

# Popular European sport starting in Halton

By GERRY TIMBERS  
Herald Sports Editor

If you asked any Georgetown resident to list his five favorite sports, chances are he would tell you hockey four times, and either wrestling or roller derby.

Well, maybe not, but the average Georgetown resident isn't going to list orienteering in his top five.

Big deal, eh? In Sweden, orienteering is precisely that. A big deal.

Terra Cotta resident Ann Budge would like to see her favorite sport become a big deal right here in Halton. A full time director of Orienteering Ontario, Ann is one of eight founders of the Credit Valley Orienteer-

ing Club, which was born in January and is combining the Georgetown area for potential members.

The 45-year-old mother of two (daughter Susan has competed at the last four World Orienteering Championships) is one of the sport's premier sales people. She is currently touring area schools in her bid to popularize what she likes to refer to as "map-running."

"I'm getting an excellent reception in the schools, really fantastic," Budge said in a recent interview. "The kids love it."

"Some of the more perceptual students, who may be less athletic, can still participate. The kids that generally win at

sports don't necessarily win in orienteering, though you certainly don't have to win to get pure pleasure out of the sport."

Orienteering combines map reading and running. The object of the competition is to proceed from one colored marker to another in the fastest possible time. The participant is armed with a topographic map, a compass and his wits.

The unknown terrain is the challenge.

"The balance between your running and map reading skills is the key to success," Budge explains. "You choose the route to the next marker that is fastest for you, whether it be a straight

line, or a more round-about route."

Beginners might start on a course of approximately three kilometers in length, while elite men and women may cover up to 11 kilometers to find the six 'controls', the orange and white markers.

There are about 500 full-fledged members to Orienteering Ontario, Budge says, and to date the Credit Valley Club numbers around 20. The new outfit hopes to draw members from Brampton, Mississauga, Caledon, Georgetown and Oakville, for their next club training session on April 30.

Georgetown resident Tony Mathews is a member of the Credit Valley Club, and he wants to take

calls from any local residents interested in participating. He can be reached at 877-1196.

The beginner should be prepared, however. Dress requirements include your oldest clothes and a pair of running shoes, and the club entry fees have soared to \$4.

A compass could set you back around \$8.

Budge and her family became interested in orienteering because they viewed it as an activity they could participate in together.

Husband Don, 46, a vice president with Nelson Steel, first suggested tak-

ing up the sport, and Ann was soon horrified to discover, "that after 10 years away from sports, I was out of shape. I was shocked."

Daughter Susan, now 21, was a natural. She has

competed in world championships in Scotland, Norway, Finland and Switzerland, and she hopes to advance to the global finals later this year in Hungary.

There will be more than

30 competitions around the province this season for members of the Credit Valley Club to visit, including meets in Hamilton, Toronto, Guelph, Niagara Falls, Sudbury, Thunder Bay and Ottawa.

## Georgetown bowlers take second place money

The 'green machine' of Georgetown Bowl is still rolling. A Georgetown team from the Young Adult League placed second at a Rexdale tournament last week with 6441, eight pins behind April Lanes, to take away \$400 in prize money.

A second Georgetown team polled 6379 in this competition at Albion Bowl on the Y.A.B.A. Tour to win \$175.

The Y.A.B.A. standings as of Mar. 31 have placed two men and two ladies in the end of the season Scratch Singles to be held at 1 p.m. on May 14 at Georgetown Bowl. Participating is Grant Richardson by virtue of his 1378 in a Toronto tourney and Gary Richardson with 1392 in Waterloo. Robin Richardson qualified with 1278 in Peterboro and Sandy Cuthbert with 1318 in Oshawa.

On the leading-money-winners list, Andre Boisvenue is 14th with \$279 for the men, and Robin Richardson 10th for the ladies with \$250.

Steve Rausa of O'Connor East leads the high average with 248 in seven

tournaments. Gary Richardson is fourth with 243.6 in 13 tournaments and Rick Gourle sixth with 240.9 in eight tours.

Kim Jeans of Queensway leads the ladies with 235 in 11 events while Robin Richardson is 13th with 208, also in 11 events. Diane Leonard is 20th with 196 in 11.

### MASTER SENIOR TOURNAMENT

The Annual Georgetown Master-Senior tournament will be held at Georgetown Bowl on Sunday April 10 at 10 a.m. This event is sponsored by H and H Video in Georgetown Market Plaza.

The local teams include: Stephen Lukas and Roberta Burke with Wendy Chaplin; Russell Curtis and Jane Hicks with Roger Gervais; Paul Chaplin and Debbie Lane with Anne Nicholson; Tim Bonozew and Linda Creasy with Chris Burke; Jerome Stone and Shirley Nokes with Shirley Chaplin; David Chaplin and Sandra Marshall with Andy Parent; Rob Quinton and Kelly McCorry with Gord Lane; Ted

Maaslach and Lisa McCristall with Ralph Miller.

At Albion Bowl on April 10th, Kelly Bailey and Ian Vint with Gord Lane are bowling in the Master-Bantam Provincial Championships. The Provincial Family Twosome is on April 16, 17 and 24. The zone finals of the travelling Georgetown Combo team is at Acton Bowl on Sunday morning on April 27. The same day the Provincial Combo teams house round is at Georgetown Bowl.



**YOUTH SCOREBOARD SENIORS:** Jerome Stone 703 (305), Stephen Lukas 663 (258), Debbie Lane 669 (253), Julie McCorry 664 (246), Jane Hicks 621 (229). **JUNIORS:** Brent Osatshuk 691 (258), Glen Kais-

er 563 (251), Todd Walsh 535 (195), Karl Normore 518 (194), David Hicks 503 (174), Mark Miller 500 (193), Teri Cowbrough 650 (236), Tracie Peggle 633 (213), Judy Carroll 623 (273), Denise Alton 596 (206), Karen Doyle 567 (225), Krista Chapman 549 (208), Trina Bassett 542 (209), Cindy Kavanagh 525 (215), Susan Walsh 513 (207), Debbie Pentecost 521 (201), Lynn Norton 512 (184). **BANTAMS:** Barry McLean 619 (217), Chris Somers 571 (204), Jamie Priddle 534 (213), Ian Vint 503 (190), Brian Bell 477 (161), Judy Alton 576 (208), Michelle Webster 528 (220), Leanne Burt 540 (205), Tracey Weeks 481 (221), Janet Hayward 479 (233). **PRE-WEES:** 'A' Div. Paul McKeeman 325 (144), David McLean 301 (138), Andre Dumouchelle 297 (125), Laura Doyle 297 (112), Sherrie Peacock 297 (125), Chris Kearsey 252 (117), Brad Friend 243 (88), Eric Jandru 238 (88). 'B' Div. Ryan Martin 218 (125), Trisha Humeniski 166 (86), Alex Clarke 152 (81), Tanya Martin 141 (77).



Terra Cotta resident Ann Budge looks on toward the next control after locating the first of six orange and white markers. Budge is a director with Orienteering Ontario, and she is trying to boost membership in the newly-formed Credit Valley Club. She also boasts a daughter who enjoys the sport at the world championship level. (Herald photo)

## Acton gals honored

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"But I won't be skating competitively anymore. I'm too old to make a name for myself in singles. I've looked for a partner, but I can't find one."

"I'll always want to compete in pairs, but you come to a point when you have to look at it and see if it's worth it. It's so expensive, and with university starting in September I have to weigh my priorities. Education is so important."

"I hope to compete for the university skating team, so I'll always keep in touch with skating," she says.

Kinal plans to attend Waterloo next year, which will be the first year that university has had a skating team.

Kinal plans to study sports psychology.

"Mental preparation is such a large part of competitive sports. I hope to come back and help skaters with my knowledge and experience. I'd like to work with top coaches preparing kids for competition so I can reach a lot of athletes."

Uranick, 17, was "into all sports" in public school, but when she reached high school she realized her education was important, so she concentrated on her favorite sport; running.

"I enjoy running because it's an individual sport. You aren't depending on a whole team to win something," says Doreen.

The grade 11 student moved to Acton from Banting, Ontario last year and found a coach she would not give up for the world and a running partner with whom she formed a club.

"I've always dreamed of having a coach, and I was willing to save up my money to join a large club, but I met George Goodman and we formed our own club with our coach, Bruce Andrews."

"I have really improved since he started coaching me. We get all of his time."

"He's taking us through phases. Right now we're

working on aerobic status, leg strength, upper body strength, and speed. Each training schedule covers six weeks, and then we move on to the next phase. We work on hills a lot because they are very difficult in cross-country."

"It's an all-out effort every day. The only day we slack off a bit is on Sunday. We do a little bit of mileage, but that's it."

"Right now he's introduced a new form of pain to us," she adds laughing.

"He has been through it all himself, so he understands what we're going through. He's turned into more of a friend, but he's a tough coach. I find it hard. Sometimes it tears my whole guts out of my stomach."

"George helps me a lot, too. He really drags me through. I'm glad to have someone, because I think it would be awfully lonely without him."

A shortage of money is one of the main problems

for the club right now. Uranick and her family held a dance recently to raise money.

"We spent the money we had saved when we went to Montreal to compete in a Quebec dual meet. We'd like to compete in some meets in the United States during the summer, but it takes a lot of money for gas, food, and accommodation."

Uranick's training is for cross-country and track and field. The Quebec dual meet was a track and field meet held at the beginning of the March break.

She ran her personal best time over 800 meters, placing first, and she placed second in the 3000 meters, which she had never run before. The 1500 meter race is her other track and field event.

"When I started running, my parents weren't totally for it. They didn't understand what I was doing. But now they understand what I was do-

ing. But now they understand more, and they help me through periods when I'm really down."

Uranick is hoping to major in social sciences at university, and she'd like to do it on a track and field scholarship.

"I'd like to get a track and field scholarship, but I'm not sure I'd want to leave my coach. I've been aiming for the scholarship, though."

"My coach says I have seven or 10 years before I see my prime, and, although running a marathon is something that I'd really like to do, I won't be ready for that until I'm in my thirties."

At the moment she's concentrating on being number one at OFSSA. She took fifth place last year.

"I won the Peel-Halton with no problem at all, but I've never really won anything big. I'd like to see winning OFSSA. Next year I feel I can do it. I like to feel I can be number one."

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