

A&P reserves the right to limit quantities to normal family requirements!
 Prices effective thru Sat., February, 26th, 1983

better at A&P

We redeem all food store coupons!

2% milk

SUPER BUY!

PARTLY SKIMMED
Fresh 2% Milk
 3 QUART BAG

1.69

the paper sponge

SAVE .60

DECORATOR, 2-PLY
White Swan Towels
 PKG OF 2 ROLLS

.89

OUR REGULAR PRICE 1.49

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le vrai de la

SAVE 4.50

REG OR SUGAR FREE SPRITE, TAB,
 REG OR DIET
Coca-Cola Case of 24
 10 FL OZ TINS

5.49

OUR REGULAR PRICE 9.99
 6 pack of 300 ml. returnable bottles available at our reg price

CRUSHED PINEAPPLE
A&P

SAVE .30

A&P 'IN OWN JUICE', CRUSHED TIDBITS OR
Sliced Pineapple
 19 FL OZ TIN

.69

OUR REGULAR PRICE .99

SAVE 1.77/kg

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, OUTSIDE CUT, EYE REMOVED

Round Roast

OUR REGULAR PRICE 7.70/kg-3.49 lb

The Butcher Shop
 with supermarket prices

SAVE .80 lb

5.93 / 2.69 /kg / lb

POWDERED LAUNDRY
Surf Detergent

2.69 **SUPER BUY!**
 6 litre box.

SAVE 1.54/kg-.70 lb

SIRLOIN TIP, INSIDE CUT ROUND
Boneless Rump Roast

6.37 / 2.89 /kg / lb

OUR REGULAR PRICE 7.91/kg-3.59 lb

SAVE .89/kg-.40 lb

SHANKLESS PICNIC SHOULDER
Fresh Pork Roast

3.06 / 1.39 /kg / lb

OUR REGULAR PRICE 3.95/kg-1.79 lb

SAVE .22/kg-.10 lb

NEW ZEALAND, SHOULDER
Frozen Lamb Chops

4.39 / 1.99 /kg / lb

OUR REGULAR PRICE 4.61/kg-2.09 lb

ALL PURPOSE OR VELVET
Robin Hood Flour

2.69 **SAVE .46**
 2.5 kg bag
 OUR REGULAR PRICE 3.15

SIDE, SLICED, REG OR COUNTRY MAPLE
Schneider's Bacon 500 g vac pac **2.99**
 OUR REGULAR PRICE 3.89 **SAVE .90**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF--TENDERIZED
Cube Steak 7.25 /kg / 3.29 lb

PREVIOUSLY FROZEN, SLICED, SKINLESS
Beef Liver 1.74 /kg / .79 lb

PRIDE OF CANADA, 8 VARIETIES INCL PEPPERONI
Sausage Sticks 500 g size **2.59**

CAMPFIRE, GARLIC
Polish Sausage 3.73 /kg / 1.69 lb

PRIDE OF CANADA, READY TO SERVE, VAC PAC
Dinner Hams 6.59 /kg / 2.99 lb

PRIDE OF CANADA, REGULAR OR ALL BEEF
Wieners 1 lb vac pac **1.79**

FRESH, LEAN
Ground Beef 4.39 /kg / 1.99 lb

FRESH, SHOULDER BUTT, (BONELESS 3.73/kg-1.89/lb)
Pork Roast **3.51 / 1.59** /kg / lb
 OUR REGULAR PRICE 4.17/kg-1.89 lb

PICNIC SHOULDER OR SHOULDER BUTT
Pork Chops 3.73 /kg / 1.69 lb

PRIDE OF CANADA, SLICED, ASST VAR
Cooked Meats 175 g vac pac **.99**

PICNIC SHOULDER ROAST
Boneless Pork 3.28 /kg / 1.49 lb

BREAKFAST
Burns Sausages 3.73 /kg / 1.69 lb

SCHNEIDERS, READY TO SERVE, HALVES
Olde-Fashioned Hams 10.56 /kg / 4.79 lb

SWEET PICKLED, END CUT
Back Bacon 5.49 /kg / 2.49 lb

PRIDE OF CANADA, SWEET PICKLED
Cottage Rolls 5.05 /kg / 2.29 lb

PREVIOUSLY FROZEN, NEW ZEALAND, LOIN
Lamb Chops 6.59 /kg / 2.99 lb

PRIDE OF CANADA
Bologna Chunks 3.51 /kg / 1.59 lb

PRIDE OF CANADA, SLICED
Cooked Ham 175 g vac pac **1.69**

PRIDE OF CANADA
Sliced Bologna 375 g vac pac **1.29**

PRIDE OF CANADA, VARIETY PACK, SLICED
Cooked Meats 375 g vac pac **1.69**

Fresh Chicken Legs
2.84 / 1.29 /kg / lb

Thigh and Drumstick
3.06 / 1.39 /kg / lb

LIQUID BLEACH
Javex Fresh Scent

.99 **SAVE .40**
 1.8 litre plast btl
 OUR REGULAR PRICE 1.39

1-PLY WHITE SWAN, ASST COLOURS
Bathroom Tissue

1.39 **SAVE .50**
 pkg of 4 rolls
 OUR REGULAR PRICE 1.89

IN PEAR JUICE, CHOICE PEARS, PEACHES OR FRUIT COCKTAIL
A&P Fruit 14 fl oz **.79**

REGULAR OR DECAFFEINATED INSTANT COFFEE
Tasters Choice 6 oz jar **6.39**

LEAVES, PIECES & STEMS
Mushrooms 10 fl oz tin **.89**

PRIMO
Lasagna 500 g pkg **.99**

4 ASSORTED VARIETIES
Heinz Soups 10 FL OZ TINS **2.79**
 OUR REGULAR PRICE UP TO .61 EACH

ROBIN HOOD, ASSORTED VARIETIES
Celebration Cake Mixes 2 8.8 oz pkg **.99**

A&P CHOCOLATE CHIP WITH PECANS
Deluxe Cookies 450 g tin tie bag **1.79**

A&P INSTANT
Hot Chocolate pkg of 5 1 oz envs **.79**

AUTOMATIC DISHWASHER DETERGENT
Calgonite 1.8 kg box **3.99**

MAPLE LEAF
Tenderflake Lard 1 LB PKG **.79**
 OUR REGULAR PRICE 1.19

SOLID WHITE ALBACORE
Clover Leaf Tuna 7 oz tin **2.39**

MAPLE LEAF
Flakes of Ham 184 g tin **1.59**

BEEF, DOG FOOD, (CHEESE OR LIVER & BACON FLAVOUR) 2 kg pkg
Ken-L Ration Burgers **4.59**

KRAFT, PROCESS
Cheez Whiz 1 kg jar **5.99**

ASSORTED VARIETIES
Green Giant Vegetables 14 FL OZ TIN **.69**
 OUR REGULAR PRICE UP TO .83

2-PLY, WHITE SWAN, ASSORTED COLOURS
Facial Tissue

.79 **SAVE .30**
 box of 200 sheets
 OUR REGULAR PRICE 1.09