity laws and a Mother's Day peace walk May 9 in Oakville.

Everyone is welcome. For more information, contact Karyn Burney at 844-3901. WHAM is a letter lobby group which holds meetings every fourth Thursday of every month at the library.



ASTRO ADVICE

by Eugenia Witham

Dear Eugenia,

I was born in London, England Sunday, 2-2:30 p.m., 3 April 1921. What have I to look forward to, the past ten years have been spent visiting my husband in and out of hospital. Last year he lost two brothers within three months of each other and he seems to think he's the next one to go. Also tell me what my husband has to look forward to. He was born in London, England 27 Jan. 1911, he thinks it was during the night.

Yours Sincerely,
F.W.

P.S. Have I a lucky number, or color?

Dear F.W.,

You are an Aries by sun sign only. Taurus, Virgo, and Pisces play the predominant role in your chart. Your emotional houses dealing with your attitudes, outlooks, home environment, relationships and your position in life have undergone poor transits over the past seven years. The next two years will be a time of stabilization at an emotional level, however there will be some unavoidable problems which at the time will be upsetting. These are things that you have to go through and the end result will be positive.

This year you must watch out for over-indulgence in food and drink. There could also be problems with unwise speculative investments. The best way to direct your energy during this period is through a creative endeavor or by getting involved with groups or friends that you enjoy and feel productive with. You must make adjustments to new circumstances and goals. It will be a time to break away from the negative forces around you. You could be impractical and impatient where money and social activity are concerned and have a tendency to jump to conclusions, or take too much for granted. The last part of 1983 you will have to be careful of over doing things. You could also have a problem with such things as your teeth, bones, skin, colds, hot-cold flashes, and accidents.

There will be frustrations in your home that will be necessary to experience. You will benefit through friendships with mature older established people. It will be favorable for dealing with financial matters and social activity towards the end of 1983 and throughout 1984. Your lucky number is one and your color is red.

It is difficult to give specific information about your husband without an accurate chart, however I can tell you that his chart has been afflicted over the last seven years as well and he also should begin to stabilize somewhat during the next year. For more information about your husband please send an accurate time of birth or milestones such as the month and year he lost his brothers, any major operations, accidents, moves, or immigration.



LEGION LINES

By GREG BALL
877-3985

ENTERTAINMENT: April 30, Bob and Cory. April 29, Open Euchre. June 29 Bar BQ, Music by Touch of Silver.

SICK LIST: Sam Glasby, Bill Richards, Gord Cridland, Doris Frawley, Bernie Robson, Grace Draycott, Jan Emmerson, and Daphne Rolf all in Georgetown, Helen Farrow in Sunnybrook, Harry Allen and Norm Buckley at Toronto Western.

CAR CLUB DRAW WINNERS: March 31 - 121 Andy Syme, 252 Neil Pattullo, 325 J. McAusland, 219 Dave Osborne, 198 Mike Creary, 185 Nelly Bell. April 7 - 377 Cecil Greenslade, 204 Alf Sykes, 033 Nikki Carney, 342 Edith Shoebright, 297 Sam Glasby, 281 Blake Inglis. April 14 - 396 Charles Tutty, 031 Vern Kirby, 068 Jean Reid, 195 Keith Tracey, 060 J. Randall, 331 G. Goebelle, April 21 - 283 Norm Ward, 125 Robert Freestone, 030 Bill Hunt, 271 Gary Robertson, 281 Blake Inglis, 334 Val Caruso.

COMING EVENTS: April 28 General Meeting. April 29 Crib Banquet.



MARATHON MUSICIANS

It was a long 20 hours for Jenny Daniels, 14, who took part in the Ontario Conservatory of Music's Play-a-lon Friday and Saturday. She came prepared, though, and camped out on the floor of the 1111 Street office in Georgetown while playing her entire repertoire of guitar music.

(Herald photo)

JEANNETTE'S DUTCH DELI

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MONDAY-FRIDAY 7:30 a.m.-9:00 p.m.
SATURDAY 8:30 a.m.-5:00 p.m.

877-2271