

# Loblaws

**boneless pork loin**  
fresh roasts or chops  
centre cut \$1.00 lb. off you pay

**6.37 /kg 2.89 lb.**

**fresh chicken parts**  
country cut by the package  
contains: 3 hind quarters with  
whole back, 3 front quarters  
with whole back and neck, 3 wings 2 giblets

**1.96 /kg 0.89 lb.**

**creamery butter**  
Gay Lea creamery  
1 lb. foil print  
Limit 2 lbs. per family purchase

**1.78**

cut from the loin  
**fresh pork schnitzel** /kg 6.59 lb. 2.99

cut from Canada grade 'A' beef  
**rib steaks** /kg 6.59 lb. 2.99

cut from Canada grade 'A' beef  
**short ribs** /kg 3.95 lb. 1.79

cut from Canada grade 'A' beef  
**rib eye steaks** /kg 12.10 lb. 5.49

**prime rib roasts**  
Cut from Canada grade 'A' beef 1st 5 ribs

**5.49 /kg 2.49 lb.**

**Nabob Tradition ground coffee**  
extra fine, fine drip or regular grind, 369 g vacuum pack

**2.39**

assorted varieties  
95 g pkg  
**Jacob club bars** 1.25

dark or New Orleans  
14 g oz tin  
**Stokely, red kidney beans** .59

Ocean Spray  
40 g oz. pkg.  
**cranapple drink or cranberry cocktail** 2.59

**ground beef medium**  
freshly ground

**3.28 /kg 1.49 lb.**

**bananas**  
large size from the tropics

**.55 /kg .25 lb.**

**Minute Maid orange or grapefruit juice**  
frozen, concentrated, unsweetened, 12 1/2 fl. oz. tin

**.89**

**Weston stoned wheat thins**  
300 g box

**.99**

sliced 5 varieties  
175 g pkg  
**Loblaws cooked meats** .99

regular, all beef or all beef franks  
151 g pkg  
**Loblaws wieners** 1.99

sliced regular 500 g pkg.  
or track  
**Loblaws side bacon** 2.69

sliced  
**ziggys salami** 375 g pkg. 2.39

**cucumbers**  
seedless english  
product of Ontario  
Canada no. 1 grade

**.99**

**beans**  
Van Camp's  
in tomato sauce, with pork, with pork and brown sugar, or vegetarian, 14 fl. oz. tin

**.59**

1.5 lb. tin  
**Maple Leaf cooked ham** 5.79

600 g box  
**Kellogg's raisin bran** 2.99

assorted varieties  
10 s, 9 oz. box  
**ready-to-serve Quaker oatmeal** 1.37

sage and onion or herb  
seasoned 8 oz. box  
**Brownberry stuffing** 1.46

**boneless chicken breasts**  
fresh \$1.00 lb. off you pay

**7.91 /kg 3.59 lb.**

**black grapes**  
product of Chile  
Canada #1 grade

**2.18 /kg .99 lb.**

Strong Ones  
40 g pkg  
**Glad garbage bags** 4.99

Schneiders wedge  
coloured or white  
**old cheddar cheese** 375 g pkg. 3.19

orange oil (regular or sugar free), soda water or tonic  
water, 250 ml. tin (plus 30c deposit)  
**Canada Dry soft drinks** .59

Weston, sliced  
1 L. tin.  
**sesame crusty bread** .89

Hunt's  
**tomato sauce**  
14 fl. oz. tin

**.59**

product of Ontario  
Canada  
**#1 grade onions** 5 lb. bag .69

product of U.S.A.  
**Romaine lettuce** each .69

product of U.S.A.  
**Florida grown oranges** 5 lb. bag 1.99

product of U.S.A. Florida grown  
**red grapefruit** 5 lb. bag 1.99

**Canada Packers**

sliced regular or  
hint of maple  
**Maple Leaf bacon** 500 g pkg. 2.49

frozen Maple Leaf brand  
500 g pkg  
**golden fry sausage** 2.49

Maple Leaf brand  
sweet pickled  
**pork cottage rolls** /kg 5.05 lb. 2.29

frozen  
Maple Leaf brand  
**sausage meat roll** 500 g pkg. 1.49

Maple Leaf brand  
sweet pickled  
**corned beef brisket** /kg 5.93 lb. 2.69

7 specified varieties sliced  
175 g pkg.  
**Maple Leaf cold cuts** 1.15

regular or all beef  
454 g pkg.  
**Maple Leaf wieners** 1.99

Maple Leaf brand  
cooked smoked  
**country kitchen hams** /kg 9.90 lb. 4.49

sliced ham, kolbassa, hungarian salami  
**pastrami**, 125 g pkg. 1.69

sliced  
500 g pkg.  
**Maple Leaf bologna** 2.49

**Save & fly**  
up to **30% off the lowest priced holidays**  
with safe & fly \$5.00 travel coupons  
**One free with every \$50.00 Loblaws order**  
complete details in-store and at participating travel agencies

**facial tissue**  
assorted colours  
3 ply, 100's window box

**.89**

**Canada #1 grade carrots**  
product of Ontario, 5 lb. bag

**.99**

assorted varieties  
12 fl. oz. tin  
**Stokely fancy vegetables** .65

Stokely  
14 fl. oz. tin  
**home style bean salad** .77

product of U.S.A.  
California grown  
**seedless navel oranges** 4 lb. bag 1.99

product of Ontario  
Canada fancy grade  
**red delicious apples** 5 lb. bag 1.99

cut from Canada  
grade 'A' beef  
**boneless short ribs** /kg 4.39 lb. 1.99

frozen  
Holiday Farms brand  
**beef burgers** 1 kg box 2.99

Loblaws cooked  
smoked boneless  
**mini dinner hams** /kg 7.69 lb. 3.49

Maple Leaf brand  
175 g pkg.  
**English style back bacon** 2.69

ziggys line  
300 g pkg.  
**liver sausage** 1.59

frozen  
store packaged  
**ocean perch fillets** /kg 3.95 lb. 1.79

assorted colours and prints  
2 ply, 2 roll pkg.  
**Royale paper towels** 1.39

Window  
900 ml. refill bin,  
**glass cleaner** 1.59

Hands-Wrap  
30.5 cm x 60 m roll box  
**plastic food wrap** 1.69

super (10 s), regular or  
deodorant 12 s box  
**New Freedom maxi pads** 1.69

regular or mini  
150 ml. tube  
**Aquafresh toothpaste** 1.92

glazed chicken and rice. Not of fish. Contains  
or natural beef, 241 g box  
**Lean Cuisine frozen entrees** 2.79

frozen  
24 oz. box  
**Mrs. Smith's pumpkin pie** 1.99

strawberry, raspberry, blueberry or peach  
2 x 125 g cups/sleeve  
**Gay Lea swiss yogourt** .95

Stokely  
Van Camp's  
**Shelle beans** 14 fl. oz. tin 2/1.00

Allen's, choice  
4 x 10 fl. oz. tin/sleeve  
**pure apple juice** 2.17

apple, fruit punch  
or grape  
**FBI 5 x 8 fl. oz. tin/sleeve drinks** 1.89

7-3/4 oz. tin  
**Paramount pink salmon** 1.65

60's, 8 oz. box  
**Galway tea bags** 2.09

Neffon, butter, vanilla, almond or peach  
nut butter, 12 x 9 oz. box  
**Country Crisp granola bars** 1.61

Hershey, 350 g poly bag, Reese peanut  
butter chips or (semi-sweetened)  
**pure chocolate chips** 2.19

1 L. tin  
**Unico sunflower oil** 2.19

assorted or cream (icing, garden, chocolate  
pastilles), 120 g tin (plus 30c deposit)  
**Peek Freans biscuits** 200 g pkg. 1.29

60's, 8 oz. box  
**Canada Dry soft drinks** 6.29

1 L. tin  
**Saint Justin mineral water** .79

1 L. tin  
**Aylmer tomato catsup** 1.99

Lesagna  
**Lancia pasta** 500 g cello pkg. 1.19

Ragu plain  
28 fl. oz. jar  
**spaghetti sauce** 1.69

Durashine  
27 fl. oz. jar  
**acrylic floor finish** 2.99

frozen, chinese or japanese  
10 oz. poly bag  
**Green Giant vegetables** .87

assorted varieties  
170 g tin  
**Pamper cat food** 2/.79

Calgonite, automatic  
1.4 kg box  
**dishwasher detergent** 3.75

Sunlight powder  
6 L. box  
**laundry detergent** 3.99

Note: Loblaws weekly specials  
are not available in Loblaws  
superstore warehouse. Prices  
effective until Tues. March 22  
except bakery & produce effective  
to Sat. March 19. Stores reserve  
the right to limit quantities.

**Loblaws**