

Playdowns to Provincial Team Combo finals

At Georgetown Bowl on Sunday, April 17, the first of an all-division, mixed-team house round, leading to the Provincial Combo Team Championships was held. Many of the bowlers were in their first attempt at any com-

petition. The teams were composed of a bantam boy, a bantam girl, a junior boy, a junior girl, a senior boy and a senior girl in order of qualification (pins-over-average) in their Saturday Y.B.C. league play.

The team of bantams Brian Bell, Sarah Gurr, juniors David Hicks, Debbie Pentecost and seniors Rob Quinton and Shirley Nokes jumped to an early lead of plus-257. Coached in the tourney by Shirley Chaplin.

they came through with another plus-127 and -156 for a plus-540 on the day. The runners-up team of Chris Somers, Shari Loke, David Nicholson, Denise Alton, Stephen Lukas and Jane Hicks encouraged by Joan

Archibald came back with plus-180 and plus-229, but the first game lead of 257-68 was too great to overcome. Their total for three games was plus-457. In third place, came Wendy Chaplin's team of Danny Brennand,

Jennifer Klaassen, Michael Compton, Debbie Sibbald, Russell Curtis and Debbie Lane with a plus-353. There were a total of nine teams competing. Shirley Chaplin's winners will continue on to the

regional championship playdown on June 5. All the regional winners and coaches will travel to Toronto on Sat. Aug. 13 to stay at one of Toronto's most luxurious hotels, and be treated to a big dinner plus a home game

of the Toronto Blue Jays, all free. On Sunday, Aug. 14, all teams will bowl three games, pins-over-average, for the Provincial Combo Team Awards for the champs. At Acton Lakes on Sunday, April 17, the George-

town Y.B.C. combo aggregation leading all season in the west division, lost out in the east-west finals to the teams from Brampton and Avondale. The local team, led by George Archibald, came on strong as the tourney progressed but a weak start was their downfall. The local team members were Brian Bell, Michelle Webster, Brent Oatchuk, Teresa Maslach, Paul Chaplin and Jane Hicks.

LAS VEGAS TRIPS
On Sunday, April 24 at Georgetown Bowl, approximately 100 bowlers will be qualifying for the right to compete for about 20 trips for two, based on the number of participants. This begins around 11 a.m.

YMCA fitness begins

The Georgetown YMCA, after taking a serious look at the various needs of men in the community, has developed what it considers the ideal men's fitness program. Director John Wood, who will be giving personal leadership to this program, feels that the men of Halton Hills want a fitness program which includes warm-up, calisthenics, cardiovascular exercise, and cool down. He knows that many of today's occupations require individuals to exercise in order to maintain proper health. He also knows men need a time of day for such exercise which is conducive to their work schedule and above all family life.

This new 'Early Bird Men's Fitness' will start May 2 (a six-week program). Every Monday, Wednesday, and Friday morning from 6:00 to 6:45 a.m., John will lead the class in the gymnasium of Holy Cross Separate School. This central location provides shower facilities, and easy access to the Go Transit Station for those who commute to their place of employment. For men interested in this program, there will be a 'Free Introductory Class' Friday, April 29. A door prize of one free twice a week package will be given to one of the men that attend this introductory class. Class sizes are limited to 25 participants per day.

Call your local YMCA now for information on how to register at 877-6163, Monday to Friday 9 a.m. to 5 p.m.

OFSSA gym finals

By PAM DOUGLAS
Herald correspondent
Two Georgetown District High School gymnasts will compete at the OFSSA finals Friday at the Etobicoke Olympium.

Gail Eastwood, competing in the Elite division, and senior Roberta Burke advanced to OFSSA last week at the Peel-Halton competition at Lester B. Pearson High School in Burlington.

Eastwood was third all-around while Burke was second on floor.

"It's hard to know what the competition from the other areas will be like at OFSSA, but I think they both have a good chance," said coach Shirley White.

Eastwood and Burke were the only Georgetown gymnasts who placed in the top six.

"The pressure got to team," said White. "They made a lot of mistakes that they hadn't been making all year."

The nine GDHS competitors captured eighth place overall for the school. Twenty-two schools competed in the meet.

Aldershot High School of Burlington took first place while Toronto's Westwood took second.

The boys' gymnastics team will compete in the provincial championships this Friday and Saturday in Delhi.

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SAVE 1.76/kg
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Cut from Canada's Finest Grade 'A' Beef
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SAVE .80 lb
ROAST OR CHOPS
Centre Cut Pork Loin
OUR REGULAR PRICE 6.81/kg-3.09 lb

LIQUID
Javex Bleach
SAVE .30
.99
1.8 litre plast bit
OUR REGULAR PRICE 1.29

SAVE 1.10/kg-.50 lb
COMBINATION PACK, CONTAINS:
2 RIB ENDS, 2 LOIN ENDS,
4 CENTRE CUT CHOPS, 8 IN A PKG
Loin Pork Chops
4.17/kg / 1.89 lb
OUR REGULAR PRICE 5.27/kg-2.39 lb

SAVE 2.21/kg-1.00 lb
SIRLOIN TIP,
INSIDE CUT ROUND OR
Boneless Rump Roast
6.37/kg / 2.89 lb
OUR REGULAR PRICE UP TO 8.58/kg-3.89 lb

SAVE .88/kg-.40 lb
ROAST OR CHOPS
Centre Cut Pork Loin
5.93/kg / 2.69 lb
OUR REGULAR PRICE 6.81/kg-3.09 lb

COCONUT CREAMS, CHOCO RUFFLES, PUFFS
McCormick's Cookies
SAVE .40
1.69
tin tin bag 400 g
OUR REGULAR PRICE 2.09

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Lean Ground Beef 4.39/1.99
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Round Steak 6.59/2.99
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Cube Steak 7.25/3.29
RIB OR 3 TO 3 1/2 LB TENDERLOIN PORTION
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Spare Ribs 4.39/1.99
RIB PORTION LOIN
Boneless Pork Roast 6.15/2.79
PORK SIDE
Spare Ribs 4.17/1.89
SHOPSYS, COLE SLAW OR
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SMOKED, BONELESS, PICNIC STYLE
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Wieners vac pac 1 lb 1.79
MAPLE LEAF, GOLDEN FRY & SKINLESS
Sausages 500 g pkg 2.29
MAPLE LEAF
Sliced Bologna vac pac 500 g 1.79
MAPLE LEAF, SLICED, 6 VARIETIES
Cooked Meats vac pac 375 g 1.79
MAPLE LEAF SAUSAGE
Polish Coil 3.95/1.79

MAPLE LEAF, SLICED, REG. THICK OR HINT OF MAPLE
Side Bacon vac pac 500 g 2.49
MAPLE LEAF, VAC PAC
Bologna Chunks 3.06/1.39
MAPLE LEAF, VAC PAC
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1 litre bit
OUR REGULAR PRICE 2.59

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14 fl oz tin
OUR REGULAR PRICE UP TO 1.55

CHEFMASTER
Luncheon Meat 12 oz tin .99
RIVIERA
Button Mushrooms 10 fl oz tin .89
ASST VARIETIES INCL FANCY PEAS
Libby's Vegetables 14 fl oz tin .69
WHOLE, NO GARLIC
Heinz Dill Pickles 1 litre jar 1.59
ORANGE PEKOE
Salada Tea Bags BOX OF 120 **3.99**
OUR REGULAR PRICE 4.39

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Pudding Mixes 9 oz pkg .59
NEILSON'S, ASST VARIETIES
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Miracle Whip 500 mL pkg 1.29
ASSORTED FLAVOURS
Quench Crystals 276 g pkg of 3 envs 1.39
ADMIRAL
Sockeye Salmon 7 1/2 OZ TIN **1.99**

PRIMO
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Bright's Juices glass bit 1 litre 1.29
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Nestle's Quik 700 mL PLST BTL **2.49**
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ASSORTED VARIETIES
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SAVE .30
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500 g pkg
OUR REGULAR PRICE .99