

better at A&P

We redeem all food store coupons!



SAVE .68

ALLENS
Pure Apple Juice
 48 FL OZ TIN

.99

OUR REGULAR PRICE 1.67




2% milk

SUPER BUY!

PARTLY SKIMMED
Fresh 2% Milk
 3 QUART BAG

1.79



SUPER BUY!

ELMGROVE, 100% VEGETABLE OIL
Soft Margarine
 1 lb TUB

.49



BUY 3 SAVE .33

HEINZ
 CONDENSED
TOMATO SOUP
 10 FL OZ TIN

3/.99

OUR REGULAR PRICE .44 EACH

SAVE .89/kg

FULLY SKINNED, READY-TO-SERVE
 14 TO 17 POUND AVERAGE

The Butcher Shop
 with supermarket prices

SAVE .40 lb

Swift Premium Whole Hams 3.28 / 1.49

OUR REGULAR PRICE 4.17/kg-1.89 lb

WHITE, YELLOW OR PRINTED
Hi-Dri Towels

SUPER BUY!

.99 pkg of 2 rolls

Shank Portion 3.51 / 1.59 **Butt Portion 3.73 / 1.69** **Centre Cuts or Ham Steaks 4.39 / 1.99**

SAVE 1.54/kg-.70 lb

OUTSIDE CUT, EYE REMOVED
Boneless Round Roast

SAVE 1.32/kg-.60 lb

RUMP, SIRLOIN TIP OR INSIDE CUT ROUND
Boneless Beef Roasts

SAVE .66/kg-.30 lb

FROZEN, SPRING
New Zealand Lamb Legs

SUPER BUY!

FROZEN, SPRING, SHOULDER
New Zealand Lamb Chops

KRAFT, SMOOTH OR CRUNCHY
Peanut Butter

SAVE 1.00

3.99 1 litre jar

OUR REGULAR PRICE 4.99

5.93 / 2.69 **6.37 / 2.89** **5.49 / 2.49** **4.39 / 1.99**

OUR REGULAR PRICE 7.47/kg-3.39 lb

OUR REGULAR PRICE 7.69/kg-3.49 lb

OUR REGULAR PRICE 6.15/kg-2.79 lb

(Loin Chops 6.59/kg - 2.99 lb)

FRESH
Lean Ground Beef 4.39 / 1.99

TENDERIZED
Cube Steak 7.25 / 3.29

A&P REGULAR OR THICK SLICED
Side Bacon 500 g vac pac 2.59

PREVIOUSLY FROZEN, SLICED
Beef Liver 1.74 / .79

SWIFT OLD MILL
Breakfast Sausages 3.51 / 1.59

SWIFT, PURE PORK
Lazy Maple Sausages 500 g pkg 2.49

SWIFT, SLICED
Cooked Ham 175 g vac pac 1.89

SWIFT, 4 ASSORTED VARIETIES
Cooked Meats 175 g vac pac .99

SWIFT, SUGAR PLUM
Ham Slices 175 g pkg 1.89

PRIDE OF CANADA, VAC PAC
Bologna Chunks 3.51 / 1.59

PRIDE OF CANADA
Sliced Bologna 375 g vac pac 1.49

BURNS, COIL
Campfire Sausage 3.51 / 1.59

PRIDE OF CANADA, ASSORTED TRIPLE PACK
Cooked Meats 500 g vac pac 1.59

PRIDE OF CANADA, REGULAR
Wieners 1 lb vac pac 1.29

BURNS SHAMROCK, SLICED
Side Bacon 500 g vac pac 2.79

SWIFT, DINNER STYLE
Sugar Plum Hams 7.25 / 3.29

"BROWN & SERVE", REGULAR & ALL BEEF
Swift Sausages 250 g pkg 1.99

LAND O FROST 71 g.

Ass't Meats 2/.99

SPRITE, REGULAR OR DIET.
Coca-Cola

SAVE 4.00

5.99 case of 24-10 fl oz tins

OUR REGULAR PRICE 9.99

6 pack of 300 mL returnable btls available at our reg price

Now on sale at A&P
GET THE WORDS FROM

BIG BIRD'S SESAME STREET DICTIONARY

VOLUME 1

99¢

Volumes 2-8 only 2.89 each

Learning Words Can Be Fun For Your Children!

BLACK DIAMOND, PROCESS 'LITE'
Cheese Slices 500 g pkg 2.99

ASSORTED VARIETIES
Catelli Pastas 500 g pkg .79

LIBBY'S, PURE PINK OR CLEAR, UNSWEETENED
Grapefruit Juice 48 fl oz tin 1.49

ASSORTED VARIETIES
Granny Snap Cookies 700 g box 1.69

DAYTIME 30'S, EX ABSORB 24'S OR OVERNIGHT 22'S
Pampers Diapers 3.99 w/ gather box

OUR REGULAR PRICE 4.49

GENERAL MILLS CEREAL
Cheerios 300 g pkg 1.39

CATELLI, PLAIN
Spaghetti Sauce 14 fl oz tin .79

READY-TO-SERVE, ASST VARIETIES
Habitant Soups 3 8 fl oz tins 1.00

HUNT'S
Tomato Paste 2 3.5 fl oz tins .99

HUNT'S
Tomato Sauce 14 FL OZ TIN 30 .59

OUR REGULAR PRICE .89

CASHMERE, ASSORTED COLOURS
Bathroom Tissue pkg of 4 rolls 1.29

POWDERED
Bold Detergent 3 litre box 2.49

STOKELY
Kidney Beans 14 fl oz tin .59

BEEHIVE
Corn Syrup 1 litre cont 2.39

FRITO LAY, ASST VARIETIES
Potato Chips 200 g PKG 1.29

SUPER BUY!